

National Seniors

Australia

Cairns Tropical Branch Inc. July 2022

Branch No 999996

President: -Acting. Margo MacKenzie

Email: mmackenzie39@live.com

Our Branch meets on the 3rd Thursday of each month at *Cominos House*

27 Greenslopes Street at 2.00pm - \$2.00 levy per person

Raffles \$2.00 ea. or 3 for \$5.00

2.00 – 2.10 pm. Sign in. 2.10pm Guest Speaker 3.00pm members meeting

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***Mask wearing is not mandatory at this stage but if unwell please stay at home.
Bring own cup as we are going echo friendly.***

July 21 Thursday

Members Meeting 2.00pm

Guest Speaker

Ten Years Younger Home Care

August 7 Sunday

Lunch 12 for 12.30pm

Botanic Gardens Restaurant/Café

400 Collins Avenue

Edge Hill

August 18 Thursday

Members Meeting 2.00pm

Guest Speaker

Continance Talk Cindy and Julie

September 4

Lunch 12 for 12.30pm

Dunwoody's Tavern

317 Sheridan Street

North Cairns

September 15

Members Meeting 2.00pm

Guest Speaker

TBA

Queensland Government

Seniors Enquiry Line

1 300 135 500

www.seniorsenquiryline.com.au

National Seniors

Australia

The Cairns Tropical Branch Annual General Meeting was held Thursday 18th November 2021

Your Committee for 2022

President: **Acting: Margo MacKenzie**

Vice-President: **Vacant**

Secretary: **Donata Harper**

Treasurer: **Denise Neumann**

Activities: **Margo Mackenzie 0427 739 070**

Committee: **Jan West**

Members meet 2.00pm 3rd Thursday each month

Committee meets 3.00pm 1st Thursday most months @ Cairns RSL

ACTIVITIES & EVENTS! COME ALONG, RELAX, ENJOY

Join Now NSA 1300 76 50 50

JOINT MEMBERSHIP as at December 2020

- 1 Year Joint Membership = \$75
- 2 Year Joint Membership = \$125
- 3 Year Joint Membership = \$149

SINGLE MEMBERSHIP

- 1 Year Single Membership = \$45
- 2 Year Single Membership = \$80
- 3 Year Single Membership = \$99

Who is responsible for the dissemination of information regarding services available and is it all available at the one point?

There are many services that provide information on health, aged care and community services. You may consider contacting the following organisations or asking others within your community about where they get their information from.

- **Seniors Enquiry Line** is a state-wide information and referral service for Queensland seniors, families, friends, grandparents and carers. Anyone can call the Seniors Enquiry Line – you don't have to be a senior. One call can put you in touch with a person who can provide information and referrals around a broad range of topics. View seniorsenquiryline.com.au or call 1300 135 500.
- **My Aged Care** – This is the Australian Government's starting point on your aged care journey. View www.myagedcare.gov.au or call 1800 200 422.
- **Carer Gateway** - This is the Australian Government's starting point for assisting carers. View www.carergateway.gov.au or call 1800 422 737.
- **Queensland Government Support for Seniors** - To access support provided by the Queensland Government, view www.qld.gov.au/seniors or call 13 74 68.
- **Your local Neighbourhood or Community Centre** – You can search for your closest Neighbourhood or Community Centre or Community Group at www.qld.gov.au/community/your-home-community/groups-in-your-community/groups or by calling 13 74 68.
- **Your Local Council** – Your Local Council may have a senior's program, or their phone line may be able to provide you with information on who to contact. The library can also be a good source of information. You can find your Local Council's website by clicking here - www.lgaq.asn.au/find-council

Queensland Government

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1300 135 500

www.seniorsenquiryline.com.au