

Brighton Newsletter

August 2021

National Seniors

Australia

COVID Requirements

Due to the Covid 19 Lockdown and restrictions, we had to cancel our July Branch Meeting and the Birthday Luncheon. The Branch Meeting on 17 August can go ahead based on current rules. but as we know, things can change quickly.

To enter the Branch Meeting, you need to use your Smart Phone and use the QR code for Brighton Seniors, which will be displayed on the door of the Lighthouse Centre. If you do not have a Smart Phone please register your attendance manually on the list in the foyer.

Under current rules we can have 90 members in the Lighthouse Church. Masks will have to be worn, unless you have permission from your doctor not to wear one, due to a medical condition. Social distancing, as far as practical will also apply.

Masks can be removed while having Morning Tea. You will need to be seated in either the hall or church when having your morning tea.

If things change, we will send out an email and ring those members who do not have an email.

Branch Meeting, Tuesday 17 August 2021

Shani Wood, Environmental Officer, City of Holdfast Bay, will teach us about which bin takes which rubbish. This talk was originally planned for July, but the Covid lockdown meant the session could not be held then.



The meeting starts at 10am at the Lighthouse Community Church, corner Jetty Road and The Crescent, Brighton on the beach side of the railway line. Arrive from 9.30am to allow time to complete the COVID entry requirements.



At the Branch Meeting we will celebrate the 20th year that the Brighton Branch of National Australia Seniors has been in operation. To mark the occasion there will be a Birthday Cake to commemorate this milestone and the cake will be shared with the members present. Roger Baker and Ray Edwards, both past Branch Presidents will jointly cut the cake.

After the Meeting, members can enjoy lunch at the Morphett Arms Hotel, 138 Morphett Road, Glengowrie. The Seniors Meal is \$17 and this includes Soup and Main Course. For \$23 you can have Soup and a Steak Meal.

Payment for the Door Entry fee \$5, your annual subscriptions and outings can now be all made by the tap and Paywave method using a Credit or Debit Card.

Catering Helpers 17 August

Lleyan Adams, Catering Coordinator will directly contact members who have indicated that they can assist with Morning Tea. If you would like to be on the Morning Tea roster, speak with Lleyan or phone her on 0422 288 151.



The Walking Group meet 9.30am every Tuesday except when there is a Branch Meeting. On that week the group meet the following day. On Wednesday 18 August, meet at Oaklands Reserve (off Oaklands Road, Marion opposite Hendrie St). Meet near toilet block, walk to Finniss St, have a coffee break and return to Oaklands Reserve.

The contacts are Barbara Hansen 8295 4965 and Dawn May 8296 5031.

Upcoming Activities

- **25 August – Birthday Lunch.** The postponed Birthday Lunch, will replace the planned Train Trip, Shopping and Lunch at Colonnades that had been scheduled for that day. An update will be provided if we have to cancel the Birthday Lunch. Look forward to seeing you at The Junction, Morphettville Racecourse, 470 Anzac Highway, Camden Park. Arrive from Noon for 12.30 start. Order and pay on the day.

- **Tuesday 21 September – Branch Meeting**



A local historian David Jarman will give us an interesting talk about the background to the historic buildings along North Terrace, Adelaide.

- **Wednesday 29 September – Bus tour to Barossa Valley.** Leave 9.00 am – return 4.30 pm. Visit Lavender Factory including Morning Tea, walk around Tanunda, lunch at the Club House Tanunda and visit Barossa Valley Chocolate Company. Cost for tour is \$35 with people paying for own lunch.


- **Tuesday 19 October – Branch Meeting.** Richard from Rick O'Entertainment will sing to us featuring songs which many of us will know. Come along and sing along.



- **Friday 22 October – Parliament House Visit.** The tour starts at 9.45 am and lasts for one hour. There is a limit of 28 people, so put your name on the booking sheet.

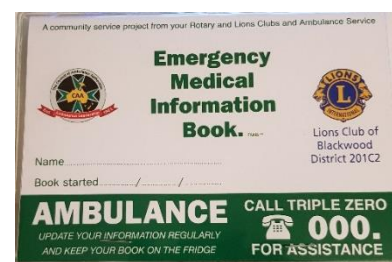
- **Wednesday 24 November – Cummins Historic House** -Tour starts at 10.30am and includes Devonshire morning tea. Cost is \$10 per person. Transport by car. Cummins House is located at 23 Sheoak Avenue, Novar Gardens.



-  **30 November - Christmas lunch at Club Marion, 262 Sturt Road, Marion.**
Our Christmas Lunch is always a joyous occasion. Members bring along items for the big raffle and there are usually many items included in the raffle. Mark the date in your diaries.

Information Corner

Rotary and Lions Clubs in conjunction with Paramedics have developed an **Emergency Medical Information Book**. In it you write details of your medications and other relevant medical history. Place the Emergency Book which has magnets on the back, on your fridge. If you need an ambulance, this is the place that the Paramedics will look to find it, and take it with you in the ambulance to hospital. We have copies of the Emergency Book available for \$2.



Contacts

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