

# National Seniors Australia ~ Centenary Branch

## MARCH 2020- Newsletter


### MESSAGE:

Good morning, members. Life is great isn't it? We've had rain and everything is growing, although that does include weeds. Hopefully we will see the tail end of the stinking hot soon. We had a wonderful explorer trip on 18<sup>th</sup> with over 20 explorers – I did lose a few who splintered off for a while, but we all met up for the trip home. It seems to work well that we can travel together but do our own thing in the middle. We will plan for the next one to be at GOMA.

Words of Wisdom: Knowledge is knowing a tomato is a fruit.....wisdom is not putting it in your fruit salad.

ENTERTAINER: - David Theals.

FREE BOOKS: A table will be beside Yvonne with free books for members. Members can bring their no-longer-needed books along. Only requirement at the end of the meeting books not taken are collected by those who dropped them off.

BIRTHDAYS: Best wishes are extended to all our valued members celebrating birthdays during March. We hope you have a wonderful day. 

### MANY HAPPY RETURNS

### UPCOMING EVENTS:

BUS TRIP – Tuesday 17<sup>th</sup> March - Coolum Beach Hotel to celebrate St Patricks Day - 9am - \$55. Morning tea, lunch included. (wear something green). Irish laughs, music, jigs, green beer and lots more.

Please note FULL PAYMENT FOR BUS TRIPS IS TO BE MADE AT THE MONTHLY MEETING BEFORE TRIP. NAME BADGES ARE COMPULSORY FOR ALL BUS TRIPS.

BRANCH REFUND POLICY FOR BUS TRIPS. The bus is booked the Thursday before we travel. For cancellations after this date, except for medical emergencies, money will be refunded except for a \$15 cancellation fee. In the event of a trip being cancelled due to unforeseen circumstances beyond our control and cannot be rescheduled, then members will receive a full refund.

PLEASE NOTE – AS FROM THE MAY TRIP THE COST OF BUS TRIPS WILL BE \$60. THIS IS DUE TO RISING COSTS AND LOW NUMBERS.

May 19<sup>th</sup> Bus Trip – Awassi Cheesery – Lockyer Valley. - \$60.

NOTE FOR DIARY – Coach trip to Lightning Ridge – 9<sup>th</sup> – 15<sup>th</sup> August. Expression of Interest Names to Jenny today.

### CONTACTS

PRESIDENT/EXPLORER TRIPS

BEV

0424525230

bevhocker@bigpond.com

VICE-PRESIDENT

(Entertainers/Guest Speakers)

HAZEL

0403191 171

SECRETARY/NEWSLETTER

CHERYL

3376 1146/0407597812

(INCLUDES MEMBERS WISHING TO HAVE THEIR  
NEWSLETTER EMAILED, OR PUT IN AN APOLOGY FOR GENERAL MEETING)

TREASURER	GEOFF	3715 7874
COACH TRIPS	ANN	3376 3760
DINNERS, FUNCTIONS	JENNY	3376 3616
MAHJONG	JUDY HUNOLD/JO MURRAY	3378 4935/ 0406413836
STEADY STEPS /CHANGES TO ADDRESS/PH NOS	HUGH	3376 1371
HEART FOUNDATION WALKING MT OMMANEY	SEE DOREEN FLYNN	
MUSIC AT THE HUB	MARJORIE	3376 2030
BOOK CLUB	PAULINE	37120430

#### CENTENARY NATIONAL SENIORS WEBPAGE

[https://nationalseniors.com.au/about/branches/centenary.](https://nationalseniors.com.au/about/branches/centenary)

*Do you know of any Centenary Seniors members who are unwell? Often we do not know of anyone who has been unwell or in hospital. If you know of any members please call Carol Uren on 0415 722 940. Meetings are first Tuesday each month, February to October, except November (second Tuesday) at the Jindalee Bowls Club at 9.30am. Secretary: Cheryl Williams. P.O. Box 470 Mt Ommaney*

#### THE 15 COMMANDMENTS OF GROWING OLD

- #1 - Talk to yourself, because there are times you need expert advice.*
- #2 - Consider "In Style" to be the clothes that still fit.*
- #3 - You don't need anger management. You need people to stop upsetting you*
- #4 - The biggest lie you tell yourself is, "I don't need to write that down. I'll remember it."*
- #5 - You have days when your life is just a tent away from a circus.*
- #6 - These days, "on time" is when you get there.*
- #7- Even duct tape can't fix stupid - but it sure does muffle the sound.*
- #8 - Wouldn't it be wonderful if we could put ourselves in the dryer for ten minutes, then come out wrinkle-free and three sizes smaller?*
- #9 - Lately, you've noticed people your age are so much older than you.*
- #10 - "Getting lucky" means walking into a room and remembering why you're there*
- #11 - When you were a child, you thought nap time was punishment. Now it feels like a mini vacation.*
- #12 - Some days you have no idea what you're doing out of bed.*
- #13 - You thought growing old would take longer.*
- #14 - Aging sure has slowed you down, but it hasn't shut you up.*
- #15 - You still haven't learned to act your age, and hope you never will.*

## MEMBER'S PROFILE

From Pauline Brennan – a Ten Pound Pom.

My husband, Noel, and I emigrated in 1969. We had been married in Luton, Bedfordshire in the UK in 1966. Both of us had an urge to see the world and live differently. So when an Australian Agency turned up in town we went along and decided it might be for us. The deal was to give two years to living in Australia. If we did not feel it was for us we could return back with no charge. We grabbed the opportunity.

After decisions were made we packed up our few possessions and headed for Southampton. On the last evening before climbing on board "The Achilles Laura", we went to the movies and saw Funny Girl with Barbara Streisand. I still have the LP!

Of course it was not easy leaving behind the family who could not understand our decision to leave. I had only a younger sister but Noel was the youngest of five children. My mother was distraught and much later I received a letter from one of her friends berating me for leaving her. I somehow coped.

The ship went into the Mediterranean and called in numerous ports picking up passengers including Yugoslavians. We were allowed leave where we quickly found a restaurant (along with others) to have a decent meal.

The food on board was very ordinary so we stocked up on chocolate and biscuits where we could. There was a small kiosk on board where we could obtain a toasted sandwich – it proved to be a lifesaver!

We "crossed the line" specifically the Equator where I foolishly put up my hand as a first timer. I was sat in a chair by the pool, my long hair covered in a porridge of slops, and pushed in the deep end. Not being a good swimmer I nearly drowned but no one noticed my dilemma. It took hours to get rid of the mess. We did meet new friends, young couples like ourselves and had good conversations and fun. A lot of these people we left in Sydney

As we headed for a station, unfortunately there was a dock strike in Melbourne so we had to make our way back by train. They called it "the Red Rattler" for good reasons but it got us there and was another new experience.

Once in Melbourne after a few weeks of moving out of a boarding house in St Kilda, finding accommodation and jobs, we settled into life in our new home. I loved getting on the tram and going to work. Lunch in Myer or a café down the road. It felt good and the weather so pleasant. We both loved it. Then I fell pregnant and although a shock to the system we were both excited about having a family.

After the birth of my daughter Kristine, my mother made a journey to see us. What a thrill. It was wonderful to see her and courageous as I do not think she had made many flights at that stage.

My son was born two years after and our family was complete. We moved into our first home in East Burwood and it felt right for us.

Later years would see us pack up and go back to Europe (Ireland) in the 70's to run a pub, one with both music and food. It was a great experience but we became quite homesick for Australia and returned within the three years grace given for returned residents. We both sighed a big relief. It was tough at first because in three years house prices had soared, but we muddled through and are still here happily in Brisbane in our little piece of paradise.

## CALENDAR 2020

### MARCH 2020

<b>Every Monday</b>	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 3 <sup>rd</sup>	General Meeting	9.30am	Jindalee Bowls Club	\$5

Thursday 5th	MahJong	9-12noon	Library Meeting Room	
Wednesday 11 <sup>th</sup>	Evening Dinner	6pm	Sanmarco, Middle Park	
Thursday 12th	MahJong	9-12noon	Library Meeting Room	
**Saturday 14 <sup>th</sup>	Womens Get Together	10.30-12noon	The Hub	
Tuesday 17 <sup>th</sup>	Bus Trip	9am	Coolum Hotel	\$55
Thursday 19 <sup>th</sup>	Book Club	10am-12noon	The Hub	
Thursday 19th	Lunch	12noon	Monier Hotel Darra	
**Saturday 28 <sup>th</sup>	Womens Get Together	10.30-12noon	The Hub	
Tuesday 31 <sup>st</sup>	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Tuesday 31 <sup>st</sup>	Committee Meeting	1pm	Library Meeting Room	

## **APRIL 2020**

Thursday 2nd	Mahjong	9-12noon	Library Meeting Room	
<b>Every Monday</b>	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 7 <sup>th</sup>	General Meeting BRING & BUY	9.30am	Jindalee Bowls Club	\$5
Wednesday 8 <sup>th</sup>	Evening Dinner	6pm	TBA	
Thursday 9 <sup>th</sup>	MahJong	9-12noon	Library Meeting Room	
Thursday 16 <sup>th</sup>	Book Club	10am-12noon	The Hub	
Thursday 16th	Lunch	12noon	Monier Hotel Darra	
Saturday 18 <sup>th</sup>	Music	6.30pm for 7pm	The Hub	
Tuesday 21 <sup>st</sup>	Explorer Trip		To GOMA	
Tuesday 28th	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Tuesday 28th	Committee Meeting	1pm	Library Meeting Room	

## **MAY 2020**

<b>Every Monday</b>	Steady Steps	9am for 9.15am	Cent.Uniting Church Hall	\$7
Tuesday 5th	General Meeting	9.30am	Jindalee Bowls Club	\$5
Thursday 7th	MahJong	9-12noon	Library Meeting Room	
Wednesday 13 <sup>th</sup>	Evening Dinner	6pm	TBA	
Thursday 14th	MahJong	9-12noon	Library Meeting Room	
Tuesday 19 <sup>th</sup>	Bus Trip		Awassi Cheesery	<b>\$60</b>
Thursday 21st	Book Club	10am-12noon	The Hub	
Thursday 21st	Lunch	12noon	Monier Hotel Darra	
Tuesday 26th	Coffee & Conversation	10am	Mt.Ommaney Food Court	
Tuesday 26th	Committee Meeting	1pm	Library Meeting Room	

\*\* The Centenary Community Connections is holding a Womens Get Together every second Saturday morning – 10.30am – 12noon. at The Hub. Next one is 14<sup>th</sup> March. (For further info see Marjorie).