

National Seniors

AUSTRALIA



ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS; OLD BURLEIGH ROAD,

BROADBEACH From 9 am.

Wednesday 1st October

Members and Friends Monthly

Meeting

\$5.00 Admission for morning tea

Stay for a casual lunch after the meeting.

Our speaker for Wednesday 1st October will be Rod Preston with episode 4 of,

Mysteries of the Mail

Rod has enthralled our members on past occasions with stories of, young babies traveling through the post via horse and wagon, convicts and outlaws stealing mail, the worlds greatest mail robber along with Elvis Presley becoming a secret agent.

On this occasion, Rod's title is, "It started with a kiss".

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#### **MONTHLY MEETINGS**

\*When: first Wednesday of each month (Except January)

\*Time 9.30 AM

\*Where: Kurrawa Surf Club  
Old Burleigh Road Broadbeach

\*On the 2nd Floor, Go to the first floor walk past bistro and catch lift  
Look for our Banner signs. We will have people show you the way..

#### **TRANSPORT**

\*Parking at the Surf Club. (3 Hour limit)

\*Oasis shopping centre parking.

North Broadbeach light rail, short 6-10 minute walk.

705 Bus, stops in front of the Kurrawa Surf Club Broadbeach

#### **CONTACT DETAILS**

Phone No. 0418 215 400

Email: [jaj28th@me.com](mailto:jaj28th@me.com)

Web site: <https://nationalseniors.com.au>

Come along and meet the local and very active over 50's residing in and around Broadbeach

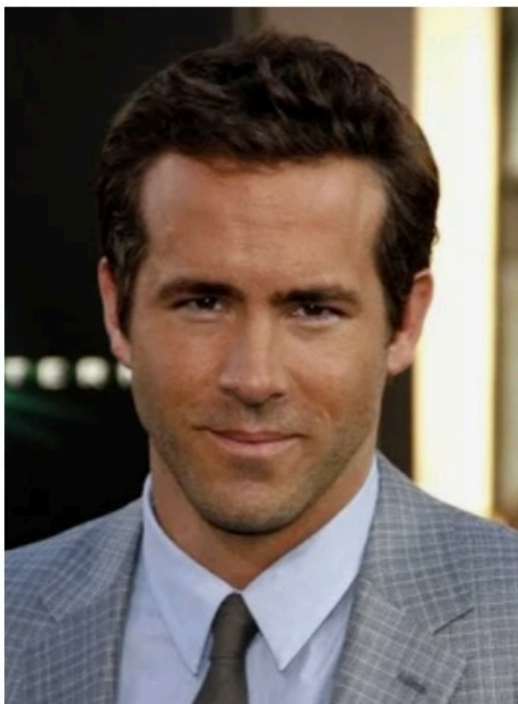


HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF OCTOBER

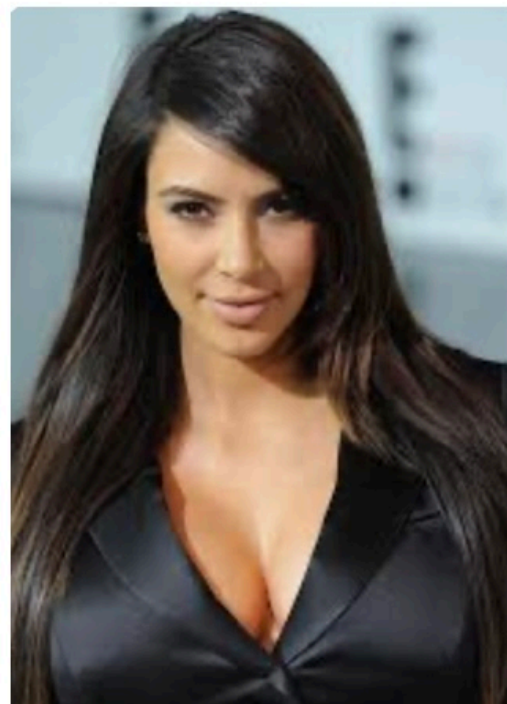
The two signs associated with the month of October are Libra and Scorpio. People born from October 1st to October 22nd are members of the Libra sign. As a Libra desires security and harmony above all else, those born under the sign can be identified by the organization applied to all aspects of their lives. For those born from October 23rd to October 31st, they are members of the Scorpio sign. The Scorpio is resilient and opinionated, which explains why they are amongst the most driven of the zodiac sign

#### FAMOUS PEOPLE

Ryan Reynolds, Kim Kardashian West, Kate Winslet, John Lennard

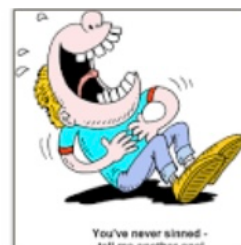
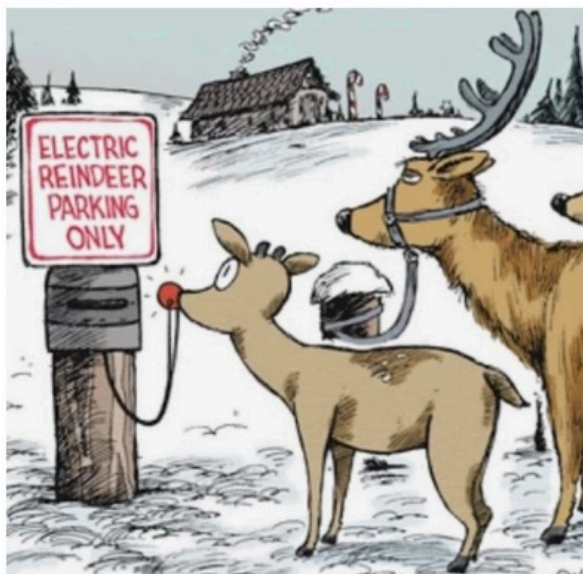


**Ryan Reynolds**  
**23 October 1976**



**Kim Kardashian**  
**21 October 1980**









Pat receives milestone acknowledgments from the Queensland Premier and the Prime Minister before Jeffrey Hopp winds up to entertain our monthly meeting.



Barbara claims the mystery prize while Merrill picks up a double in the Stockwell moment.



Roswitha wins the \$50 KSC gift card while Sandria leaves the Joker in the pack





A long table of intelligent looking connoisseur dinners settle in for a relaxing lunch at the Bowls Club.



Joy wins the trivia in a tiebreaker while Tenille picks David's lucky draw. Both \$50 Kurrawa gift cards .



# The Story of Five Crowns

Five Crowns the fourth Wednesday of the month, sometimes the fourth and fifth Wednesday of the month at the Bowls Club. Start at 3pm with dinner optional from 5:30 pm



Five Crowns is a five-suited rummy-style card game.

It is a quick favourite for avid and casual card players alike.

The unique deck provides you with multiple options for arranging your cards into cards alike and/or runs.

The game has 11 rounds. It starts with 3 cards and 3s are wild, then moves to 4 cards and 4s are wild and so on 'til the Kings Go Wild' Make the right combinations, be the 1st to go out, then watch your opponents scramble as they get one last chance to cut their losses. The player with the lowest score wins!

Glen wins both games on 24 September  
Then, a cosy group settle in for dinner.







## Carols Corner Changing the World One story at a Time

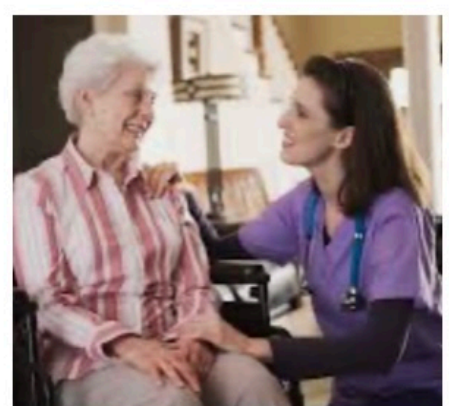
For October, remembering  
those in the front line  
assisting & caring.



For those of us who have sampled hospital stays recently, I have to add my voice to those who are disappointed with all the criticism of nursing staff and emergency services. These mostly young and dedicated people are so good at what they do, and are genuinely caring – particularly from an older point of view, it helps so much at a time of crisis. I have found that being able to have a joke with someone, and always a smile attached to it – has been a wonderful part of getting better. Our front-line health personnel have been put through hell for the past few years, and yet, are still able to be calm and be helpful at all times.

The doctors too, who somehow manage to remain courteous when patience is needed – I take my hat off to them all! I think in Australia we are so privileged to have the health care system we have, and we must remember not to take it for granted.

Carol Pearce



# Looking for Travel Insurance?



With no age limits on most plans<sup>#</sup> and over 40 existing medical conditions automatically covered<sup>^</sup>, you can relax and enjoy your trip with National Seniors Travel Insurance.

Call the friendly and experienced team on **1300 50 50 99** (Monday to Friday, 8:30am-5pm AEST) and speak to a real person who understands you.



Our October lunch at 12:30pm on 15 October will be,  
Back to Urban Cafe, shop 4/90 Surf Parade, Broadbeach.

Our host Kylie has offered a special price of **\$20** for Fish,  
chips &/or salad.

The brief trivia will complement the menu with,

**‘Questions from the sea’** for a \$50 KSC gift card.

Kylie will also conduct a lucky draw for an **Urban gift card**.



# Our speaker for November will be Wayne Sticher

## ABOUT WAYNE

Wayne Sticher is a former firefighter and the multi-award-winning founder of Cycling Without Age Gold Coast, a movement restoring joy and connection to older Australians and people with disability through volunteer-powered trishaw rides.

A passionate storyteller, Wayne uses adventure to challenge perceptions about ageing and capability.

He has previously completed solo cycling expeditions including a 6,500km ride from the Gold Coast to Perth via Uluru—clocking over two million pedal revolutions through 3 deserts—and continues to inspire with keynote speeches such as “A Life Less Ordinary.”

As the official Cycling Ambassador for the Winton Outback Festival, Wayne delivers genuine, professional representation infused with heartfelt passion and unwavering commitment.



## BROADBEACH BRANCH SUPPORTERS

providing value for money culinary experiences to local seniors.





**Cards, Coffee and Cuisine  
Broadbeach Bowls Club  
167 Surf Parade, Broadbeach**



**Glen, event manager  
0408 029 788**

**Cards from 3pm  
Conversational Five Crowns  
Wednesday 22 & 29 October.  
Just turn up & join in.**

**Dinner optional after cards  
Wednesday 22 & 29 October.  
from 5:30 pm  
Text Glen to provide numbers  
for Broadbeach Bowls.**



**BROADBEACH BRANCH PARTNERS**  
Providing financial and supportive assistance to local seniors.

# Stockwells.



**COASTAL°**

Over 600  
Broadbeach  
properties sold.  
Major supporter  
of the local  
community.

Up to \$1,000 for referral.  
Conditions apply.

Shaun Bourke  
0404 649 537  
[shaun.bourke@coastal.com.au](mailto:shaun.bourke@coastal.com.au)

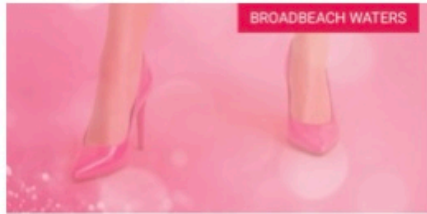
Shaun Bourke operates under Bourke Real Estate Pty Ltd  
and works in conjunction with Coastal.



# What's happening in your Neighbourhood this October.

## Wednesday 1st

Our guest speaker will be Rod Preston. Rod will entertain us again with episode four of mysteries of the mail, titled "it started with a kiss".



BROADBEACH WATERS

02 Oct 2025

4 more dates

**LEGALLY BLONDE THE MUSICAL**



HELENSVALE

03 Oct 2025

**SENIORS ROCKIN' THE VALE**



SURFERS PARADISE

05 Oct 2025

**NRL GRAND FINAL LIVE ON THE BIG SCREEN**

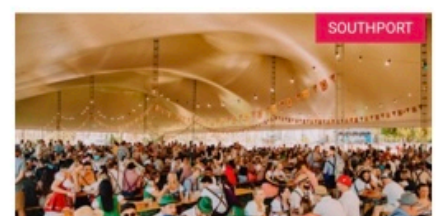
**Wednesday 15th**  
Our monthly lunch will be held at Urban Cafe 12:30pm  
4/90 Surf Parade, Broadbeach.



BILINGA

11 Oct 2025

**GOLD COAST CHILLI, BEER & SAUSAGE FEST**



SOUTHPORT

11 Oct 2025

**OKTOBERFEST IN THE GARDENS**



GROUNDWATER COUNTRY MUSIC FESTIVAL

17 - 19 October



SOUTHPORT

10 Oct 2025

**ARTBEAT MUSIC AND ARTS FESTIVAL**

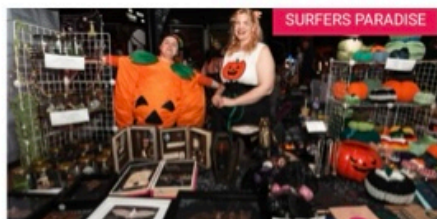


BROADBEACH WATERS

23 Oct 2025

**GOLD COAST SENIORS HEALTH & LIFESTYLE EXPO – BROADBEACH WATERS**

**Wednesday 22nd & 29th**  
Cards at the Bowls Club  
3pm then dinner optional  
From around 5:30pm



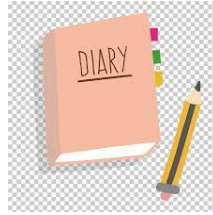
SURFERS PARADISE

31 Oct 2025

**HALLOWEEN IN THE LANEWAY**



**Gold Coast 500  
Fri 24 – Sun 26**



## The developing forward plan for 2025

October 1 Branch meeting, Speaker Rod Preston,  
Episode 4 of 'The mysteries of the Mail'  
This episode 'It started with a kiss'

October 8 Committee Meeting

October 15 Members Lunch Urban Cafe, Broadbeach.

October 22 Cards and Dinner at the bowls club

October 29 Cards and Dinner at the bowls club

November 5 Branch meeting, speaker Wayne Sticher,  
cycling without age.

November 12, Committee Meeting

November 19 Members Lunch TBA

November 26 Cards and Dinner at the bowls club

December 3 Christmas Party

February 4, 10 Year Anniversary with Bruce Paige

February 11, Committee meeting

February 18, Members Lunch

February 25, Cards and Dinner at the bowls club

March 4 Branch Meeting, David Ashton-lewis. A life of Law.

March 11, Committee meeting.

March 18, Members Lunch

March 25, Cards and Dinner at the bowls club





