

Cairns Tropical Branch Inc. October 2019

Branch No 999996

President:- Bob Stemp Ph: 0408 722 170 07 4093 0328

Email: cairns.tropical.nsa@gmail.com

Web https://nationalseniors.com.au/about/branches/cairns-tropical

Our Branch meets on the 3rd Thursday of each month at *Cominos House* 27 Greenslopes Street at 2.00pm - \$3.00 levy per person

2.00 pm. Sign in and Guest Speaker 3.00pm cuppa & members meeting.

----- oooo Upcoming events oooo-----

17 Oct 2.00 Agnes Kesmarki, HPO Continence Foundation Qld

3.00 Cuppa & members meeting

3 Nov 12.00 Sunday Lunch

Piato Mediterranean Restaurant at the Pier

21 Nov 2.00 Madonna Brodie Retired RN "Healing Touch"

3.00 cuppa & members meeting and AGM

1 **Dec** 12.00 Lunch

Trinity Beach Sports Club, 1 Nautilus Street Trinity Beach.

19 Dec 2.00 Christmas Celebration & Trivia

This Activity Sheet is also available on the NSA website under Branches

Your Committee for 2018/2019

President: Bob Stemp Vice-President: Owain Froud Secretary: Jan Walker Treasurer: Denise Neumann Activities: Margo Mackenzie

Committee: Malcolm Walker Shirley Arrowsmith

Committee meets 3.00pm 1st Thursday every month Cairns RSL



Useful Contacts

National Seniors Australia www.nationalseniors.com.au 1300 76 50 50

My Gov https://my.gov.au

My Aged Care https://myagedcare.gov.au 1800 200 422

Centrelink <u>www.humanservices.gov.au</u>

Qld Govt www.seniorsenguiryline.com.au 1300 135 500

QLD 65 (or 60 if applicant holds Commonwealth Concession Card, Centrelink or DVA)

- motor vehicle registration concessions
- boat Registration concessions
- travel concessions
- electricity concessions
- dental concessions
- spectacles supply scheme
- reticulated natural gas concessions
- medical aids subsidy
- electricity life support
- fishing licence Qld Gov Museums and Art Galleries
- Tours at national parks