

National Seniors

Australia

NEW FARM BRANCH INC.
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<https://nationalseniors.com.au/get-involved/branches/new-farm>

AUGUST 2023 NEWSLETTER

GENERAL MEETING

Wednesday 2nd August 2023 at Brunswick Hotel, 569 Brunswick St, New Farm.
Morning tea will be from 9:15am to 10:00am, meeting follows.



Fun for young and old! Well... old.

A MESSAGE FROM THE PRESIDENT

Hello everyone!

I am looking forward to the **Trivia Quiz** meeting at our General Meeting on 2nd August. This is a new activity for us and well-worth a try. It will be fun & light-hearted, just general knowledge stuff that everyone is familiar with and as you have a lifetime of experience behind you, you are bound to know some of the answers. It's all designed to keep our brains busy and active – remember if we don't use it, we lose it. **There will be prizes!** And if your brain needs lubricating, you can have a drink while you are competing! I know some people are already re-arranging their schedules to make sure they will be here so they are looking forward to it. I hope you are too.

Another important event in our Branch calendar will be in September – our **AGM**. The procedure is that everyone steps down from their current position on the committee so that all positions are open. Incumbent members may re-apply for their position. If there is more than one candidate for a position an election will be held. Apart from the Committee, there are many more volunteers who

work equally hard to make sure that our Branch runs smoothly. We currently have nineteen people who make a significant contribution to the success of New Farm Branch. Thank you very much to those people who put in an expression of interest for a position at our last meeting. If you weren't there or are still considering assisting the Branch, please speak to me or Jenny.

Looking forward to seeing you all at our General Meeting. Stay well and look out for one other.

All the best,

Anne



Maida LILLEY, a long time Life Member of National Seniors Australia, and the New Farm Branch, died earlier this month. She has also been a valued and active supporter of our organisation.

But this was just one of the contributions she has made during a lifetime of Community Service, as she has held Presidential and Committee positions within numerous organisations, such as the below:

- * Life member of New Farm Neighbourhood Centre
- * Co-author of books on curriculum for children with disabilities
- * A dedicated teacher with a particular concern for literacy and language

- * Zone Chair and Life Member of National Seniors Australia for 7 years
- * State President of Qld Retired Teachers Association
- * Long term member and Past President of New Farm Historical Society, and
- * An advocate for Seniors' Issues and affordable Housing

Our sympathies go to Maida's family and friends.





Brad and Bruce from Qld Police Service spoke at our July meeting on personal safety and crime prevention. From the website <https://www.police.qld.gov.au/safety-and-preventing-crime/personal-safety/seniors-safety> I've copied a relevant section -

Feeling safe in your own home is essential to your health and wellbeing. As a senior, it's important that you are able to enjoy your home, community and lifestyle in comfort and security.

What you can do

Some steps you can take to protect your safety and security:

*If you have a phonebook listing, only list your initials and surname to limit the amount of personal information

available.

*If you use an answering machine service, ensure you leave a message saying 'we' will call back if you live alone.

*If you and your family communicate on the internet via social media networks, make sure you don't give out personal details such as your home address or phone number.

*Be cautious about information you give to strangers – don't tell them where you live or when you will be away and don't give out any personal, family or financial information.

*When shopping, avoid carrying large amounts of money and never leave your handbag, wallet or personal items unattended or in a shopping trolley or mobility device.

*If you're travelling on public transport, ensure you sit where you can see and be seen by the driver or guard, and always check timetables beforehand to avoid long waits.

*In your phone, program in the contact numbers of a relative, neighbour or close friend you can contact if you need assistance. Also program the emergency number, Triple Zero (000).

*If you receive mail, emails or phone calls requesting money, even if it's for charity, verify where the request has come from before donating. If you are unsure, contact your local police station.

***When out and about, always appear confident and self-assured. Research shows that people who appear confident and take personal safety precautions are less likely to become victims of crime.**

*Consider installing an alarm system in your home, particularly if you live alone, to help protect your home and personal safety.

*Medical or personal alarm systems are also a good idea to consider and are easy to set up. There are many options available, depending on your personal needs.

*Further information can be found on the Seniors Safety information sheet.



This week NSA New Farm was given 4 tickets to QPAC to the opening night performance of **DIVAS with Bernadette Robinson**, plus a post party drink and nibbles. Ms Robinson's performance was extraordinary, as she emulated 10 amazing singers' voices – from Maria Callas to Amy Winehouse.

Many thanks to Erin White for giving us such an experience.

**Criena Gehrke – Executive Director of Qld Theatre
Merrin Csinski – QPAC Head of Partnerships
Zoe Connolly – QPAC Executive Director of Philanthropy and Partnerships
with Ken and Jenny.**

I asked the Librarian if she had any books about Paranoia.

**She whispered:
"They're right behind you...."**

**IF THERE WAS A PILL TO CURE
PROCRASTINATION, I WOULD
PROBABLY TAKE IT TOMORROW.**



**SOME PEOPLE
WON'T ADMIT THEIR
FAULTS. I WOULD,
IF I HAD ANY.**



JULY DINNER AT KLAY OVEN

18 of use enjoyed a truly delicious Indian meal, and lots of us (well, Ann and I) followed up with gelato from La Macelleria gelataria. Perect!

←--Sue and
Francesca

Jeff, Mary and
Jenny →



← Caji, David, Jann,
Ann and Paul



Gordon with Dell →

JULY MEETING RAFFLE PRIZE WINNERS

The Bakeologists \$50 voucher (Grace Grace MP): Anne Stubbington

Brunswick Hotel \$30 Food & Drink Voucher: Janet Haywood

Savour \$50 Voucher (Cr Vicki Howard): Paul Cummings

Lucky Door Prize (NF Cinema tickets): Greg Gaffney

WELFARE

Please notify **Jackie WALL** on **0492813836** of any member that you know who is ill or injured, so that we can give our support where needed.

ACTIVITIES & DATE CLAIMERS for NSA NEW FARM Branch



THE BRUNSWICK STREET BOOK CLUB

Tuesday 8th AUGUST at 2pm The book for **AUGUST** is **Wanting** by **Richard Flanagan**

If you are interested, give Dani a call on 33585908 or email her at

danielledevalera@gmail.com

Members are welcome to purchase a delicious lunch in the bistro beforehand to set themselves up for the meeting. Coffee is also available.

Tip: Save business cards of people you don't like. If you ever hit a parked car accidentally, just write, "Sorry" on the back and leave it on the windshield.

"You spend 90 percent of your adult life hoping for a long rest and the last 10 percent trying to convince the Lord that you're actually not that tired." – Robert Brault



DINNER

Thursday 17th AUGUST at 6:00pm, at TORANJ Restaurant, (Persian & Afghan specialty cuisines)
693 Brunswick St, New Farm.
Not licenced, \$3 per glass corkage.

Please advise Frances Munro on 0422489406 if attending or cancelling.

LOLA DAYS – DIFFERENT DAYS FOR DIFFERENT PEOPLE

FRIDAY 11th AUGUST – Brackenridge Tavern
Meet at Stop 43, (Adelaide St corner with Albert St)
Bus 330 from King George Square bus station.

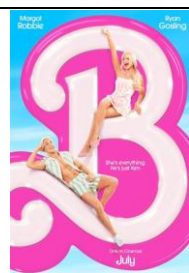


OUT AND ABOUT IN THE COMMUNITY

NEW FARM LIBRARY

FIRST FRIDAY BOOK CLUB Fri 4th AUGUST 10:00am

In **AUGUST**, read and discuss **The Girl Who Fell From the Sky** by **Emma Carey**.
New members welcome. Bookings NOT required. Free.



BARBIE

Directed by Greta Gerwig | Starring Kate McKinnon, Margot Robbie, Alexandra Shipp, Rhea Pearlman, Issa Rae, Kingsley Ben-Adir, Emerald Fennell, Simu Liu, Ariana Greenblatt, Scott Evans, America Ferrera, Will Ferrell, Ryan Gosling, Michael Cera

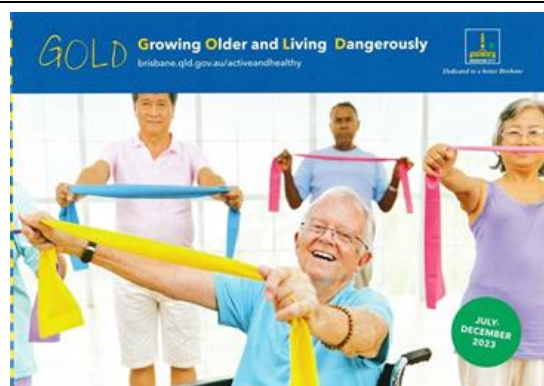
To live in Barbie Land is to be a perfect being in a perfect place. Unless you have a full-on existential crisis. Or you're a Ken.



GROWING OLD AND LIVING DANGEROUSLY

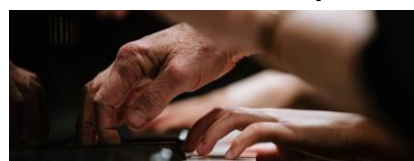
There are so many activities to choose from, ranging from Arty stuff to windsurfing and everything in between.

Most activities are free, or a small fee.
This programme is sponsored by Brisbane City Council.
Pick up a copy of the booklet at the next meeting



LORD MAYOR'S CITY HALL CONCERTS:

Tue 1st AUGUST 12:00pm to 1:00pm - Australian Piano Duo Festival and Songs from the Young.



Australian Piano Duo Festival's Artistic Director, Jenni Flemming, along with the fine piano teachers from the Young Conservatorium, Griffith University, proudly present their brilliant young students performing Duets and Trios. Combined with talented vocal soloists from the Willie Wagtail and Canary Children's Choirs, these highly talented young pianists and vocalists will perform an exciting program of music from the popular Classics to the latest Movie Themes.

Tue 8th AUGUST 12:00pm to 1:00pm - Queensland Police Pipes & Drums.

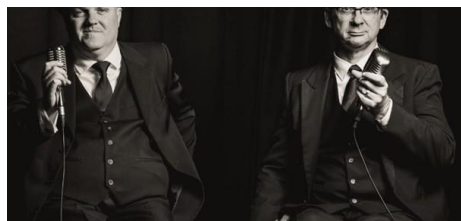
The Queensland Police Pipes & Drums (QPP&D) was originally formed in 1956 by a keen and committed group of police officers wishing to represent the QPS and compete in pipe band contests.

Today, the QPP&D's professional musicians perform at official engagements such as police inductions, Anzac Day and various other events, where they provide a spectacular addition to formal procedures.

QPP&D serves the Queensland community by regularly performing at charity and community events, playing a variety of tunes surprising many with their energetic take on the Mexican Hat Dance as well as performing old favourites such as 'The Black Bear' and 'Scotland the Brave'.



Tues15th AUGUST 12:00pm to 1:00pm - The Crooners: Swinging and Spinning.



International celebrities, Tim 'Mac' McCallum and Tony 'Dee' Doevendans perform some of the all-time favourite swing and jazz classics from Sinatra to Bublé, Nat 'King' Cole to Bennett. Instead of treading the boards, these two leading men will 'wheel' them, chair to chair, hat to hat.

With their exuberant showmanship and unique crooning voices, The Crooners will have toes tapping and hearts melting. Come fly with them as they swing and spin your lunchtime away in an intimate cabaret of song and prose.

Tue 22th AUGUST 12:00pm to 1:00pm – Ricardo Bona's Panoramas do Brasil.

Brazilian virtuoso accordionist Ricardo Bona has taken Australia by storm since he settled in Brisbane in 2017. Performing internationally with award-winning ensemble Mzaza, and inspiring a new generation of musicians around the country through his constant touring and featured appearances in festival and concert programs, Ricardo now leads his exquisite ensemble in a celebration of 'musica brasileira', and will also be joined by professional dancers Ju and Rafa.

While popular throughout Europe for decades, the accordion found popularity in Brazil in the 1950s, and has become one of the most common instruments in the country, its expressive and unique sounds heard in the beautiful melodies played in 'choro' music, and then becoming the featured instrument in the energetic 'forro' style of music in Brazil's north-east.



Tue 29th AUGUST 12:00pm to 1:00pm – a Tribute to Frank Sinatra.



The University of Queensland Big Band will take the stage in a tribute to one of America's most beloved singers, Frank Sinatra. The UQ Big Band is a 22-piece ensemble comprised of talented musicians from the University of Queensland. Under the direction of Clint Allen, the band will perform classic Sinatra hits such as 'Fly Me to the Moon', 'I've Got You Under My Skin' and 'My Way'. The

concert will feature vocalist Oliver Bellwood, who will bring his own style and flair to Sinatra's timeless classics. Audiences can expect to be transported back in time to the swinging 1960s, as the UQ Big Band recreates the magic and sophistication of Sinatra's music.

What chance have you got? The doctor hopes you fall ill, the policeman hopes you become a criminal, the lawyer hopes you get into trouble, the priest wants you to get married, the coffin maker wants you dead and only a thief wishes you prosperity in life.

Somewhere in the middle of the Tasman Sea is an invisible line separating the fish from the fush.

For all the young girls getting tattoos, remember: a butterfly on the back becomes a buzzard on the bum when you get older.

NEW FARM BRANCH COMMITTEE AND ASSISTANTS FROM SEPTEMBER 2022

President Anne Stubbington 0427 749 272 president.nsa.newfarmbranch@gmail.com
Vice-President/ Membership Jenny Milner 0411 292 453 membershipsanewfarm@gmail.com
Secretary Danielle Ellis 0466013199 secretarynsanewfarm@gmail.com
Treasurer/Technology Advisor - Greg Gaffney 0411 424 219 treasurer.nsa.newfarm@gmail.com
Activities Co-ordinators Diane Gage 0438 596 798 and Trish Ferguson 0410404528
Committee Member/Welfare – Jackie Wall 0492813836
Guest Speakers, Raffles & Birthdays – Ngaire Caulfield
Special Events Co-ordinators – Pat & Margaret Pacey
Activities and Assistant for Membership - Diane Gage **Assistant for Treasurer** - Eileen Martin
Morning Tea Coordinator - Val Murphy **Meeting Host** - Matthew Murphy
Newsletter Editor/Monthly Dinners - Frances Munro 0422489406 jacknfranny@hotmail.com

Do remember to update any changes to details with Jenny Milner. Emergency contacts need to be current.

Newsletter printed with the kind assistance of
The Hon. Grace Grace MP, Member for McConnel, and her staff. Ph 07.3145 9100

The firefighter was asked why he
 laughed while saving this old
 woman...
 He said that the elderly woman said
 to him: "You reminded me of my
 wedding night.." 😄😄😄



Don't worry
 about *getting* old,
 worry about
thinking old.



From the famous Indian Hills Community Centre noticeboard

Resolutions – in one year and out the other!
 I hate this snow! No..... wait! I love this snow. Signed, Bi-Polar bear.
 The problem with political jokes is that they sometimes get elected.
 I danced like no-one was watching. My court date is pending.
 Sweet dreams are made of cheese. Who am I to dis a brie.
 Kleptomaniacs always take thing literally.
 Try resistance training. Refuse to go to the gym.
 If you are in up to your ears, keep your mouth shut.

Noah was a brave man to sail in a wooden boat with 2 termites.