

Peel Region Branch

National Seniors AUSTRALIA

Advancing the Interest of the Over 50's

Out and About

ISSUE 6
December
2024



Members enjoying a picnic lunch and games on the Dawesville foreshore.

Web Pages

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National Seniors Travel
Peel Branch email

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Zone 114 Secretary

Nan Senior – Ph.08 9593 2141

**For full details – see contacts
on page 12**

Venue & Times

The **Peel Region** branch of the National Seniors Australia meets on the second Monday in the even months (February, April, June, August, October, and December).

The venue is the **RSL Hall, 20/22 Rouse Road, Greenfields**, at 1:30 pm. Social outings are held on the odd months i.e., January etc. and the 4th Sunday of even months.

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BSB

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A/C Number 141 169 052

President's Prattle

My thoughts are that this world is becoming more uncertain and unstable. I would like to open up a discussion as to how best to avoid some of the outfall from Donald Trump government. We are all seniors in the NSA, and we should be giving thought to how best to live our lives.

Health care is also less available than in the past. We will most likely have a presentation from Lisa Munday early next year so I think it would be good to set up a list of questions for her

Hope this opens a few doors

Kieran

Social Corner

Outings

Social Activities

Picnic at the Dawesville Estuary in lieu of the Mystery Car tour which unfortunately had to be cancelled, was a great success. The weather was perfect, the sun was shining and a cool breeze kept us comfortable and relaxed. After lunch we played a game of boules and entertained ourselves for the rest of the afternoon. A good day was had by all.

A Group of us recently attended the live musical at the Pinjarra Civic Centre - 'Dirty Rotten Scoundrels'. The local performers were very talented, and we all had lots of laughs. If you like live shows the next one will be in early May titled 'The Pyjama

Game’. It’s good to support local talent and you have a choice of two Saturday matinees or a 7pm evening show. Cost approx. \$24 With Christmas looming we’ll all be busy with the rush and bustle that comes with the festive season. The most important thing is catching up with families and friends and spreading good cheer then relax and look forward to the coming new year. The Committee wish you all a Merry Christmas and Happy New Year and keep safe.

Outings proposed for 2025.

March : The (Golf course) Cut Hi Tea/Lunch

May : Meet Joondalup Branch for Lunch and shopping

Weekend Social

There are no more weekend social for 2024 and the social for 2025 will be reviewed later.

Guest Speaker 2025

10 February	TBA
14 April	Sheila Twine
9 June	Citizens Advice Bureau
11 August	Synergy – Energy Ahead Workshop
13 October	TBA

Outings 2025

10 March	The Cut Golf Club 69 Country Club Drive Dawesville
12 May	Joondalup by Train
9 July Wednesday	Amaze Miniature Village
8 September	TBA
10 November	TBA
15 December	Christmas Lunch

OUT AND ABOUT MANDURAH

Mandurah Performing Arts –Tues Dec 10th live show – The Cheap and Dodgy Team are Bustin Out’.

Dec 15th -21st Annual Gala Performance- MPAC

Dec 17th Morning Melodies ‘The Godlemans” 11.00am and 3pm

Jan 11th Top of the Pops. The British Hits of the 60’s Evening show at 7.30pm

Dec 2 – Dec 23rd Monday and Thursday evenings 6-9pm Smart Street Mall – Twilight Markets, Christmas gifts, handcrafted goods and food trucks.

Dec 12th Shania Twain Show MPAC evening 7.30pm

Dec 14th Carols in the Park at Western Foreshore – Free Event featuring Samantha Jade

Jan 10th to Jan 12th 2025, - Summer Bonsai Series. Discover the art of bonsai at the Mandurah Bonsai Club’s highly anticipated Summer Bonsai Series! at the Mandurah Performing Arts Centre. This FREE event is a must-see for nature lovers and bonsai enthusiasts alike.

Editors Ramble

Welcome to the 6th edition of the Peel Region Branch newsletter for 2024. I will take this opportunity to wish you all a merry Christmas and a Prosperous New Year.

Upcoming Events

All the regular events can be found on the inside back page and in the social corner of this newsletter. Any special or

unusual event will be included in this section.

Editor

Member's Chit Chat

This section is for all members to pass on any information that they feel would be of interest to other members of our branch. Item as those below, recipes, photos and trivia are all welcome.

Update on Bruce who sadly suffered a heart attack three weeks ago. Marie contacted me last week on Bruce's progress.

Bruce is holding his own at present although still a long way to go.

Was in Fiona Stanley then transferred to Fremantle hospital and now in Peel Health Campus.

Members on the current sick list are, Bruce Hunter, Noel Beresi and Janet Jackson.

We wish them all a speedy recovery.

F.Y.I.

This section is a permanent feature that contains useful Web addresses and other information.

NSA Web Page

The National Seniors web page is www.nationalseniors.com.au. Please visit as there is so much valuable information on this site and it's now a lot easier to navigate to find what you're looking for.

Log in and visit the "My Account" area to access all your preferences in one spot. Otherwise, please email us at "membershipmail@nationalseniors.com.au" or call the team on 1300 676 50 50

SCAMS

<http://www.scamnet.wa.gov.au> (W.A.)

<http://www.scamwatch.gov.au> (Federal)

Online Safety/Security

<http://www.staysmartonline.gov.au/>

ICE

In your mobile phone contact list have an entry named ICE (In Case of Emergency) or place ICE (ICE1, ICE2 etc.) after an existing contact so that if the phone is found, you are involved in an accident or are taken to hospital for treatment, someone can be contacted.

Travel Talk

NSA Travel

The NSA travel section is a not for profit travel consultancy. They will endeavour to get the latest deals at the lowest cost possible and then give a member discount on top.

Members are asked to support this section by ringing 1300 88 37 50, or visiting the web page

<http://www.nationalseniorstravel.com.au/>

Zone 114

Registration details, accommodation, Conference agenda and any other information will also be given out in the newsletter and at the meetings as they become available.

MyGov

“My Gov” is the centralised agency for most of the Federal Governments “Human resources”. The web page www.humanservices.gov.au allows access to services such as, Centerlink, Medicare. The Australian Taxation Office (ATO) plus others. There are “Apps” available for mobile devices, for some services. **Do not** download the APP “MyGov” as this is an Indian Government app. The following apps that are relevant to seniors are:

- Medicare express plus
- Centrelink express plus

To create a “MyGov” account go to <https://my.gov.au/EnrolService/>

Happy Snaps

Peel Region Branch Stall at Belswan Open Day.

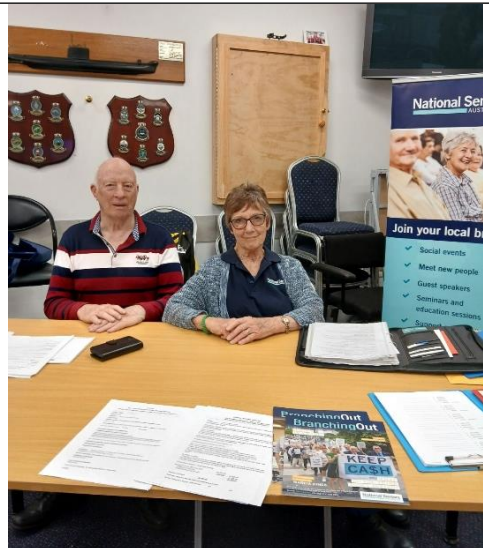


Happy Snaps

Pinjarra Seniors Expo Dinner Dance with Rosemary and Audry dancing



Tina with the new Peel Region Branch president Keiran



Quiz Time

General Quiz

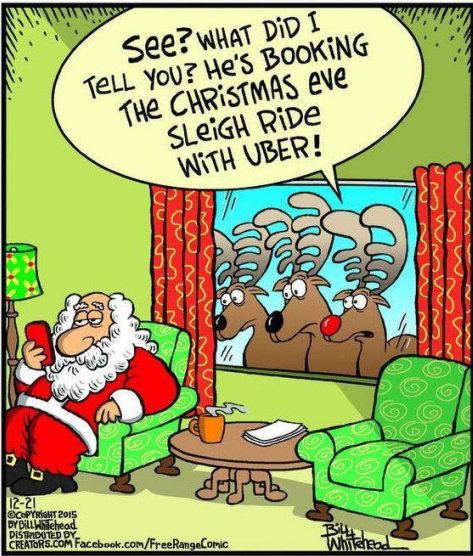
1. What pop singer has been named the Queen of Christmas?
2. What is the tallest Christmas tree ever?
3. Who spies on kids and reports back to Santa?
4. What type of musical comedy stage is performed at Christmas time?
5. Which type of tree was the partridge sitting in according to a well known Christmas song?
6. How many reindeer drive Santa’s sleigh (including Rudolph)?
7. In Charles Dickens’ A Christmas Carol, what was the first name of Scrooge?
8. What is hidden in a Christmas pudding?
9. What is the main course for a traditional Christmas dinner?
10. What food is good luck to eat on each of the 12 days of Christmas?

Sudoku 2024-E06 (Easy)

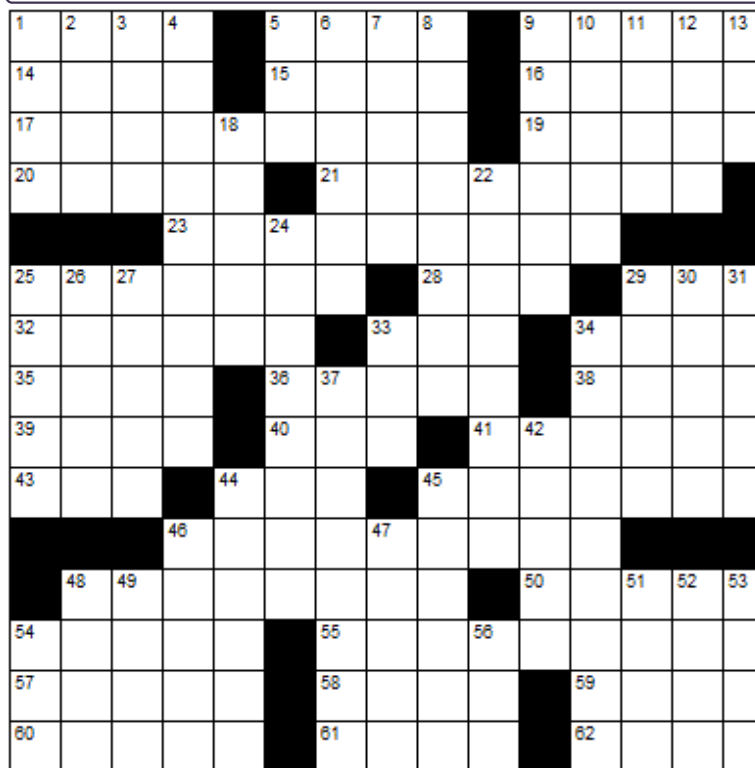
6				7		1
	8	2	3	5		
			4	8		7
4						
		8	5		3	
1		5	7	8		4 6
			1	3	5	
			6			9

Sudoku 2024-H06 (Hard)

				3	9	4		
			5					
7					4		6	
			1		2			
	5			9		1		
							3	
	3				8	9		
	9				6		5	4
						3		2



Crossword



Down

1. Expectorated
2. Individual
3. Infinitesimal amount
4. Having foresight
5. American Medical Association
6. Damaged by decay
7. Railroad
8. One who chooses
9. Billfold
10. Assumed name
11. Outstanding
12. A small fragment
13. Possessed
18. Approaches
22. A spice
24. Circumspect
25. Donkeys
26. Cache
27. Nonpoetic writing
29. Large American thrush
30. Useful
31. S S S
33. Abate
34. Involving sexual desire
37. Foreigner
42. Blatant
44. Food shredder
45. Harmless
46. High-pitched woodwind instrument
47. Multitude
48. Picnic insects
49. Watercraft
51. Captain of the Nautilus
52. Stair
53. Feudal worker
54. South southeast
56. Provided with food

ACROSS

1. Lingerie item
5. Cultural doings
9. Timepiece
14. Impoverished
15. Extra
16. Hawaiian greeting
17. Prenatal
19. Fat
20. Josh
21. Pin for a man
23. Recurrent rhythmical series
25. Painkiller

28. Explosive
29. Regret
32. Pressure
33. Anagram of "One"
34. Parcels of land
35. Any time now
36. Deadly snake
38. Nile bird
39. Once, long ago
40. Chafe
41. Moving
43. Observe
44. Obtain
45. Cattle

46. Refreshed
48. Erosion
50. Washer cycle
54. Muzzle
55. Fishnets
57. Condition
58. Border
59. Ends a prayer
60. Aromatic compound
61. Rip apart
62. Easy gait

Word Search

E N A C Y D N A C H T A E R W S S
 T H I S S N O I T A R O C E D H Y
 E G G N O G M E H E L H T E B E O
 G I F T S F R U I T C A K E T P T
 R E G N A M H F R I E N D S F H S
 S L T R E E I E C S C S R R S E E
 T S H N E G A S A A E A A A T R J
 H A R A S E N N T L N N R A T D E
 G I E G S E T I C L K D K O G S S
 I T E G L A K I K I E S L O L T U
 L T W O B E C A N C O T L E N S S
 F E I B E I I C L G O D O E S N J
 A S S O L L E R A F C T M E M O O
 M N E T L N B N B N W A S Y A W S
 I I M T S O G A B A N O R E R M E
 L O E E J E O L T R G R N D Y A P
 Y P N Y L L O H O S H L Y S S N H

ANGEL
 BELLS
 BETHLEHEM
 CANDLES
 CANDY CANE
 CAROLS
 DECORATIONS
 EGGNOG
 FAMILY
 FRANKINCENSE

FRIENDS
 FRUITCAKE
 GABRIEL
 GIFTS
 GOLD
 GREETING CARDS
 HOLLY
 ICICLES
 JESUS
 JOSEPH

LIGHTS
 MANGER
 MARY
 MISTLETOE
 MYRRH
 ORNAMENTS
 POINSETTIA
 SANTA
 SHEPHERDS
 SKATES

SLEIGH
 SNOWFLAKES
 SNOWMAN
 STABLE
 STAR
 STOCKING
 THREE WISE MEN
 TOBOGGAN
 TOYS
 TREE
 WREATH

Quiz Answer

General

1. Mariah Carey (All I Want For Christmas is you)
2. The tallest tree displayed was in Seattle, Washington, it measured 221 Feet Tall
3. Elf on a Shelf
4. A Pantomime
5. Pear Tree
6. Nine
7. Ebenezer
8. Traditionally, people hid a silver sixpence inside the Christmas pudding. Many countries continue this custom today, still placing silver coins inside the pudding.
9. Turkey and stuffing
10. Mince Pies

Sudoku 2024-E06 (Easy)

6	5	4	2	9	7	8	1	3
7	8	2	3	5	1	4	6	9
3	1	9	4	6	8	2	7	5
4	2	7	9	3	6	1	5	8
9	6	8	5	1	4	3	2	7
1	3	5	7	8	2	9	4	6
2	9	6	1	7	3	5	8	4
5	7	1	8	4	9	6	3	2
8	4	3	6	2	5	7	9	1

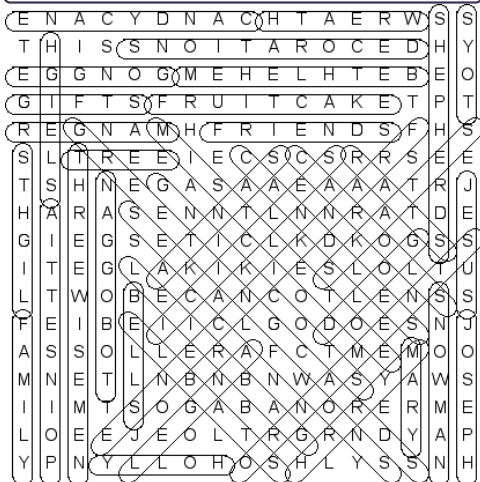
Sudoku 2024-H06 (Hard)

6	2	8	5	3	9	4	7	1
9	4	5	6	7	1	8	2	3
7	1	3	8	2	4	5	6	9
3	8	1	7	4	2	6	9	5
2	5	7	9	6	3	1	4	8
4	6	9	1	5	8	2	3	7
5	3	4	2	8	7	9	1	6
8	9	2	3	1	6	7	5	4
1	7	6	4	9	5	3	8	2

Crossword Answer

S	L	I	P		A	R	T	S		W	A	T	C	H
P	O	O	R		M	O	R	E		A	L	O	H	A
A	N	T	E	N	A	T	A	L		L	I	P	I	D
T	E	A	S	E		T	I	E	C	L	A	S	P	
					C	A	D	E	N	C	I	E	S	
A	S	P	I	R	I	N		T	N	T		R	U	E
S	T	R	E	S	S		E	O	N		L	O	T	S
S	O	O	N		C	O	B	R	A		I	B	I	S
E	R	S	T		R	U	B		M	O	B	I	L	E
S	E	E		G	E	T		B	O	V	I	N	E	S
				F	R	E	S	H	E	N	E	D		
	A	B	L	A	T	I	O	N		R	I	N	S	E
S	N	O	U	T		D	R	I	F	T	N	E	T	S
S	T	A	T	E		E	D	G	E		A	M	E	N
E	S	T	E	R		R	E	N	D		L	O	P	E

Word Search Answers



The hidden sentence is: TIS THE
SEASON TO BE JOLLY

Just Joking

Q: Santa Claus' mother had three children. The first child was named Fred. The second was named Annette. What was the name of the third?

A: Santa.

Q: What is the best Christmas gift you can give someone?

A: A broken drum because it cannot be beaten.

Q: In what year did Christmas Day and New Year's Day fall in the same year?

A: Every year.

Q: I can travel all around the world just like Santa Claus without ever leaving my corner. What am I?

A: A stamp.

Irony of Age

When you're a baby, you're taken care of by your parents.

When parents grow old, they're taken care of by their baby.

Q: If the end of the year is December 31st, what is the end of Christmas?

A: The letter "S".

Q: When Santa leaves his workshop in the North Pole to deliver presents to all the good children. What direction does he travel?

A: South.

Q: What do you call it after all the gifts for Christmas have been opened?

A: Christmess.

Q: Why is Rudolph so good at answering trivia questions?

A: He nose a lot.

Q: What do elves play poker with?

A: Christmas cards.

Q: Sometimes cubed. sometimes with a knot. Forever a secret this is not.

Sometimes with thought this thing is bought. Sometimes by skill this thing is wrought. Most often with bright colors adorned. This might be carried, displayed, or worn.

A: A present.

Q: I am tall when I am young, and I am short when I am old. What am I?

A: A Christmas candle.

Q: If otters keep their money in riverbanks, where does Frosty the Snowman keep his money?

A: In a snowbank.

Important Dates 2024

See Page 3 for 2025

Meetings

Date	Guest Speaker	Topic
12 th February	Mr Simon Allan	From Australia Red Cross
8 th April	Peter Worsley	Ship wrecks Off W.A. coast
10 th June	TBA	MALA (Mature Adults Learning Association)
12 th August	Michael and Noel (members)	(National Service) AGM
14 th October	Donna Brown	Centrelink
2 nd December	Mandurah Library	

Outings/Events

Date	Venue	Meet Time
11th March	Picnic at the Dawesville foreshore.	
13th May	RAAF Aviation Heritage Museum	TBA
14th May	Mandurah Performing Arts Centre	TBA
8th July	Fairbridge Village	TBA
9th September		
11th November	Mystery Car Tour	10:00 am
9th December	Christmas Lunch Venue TBA	12 noon

Weekend Socials

Date	Venue	Time
25th February	TBA Lunch	12:00 noon
27th April	Café 63 @ the Forum (on Boardwalk. Breakfast NOTE Saturday	9:00 am
23rd June	Happy Chinese Pinjarra Rd. Lunch	12:00 Noon
23rd August	No Function	
26th October	No Function	
9th December	Christmas Lunch @ Ravenswood	12 Noon

Starting time and Venues will be announced at general meetings and in the Newsletters

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Please feel free to **voice** all of your concerns (including zone matters) to any committee member or zone 114 member at the meetings.