## **National Seniors**



#### ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS; OLD BURLEIGH ROAD, BROADBEACH.

9.30am Wednesday 7th August, AGM Admission includes Morning tea. \$5.00

#### MONTHLY MEETINGS

\*When: first Wednesday of each month (Except January) \*Time 9.30 AM

\*Where: Kurrawa Surf Club Old Burleigh Road Broadbeach

\*On the 2nd Floor, Go to the first floor walk past bistro and catch lift Look for our Banner signs. We will have people show you the way..

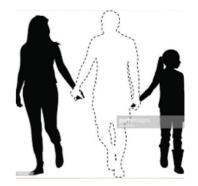
Detective Senior-Sergeant Damien Powell is the

officer in charge of the State Crime Operations Command Missing Persons Unit.Queensland's dedicated Missing Persons Unit has the job of solving the mystery of more than 300 missing persons. Some have been missing for decades and some only months.

The man in charge is our <u>August Speaker</u>, Detective Senior Sergeant Damien Powell, a police officer with more than 30 years experience and who has led the unit for eight years. He says there have been some memorable cases, but it would be unfair to single one out. Because each year there's about 20 missing persons that we can't locate and that's 20 families who are desperate for answers,he says. This specialist unit is unique in its

operation as it's the only Missing Persons Unit in the country to offer assistance seven days a week, typically from 7am to 10pm.

They deal with more than 6000 cases every year about 16 every day – and more than 60 per cent involve children under the age of 16.



#### **TRANSPORT**

\*Parking at the Surf Club. (3 Hour limit)

\*Oasis shopping centre parking.

- \* North Broadbeach light rail, short 6-10 minute walk.
- \* 705 Bus, stops in front of the Kurrawa Surf Club Broadbeach





#### HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF AUGUST

The month of August is dominated by the zodiac sign, Leo, with the last few days falling under Virgo. People born between July 23 and August 21 are considered Leos, whereas, those whose birthdays fall between August 19 and 23 are said to be born on the Leo-Virgo cusp. People born under these two astrological categories differ from each other to a certain degree. A Leo possesses a positive outlook towards life and is very enthusiastic and is full of life. He/she is proud and determined and is also a great achiever who sets examples for others. Leos are genuine friends and are extremely loyal in their relationships. However, their self-centred nature and the tendency to dominate others are among their major negative traits. They are attention-seekers and can be very demanding at times. However, Leos are born leaders and whether consciously or unconsciously, they like to rule. They are brave and fearless when it comes to confrontation and are natural leaders. They take pride in themselves and possess an extreme sense of supremacy, just like the Lion itself.

#### **Famous People**

Michael Jackson, Charlize Theron. Chris Hemsworth, Jennifer Lawrence, Jason Momoa, Princess Margaret, Ben Affleck and one of our favourites Roger Federer

# JOKE CORNER, THE ONES YOU CAN TELL YOUR GRANDCHILDRENToday at the bank, an old lady asked me to help check her balance. So I pushed her over.

- 1. I'm so good at sleeping. I can do it with my eyes closed.
- 2. My boss told me to have a good day, so I went home.
- 3. Why is Peter Pan always flying? He neverlands.
- 4. Why do blind people hate skydiving? It scares the hell out of their dogs.



You've never sinned -



### DATES TO REMEMBER 2019

#### LUNCH

Members Meeting - AGM	Wednesday - 7th Aug	21-Aug-19
Members Meeting	Wednesday -4TH Sept	18-Sep-19
Members Meeting	Wednesday - 2nd Oct	16-Oct-19
Members Meeting	Wednesday - 6th Nov	20-Nov-19
Members Meeting	Wednesday - 4th Dec	11-Dec-19

BAVIA would like to invite National Seniors Association – to come to our 'Focus on Friendship' Expo for Seniors Week on Wednesday 21st August 2019 @ BAVIA HOUSE from 9am – 1pm BAVIA HOUSE 14 Kalimna Drive BROADBEACH WATERS QLD 4217

There will be demonstrations, interactive displays, samples, exhibits and short talks by Local Businesses, Service Providers, Community and Support Groups including, *Pacific Fair Shopping Centre*, *Gourmet Meals*, *Lockeridge Financial Advisory*, *Newhaven Funerals*, *Mobility Wholesale Distributors*, *Hearing Australia*, *G: Link Gold Coast Light Rail*, *Vision Australia*, *PRD Nationwide*, *AVA Solicitors*, *Quantum Reading Learning Vision*, *Marana Gardens Aged Care Service*, *Liberty Community Connect*, *Qld Fire & Rescue Service*, *Seniors Enquiry Line*, *Gold Coast Cabs*, *Qld Police* – *Crime Prevention Unit*, *Lifeline*, *Gold Coast Libraries*, *Miniature Train Club Gold Coast Inc.*, and Fit-J Training.

We'll have entertainment by *Memory Lane & Just Jeff* and complimentary tea, coffee & light refreshments in our 'sit & sip' area.

Each guest will receive a 'Show Bag' (Information/Souvenir pack) with promotional materials and discount offers.

There will be no cost of entry to our expo. We will be holding a '5 Cent Auction' with prizes donated by our exhibitors and local business including *The Star Casino, Gourmet Meals, Woolworths, Dan Murphy's Pacific Fair Shopping Centre, Cedar Creek Lodges, Currumbin Wildlife Sanctuary, Four Winds 360 Revolving Restaurant, I Fly Gold* 





Monthly Cards Day Wednesday 28th August

**3.00PM** at Broadbeach Bowls Club.

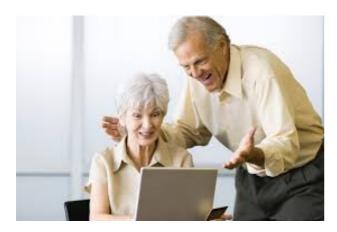
169 Surf Parade, Broadbeach

Hosted by Glen Ireland 0408 029 788

#### **MONTHLY BOWLS DAY**

Barefoot Bowls at Broadbeach Bowls Club on Wednesday 15th August at 3.00pm Hosted by Neville Wood Bradley phone 0409 599 028





Retired OnLine Inc. (ROL), is a Gold Coast Computer Club established in October 2000 for the express purpose of assisting Seniors with different aspects of computer use with increased confidence and competency. Currently meeting The first 4 Mondays of each Month. Interested,

call Lyn on 0481 318 688



#### JULY IN REVIEW





It was a great honour to have Dawn Crichlow speak at our last month's meeting. I have received many favourable remarks about Dawns presentations and the style in which she delivers the information she has to share. Her common sense approach to solving issues within our community was a refreshing approach compared to others on the Council. I hope we can arrange to have her speak at another event in the near future. So, we thank her for taking the time to be with us.







Last meeting instead of Members Corner we played a game called Heads or Tails, due to the school holidays our audience was smaller than usual but we all had a lot of fun and two members received some great prizes.





A few words from the Chef and Owner

"Our experience and love of Italian food and culture is what makes our Italian restaurant special.

August lunch, Wednesday 21st August 12 30pm at Don't Gnocc It Italian Restaurant.

90-104 Surf Parade, Broadbeach QLD 4218 Right near the Zebra Crossing half way down Surf Parade

Gluten free options on most dishes available

RSVP: Jenny on 0432 396 300

Don't Gnocc It owner and chef Tim has been cooking professionally since the age of 16 when he began his apprenticeship in his homeland of New Zealand. His love of Italian food was inspired during his apprenticeship in a small Italian cafe where he worked under an Italian chef by the name of Enzo. From there, Tim moved into fine dining working in a restaurant in the heart of Wanganui in New Zealand.



This was followed by a move to Europe where Tim travelled around Europe and spent 2 years in Munich, Germany working in kitchens and expanding his chef skills. After Europe, Tim spent 3 years in Western Australia building on his chef skills and acquiring management skills with a view of owning his own Italian restaurant eventually. Before establishing his business on the Gold Coast, Tim worked at a restaurant in Southbank in Brisbane. You may have tasted some of Tim's gnocchi at his food stall at Night Quarter. This allowed Tim to start small and get a feel for the market and for business before setting up his own restaurant."



















#### OASIS SHOPPING CENTRE BROADBEACH



Italian Restaurant, Surf Parade, Broadbeach





Greek Restaurant, Albert Avenue Broadbeach



Harrison Glen Estate, Vineyard in Stanthorpe





**Queensland Seniors Week** is just over a month away and we are celebrating in style! National Seniors Australia will be hosting two events:

- Morning tea at Currumbin Wildlife Sanctuary on Wednesday 21 August
- Devonshire tea at Wolston House on Thursday 22 August

And the amazing volunteers at the National Seniors Garden City branch are hosting the <u>Toowoomba Seniors Expo on Thursday 22 August</u>.

Check out the links above for more information or stay tuned to the <u>events page on</u> <u>our website</u>. **OR SEE PAGES 12 AND 13 IN THIS NEWSLETTER FOR DETAILS** 

About Queensland Seniors WeEK

Funded by the Queensland Government, the Seniors Week program supports the building of "an age-friendly Queensland" by promoting positive community attitudes towards older people and ageing, and enhancing community connections.

Queensland Seniors Week takes place from 17 - 25 August 2019.For more information please go to <a href="https://nationalseniors.com.au/news/events/toowoomba-seniors-expo">https://nationalseniors.com.au/news/events/toowoomba-seniors-expo</a>



Have you had a phone call or SMS out of the blue? Phishy email or 'lucky' letter? Unknown knock at the door? Strange behaviour from an online friend or admirer? These tips will help to protect yourself against scammers. Go to the SCAMWatch website for a list of scams across Australia.



#### MAJOR SPONSOR FOR NSA BROADBEACH BRANCH

#### **Priceline Pharmacy Oasis Broadbeach**



 \$1 Discount for Concession card holders

- FREE Scripts on File service
- Chinese Vitamins
- Compounding Pharmacy

Priceline Pharmacy Oasis in Oasis Shopping Centre, Located Ground Floor



FOLLOW US ON WECHAT





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WHAT'S THAT ON THE END OF MATTS NOSE.??





THANK YOU ALL
FOR DRESSING UP
FOR OUR
CHRISTMAS IN
JULY EVENT







## Explore historic Currumbin



Join National Seniors Australia for morning tea and meet a wildlife officer with a special wildlife visitor. Get up close, take photos and ask the keeper questions.

Following morning tea, you can explore Currumbin Wildlife Sanctuary and all it has to offer at your leisure for the rest of the day.

When: Wednesday 21 August 2019 at 10.00am to 12.00pm Where: Currumbin Wildlife Sanctuary, 28 Tomewin Street,

Currumbin QLD 4223

Tickets: National Seniors Members only \$37.58\* and Non-members \$48.02

These outstanding prices are possible thanks to our partnership with

National Trust Queensland.

Ticket price includes entry into Currumbin Wildlife Sanctuary (normally \$39.95 for a senior) plus the exclusive morning tea event with special visitors.





Register at nationalseniors.com.au/events or call 07 3233 9141

\*must present valid National Seniors Australia membership card at event



## Take a step back in time



Join National Seniors Australia at the heritage listed Wolston Farmhouse for Devonshire tea on the verandah overlooking the six-acre property.

Listen to the stunning melody of harpist, Janita Billingham, before taking a guided tour through the historic homestead.

Feel free to catch the train and make use of our free courtesy bus from Wacol station, or take advantage of free parking onsite.

When: Thursday 22 August 2019 at 10.00am to 12.00pm

Where: Wolston Farmhouse, 223 Grindle Road,

Wacol QLD 4076

Cost: National Seniors Members only \$16.75\* and Non-members \$21.97

These outstanding prices are possible thanks to our partnership with

National Trust Queensland.





Register at nationalseniors.com.au/events or call 07 3233 9141

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