

National Seniors Here's the News

Australia

Calamvale Branch Inc.

SEPTEMBER 2019



To all our Guests and Visitors

President's Message

Good Morning Members,

This is my first report to you as President following the AGM held in August. I would like to welcome the new committee and trust that we will have a successful 12 months ahead of us. I would especially like to welcome two new members. They are Pat Wilson who has taken on the role as Bus Trip Coordinator and Roynon Day as the Meeting Supplies Coordinator. I would also like to thank the many volunteers that are not Committee Members but who do a great job in helping out at our meetings and our various other activities. I know we can rely on your ongoing support.

I want to assure members that the committee is here to ensure the ongoing success of National Seniors Calamvale. At the same time, we welcome positive feedback and suggestions from members. You can speak to myself or any one of the Committee Members or provide your feedback at our meetings. I will ensure we have time in our agenda for your feedback.

On a sad note, Mary Cotton has advised us that she has resigned as Zone 101 Chairperson and Lyn Martin has resigned as secretary. They both have personal issues that they need to



attend to and do not have the time available to continue in these roles. We would like to thank both Mary & Lyn for their friendship and support and especially for their help in Calamvale Seniors hosting the Zone 101 Conference in May. As yet we have not been advised if anyone has been appointed to fill their roles.

Although it has been said before, I want to acknowledge Janess Petersen and everyone who contributed to make our Cancer Big Morning Tea the fantastic success it was. Thank you to members for the support of the raffle and your generous donations. This is an extremely worthy cause and with ongoing support the researchers are discovering new and better treatments and outcomes for those who are afflicted with this insidious disease.

We went to Twin Towns Services Club for the Back to the Tivoli show and had a great time. I heard a comment that you would pay \$80 plus to see a show of that quality in Brisbane. That surely is a high recommendation. Come and join us for our great Bus Trips.

We have been advised that we can attend the Lord Mayor's Christmas Party on Monday the 2nd Of December. We have asked for 40 tickets to be made available to us. If you would like to attend, please put your name down on the list with our Treasurer Doug Wells from today onwards.....Cont.over page

National Seniors Australia

Cont...

Please refer to the events calendar at the back of your newsletter to see the many activities that are available for everyone to attend. We have the monthly Sausage Sizzle, ladies birthday lunches, ladies nights out, card playing, craft, quilting and the men also have an occasional day out for putt-putt or other activities. Everyone is welcome.

That's it from me for this month.
Stay safe and have fun.

Lila



National Seniors Calamvale Branch Committee 2019

Back row - Doug Wells, Gay Day,
Roynon Day, Lyn Douglas, Lila Wells,
Pat Wilson, Joyce Morrison,
John Morrison (camera shy on the end),
Front – Tania Olszewski, Gwen Costello

Today's GUEST SPEAKER

Emily Mellor

**Cover More Insurance
Information on Overseas Travel**

Hi everyone.



Welcome to the new year of our Calamvale branch of National Seniors. Also welcome to our enthusiastic committee, now under the helm of President Lila Wells. Congratulations Lila.

I would also like to welcome outgoing President, John Morrison, back onto the committee as our new Vice President. Thank you for your tireless work and devotion over the last 2 years. Congratulations on a job well done.

We have already had our first meeting of the year and everything is full steam ahead in planning for the next 12 months. We are all in National Seniors for the same reason, for friendship and a bit of excitement and fun. So if we, as your committee, can put a smile on your face at the end of the day, then we know we are doing a good job.

Please don't be afraid to come forward with any suggestions you may have. We don't bite and we look forward to your import to help us make our branch the best branch ever

Please help us save the planet, and bring your own cup to meetings and on all bus trips. Thank you.

*Till next time
Be happy, keep smiling
Gwen*





August Bus Trip to TWIN TOWNS

This trip to Twin Towns to see the Back to the Tivoli show is our most popular bus trip of the year by far. We never fail to get a big group together.

This is the first time we used Underwood Buses. One reason was the 71 seater coach. We had 70 people booked but only 63 went. This was due to illness, and one couple had a burst water pipe in their home which flooded the whole place, so needless to say they couldn't make it.

Our driver Michael suggested we have our morning tea at Logan River Parklands. This worked very well as we had plenty of room. Our morning tea ladies, were Lila our new President and Sandra Fuller. Once again they did a great job. Well done ladies.

It was onto Twin Towns after our break arriving there at about 10.35am

The show this Year was fantastic. The singers were great, the dancers were wonderful to watch, and one was thinking we were watching the winners of Dancing with the Stars, they were that good. The violinist Vov Dylan, was out of this world. He holds the Guinness world record for the fastest violin player of "Flight of the BumbleBee" at 38 seconds, previously held by an American at 44 seconds

His selection of music was fantastic. He could almost make that violin talk, and

was definitely the star of the whole show. We gave him a standing ovation and asked for more, which he did. It was a very professional show, which seems to get better every year.

Then it was off to our Lunch at Tweed Heads Golf & Country Club, which is also a popular venue, The smorgasbord lunch caters for everyone, so if anyone went home and said they were still hungry they needed to be shot. We then headed home at approx. 2.25pm. A great day was had by all.

Nick.

Thanks again Nick.

You did a great job as always

Nick has finally stepped down from the tour co-ordinators position. He has done the job for the past five years and has done a fantastic job. I would like to take this opportunity to thank him for all the time and effort he has put in, and also to Linda, who has done so much with him. You two are legends. Thank you.

We have a new Tour Co-ordinator, Patrick Wilson, who stepped into this role at our August AGM, I think that Nick will give you a helping hand in your transition to this position, I'm sure you will do a great job, and we wish you all the best.

John Butchard

**Our next bus trip is to
The Llama Farm
18th SEPTEMBER**

Bus Pick-up times

Algester – To be advised
A/Ridge – To be advised

Ph Nick, 3342 5881 or 0418 799 324

Don't forget to bring your cup



#108054678

SEPTEMBER

Lesley Clark	Lamy Krafft
Patricia Karvelis	Barry Petersen
Gladys Berriman	Pat Wilson
Suzanne Miller	Carol Fox
Kay Van Eldik	Jan Herlihen
Roynon Day	Lyn Cragg
Paula Knight	
Denise Hickey	
Valerie Raube	
Tania Olszewski	
Leslie Eric Horrigan	
Charles Thompson	



O-O-O-O-O-O-O-O-O-O-O

Sunnybank Theatre Group

Bookings being taken for
7th December **Shirley Valentine**.

Paula Ross
3711 5317 or 0409 615 525

BUS TRIPS

18th September – Llama Farm
Lunch at Grand Hotel, Esk
Bus times to be advised

16th October - Noela's Garden
Donnybrook
Morning tea – Devonshire Tea
Lunch – Bribie Island Surf Club
Bus times to be advised

20th November - Ipswich Heritage
Drive
Lunch – C.S.I. Club

MOVIE DAY
Movie day will be advised by
Betty at the General meeting.

Phone Betty 0422 913 741.



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Men's Group Event

PUTT-PUTT
WITH A DIFFERENCE



Gents, we are heading out on a date night
with the wives and/or girlfriends.

We are back at the Mt Gravatt Putt-Putt,
Broadwater Rd., Mt. Gravatt on
Saturday the 21st September 2019
at 4.00pm, for a couple of rounds and
then do a walk around the Mt. Gravatt
Markets, and then back for another round
of putt-putt.

Please advise me on 0417493785
as to who is attending so as I can book.

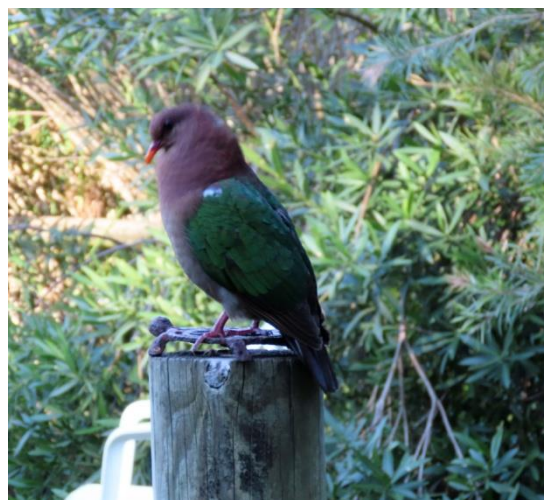


Here is Dell Rolfe enjoying a rum and
coke in the Ice Bar in Stockholm on a
recent trip to Sweden

National Seniors Australia

PHOTO GALLERY

Sandra Huggonson recently had a trip to **Lord Howe Island**



National Seniors Australia



Devonshire tea at Wolston House

NATIONAL SENIORS Devonshire Morning tea that was held yesterday 22nd August, at Wolston House. 5 members from our branch attended and the morning tea was followed by a guided tour of the House. The House is listed with the National Trust and a lovely morning was held for 60 National Seniors members.



Dining Room



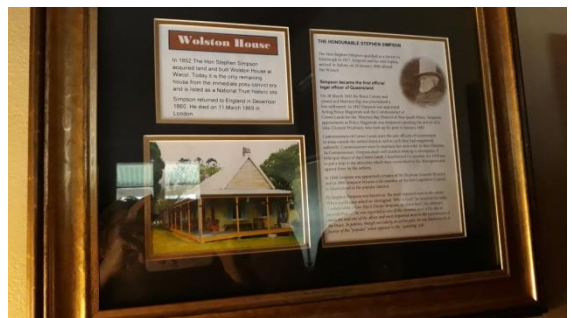
Babies Cot



Starting the Tour



Harpist entertained



Information on the House



Roynon Day, Sandra Huggonson, Robyn and Peter Morrisby.

Photos taken by Gay Day

Lets Laugh

Fourteenth Hole Leprechaun

A man in a Pro-Am was about to play the 14th hole at Portmarnock when he suddenly heard a voice at his feet. Looking down he saw a leprechaun.

"Would ye like to loft your drive over those woods and on to the green for a hole-in-one?" asked the little man.

"I love this game so, that I'd give anything in the world for such a favour" said the golfer.

"Then ye shall, and become the Irish Open Champion too! But there is one penalty to pay."

"What's that?"

"Once this gift is given, ye will be impotent."

"Done?" replied the golfer, and sent his drive over the woods and into the cup for a hole-in-one.

A year later he had taken all of Ireland's prizes and was once again playing the same dog-leg hole at Portmarnock, when he again heard the weak voice at his feet.

"Ye've become so foine and great" said the leprechaun, *"but I must ask. Do ye not mind at all being impotent?"*

"As a parish priest qt Portmarnock, I find it not too much of a hardship at all."

Lemon Picking

The woman applying for a job in a Victorian lemon grove seemed way too qualified. *"Look Miss,"* said the foreman, *"have you any actual experience in picking lemons?"*

"Well as a matter of fact, yes," she replied. *"I've been divorced three times."*



British Magazine Report

British Magazine "Films and Filming" reporting on a recent censorship survey, said one elderly woman was asked if she thought there was too much sex and violence in cinemas today.

She said she really couldn't say because she always sat in the front row and never noticed what the rest of the audience was doing.

New Bird in the House

A woman entered a pet shop, saw a beautiful parrot and asked how much. The response puzzled her. *"Why so cheap?"*



The proprietor told her, *"The bird used to live in a brothel and has learned to say some dreadful things."* But the lady bought it anyway, took it home, and the parrot looked around and said, *New house, New madam.* Shocked, the lady thought things would improve in time.

When her daughters came home, the parrot said, *New house, New madam, New girls.* The three were scandalized, but soon laughed it off, considering how the parrot had been brought up.

Soon the woman's husband came home, and the parrot looked at him and said, *Hi, Keith.*

Let there be Light

Paddy and Murphy are working on a building site. Paddy says to Murphy, *I'm gonna have the day off. I'm gonna pretend that I'm, mad!* He climbs up the rafters, hangs upside down and shouts *"I'm a light bulb! I'm a light bulb."* Murphy watches in amazement!



The foreman shouts *"Paddy you're mad, go home."* So he leaves the site. Murphy starts packing up to leave as well. *"Where the hell are you going?"* asks the foreman. *"I can't work in the dark!"* says Murphy.

Older Australians connect with technology

Who are Senior surfers?

The findings

We surveyed more than 4,500 of our members to complete one of our most comprehensive and insightful pieces of research.

The findings revealed just how connected older Australians are to digital technology.

These include:

70 percent of you told us you use an internet search engine every day

40 per cent use Facebook daily

If you are over 80, more than half of you regularly use internet banking, while 20 per cent are on Facebook daily

68 per cent of you don't get frustrated using new technology, while two thirds of respondents said they don't think technology is aimed at younger generations.

National Seniors Australia CEO, Professor John McCallum says the findings challenge negative stereotypes about older Australians and technology. "There are just too many blanket statements that are very negative about older people's skills, such as 'they're behind the times', 'they're digitally illiterate' or 'there is a digital divide between young and old.'"

Which surfer are you?

Using the term "surfers" - as in surfers of the internet, the research categorised respondents into four different levels of ability.

These are:-

Super Surfers - If you are very comfortable using digital technology in your everyday life, then you are a Super Surfer. Our research found 31.4% of respondents were rated in this category.

Savvy Surfers - If you are very comfortable using digital services but not as frequently as a Super Surfer, then you are a savvy surfer. 41.6% of respondents were rated in this category.

Sometimes Surfers - You're a Sometime Surfer if you use digital technology when necessary but are not always comfortable or proficient. 21.8% were rated in this category.

Seldom Surfers - If you can use the internet and digital technology but rarely do, then you are a Seldom Surfer. Just 5.2% were rated in this category. Professor McCallum says 'Super Surfers' are more likely to be women.

"The odds of being a 'Super Surfer' are also higher for participants with children, who are in good health and still participating in the workforce."



AED (Defib)

You can use an AED with a pacemaker but pads need to be placed 8 cm from the site of the pacemaker. If an episode occurs at a meeting, someone needs to call 000 first, another person to go straight to the front desk and advise staff to bring AED with them. If I am at the meeting I can start CPR. I always have a face shield in my hand bag. *Paula*

National Seniors Australia



USED POSTAGE STAMPS

Please save your used postage stamps for **Jill McVey**, and pass them on to her at the monthly meetings. They will be sent to Sister Rosamund from the "Community of the Sister of the Church" to raise money for charity.



Girls Night Out

Friday Sept 27th. 6.30pm
Calamvale B.B.Q. & Chinese restaurant Cnr Kameruka St & Gowan Rd
Contact Denise Ryan on 0407 115 242
or email tigertank42@gmail.com
for more details



WANTED

Unwanted computers (desktop or laptop) or printers.

Working or not working

Contact Barry
3273 2164 or 0437 342 811



JUSTICE OF THE PEACE

Patrick Wilson is a justice of the peace, and will be available at our general meetings for signings. You can also contact him on **0417 493 785**

SUBMISSIONS

Please ensure submissions to the newsletter are with the editor no later than **Monday** before the **committee meeting**. Any notices, recipes, jokes, or points of interest will be gratefully accepted. **Sorry – No PDF's**

Email Gwen– mrregalauthor@gmail.com

If you are visiting us today we invite you to join our Branch

National Seniors Australia membership is open to any person who:

- has an interest in seniors' issues; or
- is age 50 years or over; or
- Is a spouse / partner of a person who is 50 years or over.

Membership is available for only \$45 for a one year single membership, or \$75 for a one year joint membership.

For further information, ask President Lila or Secretary Tania for a Membership Application brochure (if you weren't given one at the door on your way in).

Social Nightout

Monday 9th Sept

Da Sette Soldi Italian Restaurant,
Calamvale Square Shopping Centre, Nottingham Road



Meet at 5.30pm Dine at 6pm

Please Ph or text Lyn Wilson on 0422 913 741 or email - discosarge1@bigpond.com if you **ARE** attending,



Craft Making

On the last Monday of the month at Gloria Nuttall's home, join the Craft Making sessions

Please bring along your own craft making items. A fun time where we can pool craft ideas and share knowledge with each other. Bring your own lunch. Starts at 10am and finishes about 3pm.

Next craft day on 30th September

For all those interested,
Phone Gloria - 3273 1418.

DID YOU KNOW

The patterns on a human tongue are as unique as fingerprints.

National Seniors Australia

CALAMVALE NATIONAL SENIORS - SEPTEMBER CALENDAR OF EVENTS

NOTE!! Bus Trips to be paid in full (\$45) at the general meeting in the month of the trip.

Sept 4th **General Meeting 10.00am. Doors open 9.15.** Guest speaker Emily Mellor
Why not stay after lunch and play cards, you are all welcome. Tell Ngaire at the meeting if you want to join in, it is just a bit of fun, learn a new game.

Sept 9th **Social night out Da Sette Soldi Italian Restaurant** Calamvale Square
Cnr. Beaudesert & Nottingham Roads, Please confirm your attendance with Lynn Wilson
email discosarge1@bigpond.com or Ph 0404 483 785 For those **REGULARS NOT**
attending **please let Lyn know**. Meet and greet at 5.30pm to dine at 6pm.

Sept 10th **Movie Day** For more information contact Betty Brewer 0422 913 741

Sept 11th **FREE Sausage Sizzle!!** Social get together for all NSA members
Calamvale District Park. Off Ormskirk St **Hosts John and Joyce**



Please bring your own:- Plate, knife and fork, dessert bowl, & flask,
and either a plate of dessert, salad, or Potato salad etc., etc. to share with others.
This is a good time to catch up with everyone, so put your names down at the
meeting Or call: - Jill on 3879 1567



Sept 13th **Quilting morning** – 185 Ridgewood Rd. Algester. 9am-12pm Ph Rosemary 3172 0125

Sept 18th **Bus Trip- to "Llama Farm", Lunch at the Grand Hotel Esk**
Departure time:- To be advised
Please be at pick up area 10 mins before departure

Sept 20th **Men's Group Event** Putt-Putt with a difference
See notices for more details

Sept 25th **Committee Meeting 10am.** For those wishing to attend to **observe** proceedings,
Contact Lila on 3273 5953

Sept 27th **Girls night out.** Dinner and chatting, at a local restaurant. **See notices for more details**

Sept 30th **Craft Making** at Gloria's. **See notices for more details**

Please Note above events are planned in good faith but can change. We will endeavour to give plenty
of notice of any changes.

Publication disclaimer

For Calamvale NSA Branch. Anyone who does not wish to have his/her names &/or photo used in any
internal or external NSA publication, kindly advise the editor, Gwen Costello, or Lila Wells Please ensure
submissions to the newsletter are with the editor no later than **Monday before** the committee meeting.
Any notices, photo's, recipes, or points of interest will be gratefully accepted
Email: - **Gwen at - mrregalauthor@gmail.com Ph;- 0448 668 915**

National Seniors Australia

FREE!
classifieds

Do you have something to sell, give away? Family notices, births, deaths, birthdays.

Thank you to someone.
Wanted to buy, help wanted.

**Deadline: Monday before
Committee meeting**

**Phone Gwen
0448 668 915**

mrregalauthor@gmail.com



Do you know of a member who is sick, lost a loved one, or is hurting in any way?

**Call Joyce Morrison
our**

Welfare Co-ordinator
and she can give them a call or send them a card to cheer them up.

**Ph Joyce 0408 704 045
or John 0438 532 528**

REMINDER NOTICE

Don't forget to bring your **OWN CUP** for your coffee or tea, when coming to a general meeting or going on one of our bus trips.

Thank you

FOR SALE



2door fridge/freezer,
chocolate brown colour
1.7mt x .7mt
HISENSE

Brand new. Unwanted prize
Valued at over \$800
Selling **\$650 ONO**
John Morrison
0438 532 528



GUEST ENTERTAINER

**OCTOBER 2ND
JAY TURNER**
Birthday Meeting

UPCOMING EVENTS

Oct. - Birthday
Dec – Bring and Buy
Mon 2nd Dec –
Lord Mayors Xmas Party.
**Put your name down with
Doug to secure a ticket**

WANTED

Photo's

Have you been to one of our outings and taken photo's, or maybe you have pictures taken on your recent trip or cruise.

Gwen would love to have them for the "Photo Gallery" page in the newsletter.

Email

mrregalauthor@gmail.com

NATIONAL SENIORS DISCOUNTS

Airport Lounge deals

Enjoy discounted corporate rates for Qantas Club lounges.

Rydges Hotels

Save 10% on best Flexible Rates + FREE Breakfast for 2 adults

**National Seniors
Australia online store**
Members save 15% on merchandise.

With a focus of quality, the range includes National Seniors brand merchandise, including stylish drink ware, a picnic rug and a pig money box. A perfect gift for the grandchildren.

Compiled and edited by:

**GWEN
COSTELLO**

**LILA
Wells**

National Seniors

Australia

www.nationalseniors.com.au

Meetings at Algester Sports Club
Endiandra Street, Algester –
1st Wednesday of Month



Newsletter
designed by
GRAPHITE EYE



September 2019 October

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4 Branch Meeting Doors open 9.15am 10am start	5	6	7
8	9 Social Night Out For members and their friends 5.30pm for 6pm Meal. Put your name down with Lyn Wilson 0404 483 785	10 Movie Day at Sunnybank Contact Betty For more information Phone 0422 913 741	11 Sausage Sizzle N/S members 11am onwards Calamvale Community Park Off Ormskirk St	12	13 Quilting morning 185 Ridgewood Rd Algester 9am-12pm Ph Rosemary 3172 0125	14
15	16	17	18 Bus Trip Llama Farm Departure time Algester 7.45am A/Ridge 8.am Please be at pick up area 10mins before departure	19	20 Men's Group Event Putt-Putt See notices for more details	21
22	23	24	25 Committee Meeting 10.00am If you wish to attend to Observe proceedings Phone Lila on 3273 5953	26	27 Girls Night Out Dinner and chatting at a local restaurant. See notices for more details call Denise Ryan 0407 115 242	28
29	30 Craft Making At Gloria's place For more details Phone her on 3273 1418					