## National Seniors



### **ATTENTION**

**BROADBEACH BRANCH** 

THE KURRAWA SURF CLUB.

<u>ADDRESS</u>; OLD BURLEIGH ROAD, BROADBEACH.9.45am

Wednesday 6th July 2022 9.45am \$5.00 for morning tea

All her life, Sue has found solace and companionship with her horses. After a brush with cancer in her late thirties, Sue and her husband opted for a tree change. As a result, she was able to fulfil a long-held dream: to work with horses every day. Her horse training and compassion for others quickly turned into a business, Horses Helping Humans<sup>™</sup> - giving people a chance to learn from these intelligent, soulful creatures, including Sunny, the horse with whom Sue has a special bond.

*Horses Who Heal* is the story of one woman's deep love for horses and the powerful life lessons they've taught her along the way. With Sunny always by her side, Sue's equine team are inspiring others on their own journey of healing, helping thousands of people - from juvenile offenders to company CEOs - discover the power of communication, using more than just words.

In 2016 she received the Honour of being appointed an Officer of the Order of Australia in recognition of her significant contribution to the prevention and treatment of youth mental health problems. Through her horses, Sue is able to engage with children and adults, and transform their lives! From stress and anxiety, to trust and bonding.

Using the strong, contrasting personalities of her four horses, Sue has helped children, adults and commercial clients reach their communication and leadership goals.

# HORSES WHO HEAL

July Speaker Sue Spence

### MONTHLY MEETINGS

\*When: first Wednesday of each month (Except January) \*Time 9.30 AM

\*Where: Kurrawa Surf Club Old Burleigh Road Broadbeach

\*On the 2nd Floor, Go to the first floor walk past bistro and catch lift Look for our Banner signs. We will have people show you the way..

#### TRANSPORT

\*Parking at the Surf Club. (3 Hour limit)

\*Oasis shopping centre parking.

North Broadbeach light rail, short 6-10 minute walk.

705 Bus, stops in front of the Kurrawa Surf Club Broadbeach

#### **CONTACT DETAILS**

Phone No. 0432 396 300

Email: jaj28th@me.com

Web site: <u>https://</u> <u>nationalseniors.com.au</u>

Come along and meet the local and very active over 50's residing in and around Broadbeach

## HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF JULY

The two zodiac signs associated with the month of July are Cancer and Leo. People born from July 1st to July 22nd are members of the Cancer zodiac sign. A person born under Cancer can be identified by their emotional and intimate nature. For those born after July 22nd to July 31st, they are a part of the Leo zodiac sign. The Leo is one of the zodiac's most natural leaders, which may explain their desire to be the centre of attention.

## **Famous People**

Princess Diana, (1961-1997) Tom Cruise, PT Barnum (1810-1891), George W Bush, Jennifer Lopez, Tom Hanks, Sandra Bullock, Bill Cosby, Harrison Ford,

Matt Johnston, Nelson Mandela (1918-2013) Robin William,







Karen Leigh has been working as an Educator for Seqwater for 6 years and loves educating school and community groups about all things water. Our members enjoyed her presentation at our June Meeting





The Venue at Kurrawa is great when it is sunny and morning tea can be taken on the terrace.



Raffle winners for June









## CHRISTMAS IN JULY

ON:	WEDNESDAY 20TH JULY	PAYMENT DUE JULY MEETING
AT:	D'ARCY ARMS HOTEL	
TIME;	12.30PM	SET MENU
LOCATION;	2923 GOLD COAST HIGHWAY CRN FREDERICK STREET	\$30.00 members
TRAM STOP:	NORTHCLIFFE AND TURN RIGHT.	\$40.00 non members
RSVP:	Jenny on 0418 215 400 or jaj28th@me .com	



Meals from last year



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What often falls at the North Pole but never gets hurt? **Snow**. What's an ig? **A snow house without a loo**!

Why did Frosty the snowman want a divorce? **Because he thought** his wife was a flake.

What time is it when little white flakes fall past the classroom window? **Snow and Tell.** 

What is a mountain's favourite type of candy? **Snowcaps**.

What is it called when a snowman has a temper tantrum? A **meltdown!** 

What do you call a snowman with a six-pack? **An abdominal snowman.** 



THEATRE TREAT

ON: SUNDAY 18TH SEPTEMBER

AT: GOLD COAST LITTLE THEATRE

TIME; 2.00PM

LOCATION; 21A Scarborough St, Southport

TRAM STOP: SOUTHPORT SOUTH AND TURN RIGHT.

RSVP: Jenny on 0418 215 400 or jaj28th@me .com

Followed by dinner at Chinese in Surfers Paradise 2 tram stops away

## PLEASE INDICATE YOUR INTEREST BY CALLING JENNY ON 0418215400 or

## Email <u>jaj28th@me.com</u> or sign the form at the next members meeting

## Lunch ONFIRE Greek Restaurant Wednesday 15th June

June's lunch was held at "On Fire", Albert Ave, Broadbeach on a beautiful, sunny, winter's day. The venue was relaxing, compact and comfortable. Parking was easy and nearby. As usual, conversation was freely flowing interspersed with deliveries of delicious, more than ample servings of Greek foods. Musical chairs was played by the usual suspects and the only mishap was a glass of "spilled ice". The staff seemed to know some of us which may account for the excellent service we enjoyed. The Gallant effort to deliver 20 odd meals at once was very well handled. Everyone who attended couldn't help but comment on the generosity of the meals, thank goodness for doggy bags .















## CHANGING THE WORLD ONE STORY AT A TIME

Carol Pearce NSA Broadbeach's Wordsmith

What is the world coming to? A young mother in court over a smack with a wooden spoon, which seemed to be utterly deserved by the young son who misused her credit card in a big way.! It would be funny, were it not so typical of the slant we are forcing on the actions of children - it is OK for you to do this, but for your mother to be annoyed and use a time honoured rap to say "NO', take her to court!

No wonder there are 12 years' and upwards teenagers stealing cars, using knives, ransacking homes, when any kind of punishment is forbidden because of our "Woke" ideas. Perhaps we used to be stern and judgemental when children did wrong. But what role are parents supposed to fulfil, when any kind of discipline seems to be regarded as child abuse? When small punishments were needed in years gone by, children accepted that they had done the wrong thing, but now the limits seem to have disappeared, and bad behaviour is treated with kid gloves. I am not suggesting that we encourage parents to use force and intimidation to get their message over to kids. But surely the time-honoured wooden spoon still has a small part to play, as those light taps on the backside were more ignominious than anything else.

There is such a lot of coverage in our news programmes at the moment about the prevalence of crime committed by very young gangs of criminals, and nothing seems to deter them. Punishments are only a slap on the wrist, and the joy of bragging about it, and being on camera - wow, how wonderful for their egoes. In fact, perhaps the notoriety and horror following their actions is a great impetus for more and more of this behaviour. I am tempted to say that it is a war of kinds - not like a real war, but a war nevertheless against decent people and their values. Perhaps this quote by Oscar Wilde fits the bill, in a way. "As long as war is regarded as wicked, it will always have its fascination. When it is looked upon as vulgar, it will cease to be popular." These words are so relevant to our world of today, but perhaps "vulgar" is a bit dated, somehow! What about "naff" to describe gangs of youths marauding as miniature gangsters. And let us keep the word "vulgar" anyway, to describe the wars being started by despots so they can own a piece of land, like what is happening in The Ukraine at present. Well, if we can't laugh, we can only cry!

#### **NEW SECTION**

## PLEASE FORWARD YOUR FAVOURITE PHOTO AND INFORMATION ON WHERE IT WAS TAKEN TO BE INCLUDED IN THE MONTHLY NEWSLETTER TO jaj28th@me.com

### Vivid Sydney 2022

This tour was for 4 days and 3 nights, it included accommodation at the View Hotel, air fares, most meals and all daily activities they were well organised and on time all the time. A tour coach and guide conducted us around the Sydney historical and scenic sites but of course the highlight was the Harbour Cruise and a meal to view the lights of Sydney.

The view of the harbour, from our hotel room with the Bridge and Luna Park in the foreground was to die for.

We highly recommend the tour by Trade travel, watch for it next year!

## Geoff and Joy Gaylard









## **BROADBEACH BRANCH'S SPONSERS**



Oasis shopping centre 07 55923767



## Kollosche

Rob Lamb Licensed Real Estate Agent from Kollosche Real Estate Broadbeach, Albert Avenue <u>0405 608 601</u> <u>rob@kollosche.com.au</u>



## La Porchetta.

Eat Live Love - Italian











The next August meeting is the Branch's AGM where we will vote for next years committee. We will have nomination forms available at the July Meeting. For your interest this page shows the current committee.







Jenny Johnston, President......Glen Ireland Secretary.....Ingrid Milbourn, Treasurer.



Matt Johnston, Vice President and Meeting M.C. Speaker Co ordinator



Wendy Cookson, Well Being Officer



Chris & Lawrence Opat, Extraordinary Committee Members

Chris Johnson, Raffle Queen



## MONTHLY CARD AFTERNOON

## 3.00PM Wednesday 27th July

at Broadbeach Bowls Club. 169 Surf Parade Broadbeach

Hosted by Glen Ireland 0432 396 300

jaj28th@me.com



## MAY DINNER

- WHERE: Broadbeach Bowls Club
- WHEN: Wednesday 27th July
- TIME: 5.30pm
- ADDRESS: 167 Surf Parade, Broadbeach
- **RSVP:** Jenny 0432 396 300

WOW Wednesday \$10 pizza or pasta (changes each week the selection) plus regular menu options.









Cards in June at the Bowls Cub

Numbers where down in June due to several Members coming down with Covid and the Flu. We all wish them a speedy recovery





HEAD OFFICE NEWS



## Introducing Challenger's market-linked lifetime annuity

There's no one-size-fits-all approach to lifetime income. While many retirees might like the safety and security of a guaranteed income stream, others may prefer to stay invested in markets to have the potential to grow their income over time – while accepting some downside risk.

Challenger's market-linked lifetime annuities provide you (and your spouse if you choose) with monthly income for life that has the potential to increase over time, however, payments are less predictable because they move up or down based on the performance of the chosen market index.

There is a choice of five indexation payment options across both defensive and growth asset allocations, and you have the flexibility to switch the index option annually at no cost.<sup>1</sup>

## Squeeze more out of your retirement

Challenger's market-linked lifetime annuities are not an all or nothing proposition. They have been created to complement other retirement investments and sources of income, such as account-based pensions and the Age Pension.

Investing in a lifetime annuity may also help boost your Age Pension if **you are** eligible – and stretch your retirement savings.<sup>2</sup>

Our lifetime annuities have no investment management fees and therefore may result in considerable savings over the duration of your retirement.

With a Challenger market-linked annuity you can relax and enjoy retirement, knowing you'll have income for life.

## We're here to help

For more information about this option, call us <u>13 35 66</u>, read the <u>PDS and Target Market</u> <u>Determination</u> or talk to your financial <u>adviser</u>.

Learn more





## <u>JULY</u>

6<sup>th</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club. 20<sup>th</sup> Wednesday Lunch 12.30 Christmas In July, Darcey Arms Hotel 27th Wednesday Cards 3.00pm Broadbeach Bowls club 27th Wednesday Members dinner 5.30pm at Broadbeach Bowls club

## <u>AUGUST</u>

3<sup>rd</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club-AGM
17<sup>th</sup> Wednesday Lunch 12.30 to be advised
24th Wednesday Cards 3.00pm Broadbeach Bowls club
24th Wednesday Members dinner 5.30pm at Broadbeach Bowls club

## **SEPTEMBER**

<sup>7h</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club.
18th Sunday 2.00pm Gold Coast Little Theatre Followed by dinner at Surfers
21<sup>st</sup> Wednesday Lunch 12.30 to be advised
28th Wednesday Cards 3.00pm Broadbeach Bowls club
28th Wednesday Members dinner 5.30pm at Broadbeach Bowls club

## **OCTOBER**

5<sup>th</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club. 19<sup>th</sup> Wednesday Lunch 12.30 to be advised 26th Wednesday Cards 3.00pm Broadbeach Bowls club 26th Wednesday Members dinner 5.30pm at Broadbeach Bowls club

## NOVEMBER

2<sup>nd</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club.
16<sup>th</sup> Wednesday Lunch 12.30 to be advised
23rd Wednesday Cards 3.00pm Broadbeach Bowls club

DECEMBER 7th Wednesday Members Christmas Party 12.30pm at Kurrawa Surf Club ,Level 2.

## JANUARY 2023:

11th Wednesday 12.30 Lunch followed by 3.00pm cards Broadbeach Bowls Club







