

National Seniors

AUSTRALIA



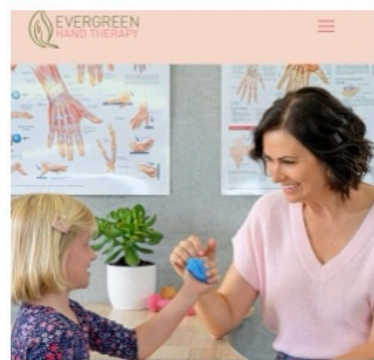
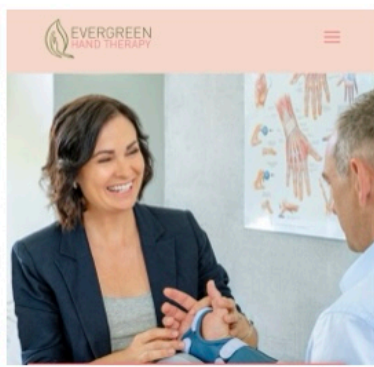
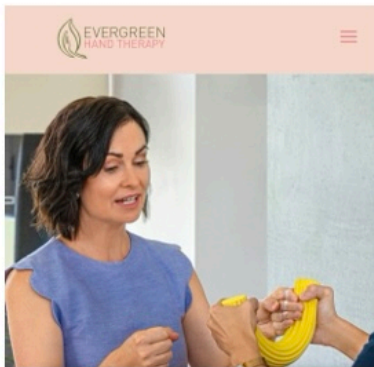
ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS; OLD BURLEIGH ROAD,
BROADBEACH From 9:30 am

**Wednesday 11 September
2024**

**Members and Friends Monthly Meeting
\$5.00 Admission for morning tea**



Our keynote speaker for
Wednesday 11 September is Dr
Lauren Miller.

She is a hand therapist with a
research PhD on finger fracture
management

At our meeting she will cover a
range of useful kitchen utensils
to assist with things like,
opening of lids & jars, friction
mats, kettle pourers & pot
holders to name a few. This will
be useful for those with reduced
digital or hand mobility and/or
painful joints.

Other takeaways will include
pricing and where to purchase.

MONTHLY MEETINGS

*When: first Wednesday of each
month (Except January)

*Time 9.30 AM

*Where: Kurrawa Surf Club
Old Burleigh Road Broadbeach

*On the 2nd Floor, Go to the first
floor walk past bistro and catch lift
Look for our Banner signs. We will
have people show you the way..

TRANSPORT

*Parking at the Surf Club. (3 Hour
limit)

*Oasis shopping centre parking.

North Broadbeach light rail, short
6-10 minute walk.

705 Bus, stops in front of the
Kurrawa Surf Club Broadbeach

CONTACT DETAILS

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Email: jaj28th@me.com

Web site: [https://
nationalseniors.com.au](https://nationalseniors.com.au)

Come along and meet the local and
very active over 50's residing in and
around Broadbeach

HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF SEPTEMBER

The two zodiac signs associated with the month of September are Virgo and Libra. People born from September 1st to September 22nd are members of the Virgo sign. As one of the zodiac's most understanding and caring signs, a Virgo can be easily spotted by their innate compassion. For those born from September 23rd to September 30th, they are members of the Libra sign. Those born under the Libra sign can be identified by their organized and harmony-driven personalities.

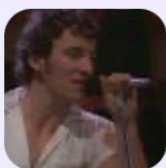


Famous People

Salma Hayek. Keanu Reeves, Michael Keaton, Charlie Sheen. Jenny Johnston, Adam Sandler, Will Smith, Michael Douglas and Serena Williams



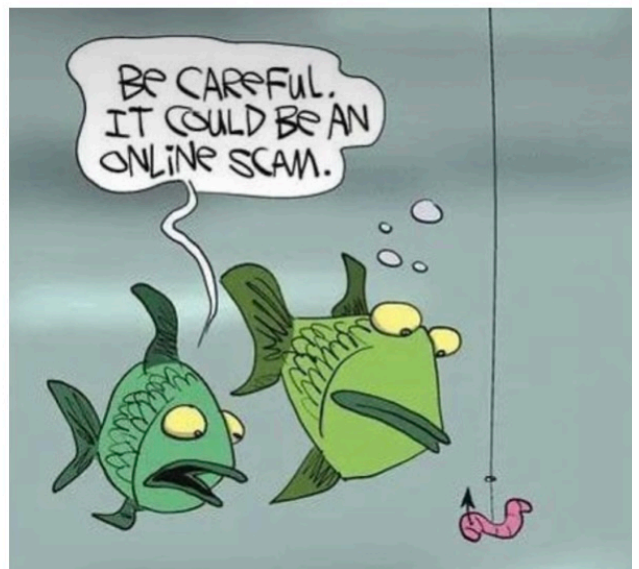
Songs



Age

74 years

23 September...





Ingrid wins the 2024 five crowns tournament while Chris wins the mystery prize.



Chris Grice draws the Stockwell lucky door prizes for a lucky few.



Chris Grice delivers the first prize to Glen while Chris joins the elite circle.



Roz accepts the milestone birthday while Barbara wins the Urban Gift Card



Lyn and Murray face off in the trivia decider before Murray prevails



The group enjoy the culinary offerings including the \$18 special, fish, chips & salad .

The Story of Five Crowns

Five Crowns the fourth Wednesday of the month, sometimes the fourth and fifth Wednesday of the month at the Bowls Club. Start at 3pm with dinner optional from 5:30 pm



Five Crowns is a five-suited rummy-style card game. It is a quick favourite for avid and casual card players alike.

The unique deck provides you with multiple options for arranging your cards into books and runs.

The game has 11 rounds. It starts with 3 cards and 3s are wild, then moves to 4 cards and 4s are wild and so on 'til the Kings Go Wild'

Make the right combinations, be the 1st to go out, then watch your opponents scramble as they get one last chance to cut their losses. The player with the lowest score wins!





Carols Corner Changing the World One story at a Time

This month
Winning has many
different form. .



Our "own" Olympics could be seen as the things that we do and strive for every day. At National Seniors, and particularly our own Broadbeach section of this Australia-wide voice for older people in the community, to be encouraged and rewarded for contributions made, is great.

That is why, awarding Member of the Year at each AGM is such an uplifting experience for those "winners" and for all who recognise their work, often done quietly behind the scenes with no thought of thanks. Yes, it is an achievement, and all members' participation in our meetings and the camaraderie we share can be likened to the teamwork shown by athletes and all who participate at the Olympic Games - so let us keep it up and continue to be inspired by all the teamwork we enjoy as part of National Seniors Australia
Carol Pearce.





Breaking News Seniors wins in the budget

The recent 2024/25 Federal Budget addresses several key cost-of-living concerns for seniors, highlighting the impact of National Seniors Australia's advocacy. Notable measures include a \$300 energy bill rebate, a 10% increase in Commonwealth Rent Assistance, and a 12-month freeze on deeming rates. These initiatives aim to alleviate financial pressures on seniors, reflecting the importance of your ongoing support and engagement in our advocacy campaigns.

Additional budget provisions for seniors encompass tax cuts, health benefits, and aged care reforms. Taxpayers, including many aged 50+, will see reductions in tax rates. Health measures include a freeze on PBS co-payment indexation and increased thresholds for Medicare levy exemptions. The aged care sector will benefit from significant investments, including \$2.2 billion for ongoing reforms, enhanced digital systems, additional home care packages, and continued funding for dementia and palliative care programs. These comprehensive changes underscore the government's commitment to improving the quality of life for seniors.

Read the full article [here](#)



Branch locations



Our campaigns



Discounts & benefits

The upcoming lunch for September will be VIDA on Wednesday 18th at 12:30pm, Surf Parade, Broadbeach
Members can order from the standard menu, some examples below or, the \$20 Monday-Wednesday Menu.
The committee will run a brief optional Trivia for the chance to win a Kurrawa Surf Club \$50 Gift Card
Our host, Bel, will conduct a lucky draw to win a \$50 VIDA gift card.

Look forward to catching up at VIDA.



**Cards, Coffee and Cuisine
Broadbeach Bowls Club
167 Surf Parade, Broadbeach**



**Cards from 3pm
Conversational Five Crowns
Wednesday 25 September
Just turn up & join in.**

**Dinner optional after cards
Wednesday 25 September
from 5:30 pm
Text Glen to 0408 029 788
To provide numbers for
Broadbeach Bowls.**



Our speaker on October 2nd will be Graham Stephenson. Graham last spoke to us in November 2021. Graham is a travel writer and narrator who will transport the members to far distant places with his words and images. On this occasion, Graham's topic will be 'Seven days in Tibet' Come along, learn about Tibet and engage in question time.



BROADBEACH BRANCH SUPPORTERS
providing value for money culinary experiences to local seniors.



BROADBEACH BRANCH SPONSORS

Providing financial and supportive assistance to local seniors.



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exceptional service • world class logistics



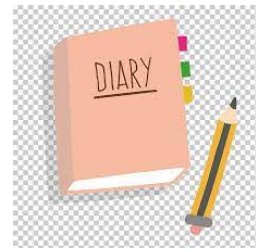
COASTAL^o

Over 600
Broadbeach
properties sold.
Major supporter
of the local
community.

Up to \$1,000 for referral.
Conditions apply.

Shaun Bourke
0404 649 537
shaun.bourke@coastal.com.au

Shaun Bourke operates under Bourke Real Estate Pty Ltd
and works in conjunction with Coastal.



September 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
			Cowboys v Storm		Dolphins v Broncos	Fathers Day Titans v Knights
2	3	Jazz at Den Devine, Broadbeach	Broncos v Storm AFL Qualifying Final	AFL Elimination Final	Cowboys v Bulldogs Titans v Panthers	Dolphins v Knights
9	10	Branch Meeting moved due to World Surfing Championships	Committee Meeting	NRL Finals Match	NRL Finals Match * Two	NRL Finals Match
16	17	Monthly lunch at Vida in South Parade, Broadbeach	Gymnastics Australia. Carrara	NRL Finals Match	NRL Finals Match	22
23	24	3 PM Cards at Bowls Club followed by dinner optional	Junior Water Polo National State Championships Southport	NRL Finals Match	NRL Finals Match. AFL Grand Final	Paradise Point Fishing Lessons

Corny Corner

What is a tree's least favourite month? Sep-Timber

What did the tree say to Autumn. Leaf me alone.

Why don't American mountaineers like late September? Because it is fall.

What do you call a cold day in September. Septem-burrrrr.

Why did Humpty Dumpty have a great fall?

To make up for a miserable summer.

Why did the American boy keep tripping on September 22?

Because it was the beginning of fall.

What did September say when June said it was the last day of the month?

Don't you July to me.

Why did the Lions get up and leave in September?

Because Pride goes before the fall.

What comes at the end of September? The letter 'R'





The developing forward plan for 2024

September 4 Meeting transferred to 11th due to the World Surf Championships.

September 11 Branch Meeting, Speaker Lauren Miller, kitchen utensils.

September 18 Lunch Vida, Broadbeach

September 25 Cards at the Bowls Club

September 25 Dinner at the Bowls Club.

October 2 Branch Meeting, speaker Graeme Stephenson.

Travel writer and narrator.

October 9 Committee Meeting.

October 16 KickinIn, Broadbeach.

October 23 Cards and Dinner at the Bowls Club.

October 30 Cards and Dinner at the Bowls Club

November 6 Branch Meeting, Speaker 'outback pioneering'

November 13 Committee Meeting

November 20 Lunch, KOI Broadbeach

November 27 Cards and Dinner at the Bowls Club.

December 4 Christmas Party Lunch

