

National Seniors

Australia

NEW FARM BRANCH INC.
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<https://nationalseniors.com.au/get-involved/branches/new-farm>

OCTOBER 2023 NEWSLETTER

QLD SENIORS' MONTH

GENERAL MEETING

Wednesday 4th OCTOBER 2023 at Brunswick Hotel, 569 Brunswick St, New Farm.
Morning tea will be from 9:15am to 10:00am, meeting follows.
SPEAKER - Clare Blake, Community Relations Lead
QIMR Berghofer Medical Research Institute



A MESSAGE FROM THE PRESIDENT

Hello everyone!

Who said the AGM couldn't be fun? Our Vice-President offered an entertaining interlude between the General Meeting and the Annual General Meeting and gave us a ballet lesson. Jenny has long been an aficionado of this wonderful art, having been a ballet student in her youth and being proud of her mother who played the piano for the Australian Ballet. She knows a pli  from a pas de deux, and is still a very graceful mover. (You do know that ballet dancers are stronger and fitter than NRL and AFL players, don't you?) So, when she asked us all to stand up, turn our chairs around and hold on tight, we did! She then proceeded to take us through an elegant movement routine which not only stretched our backs, got our circulation going but also had us laughing at the enjoyment of it all. She had a good eye, too, commenting on one member's skills and discovering that she had been student of a renowned ballet teacher. So, we had fun. And discovered that we all have hidden depths. We learn something new about each other every week.

And the upshot of the AGM? After some members needed to step down from the committee, I am thrilled to say that we now have another very strong committee and a full quota of volunteers, which will stand New Farm Branch in very good stead. I am looking forward to their contribution and to working with all of them in the year ahead.

NSA NEW FARM BRANCH COMMITTEE 2023-4

PRESIDENT	Anne Stubbington
VICE-PRESIDENT (MEMBERSHIP)	Jenny Milner
SECRETARY	Graeme Kidd
TREASURER	Greg Gaffney
ACTIVITIES CO-ORDINATOR	Diane Gage
GENERAL MEMBER/RAFFLES	Dell Marshall
GENERAL MEMBER/WEILL-BEING	Carolina Kidd

VOLUNTEERS 2023-24

NEWSLETTER EDITOR	Francesca Munro
TECHNOLOGY ADVISER	Greg Gaffney
ACTIVITIES ASSISTANT	Trish Ferguson
MONTHLY DINNERS ORGANISER	Francesca Munro
PHOTOGRAPHER	Francesca Munro
SPECIAL EVENTS ORGANISERS	Pat & Margaret Pacey
	and Graeme & Carolina Kidd
TREASURY ASSISTANT	Eileen Martin
MORNING TEA ORGANISER	Val Murphy
MORNING TEA ASSISTANT	Helen Mura
MEMBERSHIP ASSISTANT	Greg Russell
GENERAL MEETING HOSTS	Matthew Murphy,
	Beryl Watson, Margaret Morrissey, and Danielle Ellis

At our August committee meeting we passed a unanimous motion to make a regular, monthly donation to support The Brunswick Hotel Street Pantry. Members are still encouraged to bring extra goods themselves that they want to give as a personal donation.

Take good care of yourselves and each other. Enjoy the moment.

Anne Stubbington

I miss the 90's when bread was still good for you and no one knew what kale was.

Do you ever get up in the morning, look in the mirror and think "That can't be accurate."



Beryl, Paul at the bar.



Ballet for all!



New committee members and some of the helpers

Pat, Val, Margaret, Greg, Eileen, Helen, Graeme, Jenny, Dell, Anne, Beryl, Matthew, Cr Vicki Howard, Greg, Dani.



← Jenny, Graeme, Dell, Anne, Cr Vicki Howard, Greg.



Helpers at the entry table – Greg, Eileen, Jann, David, Trish, Di.



SEPTEMBER LUNCH

Bisou Bisou in Hotel X was a great lunch venue, the food excellent, and 23 members rolled up to the 1st lunchtime outing. Lunch and dinner will probably alternate from now on, as we saw quite a few members who don't get to the evening outings. Sadly, I forgot to take photos!

SEPTEMBER MEETING RAFFLE PRIZE WINNERS

The Bakeologists \$50 voucher (Grace Grace MP): Joan Simpson
Brunswick Hotel \$30 Food & Drink Voucher: Janet Howard
Savour \$50 Voucher (Cr Vicki Howard): Margaret Gourdie
Lucky Door Prize (NF Cinema tickets): Dani Ellis



OCTOBER BIRTHDAYS

James BALL Virginia BALMAIN Meredith BECK Josepha GARNIER
Ken MILNER Val MURPHY Pat PACEY Olive PELL Jann SHARMAN

WELFARE

Please notify Carolina Kidd of any member that you know who is ill or injured, so that we can give our support where needed. **PHONE 0418 735 266**

ACTIVITIES & DATE CLAIMERS for NSA NEW FARM Branch



THE BRUNSWICK STREET BOOK CLUB

Tuesday 10th OCTOBER at 2pm at the Brunswick Hotel.

The book for **OCTOBER** is **Shuggie Bain** by **Douglas Stuart**
If you are interested, give Dani a call on 33585908 or email her at
danielledevalera@gmail.com

Members are welcome to purchase a delicious lunch in the bistro beforehand to set themselves up for the meeting. Coffee is also available.



DINNER

Thursday 19th OCTOBER at 6pm, at **LEONARDO PIZZERIA & BAR**
695 Brunswick Street, New Farm
<https://www.leonardopizzeria.com.au/>

Please advise Frances Munro on **0422489406** if attending or cancelling.

LOLA DAYS – DIFFERENT DAYS FOR DIFFERENT PEOPLE

FRIDAY 13th OCTOBER – West End, exploring Montague Rd on Bus 192.

Meet at bus stop 43, Adelaide St @9.30am

Please contact Diane on 0438 596 798 or Trish on 0410404528



OUT AND ABOUT IN THE COMMUNITY

NEW FARM LIBRARY

FIRST FRIDAY BOOK CLUB Fri 6th OCTOBER 10:00am

In **OCTOBER**, read and discuss **What Alice Forgot** by **Liane Moriarty**.
New members welcome. Bookings NOT required. Free.



SAT 14th and Sun 15th OCTOBER at 2pm -

THE ROYAL EDINBURGH MILITARY TATTOO is

returning to cinemas with its brand new 2023 show, a musical journey entitled 'Stories'. As ever, military acts will play a prominent role in the Show, with the Royal Air Force (RAF) as the lead service. Set against the spectacular backdrop of Edinburgh Castle, the Tattoo Arena will play host to impressive cultural showcases from Norway, The United States, Australia, Trinidad and Tobago and Switzerland, alongside acts from across the UK and Ireland. From the musical prowess of the Massed Pipes & Drums, supported by the Tattoo Dancers and Fiddlers, the physical storytelling of dance and precision drill, and stunning imagery captured through light and projections, audiences will be transported and enthralled. The Show will be a celebration of sagas, myths and legends, taking cinema audiences on a journey of ideas - from the earliest campfire stories through to the world stage.

Australian participants are: The Scots College Sydney Pipes and Drums, The Scots College Sydney Old Boys Pipes and Drums and The Scots School Albury Pipe Band.





SUN 22 OCT (ONLY) - LOST ON KYTHERA

Arrival 3.30pm for 4pm screening. Admission \$19 per person. A specially minted bronze Kythera-Coin can be purchased on the day for \$10.

A feature film for the whole family by James Prineas.

Lost on Kythera is a quirky comedy in which we realise there's no such thing as ancient history. Hilarious and unexpected, this is a rollicking tale of adventure, love, and the comic belligerence of humans set against the backdrop of one of Greece's most beautiful and enchanting islands.

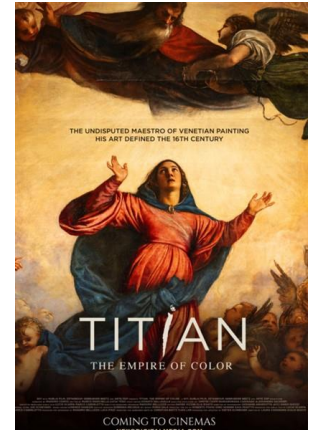
Price includes: movie entry private reception area for post-film get-together where drinks and snacks can be purchased.

SAT 28 OCTOBER to WED 01 NOVEMBER

ART ON SCREEN: Titian. The Empire of Colour

Directed by Giulio Boato, Laura Chiossone | Starring Jessica Piccolo Valerani, Tommaso Amadio, Leonardo Scarpa, Giovanni Tomassetti, Diego Carli

Early 1500s, in a city covered with gold, standing admired over a "hidden forest", a boy descends from the Dogado's mountains. He will be eventually remembered as the most excellent amongst painters. Extraordinary master of color and brilliant entrepreneur of himself, innovative both in a painting's composition and in how to sell it, Tiziano Vecellio in a few years becomes the official painter of the Serenissima, utmost artist sought after by the richest and most influential Courts in Europe.



The Artistic Director of the Brisbane Music Festival is Alex Raineri, a local to the New Farm area. Alex has won many awards including an APRA award for his contribution to the music industry.

Tickets \$25 (limited capacity)
please pre-purchase @ www.brismusicfestival.com

Venue: Fourth Wall Arts - 540 Queen Street, Brisbane

17 Classical Music concerts October 23-29

Check website for details

Featuring some of Australia's leading performers including...
Karin Schaupp (guitar), Stefan Cassomenos (piano)
Lisa Moore (from the USA, piano) and others

Music including Rachmaninoff, Schumann, Bernstein, Beethoven and much more



There are quite a few day time concerts for those who prefer to 'not go out at night'...

Sat Oct 28:

10.30-11.30am 'Sacred Sky' – String Quartet + Piano
1-2pm 'April Moon' – Songs by Soprano + Rachmaninoff suite for 2 pianos
2.30-3.30 'Flavours of Spain' – Guitar + Piano
4-5.15pm 'Rituals' – Clarinet + Piano

Sun Oct 29:

10.30-11.30am 'The Virgin's Lament' – Harpsichord, Soprano, String Quartet, Double Bass,
1-2pm 'Poulenc Tribute #1' – Flute, Clarinet, Violin, Piano
3-4pm 'Celestial Worlds' – Harp + Percussion
4.30-5.45pm 'Stefan Cassomenos in Recital' – Piano

QLD SENIORS' MONTH

COTA (Council on the Ageing) Queensland initiated the first Queensland Seniors Week in October 1960, and it was originally known as Old People's Week.

More than six decades on, the now Queensland Seniors Month provides opportunities to promote positive community attitudes towards older people and ageing, facilitate community participation, and enhance community connections, aligning with the Queensland Government's and COTA Queensland's vision of building Age-friendly communities in Queensland.

Now in its 63rd year Queensland Seniors Month, 1-31 October, will provide opportunities for people across all generations to connect and challenge our own stereotypical views of ageing and the aged. It also provides opportunities for people to discover local programs, services and volunteering opportunities, which may assist in reducing social isolation.

Beginning on Sunday 1 October, the United Nations International Day of Older Persons, Queensland's **Seniors Month** will include National Grandparents Day, on Sunday 29 October before ending on 31 October 2023.



LORD MAYOR'S CITY HALL CONCERTS:



Tue 3rd OCTOBER 12:00pm to 1:00pm - Lord Mayor's Seniors Cabaret Showcase 'Dream, Believe, Achieve'.

This concert will demonstrate that it is never too late to find the performer that is within us all. Special guest Gregory Moore, along with community choirs and dancers will entertain you with a fabulous celebration of the performing Arts. Come and be part of the fun as the audience joins in song with some iconic popular songs that will have you singing for the rest of the day. Some of Brisbane's most talented seniors will also be dancing, singing, and setting the stage alight showcasing their spectacular performing talents.

Tue 10th OCTOBER 12:00pm to 1:00pm - Journey Through Ellington and Strayhorn.

Be transformed into the world of the most prolific composer of the 20th century in an hour-long journey through the world of Duke Ellington and Billy Strayhorn. **Dominic Brennan and his trio** will guide you through a range of Ellington's classics, with a fresh new take that draws inspiration from the Duke's pioneering ability, whilst staying true to the character of his music. Joined by Joel von Treifeldt on double bass and Christopher Evans on the drums, Dominic will play a program of new arrangements of Ellington's compositions as well as some originals of his own.

Tues 17th OCTOBER 12:00pm to 1:00pm - Percussimo Strikes Again.

Come along on a musical adventure with Percussimo - a spectacular and captivating extravaganza showcasing the depth and multiple dimensions of the percussive arts. Featuring an expansive collection of repertoire from Classical to contemporary pop songs all creatively re-imagined for percussion ensemble and strikes the perfect balance between exhilarating energy and musical sensitivity. Proudly Brisbane based, Percussimo is a contemporary percussion ensemble with the mission to provide magical experiences through live music that connects and resonates with the audience, creating sounds that inspire happiness and joy.

Tue 24th OCTOBER 12:00pm to 1:00pm –A Tribute to Bublé, Broadway & Beyond.

International vocalist, award-winning director, and theatre performer **Thomas Armstrong-Robley** proudly presents Bublé, Broadway & Beyond, a unique musical celebration highlighting some of the 'Canadian King of Swings' greatest covers, as well as iconic show tunes and more. Accompanied by acclaimed accompanist and musical director Matt Rofe, Armstrong-Robley lovingly recreates hits from Elvis, The Bee Gees, The Beach Boys, and Billy Joel. The pair will also tip their caps to juggernauts of musical theatre, including tributes to The Phantom of the Opera, The Wizard of Oz, and more. This concert is heartfelt, humorous, focused on unparalleled audience engagement, and truly not to be missed.

Tue 31st OCTOBER 12:00pm to 1:00pm – Australian Army Band-Brisbane

Since its formation in 1949, the Australian Army Band-Brisbane has enjoyed a reputation throughout Queensland for its musical excellence and impressive military appearance.

The Army Band is a hard swinging, exciting ensemble consisting of the traditional line up from the glorious swing era of saxophones, trumpets, trombones and rhythm, complemented with male and female

vocals. Their repertoire ranges from traditional Big Band sounds through to funky arrangements of rock hits and Australian music. They feature in major concerts around South East Queensland and are a mainstay at Military balls and charity fundraisers.

Brisbane's Army Band supports the Australian Army and Australian Defence Force units in South East Queensland. Band members have been deployed on domestic and international operations, as well as regularly performing in commemorative activities such as Anzac Day. Enjoying high acclaim wherever they perform, the Australian Army Band Brisbane is a great asset for the state of Queensland and for the Australian Army.



SENIORS ENQUIRY LINE 1300 135 500

Seniors Enquiry Line is a free, state-wide information and referral service funded by the Queensland Government Department of Seniors, Disability Services and Aboriginal and Torres Strait Islander Partnerships.

Anyone can call Seniors Enquiry Line – you don't have to be a senior.

One call can put you in touch with a real person who can provide information and referrals around topics such as:

Concessions Consumer issues Financial services Health Home help

Housing options

Legal services Scams Social and leisure activities Technology Transport

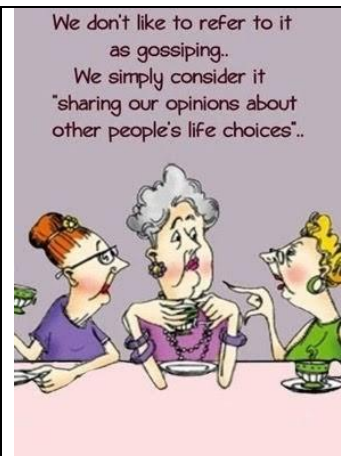
No question is too big or too small! <https://seniorsenquiryline.com.au/>


NEW FARM BRANCH COMMITTEE AND ASSISTANTS FROM SEPTEMBER 2023

PRESIDENT Anne Stubbington 0427 749 272 president.nsa.newfarmbranch@gmail.com
VICE-PRESIDENT (MEMBERSHIP) Jenny Milner 0411 292 453 membershipsanewfarm@gmail.com
SECRETARY Graeme Kidd secretarynsanewfarm@gmail.com
TREASURER Greg Gaffney 0411 424 219 treasurer.nsa.newfarm@gmail.com
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GENERAL MEMBER/RAFFLES Dell Marshall 0432283314
GENERAL MEMBER/WELL-BEING Carolina Kidd 0418 735 266

VOLUNTEERS 2023-24

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TREASURY ASSISTANT Eileen Martin
MORNING TEA ORGANISER Val Murphy **MORNING TEA ASSISTANT** Helen Mura
MEMBERSHIP ASSISTANT Greg Russell
GENERAL MEETING HOSTS Matthew Murphy, Beryl Watson, Margaret Morrissey, Danielle Ellis





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