



**Be Connected**

Every Australian online.

**National Seniors**  
AUSTRALIA



# Your guide to getting online

**Where:** Oak Tree Retirement Village  
40 Foulkes Street, Norman Gardens

**When:** Mondays excl.PH (10am-11am)

**Come along Be Connected learning sessions – short, simple, and relevant - where you can learn how to use your mobile phone, tablet, or laptop with confidence. There’s an amazing range of courses you can choose from - all free of charge. Start with the basics, and work towards realising your full potential using your device and the internet. For more details — phone Judi on 0447 227 630.**

## Week 1 (1 hour)

**Take the first step .... GET STARTED ...**

Learn the absolute Essentials —  
to be confident using your  
desktop computer, laptop, tablet or  
smartphone

## Week 2 (1 hour)

**Learn how your device works ...**

More about your device,  
getting started online,  
completing online forms, using emails,  
and browsing the internet

## Week 3 (1 hour)

**Let’s learn how to stay safe online**

“why and how” of safe passwords,  
paying for goods safely online,  
some tips to avoid scams, and how to  
download and save files safely from the internet.

## Week 4 (1 hour)

**Developing your skills**

Social Networking with friends and family  
Using a digital camera and creating files  
Online Shopping

## Week 5 (1 hour)

**Everyone is different—  
How does it work for you**

Managing your data  
Ins and outs of Wi-Fi and Mobile Networks

## Week 6 (1 hour)

**Connecting with Others**

Downloading and using Apps  
Setting up, and making Video Calls  
Watching movies and listening to music

## Week 7 (1 hour)

**Online Hobbies**

Download and read books, newspapers  
and magazines  
Play games like Scrabble or Sudoku  
Learn to play an instrument  
Learn another language  
Tackle your Family Tree journey project

## Week 8 (1 hour)

**Where are you now??  
You are now confident to ..**

Plan and book that overseas holiday ..  
Book flights to Sydney,  
and tickets to the Sydney Opera House,  
or the “State of Origin” Final

