

Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

Postal address: PO Box 141 Hillarys 6923

April 2021 Newsletter – Issue 184

Presidents Report:

Here we are nearly a quarter of the way through 2021 and such a lot has happened in these few months. With a Perth and club shutdowns, a few Covid scares, and the state election. Just seems to be one thing after another but didn't the early voting program make the experience a whole lot easier? March is generally a very hot month, all school teachers and students understand that, and this year is certainly no exception. So be sure to be sun smart over the next few months. We are still bound by some Covid restrictions so please make sure you follow the protocols when you attend our meeting next month.

Several Members of our club attended the funeral of Wendy Lunt last week. It was a beautiful service and Wendy will be missed by her family and friends. It is sad that we only hear about the fulfilling and productive life a member has lived at their funeral. The Order of Service will be available on the table at the next meeting.

Messages from Head Office

The WA Policy Advisory Group (PAG) is looking to expand its membership and hence is seeking to recruit new members who have an interest in issues affecting the over 50s in WA. Under PAG guidelines, PAGs can be between 4 and 12 members and the WA PAG sometimes falls below the minimum number when PAG members have other commitments at the time of meetings.

PAG duties are not onerous. Membership of PAG involves attending 3 or 4 meetings per year, participating in the discussion on agenda items, commenting from time to time on papers such as election issues, inquiries, budget submissions etc and raising any issues relevant to the role of PAG from your experiences.

If you believe you have an interest in Policy formulation on issues affecting Seniors please make contact with June MacDonald Chair of the WA PAG on 0416 208 154 and she will be happy to discuss with you any questions you may have in relation to PAG and the process that is involved in becoming a member of the Policy Advisory Group.

Celebrating Seniors Week Handbook

This is now available for your perusal. A hard copy of the Handbook will be available at the meeting in April and there is also one USB drive containing videos of the Key Note Speakers over the 3 day Program. If you would like access to the videos please let me know at the meeting and you will be able to borrow the USB drive to pass along.

For those of you that weren't at the general meeting in March I'm informing you that Jan Jones has stepped down as secretary. I'd like to thank Jan for her efforts over the past 18 months. I also need to acknowledge the rest of the committee who have stepped up to the mark to ensure that there are no disruptions to the operation of our club.

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Stay Happy, Healthy and Safe

Cheryle Medcalf

Hillarys Branch celebrates 17 years April marks the 17th year since our club's inauguration. As such we will be having a little bit of a special morning tea. If some of you that would like to bring a small plate to share, that would be much appreciated.

Public Service Announcement – Identity theft

I was the unfortunately victim of identity theft. Without going into the details of what personally happened to me, I've compiled a guide on what you need to do if this should unfortunately happen to you.

1. It's probably going to happen in regard to a financial institution so the bank concerned is your first point of contact. You need to speak to their fraud department but you can't do that from home, you need to go to the bank in person with additional proof of your ID. You need to have your driver's license and your medicare card

The bank will call their fraud department, verify your identity, and put the phone on speaker so that their fraud department can question you.

2. You need to contact the Australia Cyber Security Centre and put in a report www.Cyber.gov.au

Phone: 1300 292 371

On the website there is a link that takes you to the 'report a cybercrime page'

They will get back to you with an Incident Report Number. That's very important as it's your proof that you have reported this incident.

3. You need to contact Equifax and request a credit report on your name.

www.equifax.com.au

Phone: 138332

If there is evidence of financial fraudulent activity you need to contact any/all of the financial institutions.

You then need to request that Equifax lock up your credit for 12 months. This is very easy to do via the website

4. You then need to contact ID Care which is Australia and New Zealand's national Identity theft Support service

www.idcare.org

Phone: 1800 595 160

Perth office: (08)70787741

They will give you a reference no and a wealth of helpful information and support.

If any of your financial institutions are unhelpful to you or do not appear to conduct an investigation you can lodge a complaint with AFCA:

www.afca.au/make-a-complaint

One of the many annoying things about my situation is that my driver's license details were compromised and my driver's license details were fraudulently used. Even though a criminal activity had taken place it's impossible in Australia to change the number on your Driver's License.

Wendy Elizabeth Lunt age 85 years passed away at 3am 28.3.2012

I first met Wendy in the early years of Osborne Park Hospital, (it was bushland then) where we were both working. Back then we lived in the Hospital Nurse's Quarters. Off duty we would socialize when meeting up in the sitting room. Often, we would go out together to a variety of entertainments, which was good to get to know one another outside the work place.

It was the beginning of my good friendship with Wendy. However, I moved on from Perth, and over the years I went to other places, such as interstate, NZ, and the UK. During that time, we did keep in touch.

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In later years I decided it was time for me to put down some roots and I returned to W.A. where I resumed my association with Wendy. We had similar interests, except when it came to sport, the difference being she preferred cricket and I preferred football. We have done considerable travel together, overseas and other states of Australia.

Unfortunately, Wendy became unwell having developed Pulmonary Artery Hypertension and required breathing assistance with the aid of continuous oxygen, this caused considerable changes to her life. However, she managed to do what she could, depending how she felt at the time. Management of the oxygen equipment could be frustrating for her at the times when it wasn't working properly. In early December 2020 she had a fall in her back garden, which became the beginning of the decline in her health. She was admitted to R.P.H. then transferred to S.J.O.G. Mount Lawley and finally to Mosman Transitional Care.

She was never going to recover enough for her to go home and care for herself and the only other alternative was to be admitted to a nursing home. This of course did not come to be, because she developed Pneumonia and was transferred to I.C.U at S.C.G.H. where she took her only other alternative and that was to just quietly slip away.

Wendy was a very loving and caring person to her family and a good friend to me. She helped me out on several occasions when I needed someone like her to give me a hand up. I shall miss her very much.

Veronica Brusaschi

Membership Renewals

One year – \$45 single or \$75 joint m'ship.

Two years – \$80 single, Save \$10 or \$125 joint m'ship, Save \$25.

Three Years - \$99 single, Save \$36 or \$149 joint m'ship, Save \$76.

Five years – \$195 single, Save \$30 or \$295 joint m'ship, Save \$80.

Payable at branch Meetings or send to National Seniors Australia,
Reply Paid 1450, Brisbane QLD 4001.

Members who use internet banking, can use Electronic Fund Transfer (EFT) facility to pay for Membership Renewals, name badges, events that require prepayment, etc.

Account Name: National Seniors Assoc Hillarys.

BSB: 036-226 A/C No: 24-9794

Please include Surname and keyword in the transfer.

Do NOT combine payments for multiple functions, only pay for one function at a time.

Name Badges: please contact our Treasurer Joe Varischetti who will order these for you, cost is \$10.

Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.



Members celebrating birthdays for April

18th April: Lynette Brooks

27th April: Dorothy Francis

28th April: Robyn Love

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6th April: Christine McWaters
21st April: Michael Morland
1st April: Wendy O'Sullivan
14th April: David Riding
27th April: Helen Steyn
23rd April: Elizabeth Whitehead

Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

For Your Calendar

Next Meeting: Wednesday 7th of April

Time: 10am.

Followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

Speaker: Belyssa Radzivanas

Topic: her research into the fascinating culture of Raqs Shari (Danse du Ventre or Belly Dance) and the everyday dilemmas of an artist's career in the Middle East and Western society. She will share her knowledge of Bedouins, belly dancers, walzing and long nights in the Egyptian deserts.

Social Events

Outings:

These bookings are very much reliant on any Covid restrictions imposed at the time

Limelight Theatre

When: 10th April

We now have 16 people attending the Limelight Theatre Production of 'One For The Road' on the 10th of April. I am not able to purchase anymore tickets for this show. I will be in touch with the participants to this outing a bit closer to the date regarding payment.

Craigie Ground Water Treatment Plant

AND for those who want to continue with

Lunch at Northshore Tavern 20th May

When: 20th May

Visit the Water Corporation's Groundwater Replenishment Visitor Centre and find out about water recycling and how groundwater replenishment plays a role in sustaining Perth's water supplies. This is a really interesting tour of this facility conducted by guides who really know how to impart relevant and interesting information. Participants will be taken on the water cycle journey through the use of interpretive walkways, a purpose-built multimedia centre and viewing stations. The tour will provide participants with an understanding of wastewater treatment processes, water recycling processes and how groundwater replenishment can play a role in sustaining Perth's water supplies.

Follow the link for more detailed information

<https://www.watercorporation.com.au/-/media/WaterCorp/Documents/Education/Incursions-and-excursions/GWR-visitor-centre-site-information.pdf>

His Majesties Theatre

When: 15th June

We have a tentative booking on the 15th of June to participate in the GRAND HISTORICAL Tour of His Majesties Theatre Perth. Duration 2 hours. Adults \$25. Concessions \$20. The company is only able to confirm the booking date one month prior, this of course, is due to the availability of the theatre. If there are rehearsals or performances at this time, we will have to choose another date.

"Ivan King OAM, His Majesty's Theatre's Theatre Historian, takes you on a gossipy and anecdotal wander through ten decades of colourful show-business history, viewing front-of-house, auditorium, stage, and backstage spaces. You will also be able to view memorabilia from the Museum of Performing Arts collection. The tour

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commences in the ground floor foyer and is only suitable for and is suitable for able walkers as staircases need to be navigated.

Remember, to add your name to the lists at the meetings, or, contact Nita on 0400 063 143 for Dinners or Robyn on 0427 478 681 for lunches and Cheryle on 92064918 for outings.

Monthly Dinner – A time for members to celebrate a birthday, anniversary, or just “celebrate life” fellow members and friends.

When: Saturday 24th April

Where: Currambine Tavern

Time: 6:30pm

Please contact Nita (Mobile Ph 0400 063 143) if you wish to attend.

April’s BiMonthly Lunch: A time to have a social get together lunch with a bunch of your fellow members and friends.

When: Sunday 11th April.

Where: Edgecombe’s Winery
1733 Gnangarra Rd,
Henley Brook

Time: 12 noon

Please contact Robyn (mobile 0427 478 681) if you wish to attend.



Monthly Morning Tea

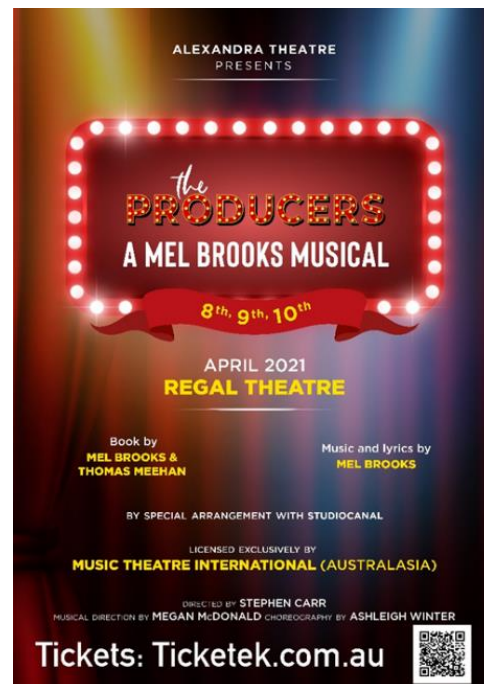
Please join Judy Varischetti and other Branch members in a pleasant morning of stimulating conversation. Please wear your name badge. Friends are also most welcome.

This is a great little social occasion to catch up with other members for coffee, cake and a chat. A very pleasant time is always had by all.

When: Friday 16th April, 10am

Where: Shingle Inn at Whitford Shopping Centre.

THE PRODUCERS



A number of members have already booked their tickets for “The Producers”. Anyone interested in going should book tickets via the link.

Graham and Marianne’s daughter and partner are in the chorus. 8 - 10 April at the Regal Theatre. Book now while tickets are still available.

When: 8th to the 10th April

Where: Regal Theatre

Perth at Home Theatre Inc presents “Stories from the South West”

Stories from the South West’ is a collection of three plays filmed on location by Perth at Home Theatre Inc. All three plays are by local playwrights with actors from Perth and Bunbury.

At The Lighthouse, set at Cape Leeuwin Lighthouse, is about Chloe (Michelle Ezzy) a teacher who misses the evacuation train during

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a cyclone and seeks shelter with Henry (Thomas Dimmick), the lighthouse keeper.

Busselton Jetty 1969, follows Dr Amanda Kingston (Ash Jackson) as she relives her memories of summer on Busselton Jetty in 1969 with the assistance of a technology known as Nostalgia Unlimited.

The Way Up is a bar comedy filmed on location at the Margaret River Hotel. American comedians TJ (Sean Wcislo) and Eddie (Alan Gill) have failed on the US comedy scene and head to the South West to try their hand at local humour.

The play collection is available on YouTube;

www.youtube.com/playlist?list=PLNYJ_aVggeg_xkKmGRDYtOHN4kV-j951hQ

Helpful Information

Elder Abuse Helpline WA: 1300 724 679
Seniors Card (WA): 6551 8800
Centrelink (Retirement): 132 300
Employment Services: 132 850
Seniors Info Services: 6551 8800
Older People's Rights Services: 9440 1663
Aged Care Complaints Commissioner:
1800 550 552
National Carer Gateway: 1800 422 737
Dept of Veterans Affairs: 133 254
Dementia Australia - 1800 100 500.
Justice of the Peace - Saturday Morning at
Joondalup Library. 10.00am – 12.30pm
Woodvale Library 9.30am – 11.30am
WA Scam Internet Site:-
www.scamnet.wa.gov.au

Newsletter Submissions:

All Submissions for the May Newsletter need to be in by the 28th of April.

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Thanks to Jessica Stojkovski for the printing of our newsletter.

