

Do you think homelessness is a concern in our region?

Some Childers Branch volunteers have friends who are/have experienced homelessness, quite genuinely through no fault of their own.

Either forced relocation due to lease expiry or medical.

Members are also aware of genuine cases of homelessness to escape domestic violence.

Not sure what can be done at Branch level to help, but keen to help if a genuinely positive contribution can be made.

Following the April catch up, there'll be an information session, presented by Wide Bay Zero Service Coordinator, Jodie Price who will explain what's already being done to help in the region and the type of support they are looking for from community.

See Page 3 for full details or 'At a Glance' below for key details.

"We rise by lifting others." -
Robert Ingersoll.

Lest we forget

ANZAC Day, observed annually on 25 April, commemorates the 1915 Gallipoli landing, the first major military engagement of Australian and New Zealand forces in World War I.

It is a national day of remembrance honouring the service and sacrifice of Australians from all backgrounds, including Indigenous Australians, who have served in wars, conflicts, and peacekeeping operations. ANZAC Day reflects enduring values of courage, endurance, mateship, and sacrifice.

Australia Day remains central to Australia's national identity through solemn reflection and community commemoration.

RSL Isis sub Branch holds commemorative services throughout the region in Childers, Doolbi, Apple Tree Creek and Cordalba.

See Page 5 of the newsletter for times and specific addresses.

Childers National Seniors Branch members are encouraged to support the nearest service.



AT A GLANCE

Wednesday 1st & 29th April

9.30am-12.30pm

Digital Skills Workshops continue

Isis Club, 75 Churchill St, Childers

Digital Skills Workshops 1st & last week of April

There will be no Digital Skills Workshops on the 8th, 15th or 22nd April to allow for school holidays.

Keep in touch during the break so you don't lose momentum

Thursday 2nd April

10am - 11am

Pre-Easter Catch up

Isis Club, 75 Churchill St, Childers

join members for the regular catch up

It's the day before Good Friday, so come along for a chat, get to know each other.

What's on your mind? Need support with something? Want to share what brings you joy?

Thursday 2nd April

11am-12.30pm

Would you like to be part of the solution to end homelessness in the region?

Isis Club, 75 Churchill St, Childers

Meet with Wide Bay Zero Service Coordinator, Jodie Price to find out what's already being done to help end homelessness.

Every little bit helps.

WIDE BAY

ZERO



ENDING HOMELESSNESS IN OUR REGION

Regular Catch Up - April 2026

Thursday 2nd April 2026

10am-11am

Isis Club, 46 Churchill St, Childers. QLD

RSVP to Desley 0419 817 973

Cost: free

Buy your own drinks and eats.



**Regular catch up is 10am-11am
followed by special guest speaker
11am-12.30pm:**

Jodie Price, Service Coordinator, Wide Bay Zero

**Would you like to do something—big or small—to help end
homelessness in our region?**

As promised, the Childers National Seniors Branch April catch-up will begin as a relaxed “let’s just chat and get to know each other” session from 10.00–11.00 am.

With Easter approaching, and mindful that many people experience homelessness during this time, members felt it was also an opportunity to learn more about how the Branch might contribute to ending homelessness in the region—particularly for women over 50.

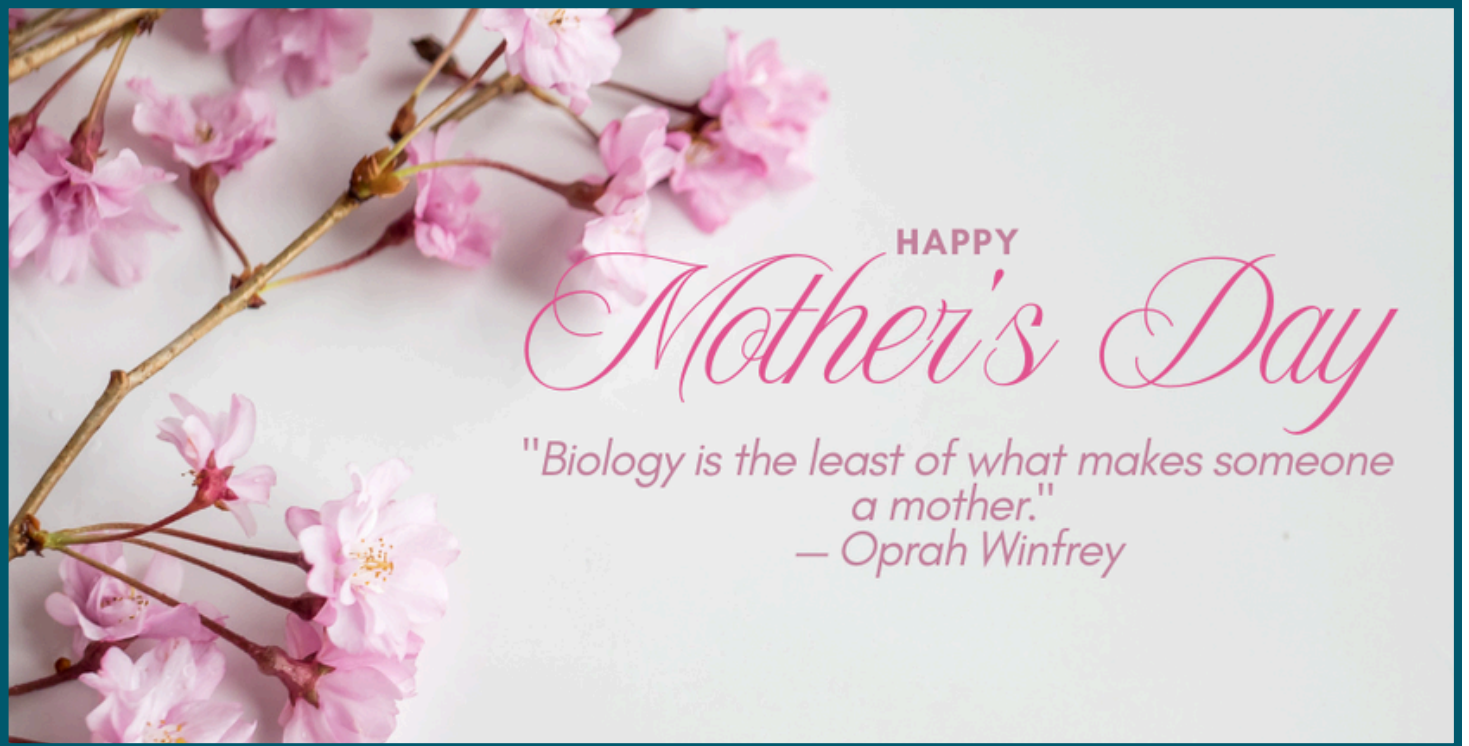
From 11.00 am, Branch members are delighted to welcome Jodie Price from Wide Bay Zero, who will share an overview of the campaign and its current focus. The initiative is in its foundational phase, working to target what’s needed, strengthen local partnerships, and raise awareness of homelessness and its challenges.

Jodie’s presentation will be followed by an informal round-table discussion for anyone interested in learning more or exploring ways to get involved.

All are welcome—whether you’re simply curious or keen to contribute.



<https://nationalseniors.com.au/get-involved/branches/childers-social-branch>



MAY 2026

Join us for a month of friendship, learning & laughter.



Date Claimers!

It's Small Business Month in May..and it's Mothers Day too.

Thursday 7th May 2026
10am-11.30am
Isis Club, 46 Churchill St, Childers. QLD
RSVP not necessary
Cost: free

A surprise guest speaker for the May event!

Mainly because they haven't confirmed yet. They will be entertaining and informative and share with attendees how they can help local small businesses succeed!

Happy Mothers Day to all the Mums out there!



Digital Skills Workshops Continue in May

6th, 13th, 20th & 27th May

Digital Skills Workshops with local facilitator, Robbie Tedge, (pictured) continue every Wednesday in May.

- 6th May - Connecting to Others
- 13th May - Researching Family History & Fun Things to Do with Photos
- 20th May - Digital Skills Checker
- 27th May - Catch up & Revision & perhaps a bit of fun!

Attendees are learning much more than expected!



LET'S DO MORE

WHY BE PART OF NATIONAL SENIORS AUSTRALIA & THE CHILDERS BRANCH?



Regular Catch ups

First Thursday of the month until November 2026
10am-11.30am

Isis Club, 46 Churchill St, Childers. QLD

RSVP to Desley 0419 817 973

Cost: free

Buy your own drinks and eats.

Every month, the branch holds a catch up on the first Thursday of the month at the Isis Club.

The format will generally be:

- Update/feedback on National Seniors Australia advocacy campaigns.
- A local guest speaker
- Update/feedback on local issues
- Win some prizes! Annie, pictured here won an NSA annual membership.

Members and guests are always welcome. Free to attend. Buy your own food and drink.



Stronger Together:

Building Community Through Local Partnerships

Childers Harmony Day held on Wednesday 18th March is a great example of what can be done when community works collaboratively.

Strong, connected communities are built through relationships, shared purpose, and local participation. Small not-for-profit (NFP) organisations such as Childers National Seniors Social Branch and other local NFPs play a critical role in fostering inclusion and pride of place by connecting residents, volunteers, and local businesses.

Through trusted partnerships, NFPs build community resilience and retain local social and economic benefits. As connectors, they support community-led events, skills-sharing initiatives, and local engagement.

Please contact the Branch to discuss ways to work together for community.

National advocacy update



Want to know more about how National Seniors Australia helps you?

National Seniors Australia (NSA) celebrates 50 years in 2026.

Success comes from results and the not for profit organisations continued advocacy on behalf of those most vulnerable - our seniors.

Current campaigns include: Aged Care; Better Housing; Essential Services; Retirement Income & Superannuation; Fix Pension Poverty; Health Costs; Keep Cash

If you'd like to know more about any or all of these campaigns, PLUS wins to date, visit the National Seniors Australia website. <https://nationalseniors.com.au/advocacy>

Contact Childers Branch to find out more about sponsoring printing of this newsletter each month.



Anzac Day Services

RSL Isis Sub Branch Inc. Childers
Saturday, 25 April 2026

Dawn Services

Childers: 5:00am – Eastern side of Isis Council Chambers

Doolbi: 5:00am – Doolbi Memorial

Apple Tree Creek: 5:20am – ATC Memorial

Cordalba: 5:40am – Cordalba Memorial Park

Parade

Marches off from North Street at 9:55am

Citizens' Service

Isis Cultural Centre following the Parade.



National Seniors Australia is urging retailers who accept cash to proudly display our sticker.

Register for bumper stickers and retailer stickers to distribute in your local area.

Visit our **KEEP CASH** campaign page: [bit.ly/3wEOLGu](https://nationalseniors.com.au/get-involved/branches/childers-social-branch)



<https://nationalseniors.com.au/get-involved/branches/childers-social-branch>

PAST EVENT SNAPSHOT!



Digital Skills Workshops a Success

So very pleased to report that the free digital skills workshops held at the Isis Club during March and continuing through April & May have been a wonderful success.

Here is just as small snapshot of the positive feedback:

"I was a bit wary as I thought it may be beyond my tech knowledge but was delighted when I was able to easily negotiated the tasks."

"Everyone was happy and chatty, more relaxed now that we all know what to expect. The room was better too." (Week Two)

It's not too late to join the group.

It's a friendly bunch and you will be welcomed with open arms. Pictured here are participants Helen, Pam & Carly having a bit of fun with the Keep Cash picture frame.

Here is the link to book.

<https://events.humanitix.com/digital-skills-challenge-fun-facts-and-online-safety-or-free-workshops>

or search Digital Skills Childers and you should be able to find it. If you need help, please email and someone will get back to you:

email: seniorsbeconnectedchilders@outlook.com

Thanks so much to March Branch Catch Up Guest Speaker, Jolene Watson, Community Arts Development Officer from Bundy Regional Council. We'll want you back again!

ANNOUNCEMENTS

DID YOU KNOW THAT CHILDERS MEDICAL IMAGING CAN DO THIS?

X-RAY

- Hand, wrist, scaphoid, forearm, elbow, humerus
- Foot, ankle, leg, knee, femur with weight bearing views
- Shoulder, scapula, clavicle
- Hip joint, pelvic girdle
- Mandible, Skull, Nose, Eye (for foreign body)
- Spine - cervical, thoracic, lumbosacral, sacrococcygeal
- Bone age study
- Lateral soft tissue neck
- Chest, ribs, thoracic inlet
- Plain abdomen, erect and supine
- Foreign body localization
- Weight bearing views
- Chiropractic spines
- OPG (Orthopantomogram) - open & closed TMJs & Lateral Cephalogram
- Bone Densitometry

ULTRASOUND

- Abdominal, Urinary tract (renal) (KUB)
- Male pelvis, including prostate
- Female pelvis, including transvaginal ultrasound
- Obstetric (all trimesters)
- Scrotum, Neck, Breast
- Vascular examinations, using colour and spectral Doppler, including:
 - Aorta, Iliac, Carotid, Vertebral, Leg and arm arteries
 - Leg and Arm veins (DVT)
 - Shoulder, Hand or wrist, Forearm or elbow, Chest or abdominal wall
 - Hip or groin, Buttock or thigh, Knee, Lower leg
 - Ankle or hindfoot, Mid or forefoot, Masses or lumps
 - Echocardiograms

CT SCANS

- Chest, Abdomen/Pelvis, Chest/Abdomen/Pelvis, CT IVP
- Brain, Neck
- Angiograms – CTPA, Circle Of Willis, Abdominal & Thoracic Aorta, Renal & Carotid/Vertebral Arteries, Aorta Bi-Femoral (Legs)
- HRCT, KUB, Sinus, All regions of the Spine
- All Extremities eg: knees, hands, wrists, shoulders etc

There's not much they can't do, but if you are unsure, drop into the friendly team at CMI in Ashby Lane and they'll be happy to review your referral and advise you where to go if they can't help.



What is a Social Branch?

The social branch structure is more relaxed, requiring volunteers to do the fun things like organise activities and maintain contact with members and NSA.

No bank accounts! No committee! No reporting requirements! How good is that?

Branch Contact Details

Desley Cowley

Childers Social Branch Volunteer

0419 817 973

E: ChildersNationalSeniors@gmail.com

F: Childers National Seniors Social Branch

W: <https://nationalseniors.com.au/get-involved/branches/childers-social-branch>

<https://nationalseniors.com.au/get-involved/branches/childers-social-branch>



Advance Care Planning

Are you prepared?

Have you completed your Advance Care Plan?

Do you know what one is? Join us for an informative session about the care 'industry', advance care planning, including an overview on how to complete and where to find the following Queensland Advance Care Planning documents:

- Advance Health Directive
- Enduring Power of Attorney
- Statement of Choices
- Voluntary Assisted Dying (VAD)

Thursday 23 April 2026

9.30 - 11.30 am

Childers Neighbourhood Centre
69 Churchill Street, Childers

FREE! Bookings required

RSVP by Tuesday 21 April to the Childers Neighbourhood Centre on 4130 4690 or email cnc@bundaberg.qld.gov.au