

DIARY DATE CLAIMERS: All bookings/queries/payments please see John C.

September 11 ANNUAL BBQ: 10am at John Leitch Memorial Park Leitch's Rd South, Albany Creek. BYO drinks, picnic gear including cutlery & plates.....\$12

October 16 BRING & BUY: Food & Homemade Items

October 23 BUS TRIP:.....TBA

December 4 CHRISTMAS LUNCH @ GEEBUNG RSL:.....TBA

COMMITTEE MEMBERS: All correspondence please email: nsachermside@outlook.com

President: Barbara Coleman
M: 0413 494 693

Secretary: Vicki Beardmore
M: 0421 630 742

Treasurer: Sue Webster

Membership: Jeanette Daff
M: 0423 579 621

Guest Speakers: Vicki Beardmore
M: 0421 630 742

Activities: Karlotta Reeves
M: 0410 699 300

Tours: John Canterbury
M: 0411 046 179
Email: jncgrange@optusnet.com.au

Welfare Officer: Jenny Tidey OAM
M: 0409 108 358

Newsletter: Alayne Brown
M: 0413 317 690

VENUE REMINDERS:

* If the main doors are closed, enter via the Newman Rd entrance of The Cove Kitchen & Bar.

* **MEETING PARKING:** Car park entry off Newman Rd.

* **BUS TRIP PARKING:** Carpark in Collings St adjacent to the trainline.

* **BUS PICK UPS:** Wait at the BCC bus shelter on Newman Rd opposite the club carpark entry.

GENERAL REMINDERS:

Check your NSA Membership validity and renewal dates and renew if req'd. If unsure, please see Jeanette Daff (Membership).

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, PLEASE wear your NSA name badge on all outings.

To order and purchase a badge, please see Sue Webster (Treasurer).

For payment of an event, please do **ONE** of the following ASAP:

- CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount enclosed
Please give the envelope to John C (Tours) who will issue a receipt.OR.....
- BANK TRANSFER:** Please record your name in the "details section" of the transfer.
Acct Name: National Seniors Chermshire
BSB No: 084150 **Acct Number:** 047984369

For lunch reservations, please put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.

If you're aware of a member who is unwell, please let **Jenny Tidey OAM** know immediately, so that she can contact them.

For apologies, if you're unable to attend a meeting and if your contact or address details have changed, please let **Jeanette Daff** our **Membership Officer** know ASAP.

If you have info for the Newsletter and/or need a lift to the meeting or to any of the social outings, including the bus trips, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.

NSA Our Generation Magazine: <https://nationalseniors.com.au/news/>

****You can't turn back the clock, but you can wind it up again!****

PUZZLE SOLUTIONS:

WORD PYRAMID

TOR
THOR
NORTH
THRONE
ANOTHER
ANTIHERO

WORD LADDER

SPEAR
SWEAR
SWEAT
SWEET
TWEET

My grandson was visiting one day when he asked, "Grandma, do you know how you and God are alike?" I mentally polished my halo while I asked, "No, how are we alike?" "You're both very very old!"

"True leadership isn't about being in charge, it's about taking care of those in your charge."

DAVID MELTZER

National Seniors AUSTRALIA

CHERMSIDE BRANCH: PO Box 2073, Chermshire Qld. 4032

Web Page: nationalseniors.com.au/get-involved/branches/Chermshire.

Meeting Venue: Geebung RSL, Newman Room, 323 Newman Rd, Geebung.



NEWSLETTER – August 21, 2025

Good Morning Members & Guests

At our Annual General Meeting today, NSA's Karen Furnivall will present 4 members (Pearl Arnold, Carolyn Bohl, Pat Felsch and Barbara Rattenbury), with 25 year Membership Certificates and badges. She'll also present badges to our elected Committee members. We have placed 2 copies of the Annual Report on each table for perusal. All Committee positions - except the Guest Speaker role - have been filled. Please consider helping us out?

NSA has advised that there will be changes to the Support at Home Services which will come into effect in November. Please check with your Home Service Provider if these changes will affect you.

Another reminder to be alert to Scammers and especially be wary of links in emails or texts. Remember, It's OK to hang up, delete or ignore a suspicious message or call. Always question and check before responding. Also consider blocking the caller, to hopefully prevent future nuisance.

Hope you are all keeping well. Take care.

Barbara Coleman

President

TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

Our Guests: There will be a presentation of badges to elected Office bearers by NSA's Karen Furnivall. Tiona Evans from Smart Services Qld will speak about various discounts available to Seniors from the State Govt.

NOTE: Karlotta has made a lunch booking **downstairs at The Cove Kitchen & Bar** after today's meeting. If you'd like to stay on for a meal, chat or just a coffee, you're most welcome to join.

TIP OF THE MONTH: GENTLE EXERCISE

Limit time spent outside on windy or wet days. Ensure you maintain some light physical activity and keep moving to generate body heat. Activities such as chair yoga, gentle stretching or a short walk, will keep the blood circulating and joints moving, which helps maintain muscle strength and general well-being.



AUGUST BIRTHDAYS:

Chris Acworth, John Canterbury, Dianne Cook,
Barry Curtis, John Lisson, Denise Martin, Laurelle Williams

CONGRATULATIONS TO ALL!



Peridot, the Birthstone for August, is a semi-precious gemstone primarily consisting of olivine, magnesium, and iron. The amount of iron present gives peridot its unique colour and lustre.

Please bring a container if you'd like to take home any leftover morning tea scones or slices.

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

NOTES FROM THE LAST MEETING:

- ❖ **Attendance:** 44 Members incl 3 new members (Noelle Wardle, Barry Curtis and Dianne Harkin); **Apologies received:** 13; **Visitors:** 6 (Tony Burke, Robyn Caswell, Lillian Cusack, Linda Lucas, Eileen McDonald and Bev Milgate).
- ❖ Charlotte Sale from The Qld Family History Society presented an interesting talk entitled, "Who do you think you are? Starting a family tree & finding your family history". She shared many resources and tips on where to begin to find information about your family both in Qld and throughout the world. This may become your new interest and hobby!
- ❖ **OPEN DAY** August 30 10am – 3pm. Remember to visit the QFHS Open Day nearby at: 7th Brigade Park, 46 Delaware St Geebung. www.qfhs.org.au or ph: 3355 3369 for information.



John Lisson and Vicki Beardmore for donating stamps – much appreciated.

ACKNOWLEDGEMENT & SPECIAL THANKS:

June Kerrigan for her dedication and compassion in her role as the Club Welfare Officer from 2019 – 2025

Donations of Concession Stamps are always welcome for our member mailouts.

SOCIAL MEETINGS, MORNING TEAS & LUNCHES

Aug 28 11.30am LUNCH The Gibson 352 Stafford Rd, Stafford

Sept 4 1pm COMMITTEE MEETING Geebung RSL (12pm lunch prior)

Sept 11 10am BBQ LUNCH John Leitch Memorial Park, Leitch's Rd Sth, Alb Ck...\$12

Sept 18 10am SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10
Lifetec specialise in helping people choose the right assistive tech & home modifications for their needs. Jennifer Poppe will advise us of the upcoming Support at Home changes as well as how we can plan and budget for future assistive needs.

Sept 25 11.30am LUNCH Stafford Tavern 51 Webster Rd, Stafford

Oct 2 1pm COMMITTEE MEETING Geebung RSL (12pm lunch prior)

Oct 9 11.30am LUNCH Zillmere Sports Club 340 Zillmere Rd, Zillmere

Oct 16 10am SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10
Bring & Buy Food & Homemade Items
Mike Gilmour, President of the Qld Wattle Association will speak on the history and importance of the Golden Wattle as the floral emblem of Australia.

Oct 23 BUS TRIP Mystery Destination.....Details TBA

Oct 30 11.30am LUNCH The Homestead Tavern Hotel 114 Zillmere Rd, Boondall

CITY HALL CONCERTS Tues 12 - 1pm (free) Full details: www.brisbane.qld.gov.au/events

Aug 26 The Aust Piano Duo Festival

Sept 2 Australia Army Band Brisbane

Sept 9 David Bailey: Silent Movies

Sept 16 The Telephone

Sept 23 Invoices

Oct 7 Musical Tour through the Decades

Oct 14 Artemii Safonov

Oct 21 Fab Hits of the 50's, 60's & 70's

Oct 28 Hope: Lost and Found

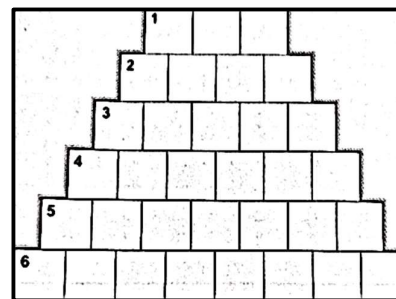
Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

CHRISTMAS IN JULY: Bus Trip Fox & Hounds, Mt Tamborine July 24



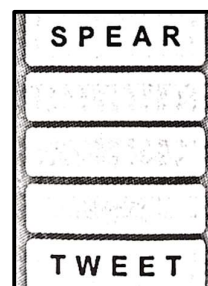
WORD PYRAMID

Each step from top to bottom is an anagram of the previous clue, plus one extra letter.



CLUES:

1. Craggy hill
2. Norse god of Thunder
3. Compass point
4. Sovereign's chai
5. One more
6. Lead character lacking courage



WORD LADDER >

Change one word into another by altering a single letter at each step, from top to bottom.

FUNNY SIDE

It got so crowded in heaven one day that God decided to only accept people who'd really had a bad day on the day they died.

St Peter was standing at the pearly gates when a downtrodden man came up to him. St Peter asked him: "Tell me about the day you died?"

The man said, "Oh, it was awful. I was sure my wife was having an affair, so I came home early to catch her with him. I searched all over the apartment but couldn't find him anywhere. So I went out onto the balcony - we live on the 25th floor - and found this man hanging over the edge by his fingertips. I went inside, got a hammer, and started hitting his hands. He fell, but landed in some bushes." He continued: "So, I got the refrigerator and pushed it over the balcony and it crushed him. The strain of the act gave me a heart attack, and I died."

St. Peter couldn't deny that this was a pretty bad day, so he let the man in.

Another man arrived looking scared. St Peter asked him about his day. The man said: "It was terrible. I was doing aerobics on the balcony of my apartment when I twisted my ankle and fell over the edge. I grabbed onto the balcony of the apartment below, but some maniac came out and started pounding on my fingers with a hammer. Luckily, I landed in some bushes, but then the guy dropped a refrigerator on me!"

St Peter couldn't deny that this was a pretty bad day so he let the man in.

Just then, a third man arrived at the gates of heaven looking very confused. St Peter asked the man: "Tell me about the day you died?" The man says: "OK, picture this, I'm naked, hiding inside a refrigerator..."