

National Seniors Australia ~ Centenary Branch

SEPTEMBER 2019- Newsletter

PRESIDENT'S MESSAGE –

Good morning members. It's been quite a busy month. I'm moving on 19th into a smaller abode-trying to downsize is an amazing experience. All the good stuff you have collected over the years is hard to part with or shall I say even give away. Businesses offering 50 months interest free means the young buy brand new everything every 4 years. If I may offer the lesson learned I would say put it out when the council pickup time comes.

Meanwhile the over 50's Expo was a great day out and we hope to see some visitors soon. Many thanks to those who manned our stall – your efforts were greatly appreciated.

Words of Wisdom – Cinderella is proof that a new pair of shoes can change your life.

We are compiling an accurate membership list. Please show your member number at the door.

SEPTEMBER ENTERTAINER - David Pal (Singer).

OCTOBER GUEST SPEAKER - Helen Rattenbury (Good and Bad Weeds)

BIRTHDAYS: Best wishes are extended to all our valued members celebrating birthdays during September. We hope you have a wonderful  day.

MANY HAPPY RETURNS

RECENT EVENTS:

AUGUST TUES 20th – Picnic in the Park.

AUGUST WED. 21st – Senior Expo at Riverlife 17 Mile Rocks.

UPCOMING EVENTS:

SEPTEMBER Mon. 2nd – Jindalee Bowls Club Annual Portofino Fashion Parade.

OCTOBER 1st – Hugh Colebatch Garden Corner.

COACH TRIP-SEPTEMBER TUESDAY 17TH - \$55. – 7.30AM – BUCKS AT CHILLINGHAM.

This is a tour of a different kind. We make our way down to Chillingham to visit Buck The Barefoot Bushman at his Tweed Valley Farm. Buck and his wife will provide an entertaining presentation of the farm's history and its unique and innovative produce. Sample fresh farm produce and see Buck's very own unique cosmetic products. Today's tour includes morning tea, farm experience and lunch at a local venue.

Names and money to Ann today.

Please note **FULL PAYMENT FOR BUS TRIPS IS TO BE MADE AT THE MONTHLY MEETING BEFORE TRIP. NAME BADGES ARE COMPULSORY FOR ALL BUS TRIPS.**

BRANCH REFUND POLICY FOR BUS TRIPS. The bus is booked the Thursday before we travel. Cancellations after this date, except for medical emergencies, will incur a \$15 fee. In the event of a trip being cancelled due to unforeseen circumstances beyond our control and cannot be rescheduled, then members will receive a full refund.

CONTACTS

PRESIDENT/EXPLORER TRIPS	BEV	0424525230
VICE-PRESIDENT	HAZEL	0403191 171
SECRETARY/NEWSLETTER (INCLUDES MEMBERS WISHING TO HAVE THEIR NEWSLETTER EMAILED, OR PUT IN AN APOLOGY FOR GENERAL MEETING)	CHERYL	3376 1146
TREASURER	GEOFF	3715 7874
COACH TRIPS	ANN	3376 3760
DINNERS, FUNCTIONS	JENNY	3376 3616
MAHJONG	JUDY HUNOLD/JO MURRAY	3378 4935/ 0406413836
STEADY STEPS /CHANGES TO ADDRESS/PH NOS	HUGH	3376 1371
HEART FOUNDATION WALKING MT OMMANEY	SEE DOREEN FLYNN	
MUSIC AT THE HUB	MARJORIE	3376 2030
BOOK CLUB	PAULINE	37120430

CENTENARY NATIONAL SENIORS WEBPAGE

<https://nationalseniors.com.au/about/branches/centenary>.

ADDITION TO TRADESMEN LIST - PVR HANDYMAN SERVICE – PAUL 0498 321 298

Do you know of any Centenary Seniors members who are unwell? Often we do not know of anyone who has been unwell or in hospital. If you know of any members please call Carol Uren on 0415 722 940.

JOKE

A Cardiologist died and was given an elaborate funeral. A huge heart covered in flowers stood behind the casket during the service.

Following the eulogy, the heart opened and the casket rolled inside. The beautiful heart then closed sealing the doctor inside, forever.

At that point one of the mourners burst into laughter. When all eyes stared at him he said. 'I'm sorry I was just thinking of my own funeral....I'm a gynecologist'.

The proctologist then fainted.

Meetings are first Tuesday each month, February to October, except November (second Tuesday) at the Jindalee Bowls Club at 9.30am. Secretary: Cheryl Williams. P.O. Box 470 Mt Ommaney

Our thanks to Matthew Bourke, Councillor for Jamboree Ward, for provision of photocopying facilities.

MEMBER'S PROFILE: (provided by Marlene Worthington, OAM)

I have been asked to write a short burst about why I received an OAM (Order of Australia). Well, I met Alan back in 1963 and. after travelling from Melbourne to Brisbane to meet his family we decided to get married, and that's where the fun started. Alan lost his inoculation book somewhere in Singapore and we were supposed to get married the next day in Melbourne. This was my introduction to Air Force life. Well, we made it and then we had to drive his car back to Sydney to catch a plane back to Malaya for the next 3 years of heat and boredom. I looked around me and said, "There must be something that i can do to pass the time?" White women were not allowed to work as this took jobs away from the locals, not only could we not work but we had to have an amah and a gardener to do all the work around the house. This became my first volunteering role. I roped in a few friends and we started a Guide Company and Brownie Pack along British lines.

When we finally arrived back in Canberra, I took on a job to pay the bills, and then we went to Melbourne where my 3 eldest children were born and then on to Perth, Western Australia where our youngest son was born in 1975. I started a playgroup here for mothers and babies of Service people. Unfortunately, this is where my youngest son caught the measles at 11 months of age and became disabled for the rest of his life.

1976 saw us back in Melbourne, and I had decided that my mission was to help my son survive. I got together with a group of mothers of children with severe disabilities and together we decided to approach our local council to see if we could find somewhere we could meet and share our problems. The Knox City Council not only listened to us, but donated a house adapted to the needs of special children, plus a full time physio and therapist to work at the house called Illoura in Fern Tree Gully with the objective that these children would go on to a normal school That special house still continues its work today.

1980 saw us make our final big move to Brisbane, where all my children became involved in local sports; hockey, soccer, gymnastics. They all did distance running and were quite good at it. Of course kids had to be taken to all their activities and competitions, etc. so Mum gets out the car every Saturday, and drives them and their mates to their event and then go back to pick them, up and come home again. I managed to clock up about 30 years with Little Athletics, *World Masters Games, Melbourne, Rugby World Cup Brisbane, Commonwealth Games Melbourne*

*Secretary, Vice President, President of Centenary National Seniors
This reflects over 36 years of involvement in the community.*

CALENDAR 2019

SEPTEMBER 2019

Monday 2 nd	Fashion Parade	9.30am	Jindalee Bowls Club	\$20
Monday 2 nd	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 3 rd	General Meeting	9.30am	Jindalee Bowls Club	\$5
Thursday 5 th	MahJong	9-12noon	Library Meeting Room	

Monday 9th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Wednesday 11 th	Evening Dinner	6pm	Border Grill, J'lee Golf Club	
Thursday 12th	MahJong	9-12noon	Library Meeting Room	
Monday 16th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 17 th	Coach Trip	7.30am	Bucks Farm	\$55
Thursday 19th	Book Club	10am – 12noon	The Hub	
Thursday 19th	Lunch	12noon	Monier Hotel Darra	
Thursday 19th	Committee Meeting	1.30pm	Monier Hotel Darra	
Sat 21–Fri 27th	Longreach/Winton Trip	-	-	
Monday 23rd	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 24th	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Monday 30 th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7

OCTOBER 2019

Tuesday 1 st	General Meeting	9.30am	Jindalee Bowls Club	\$5
Thursday 3 rd	MahJong	9-12noon	Library Meeting Room	
Monday 7th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Monday 7 th	PUBLIC HOLIDAY			
Wednesday 9 th	Evening Dinner	6PM	TBA	
Thursday 10th	MahJong	9-12noon	Library Meeting Room	
Monday 14th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Wednesday 16th	Explorer Trip	8.30am	Sofitel Hotel	
Thursday 17th	Book Club	10am – 12noon	The Hub	
Thursday 17th	Lunch	12noon	Monier Hotel Darra	
Monday 21st	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Monday 28th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 29th	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Tuesday 29th	Committee Meeting	1pm	Library Meeting Room	

NOVEMBER 2019

Monday 4 th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 5th	Melbourne Cup		TBA	
Thursday 7th	MahJong	9-12noon	Library Meeting Room	
Monday 11 th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 12th	General Meeting	9.30am	Cent.Uniting Church Hall	\$5
Thursday 14th	MahJong	9-12noon	Library Meeting Room	
Saturday 16 th	Music	6pm	The Hub	\$10
Monday 18th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 19 th	Coach Trip	8.15am	Tamborine Mountain	\$55

Thursday 21st	Book Club	10am-12noon	The Hub	
Thursday 21st	Lunch	12noon	Monier Hotel Darra	
Monday 25th	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 26th	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Tuesday 26th	Committee Meeting	1pm	Library Meeting Room	