

# National Seniors AUSTRALIA

BROADBEACH BRANCH



## ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS: OLD BURLEIGH ROAD,  
BROADBEACH.9.45am

**Wednesday 3RD August 2022 9.45am**  
**\$5.00 for morning tea**

## AUGUST SPEAKER RUSS WALKINGTON

Russ's sixty years' experience as a top-rated radio personality has seen him learn about travel, storytelling, community – and yes, radio waves. Always "a bit of a gasbag", Russ joined radio in 1952. The "Travelling Radio Man" has rolled with all the changes in radio since then and his global adventures continue as a volunteer at 4CRB, Australia's biggest community radio station for seniors.



The station's Gold Coast headquarters holds a copy of every song the station has played since it began in 1984. One room is full of old-style records. From there you walk past the live broadcasting room where a member of Parliament is doing Q&A with listeners, down a corridor to a much smaller room stacked with cassette tapes – remnants of the nineties. Before the transition to CDs and then digital music, Russ and his colleagues would often have to rush to untangle cassettes that had broken mid-song.



## MONTHLY MEETINGS

\*When: first Wednesday of each month (Except January)  
\*Time 9.30 AM  
\*Where: Kurrawa Surf Club  
Old Burleigh Road Broadbeach  
\*On the 2nd Floor, Go to the first floor walk past bistro and catch lift  
Look for our Banner signs. We will have people show you the way..

## TRANSPORT

\*Parking at the Surf Club. (3 Hour limit)  
\*Oasis shopping centre parking.  
North Broadbeach light rail, short 6-10 minute walk.  
705 Bus, stops in front of the Kurrawa Surf Club Broadbeach

## CONTACT DETAILS

Phone No. 0432 396 300

Email: [jaj28th@me.com](mailto:jaj28th@me.com)

Web site: <https://nationalseniors.com.au>

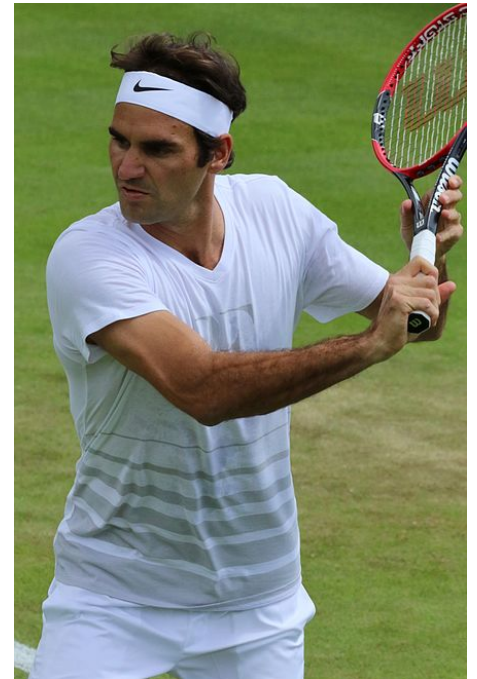
Come along and meet the local and very active over 50's residing in and around Broadbeach

## HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF AUGUST

The month of August is dominated by the zodiac sign, Leo, with the last few days falling under Virgo. People born between July 23 and August 21 are considered Leos, whereas, those whose birthdays fall between August 19 and 23 are said to be born on the Leo-Virgo cusp. People born under these two astrological categories differ from each other to a certain degree. A Leo possesses a positive outlook towards life and is very enthusiastic and is full of life. He/she is proud and determined and is also a great achiever who sets examples for others. Leos are genuine friends and are extremely loyal in their relationships. However, their self-centred nature and the tendency to dominate others are among their major negative traits. They are attention-seekers and can be very demanding at times. However, Leos are born leaders and whether consciously or unconsciously, they like to rule. They are brave and fearless when it comes to confrontation and are natural leaders. They take pride in themselves and possess an extreme sense of supremacy, just like the Lion itself.

### Famous People

Michael Jackson, Charlize Theron. Chris Hemsworth, Jennifer Lawrence, Jason Momoa, Princess Margaret, Ben Affleck and one of our favourites Roger Federer.



### Catholic Dog

Muldoon lived alone in the Irish countryside with only a pet dog for company. One day the dog died, and Muldoon went to the parish priest and asked, 'Father, my dog is dead. Could ya' be saying a mass for the poor creature?'

Father Patrick replied, 'I'm afraid not. We cannot have services for an animal in the church. But there are some Baptists down the lane, and there's no tellin' what they believe. Maybe they'll do something for the creature.'

Muldoon said, 'I'll go right away Father. Do ya' think \$5,000 is enough to donate to them for the service?'

Father Patrick exclaimed, 'Sweet Mary, Mother of Jesus! Why didn't ya tell me the dog was Catholic?'



Many thanks to Jasmine for stepping

in on behalf of Sue Spence. Her presentation on how they use horses to work with and turn around young offenders was very informative. Our members enjoyed her presentation at our July Meeting



Raffle winners for JULY





AUGUST LUNCH

ON: WEDNESDAY 17th AUGUST  
 AT: URBAN CAFE & EATERY  
 TIME; 12.30PM  
 LOCATION; SURF PARADE, BROADBEACH  
 RSVP: Jenny on 0432396300 or jaj28th@me .com

PREVIOUS LUNCHES





*Dad, are we pyromaniacs? Yes, we arson.*

*She was only a moonshiner's daughter,  
but I miss her still.*

*What do you call a pig with laryngitis? Disgruntled.*

*Why do bees stay in their hives during winter? Swarm.*

*Just so everyone is clear, I'm going to put my glasses on.*

*A commander walks into a bar and orders everyone around.*

*I lost my job as a stage designer. I left without making a scene.*



#### THEATRE TREAT

**-TO BE PAID AT AUGUST MEETING \$25.00**

ON: SUNDAY 18TH SEPTEMBER

AT: GOLD COAST LITTLE THEATRE

TIME; 2.00PM

LOCATION; 21A Scarborough St, Southport

TRAM STOP: SOUTHPORT SOUTH AND TURN RIGHT.

RSVP: Jenny on 0418 215 400 or [jaj28th@me.com](mailto:jaj28th@me.com)

Followed by dinner at Chinese in Surfers Paradise 2 tram stops away

**PLEASE INDICATE YOUR ATTENDANCE BY CALLING JENNY ON 0418215400 or**

**Email [jaj28th@me.com](mailto:jaj28th@me.com) or sign the form at the next members meeting**



Everybody attending our Christmas in July Function at Darcy Arms Irish Hotel Ate well and had a great day More Photos on Page 10





## CHANGING THE WORLD ONE STORY AT A TIME

Carol Pearce NSA Broadbeach's Wordsmith

There is a very precious phrase in our justice system - "Innocent until proven guilty". It has been part of our centuries old tradition of "fair go" - one that we should defend vigorously for ever. I, for one, am greatly disturbed at a trend that is emerging today, of efforts being made to negate all that we have fought for in our wonderful system. The push to remove protections and to name anyone even accused, let alone convicted, of a sex crime must give us all pause to think where this is leading. If the media is given total control over what can be said, written or photographed about anyone facing justice for a sex crime reported, but not proved, we are all the losers. Not the least, the truthful and thoughtful members of our media, who report without the need to destroy reputations at the touch of a button. Other crimes are open slather for this naming of an accused person, as we know (more is the pity,) but sexual allegations, reported in the media almost as they happen - with names attached, and no charges laid, must surely be stopped, not encouraged. And that means leaving our current legislation alone. How many innocent people could be caught in this trap, if accusations prove to be unfounded or malicious? I am totally in favour of bringing offenders to the justice they deserve, as long as it can be proved in a court of law. Unfortunately this is often not the case, but we still need to guard that phase at all costs - "Innocent until proven guilty."

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As I read about the push for preschool children to be given an extra earlier year of formal schooling, a feeling of despair comes over me for the constant chipping away at childhood today. These tiny children need to be allowed to play, and evolve as children, not as miniature scholastic achievers, which seems to be the aim of early formalised education. Sitting at desks for hours each day, concentrating on what a teacher imparts to them, is no substitute for free play and connection with friends, toys and family, and those missing words - freedom to be children. I am obviously living in the past, when my answer to all this would be to encourage mothers to be mothers, and not workplace beings, having to leave their children at an early age or be labelled as a " non-working stay-at-home mother." That is where a choice should be available to young women, instead of this emphasis on bringing children into the adult world earlier; that is, into formal schooling, and young mothers being made to feel that their role is not as important as being out in the world earning a living. There is a lot of learning to be had in the home, and by being with parents and siblings for longer than has been suggested recently, is a wonderful start to life, with an education of its own.

PLEASE FORWARD YOUR FAVOURITE PHOTO AND INFORMATION ON WHERE IT WAS TAKEN TO BE INCLUDED IN THE MONTHLY NEWSLETTER TO [jaj28th@me.com](mailto:jaj28th@me.com)



Gold Coast Jazz & Blues's Club.

Meet at HOTA 1st Wednesday of the month

In July a French Band played Edith Piaf and other french songs.

Roswitha and Keith decided to dress up.

They look fantastic.



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**TEST FOR GREY CELLS, ANSWERS AT NEXT MEETING. PRIZES CAN BE WON**

1. Johnny's mother had three children. The first child was named April. The second child was named May. What was the third child's name?
2. There is a clerk at the butcher shop, he is five feet ten inches tall and he wears size 13 sneakers. What does he weigh?
3. How much dirt is there in a hole... that measures two feet by three feet by four feet?
4. What word in the English Language... is always spelled incorrectly?
5. In California, you cannot take a picture of a man with a wooden leg. Why not?



# BROADBEACH BRANCH'S SPONSERS



# KOLLOSCHKE

Rob Lamb Licensed Real Estate Agent from Kolloosche Real Estate Broadbeach, Albert Avenue 0405 608 601 [rob@kolloosche.com.au](mailto:rob@kolloosche.com.au)



Oasis shopping centre 07 55923767



**Harrington  
Glen Estate**





Best dressed Female, Wendy Cookson

Best dressed Male, Matt Johnston

Hard to pick winners as most members went all out in their Christmas outfits.



A special thank you to Neville Wood Bradley he makes a fabulous Santa.



National Seniors Broadbeach ladies Choir where in good form, as usual. Go Ladies



Matt might have won best dressed male, but it was a real challenge for him to drink his wine on the day.



MONTHLY CARD AFTERNOON

3.00PM Wednesday 24th & 31st August

at Broadbeach Bowls Club. 169 Surf Parade  
Broadbeach

Hosted by Glen Ireland 0432 396 300

[jaj28th@me.com](mailto:jaj28th@me.com)



AUGUST DINNER

- WHERE:** Broadbeach Bowls Club
- WHEN:** Wednesday 24th & 31st August
- TIME:** 5.30pm
- ADDRESS:** 167 Surf Parade, Broadbeach
- RSVP:** Jenny 0432 396 300

**WOW Wednesday \$10 pizza or pasta (changes each week the selection) plus regular menu options.**



Please note there are 5 Wednesday's in August

Therefore cards and dinner will be repeated at the end of the month

That is 24th & 31st August

# Cards in July at the Bowls Cub Broadbeach



A special mention, Richard a new member came and learnt the game, he impressed us all when he won the second game. it could be said he had a great teacher.



<https://nationalseniors.com.au> To read more of this article plus others go to this web site.

### Recessions and retirement income

If you're retired or close to retiring, you may be panicking about all this talk of an impending recession. However, there are steps you can take to put yourself in a better position, should it come to pass.

#### 1. Pay down your debt

Those closest to retirement age can often find themselves in the firing line when a business needs to make cuts and often have a more difficult time finding work afterwards. If you're still working and have outstanding debts (particularly high-interest debts like credit card or personal loans), it's best to pay these off earlier than later.

Even if you are retired, you may want to consider paying those down before a recession occurs and while interest rates are lower if you are able to.

#### 2. Build your emergency savings

An emergency savings is, as the name suggests, there to support you in the case of an emergency. It is generally recommended to have 6 months' worth of essential expenses saved in your emergency fund (utilities, mortgage, insurance, medical expenses, groceries, transport costs).

Your emergency fund should be held somewhere where it can be easily accessed in an emergency (such as a high interest savings account or offset account) but away from your everyday transaction account so it isn't accidentally spent.

3. Pay down your mortgage. If you still have mortgage payments remaining, it's a good idea to pay this down as much as you can now, not only to save on interest (since interest rates will likely continue rising in coming months) but also to ensure you're ahead on payments if your income becomes reduced or stops entirely. mind many economists are predicting more interest rate rises in coming months. Mortgage calculator tools like the [ABC's mortgage calculator](#) can help you see how mortgage payments may change with interest rate rises.

#### 4. Consider your stock market investments

During a recession, stocks are usually hard hit, so if you have a sizeable stock portfolio, it's recommended to avoid selling stocks unless you have no other option. The Australian market is currently about 10% down from its recent all-time high.

We have currently entered a 'bear market' and these typically last about a year before recovering. If you have excess money you're looking to invest (not your emergency fund), it can be a good time to buy or increase your blue-chip stocks while they cost less, however take your time and consider carefully before you do.

If you're close to retirement or already retired, there won't be as much time to wait for the market to recover. If you need the cash, you can certainly sell your stocks, however it is usually recommended to keep some of it invested unless you desperately need to sell.



**AUGUST**

3<sup>rd</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club-AGM  
17<sup>th</sup> Wednesday Lunch 12.30 to be advised  
24<sup>th</sup> and 31<sup>st</sup> Wednesday Cards 3.00pm Broadbeach Bowls club  
24<sup>th</sup> & 31<sup>st</sup> Wednesday Members dinner 5.30pm at Broadbeach Bowls club

**SEPTEMBER**

7<sup>h</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club.  
18<sup>th</sup> Sunday 2.00pm Gold Coast Little Theatre Followed by dinner at Surfers  
21<sup>st</sup> Wednesday Lunch 12.30 to be advised  
28<sup>th</sup> Wednesday Cards 3.00pm Broadbeach Bowls club  
28<sup>th</sup> Wednesday Members dinner 5.30pm at Broadbeach Bowls club

**OCTOBER**

5<sup>th</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club.  
19<sup>th</sup> Wednesday Lunch 12.30 to be advised  
26<sup>th</sup> Wednesday Cards 3.00pm Broadbeach Bowls club  
26<sup>th</sup> Wednesday Members dinner 5.30pm at Broadbeach Bowls club

**Special Function Celebrating Seniors Month**

Monday 24<sup>th</sup> October at Level 2 Kurrawa Surf Club.  
Cost \$35.00 per person drinks at own costs.  
Special Guests, Bruce Page, Channel 9 Gold Coast News and  
Chris Grice General Manager, National Seniors.  
Lots of Lucky door Prizes, it will be worth your while to attend.



**NOVEMBER**

2<sup>nd</sup> Wednesday 9.45am Members Meeting, Kurrawa Surf Club.  
16<sup>th</sup> Wednesday Lunch 12.30 to be advised  
23<sup>rd</sup> Wednesday Cards 3.00pm Broadbeach Bowls club

**DECEMBER**

7<sup>th</sup> Wednesday Members Christmas Party 12.30pm at Kurrawa Surf Club ,Level 2.

**JANUARY 2023:**

11<sup>th</sup> Wednesday 12.30 Lunch followed by 3.00pm cards Broadbeach Bowls Club

