

National Seniors

AUSTRALIA



ATTENTION

THE KURRAWA SURF CLUB.

ADDRESS; OLD BURLEIGH ROAD,

BROADBEACH From 9:30am.

Wednesday 5th November

Members and Friends Monthly Meeting

\$5.00 Admission for morning tea

Stay for a casual lunch after the meeting.

Our speaker for November will be Wayne Sticher

ABOUT WAYNE

Wayne Sticher is a former firefighter and the multi-award-winning founder of Cycling Without Age Gold Coast, a movement restoring joy and connection to older Australians and people with disability through volunteer-powered trishaw rides.

A passionate storyteller, Wayne uses adventure to challenge perceptions about ageing and capability.

He has previously completed solo cycling expeditions including a 6,500km ride from the Gold Coast to Perth via Uluru—clocking over two million pedal revolutions through 3 deserts—and continues to inspire with keynote speeches such as “A Life Less Ordinary.”

As the official Cycling Ambassador for the Winton Outback Festival, Wayne delivers genuine, professional representation infused with heartfelt passion and unwavering commitment.



MONTHLY MEETINGS

*When: first Wednesday of each month (Except January)

*Time 9.30 AM

*Where: Kurrawa Surf Club

Old Burleigh Road Broadbeach

*On the 2nd Floor, Go to the first floor walk past bistro and catch lift
Look for our Banner signs. We will have people show you the way..

TRANSPORT

*Parking at the Surf Club. (3 Hour limit)

*Oasis shopping centre parking.

North Broadbeach light rail, short 6-10 minute walk.

705 Bus, stops in front of the Kurrawa Surf Club Broadbeach

CONTACT DETAILS

Phone No. 0418 215 400

Email: jaj28th@me.com

Web site: <https://nationalseniors.com.au>

Come along and meet the local and very active over 50's residing in and around Broadbeach



HAPPY BIRTHDAY TO ALL MEMBERS BORN IN THE MONTH OF NOVEMBER

The two signs associated with the month of November are Scorpio and Sagittarius. People born from November 1st to November 22nd are members of the Scorpio sign. A Scorpio can be identified by their success-driven and resilient nature. For those born from November 23rd to November 30th, they are members of the Sagittarius zodiac sign. As the Sagittarius often has an appreciation for life's finer things, members of the sign can be identified by their animated and hardworking nature.

FAMOUS PEOPLE

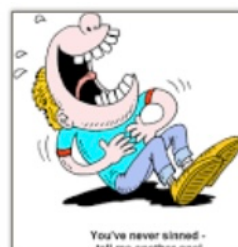
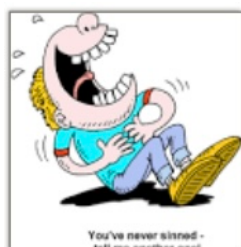
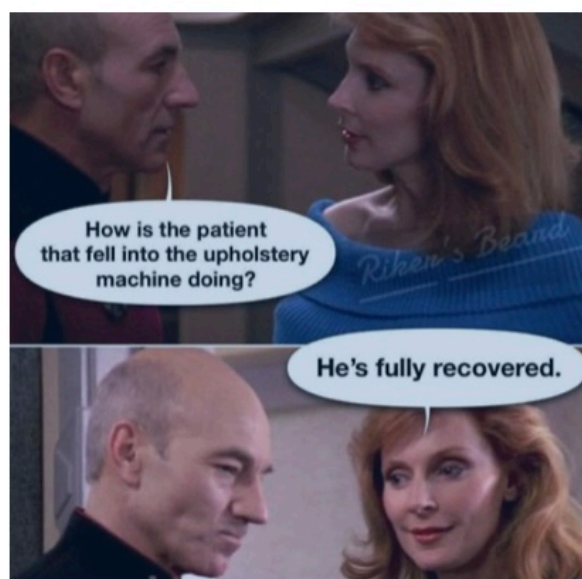
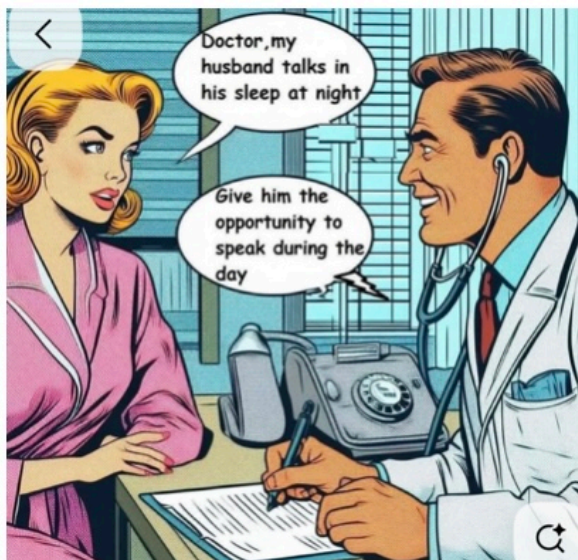
Toni Collette, Stefanie Powers. David Schwimmer, Matthew McConaughey, Emma Stone



Toni Collette
1 November 1972



Leonardo DiCaprio
11 November 1974





David stepped in for our speakers traffic accident while Glen receives the mystery prize for Jan Lynn.



Charles, Sue, Roz and Marie complete the Stockwell moment while, Annette completes the family effort to receive the \$50 KSC gift card.



Peter leaves the joker in the pack then, a few diners sample the roast of the day.



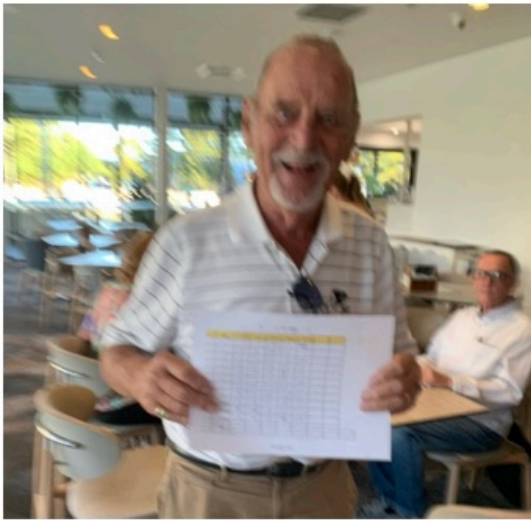
Dining connoisseurs from Broadbeach Seniors settle in at Urban.



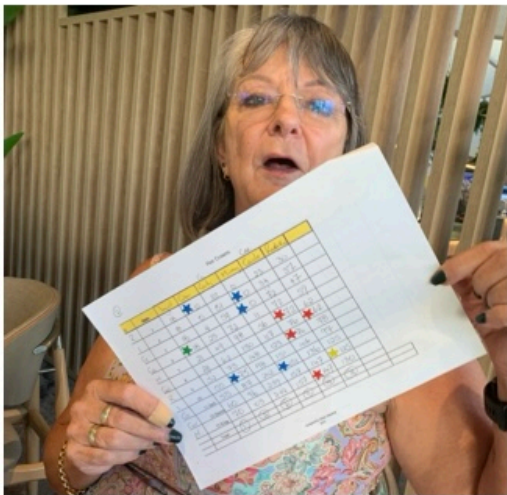
Chris & Keith face off in a trivia tiebreaker before Chris takes the trophy.



Elodie draws the Urban \$50 gift card and rewards Geoff with a return visit.



Keith and Ingrid win game one.



And guess what, Ingrid and Keith win game two.



A cosy bunch settle in for dinner at the Bowls Club.

Looking for Travel Insurance?



With no age limits on most plans[#] and over 40 existing medical conditions automatically covered[^], you can relax and enjoy your trip with National Seniors Travel Insurance.

Call the friendly and experienced team on **1300 50 50 99** (Monday to Friday, 8:30am-5pm AEST) and speak to a real person who understands you.



It's beginning to look a lot like Christmas

and, everyone's invited to join Broadbeach Seniors for a festive Christmas luncheon.

Where: Kurrawa Surf Club, Broadbeach

When: Wednesday, 3 December

11:45 arrival for a 12:15 start.

Lucky door, best dressed prizes & lotsa giveaways



Book early for this year's luncheon event and experience our return guest artist.

Jack entertained our Christmas party last year and returns by popular demand. He has captivated audiences from all walks of life throughout Australia. Enjoy a glass of wine and croon along with Jack.



A Christmas theme buffet will include a complimentary drink on arrival. Roast Pork & Turkey, veg's & salad.

For dessert, pavlova with fresh fruit and Christmas pudding.

\$45 for members and \$56 for non members

Cash bar from 11:45 am with a start time of 12:15 pm

All drinks can be purchased at Kurrawa Surf Club member pricing.

Please advise the committee of any special dietary requirements at the time of making this booking.



**Our lunch on 19 November will be at Club Paradise.
(Surfers Paradise RSL)
12:30pm Beach Road, Surfers Paradise.
There will be a brief trivia to win a KSC \$50 gift card and a lucky
door prize also being a \$50 Kurrawa Surf Club gift card.**



What's on the Menu.

SENIORS		M	NM
BANGERS & MASH (GF)	Served w/ mashed potato & gravy	17.1	19.0
CRUMBED CALAMARI	Served w/ chips, salad & tartare sauce	17.1	19.0
CHICKEN SCHNITZEL	Served w/ chips, salad & your choice of sauce	17.1	19.0
DESSERTS		M	NM
WARM LATTICE APPLE PIE (V)	Served w/ mashed potato & gravy	12.6	14
WARM CHOCOLATE FONDANT (V)	Rich decadent chocolate pudding served w/ ice cream	12.6	14

MAINS		M	NM
LAMB SHANK (GF)	Slow cooked red wine and rosemary lamb shank, served w/ mash potato, broccoli & green beans	24.75	27.5
ADD EXTRA SHANK 16.0			
CHICKEN SCHNITZEL	Served w/ chips, salad & choice of grill sauce	21.5	23.9
CHICKEN PARMIGIANA	Chicken schnitzel topped w/ napoli sauce, ham & cheese, served w/ chips & salad	23.9	26.5
PETITE ATLANTIC SALMON (GF)	Served w/ choice of warm balsamic roasted beets, baby spinach & beet dressing OR chips, salad & side of hollandaise	23.9	26.5
FISHERMAN'S BASKET	Crumbed prawns and calamari, battered barramundi, and scallops served w/ chips & dipping sauce	26.6	29.5
BARRAMUNDI & CHIPS	Panko crumbed barramundi fillets w/ chips & salad	17.9	19.9

PICK A PARMIGIANA

Wednesday

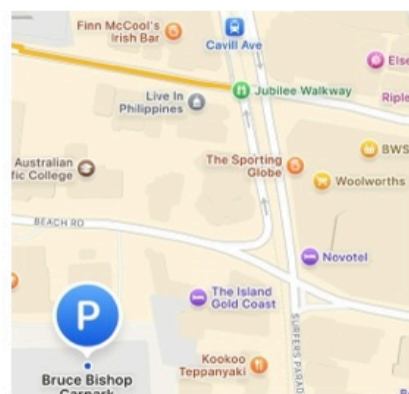
AVAILABLE LUNCH & DINNER

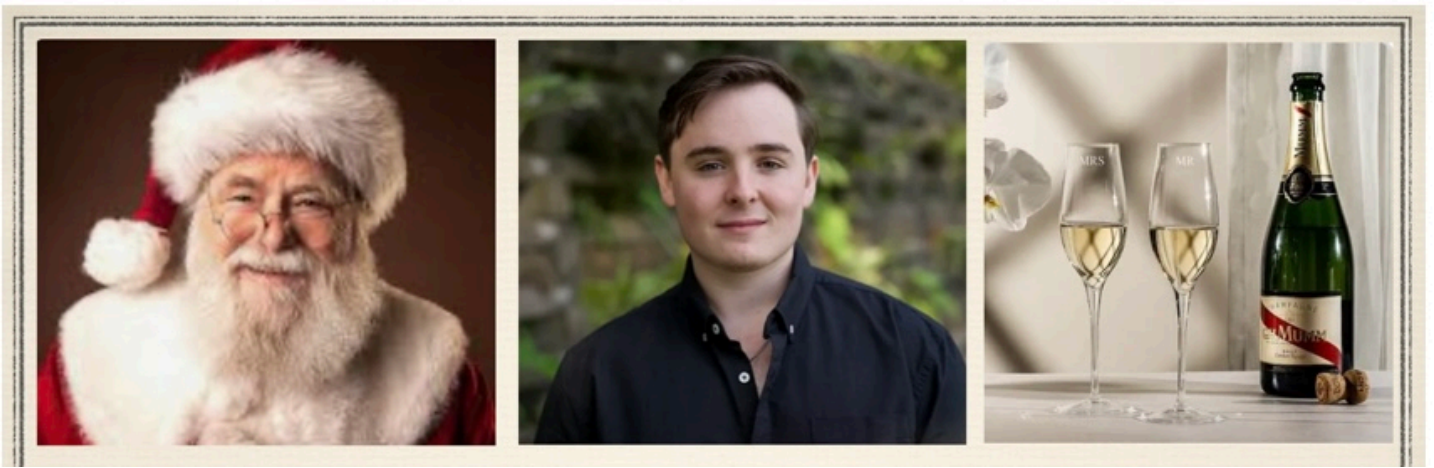
4 DELICIOUS CHOICES

Hawaiian | Mexican
Traditional | Outback

ALL
\$18.00

How to get there, by tram, alight at Cavill Avenue and beach road is a couple of minutes to the south. By car, park at the Bruce Bishop car park and Beach Road is one street to the North





Marketing leading up to the event.

- Sunday 26th October,
joining with standard promotional email re cards reminder. Can pay at cards.
- Sunday 2nd November,
Joining with Wondrous Wednesday, reminder to pay on 5th November.
- Sunday 16th November, can pay at lunch on 19th November or,
BSB 034-239 ACCOUNT 394510. Reference to be name or names.
- **Belinda first deadline 19th November**
- Sunday 23rd November, last opportunity to pay at cards on Wednesday
26th November, closed thereafter.
- **Belinda final deadline 26th November**

BROADBEACH BRANCH SUPPORTERS

providing value for money culinary experiences to local seniors.



**Cards, Coffee and Cuisine
Broadbeach Bowls Club
167 Surf Parade, Broadbeach**



**Cards from 3pm
Conversational Five Crowns
Wednesday 26 November.
Just turn up & join in.**

**Dinner optional after cards
Wednesday 26 November.
from 5:30 pm
Text Glen to provide numbers
for Broadbeach Bowls.**



BROADBEACH BRANCH PARTNERS
Providing financial and supportive assistance to local seniors.

Stockwells.



COASTAL°

Over 600
Broadbeach
properties sold.
Major supporter
of the local
community.

Up to \$1,000 for referral.
Conditions apply.

Shaun Bourke
0404 649 537
shaun.bourke@coastal.com.au

Shaun Bourke operates under Bourke Real Estate Pty Ltd
and works in conjunction with Coastal.

What's happening in your Neighborhood this November.



01 Nov 2025

BJORN AGAIN – THE WORLD'S NUMBER ONE ABBA SHOW



05 Nov 2025

THE SOUL MEN – BLUES BROTHERS REVUE



07 Nov 2025

KINGS OF COMEDY'S GOLD COAST SHOWCASE SPECIAL

Wednesday 19 November, our monthly lunch will be at 'Club Paradise' The Surfers Paradise RSL. 12:30pm 1/9 Beach Road. Surfers Paradise.

Wednesday 26 November, cards at the bowls club 3pm, dinner optional from 5:30pm



Wednesday 5 November, our guest speaker will be Wayne Sticher. A former fire fighter and award winning founder of 'Cycling without age, Gold Coast.



06 Nov 2025

MEN'S T20I SERIES VS INDIA | 4TH T20I



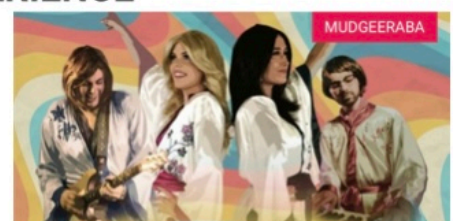
08 Nov 2025

KILLER QUEEN EXPERIENCE AND THE DAVID BOWIE EXPERIENCE



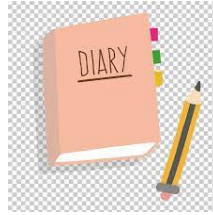
23 Nov 2025

BACK TO THE MAC – THE FLEETWOOD MAC EXPERIENCE



30 Nov 2025

GOLD: THE ULTIMATE ABBA SHOW



The developing forward plan for 2025

November 5 Branch meeting, speaker Wayne Sticher, cycling without age.

November 12, Management Committee Meeting

November 19 Members Lunch TBA

November 26 Cards and Dinner at the bowls club

December 3 Christmas Party

February 4, 10 Year Anniversary with Bruce Paige

February 11, Management Committee Meeting

February 18, Members Lunch

February 25, Cards and Dinner at the bowls club

March 4 Branch Meeting, David Ashton-lewis. A life of Law.

March 11, Management Committee Meeting .

March 18, Members Lunch

March 25, Cards and Dinner at the bowls club

April 1 Branch meeting, Rod Preston, mysteries of the mail.

April 8 Management Committee Meeting

April 15, Members Lunch.

April 22, Cards and Dinner at the bowls club

April 29, Cards and Dinner at the bowls club



