

National Seniors

Australia

Cairns Tropical Branch July 2025

Branch No 999996

President: -Owain Froud

Email: cairnstropical.nsa@gmail.com

Our Branch meets on the 3rd Thursday of each month at *Cominos House*

27 Greenslopes Street at 2.00pm - \$2.00 levy per person

Raffles: 3 tickets for \$5.00

2.00 – 2.10 pm. Sign in. 2.10pm Guest Speaker 3.00pm members meeting

-----Activities-----

Thursday 17 July

Members Meeting 2.00 pm

Guest Speaker

Richard Guay

Author / Speaker “Vietnam Warhorse”

A Huey Pilot’s Memoirs

Sunday 3 August

Lunch 12.00 pm

Dunwoodys Hotel

317 Sheridan Street

Cairns North 4870

National Seniors

Australia

The Cairns Tropical Branch Annual General Meeting was held Thursday 21 November 2024

President: **Owain Froud**

Vice-President: **Vacant**

Secretary: **Judy Powell**

Treasurer: **Denise Neumann**

Activities: **Margo Mackenzie 0427 739 070**

Committee: **Shirley Arrowsmith**

Members meet 2.00pm 3rd Thursday each month

Committee meets 3.00pm 1st Thursday most months @ Cairns RSL

ACTIVITIES & EVENTS! COME ALONG, RELAX, ENJOY

Join Now NSA 1300 76 50 50

JOINT MEMBERSHIP as at December 2023

- | | | |
|---------------------------|---|-------|
| • 1 Year Joint Membership | = | \$80 |
| • 2 Year Joint Membership | = | \$143 |
| • 3 Year Joint Membership | = | \$325 |
| • 5 Year Joint Membership | = | \$325 |

SINGLE MEMBERSHIP

- | | | |
|----------------------------|---|---------|
| • 1 Year Single Membership | = | \$49.50 |
| • 2 Year Single Membership | = | \$88 |
| • 3 Year Single Membership | = | \$120 |
| • 5Year Single Membership | = | \$220 |

Who is responsible for the dissemination of information regarding services available and is it all available at the one point?

There are many services that provide information on health, aged care and community services. You may consider contacting the following organisations or asking others within your community about where they get their information from.

- **Seniors Enquiry Line** is a statewide information and referral service for Queensland seniors, families, friends, grandparents and carers. Anyone can call the Seniors Enquiry Line – you don't have to be a senior. One call can put you in touch with a person who can provide information and referrals around a broad range of topics. View seniorsenquiryline.com.au or call 1300 135 500.
- **My Aged Care** – This is the Australian Government's starting point on your aged care journey. View www.myagedcare.gov.au or call 1800 200 422.
- **Carer Gateway** - This is the Australian Government's starting point for assisting carers. View www.carergateway.gov.au or call 1800 422 737.
- **Queensland Government Support for Seniors** - To access support provided by the Queensland Government, view www.qld.gov.au/seniors or call 13 74 68.
- **Your local Neighbourhood or Community Centre** – You can search for your closest Neighbourhood or Community Centre or Community Group at www.qld.gov.au/community/your-home-community/groups-in-your-community/groups or by calling 13 74 68.
- **Your Local Council** – Your Local Council may have a senior's program, or their phone line may be able to provide you with information on who to contact. The library can also be a good source of information.

Queensland Government

Seniors Enquiry Line

1300 135 500

www.seniorsenquiryline.com.au