

National Seniors Australia ~ Centenary Branch

AUGUST 2022 - Newsletter

<https://nationalseniors.com.au/get-involved/branches/centenary>

NB: MEETING IS TO BE HELD AT WESTSIDE HQ CORINDA (FORMERLY SHERWOOD SERVICES CLUB) AT 10AM.

PRESIDENT'S REPORT

This month we fit in our Annual General Meeting in addition to the monthly meeting, all in the same morning.

We also welcome Senior Constable Ben Harm who will address us regarding relevant police updates, and in particular, information about scams. It seems that Australians were being fleeced of over \$2 billion last year alone. If you have a mobile phone, you use the internet for the TV or computer, you are a target of scammers (scamwatch.gov.au). Even just using the traditional landline phone makes you a target for criminals who may convince you to pay a bill (that you don't owe), in order to get your bank payment details. It's estimated that about a third of victims do not report their experience, but there are hundreds of millions of dollars being lost in investment scams, romance scams, and funds redirection scams each year. Not only this, but the victims who lost the most money from scams were those over the age of 65. The problem is part and parcel of today's world, as we do more and more things online. But knowledge is power, as they say, and if you know what to look out for, and are aware of what's happening 'out there', it's not difficult to avoid a stressful, embarrassing and potentially very expensive experience.

Meanwhile, as we go through yet another Covid 'wave', I hope everyone is taking precautions, getting the extra jab when advised to, and wearing masks when possible in crowds. Taking the RAT test if you come down with symptoms and if positive, promptly asking your GP for anti-viral drugs is now easy for any one of us to do, and greatly reduces worry about the possibility of becoming seriously ill. Centenary Seniors committee member and founder of Forest Lake Seniors (among other past roles in our organisation), Dr Marjorie Green has an academic background in immunology, and assures us that the virus is 'not going away anytime soon', although some of us, myself included, had mistakenly assumed it would go away soon. The list of people I know who have had Covid at least once, gets longer, and includes Georges and myself in April, in the USA.

So let's get into our activities, outings and trips etc, and catch up with each other, not having to worry due to the great health care we can all receive in Queensland and Australia.

N.B. PLEASE BRING MEMBERSHIP CARD WITH EXPIRY DATE AND PRESENT IT WHEN PAYING AT ENTRY.

GUEST SPEAKER: Snr. Constable Ben Harm.

RECENT EVENTS:

Wednesday 13th July 2022 – Evening Dinner at Punjab Curry – 14 members enjoyed very warming curries.
Tuesday 19th July 2022 – ‘Xmas In July Cruise’ on Brisbane River – excellent day with hot Xmas lunch.

BRIEF HISTORY OF OUR BRANCH.

07.03.1990 FIRST MEETING OF “LATER YEARS”.
14.08.1992 “LATER YEARS” BECAME “NATIONAL SENIORS”.
14.08.2022 30TH BIRTHDAY OF CENTENARY NATIONAL SENIORS.

NORMA SUTTIE IS PRESENTLY OUR LONGEST SURVIVING MEMBER

UPCOMING EVENTS:

COME AND HELP US CELEBRATE OUR 30TH BIRTHDAY.

Tuesday 16th August 2022 – 10am - Picnic in the Park– Rocks Riverside Park.

NB. This will be fully catered for by the branch. BYO drinks, chair, nibbles. Lunch will be approximately 12 noon. See enclosure for map.

**OVER 50’S EXPO – Wednesday 5th October 2022 – 9am – 2.30pm. – Riverlife 17 Mile Rocks.
ROSTER FOR MEMBERS TO ASSIST PLEASE SEE CHERYL**

TUESDAY 9TH AUGUST 2022 – 6PM - EVENING DINNER AT RICHLANDS TAVERN

Government Road, Richlands.

UPCOMING EVENTS AT WESTSIDE HQ – SATURDAY EVENINGS.

08/10 Dean Vegas/Elvis

19/11 Michael Jackson.

CONTACTS

PRESIDENT/EXPLORER TRIPS	FRANCES	0438 638 079
VICE-PRESIDENT	BEV	0424 525 230
SECRETARY	ANNE MUNRO	0411 564 267
TREASURER	GEOFF	3715 7874
NEWSLETTER	CHERYL	0407 597 812
COACH TRIPS	ANN	3376 3760/0432 630 721
DINNERS, FUNCTIONS	JENNY	3376 3616
MAHJONG	JUDY HUNOLD/JO MURRAY	3378 4935/ 0406413836
STEADY STEPS /CHANGES TO ADDRESS/PH NOS	GEOFF HARVEY	3715 7874
HEART FOUNDATION WALKING MT OMMANEY	SEE DOREEN FLYNN	
MUSIC AT THE HUB	MARJORIE	3376 2030

*Meetings are first Tuesday each month, February to October, except November (second Tuesday).
Secretary: Anne Munro. P.O. Box 470 Mt Ommaney. 0411 564 267.*

Do you know of any Centenary Seniors members who are unwell? Often we do not know of anyone who has been unwell or in hospital. If you know of any members please call Carol –Uren on 0415 722 940.

MEMBER PROFILE: DAVID PORT (CONTD)

In January 1956 I worked in Thargomindah on the new Thargomindah Hotel and reconstruction of the Thargomindah Sheep Station completing the main homesteads, married and single quarters and several outbuildings. I assisted the Plumber and Drainer and Mechanic and whoever else needed assistance. This stood me in great stead for the future. I also learnt how to kill and dress sheep ready for the cook.

Thargomindah was flood bound for long periods during 1956 and supplies had to be brought across the Bulloo River by boat. Growing up in a family of professional fishermen my boat skills were badly needed during the floods.

On Saturday nights we would see a movie in the Shire Hall and enjoyed operating the full size 35mm movie projectors. Every day we would go to and from the sheep station by boat and then we moved out and stayed at the station having all our meals at the old homestead.

In January 1958 like many 18 year olds I was called up for National Service Training. I was promoted to Lance Corporal and resigned in February 1960 and went to Charleville to work.

In May 1958 I paid the deposit for my first motor car, a 1952 Ford Consul Sedan which served me well until December 1959 when I traded it in for a new Mark 2 Ford Zephyr Utility which was more suitable to carry tools around as I was now a qualified carpenter having completed my apprenticeship in 1959.

In Charleville I worked for Fred Wills, a Building Contractor, on a homestead near Wyandra doing renovations and extensions, then on two houses for the Police Department. I then left as Fred didn't have more work and returned to Brisbane before setting off to Darwin for a new job.

I worked with Pat Gable Builders who tendered for mixed constructions, including domestic and small commercial work. I learnt new ideas and methods used in the building trade. At the completion of the Paul's Icecream and Milk Factory I joined Barclay Brothers Builders from Brisbane who were constructing two Admin. Buildings for the Northern Territory Government. I worked there until September 1962 becoming a jack of all trades then to Port Moresby to work on more Government Projects. In Darwin I completed a First Aid Course with St.Johns Ambulance and as a volunteer did voluntary work with them at football games and the Casualty Section of Darwin Hospital. I spent my leisure time waterskiing and joined the Northern Territory Water Ski Association.

I arrived in Port Moresby late September 1962 and moved into the Works Dept. Four mile camp/hostel which was my home for the next few years. The project was a four-building complex consisting of two three-story accommodation blocks, a kitchen dining room block and an administration building. These buildings were the living quarters for the staff at the adjacent Port Moresby General Hospital. In January 1963 I bought a ski boat and had terrific times during leisure time in Port Moresby.

The next major project was the Stuart Army Base for the Defence Dept. In December 1965 I returned to Brisbane and worked on the Manchester Unity Building, George Street. I was then asked to go back to Lae where we lived in the company's living quarters. I was in control of the Building Materials Handling Section.

In March 1968 I returned to Brisbane working on several projects.

In Brisbane I went dancing at The Blind Institute, South Brisbane and it was here that I met a young lady who thought my name was Allan. I asked her to dance and she was quite surprised when we exchanged names. Laurel and I got engaged in April 1969 and married six months later in October. We drove to Mackay for our honeymoon on South Molle Island. We then rented a flat in Milton for the next 15 months whilst designing our house to build on land at Alexandra Hills. We moved in when at lockup stage and then worked on the house on weekends.

In May 1972 I joined Ipswich Council as Works Inspector. I then became a Level 5 Technical Officer. A condition of this employment was that I had to live in Ipswich so we sold our house and bought a home in East Ipswich. 12 months after moving in we were flooded by the 1974 floods to the top of the windows. We had lots of help cleaning and replacing furniture from friends and local organisations.

Laurel and I had two children, Sharon born 5th July 1971 and Ian born 23rd August 1973. Sharon and John presented us with two grandsons, Sebastian and Zac, while Ian and Rachel presented us with two granddaughters, Asha and Carly. Sharon studied Chemical Engineering finishing her degree in 1989 and now works for herself in the coal industry. Ian works for himself in landscaping.

When I retired from Ipswich City Council in November 2005 after 33 years, the City Mayor had an article in the paper thanking me for the many years of loyal service to the Ipswich community.

After retirement Laurel and I were involved with the Cambrian Choir. Laurel reorganised the music library and presented the finished music catalogue in Caloundra at the Qld Eisteddfod. I constructed sets for various stage shows for the choir, we acted as stage hands; and it was great fun and lots of happy times. After retirement. Laurel and I had lots of wonderful holidays and started cruising.

TEXT TO NEIGHBOR

Hi, Fred, this is Richard, next door. I've got a confession to make.

I've been riddled with guilt for a few months and have been trying to get up the courage to tell you face-to-face.

At least I'm telling you in this text and I can't live with myself a minute longer without you knowing about this.

The truth is that when you're not around I've been sharing your wife, day and night. In fact, probably much more than you.

I haven't been getting it at home recently and I know that that's no excuse.

The temptation was just too great. I can't live with the guilt and hope you'll accept my sincere apology and forgive me.

Please suggest a fee for usage and I'll pay you.

Regards,

Richard

NEIGHBOR'S RESPONSE:

Fred, feeling so angered and betrayed, grabbed his gun and shot Richard, killing him. He went back home and poured himself a stiff drink and sat down on the sofa.

Fred then looked at his phone and discovered a second text message from Richard.

SECOND TEXT MESSAGE:

Hi, Fred.

Richard here again. Sorry about the typo on my last text. I expect you figured it out and noticed that the damned Auto-Correct had changed "wi-fi" to "wife." Technology, huh? It'll be the death of us all.

Regards,

Richard

RECIPE

ALASKAN BEER BREAD – GREAT COMPLIMENT TO MOOSE STEW.

(Courtesy Bev Hocker)

Mix 3 cups sifted s/r flour; ½ cup sugar; 12oz beer. Heat oven 185-190. Spray 9" x 5"

Loaf tin and bake 40mins. Fantastic with winter stews and casseroles.

Our thanks to Sarah Hutton, Councilor for Jamboree Ward for the provision of photocopying facilities

CALENDAR 2022**AUGUST 2022**

Monday 1st	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 2nd	General Meeting - AGM	10am	Westside HQ Corinda	\$5
Thursday 4th	MahJong	9-12noon	Mt Ommaney Library	
Monday 8 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 9 th	Evening Dinner	6.00pm	Richlands Tavern Buffet	
Thursday 11 th	MahJong	9-12noon	Mt Ommaney Library	
Saturday 13th	Music Mystery Dog;	6pm	The Hub Mt Ommaney	\$10
Monday 15 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 16th	Picnic in the Park	10.00am	Rocks Riverside Park	\$0
Thursday 18 th	MahJong	9-12noon	Monier Hotel	
Thursday 18 th	Lunch	12noon	Monier Hotel	
Monday 22nd	Steady Steps	9.15am	Cent. Uniting Church Hall	\$7
Thursday 25 th	MahJong	9-12noon	Monier Hotel	
Monday 29th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 30th	Coffee & Conversation	10am	Mt Ommaney Food Court	
Tuesday 30th	Committee Meeting	1pm	Mt Ommaney Library	

SEPTEMBER 2022

Thursday 1st	MahJong	9-12noon	Mt Ommaney Library	
Monday 5 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 6th	General Meeting	10am	Westside HQ Corinda	\$5
Thursday 8 th	MahJong	9-12noon	Mt Ommaney Library	
Sat 10 th	Music at The Hub	6pm	The Hub Mt Ommaney	\$10
Monday 12th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Wednesday 14th	Evening Dinner	6pm		
Thursday 15 th	MahJong	9-12noon	Monier Hotel	
Thursday 15 th	Lunch	12noon	Monier Hotel	
Monday 19th	Steady Steps	9.15am	Cent. Uniting Church Hall	\$7
Tuesday 20 th	Coach Trip	8.30am	Twinnies Sunshine Coast	\$70
Thursday 22nd	MahJong	9- 12noon	Monier Hotel	
Monday 26 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 27 th	Coffee & Conversation	10am	Mt Ommaney Food Court	
Tuesday 27 th	Committee Meeting	1pm	Mt Ommaney Library	
Thursday 29th	MahJong	9-12noon	Monier Hotel	

OCTOBER 2022

Monday 3rd	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 4th	General Meeting	10.00am	Westside HQ Corinda	\$5
Wednesday 5 th	Seniors Expo	9am	Riverlife 17 Mile Rocks	
Thursday 6th	MahJong	9-12noon	Mt Ommaney Library	
Monday 10 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Wednesday 12th	Evening Dinner	6pm	TBA	
Thursday 13 th	MahJong	9-12noon	Mt Ommaney Library	
Monday 18 th	Steady Steps	9.15am	Cent.Uniting Church Hall	\$7
Tuesday 19 th	Explorer Trip		TBA	
Thursday 20th	MahJong	9-12noon	Monier Hotel	
Thursday 20 th	Lunch	12noon	Monier Hotel	
Monday 24th	Steady Steps	9.15am	Cent. Uniting Church Hall	\$7
Tuesday 25 th	Coffee & Conversation	10am	Mt Ommaney Food Court	
Tuesday 25 th	Committee Meeting	1pm	Mt Ommaney Library	

