

Centenary Branch Newsletter - OCTOBER 2023

<https://nationalseniors.com/get-involved/branches/centenary>

We now have a Facebook Page. Go to National Seniors Australia Centenary Branch

NB: Meeting is to be held at Westside HQ Corinda (Formerly Sherwood Services Club

NB: Morning Tea food is not to be taken from the premises for health & safety reasons.

EXTRAORDINARY GENERAL MEETING TODAY FOLLOWING GENERAL MEETING.

N.B. NOVEMBER MEETING IS ON TUESDAY 14TH NOVEMBER 2023.

FROM THE FRONT DESK

After today's meeting we will have an extraordinary meeting to appoint President and Vice-President and to formalize the selection of our sub-committee members.

Most notably, this month we spent a week touring down the coastal road of NSW to Coffs Harbour and up the inland road through Bellingen, Dorrigo, Armidale, Glenn Innes, Inverell and into Tenterfield - another wonderful trip by Allan, and a great opportunity to gain 3 kilos. A good time was had by all. If you have not been on one of our week-long holidays, it really is a wonderful way to form friendships with like-minded people.

If your name is on the list for the Melbourne Cup function in November please remember to bring your \$55.00 - I believe we will be entertained by David Barry until the all-important race. Melbourne Cup is rather a special event for Australians, it being the only tradition not from another country.

As we will also be updating our members list, bring your National Seniors membership card.

Spring has sprung and today will be our annual plant sale, held in the memory of Hugh Colebatch, if you can't bring, please buy. One of our few chances to raise some funds for the club to pay for our speakers and entertainers.

MORNING TEA: There is a gluten free option,

9.30am Entry for 10am meeting start.

ENTERTAINER: Oxley CWA Choir.



Recipients of the 25 year membership pin are - Adrienne Harding, Noela Webb, Marie Collins, Cheryl Williams, David Port and Marjorie Green. For those that asked, Cheryl joined National Seniors while she was still at work after her 50th birthday.

ACTIVITIES

Wednesday 11th October 2023 - SENIORS EXPO AT RIVERLIFE. 9am. - Names to Cheryl today.

Friday 13th October 2023 - Free Jazz by the River at Centenary Rowing Club 5pm-8pm.

Tuesday 17th October 2023- Coach trip to Towri Cheesery. \$70. Names to Ann today. **AT PRESENT ONLY HAVE 18 MEMBERS. NEED 30 MEMBERS OR ELSE TRIP WILL BE CANCELLED.**

Thursday 19th October 2023 - Free Seniors Movie "The Bridges of Madison County" Cinema DFO Jindalee. Bookings 3407 7000.

Tuesday 24th October 2023 - Tribute to Buble. City Hall.

Tuesday 7th November 2023 - Melbourne Cup Party Westside HQ Names to Jenny today. \$55.

Tuesday 5th December - Xmas Party - \$30. Names to Jenny today.

December 2023 - Roma Street Parklands in the evening Enchanted Garden Light Display. Approx \$10 ticket.

LORD MAYOR'S XMAS PARTY - CITY HALL. Wed. 6/12 and Fri. 8/12. Names to Jenny today.

REMINDERS

Centenary Community Connections – The Hub

can be contacted to see upcoming events by email for info at bookings@ccconnectasn.au.

Music at the Hub – Contact Marjorie Green 3376 2030.

Westside HQ Free Morning Melodies

Every Thursday 10.30am – 1.30pm.

MANY HAPPY RETURNS

Best wishes are extended to all our valued members celebrating birthdays during October. We hope you have a wonderful day.



RECIPE CORNER

PEACH SLICE

(From the ladies of the Glen Innes & Districts Historical Society)

80g butter melted

1 pkt butter cake mix (98 cents at Woolies)

300 gr sour cream

1 tin sliced peaches slightly drained

Melt butter & mix in cake mix, press into a 6 x 12 slice tin & bake 15 minutes.

Top with sour cream and cut up peach slices, bake for further 15 -20 minutes until sour cream sets.

Cool, refrigerate...enjoy

**AS YOU GET OLDER YOU'VE
GOT TO STAY POSITIVE.
FOR EXAMPLE, THE OTHER DAY
I FELL DOWN THE STAIRS...
INSTEAD OF GETTING UPSET
I JUST THOUGHT,
"WOW, THAT'S THE FASTEST
I'VE MOVED IN YEARS"**

FOR PET OWNERS

The following was found very low on a bedroom door.

Dear cats and dogs.

I cannot buy anything bigger than a king-sized bed. Sorry about this. Dogs and cats can actually curl up in a ball when they sleep. It is not necessary to sleep perpendicular to each other, stretched out to the fullest extent possible. I also know that sticking tails straight out and having tongues hanging out on the other end to maximize space is nothing but sarcasm.

There is no secret exit from the bathroom. If I managed to beat you there and get the door shut, it is not necessary to claw, whine, meow, try to turn the knob or get your paw under the edge to open the door. I must exit through the same door I entered. Also I have been using the bathroom for years - canine/feline attendance is not required.

TO ALL NON-PET OWNERS WHO VISIT.

They live here you don't.

If you don't want hair on your clothes keep off the furniture. That's why they call it *fur niture*.

Pets are a lot better than some people.

To you they are animals, to us they are adopted children who are short, hairy, walk on all fours and don't speak clearly.

IMPORTANT NOTICE FOR COACH TRIPS.

PLEASE NOTE: Full payment for bus trips is to be made at the monthly meeting before trip. Name badges are compulsory for all bus trips. All payments with correct money are to be put in envelopes. Put your name, full amount, ph no, trip details special dietary requirements on the outside of the envelope, seal your payment and hand to the Trips table.

COACH WILL NOT WAIT FOR LATECOMERS.

BRANCH REFUND AND PUNCTUALITY POLICY FOR

ALL TRIPS: As our coach trips are confirmed the Wednesday (one week) before we travel, NO REFUND will be given unless Ann Tupicoff is advised prior to this time. The Committee may consider refunds under special circumstances or medical emergencies (with documentation).

FOR DIRECT DEPOSIT OR BANK TFR.

BANKING DETAILS:

NAB MT OMMANEY

BSB 084259 ACC. NO. 821660559

PLEASE PUT NAME AND EVENT ON TFR FOR IDENTIFICATION AND RECEIPT.

Meetings are the first Tuesday each month, February to October, except November (second Tuesday).

Newsletters, Newspapers and documents are available on Table at entry after check in.

Do you know of any Centenary Seniors members who are unwell? Please contact Bev Hocker.

Our thanks to Sarah Hutton, Councillor for the Jamboree Ward for the provision of photocopying facilities

CONTACTS

President / Cards

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Steady Steps

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drlgp@bigpond.com

Theatre Outings

Geoff Harvey
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gharvey3@bigpond.net.au

Heart Foundation Walking Mt Ommaney

Doreen Flynn

CALENDAR 2023

OCTOBER 2023

Monday 2nd	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 3rd	General MTG. (PLANT SALE)	10.00am	Westside HQ Corinda	\$6
Thursday 5th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 9th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Monday 9 th	Fashion Parade	10.00am	Jindalee Bowls Club	\$20
Wednesday 11 th	Seniors Expo	9.00am	Riverlife, 17 Mile Rocks	
Thursday 12th	Mahjong	9-12noon	Mt Ommaney Library	
Friday 13 th	Free Jazz by the River	5pm -8pm	Centenary Rowing Club	
Monday 16 th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 17 th	Coach Trip	9.00am	Towri Cheesery	\$70
Thursday 19 th	Free Seniors Movie		Cinema DFO Jindalee	
Thursday 19th	Lunch	11.30am	Monier Hotel	
Thursday 19th	Mahjong	9-12noon	Monier Hotel	
Monday 23rd	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 24 th	Tribute to Buble	12noon	Brisbane City Hall	
Wednesday 25th	Evening Dinner	6.00pm	Two Teaspoons, Goggs Rd Jindalee	
Thursday 26 th	Mahjong	9-12noon	Monier Hotel	
Monday 30th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 31st	Coffee & Conversation	10.00am	Mt Ommaney Food Court	
Tuesday 31st	Committee Meeting	1.00pm	Mt Ommaney Library	

NOVEMBER 2023

Thursday 2nd	Mahjong	9-12noon	Mt. Ommaney Library	
Monday 6th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 7th	MELBOURNE CUP PARTY	11.00am	Westside HQ Corinda	\$55
Thursday 9th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 13th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 14th	GENERAL MEETING	10am	Westside HQ Corinda	\$6
Thursday 16th	Mahjong	9-12noon	Monier Hotel	
Thursday 16 th	Lunch	11.30am	Monier Hotel	
Monday 20th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 23rd	Mahjong	9-12noon	Monier Hotel	
Monday 27th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 28 th	Coffee & Conversation	10.00am	Mt Ommaney Food Court	
Tuesday 28th	Committee Meeting	1.00pm	My Ommaney Library	
Wednesday 29 th	Evening Dinner	6.00pm	TBA	
Thursday 30th	Mahjong	9-12noon	Monier Hotel	

DECEMBER 2023

Monday 4 th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 5th	XMAS PARTY	11.00am	Monier Hotel	\$30
Thursday 7th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 11th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 14th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 18th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 21st	Mahjong	9-12noon	Monier Hotel	