



Age well...love life!

Let's talk about how you can help improve your:

- joint pain
- fluid retention
- diabetes
- poor circulation
- arthritis
- cramps
- back pain
- sciatica
- hip, neck, knee pain
- decreased mobility
- tension / muscle stiffness
- sleep problems
- imperfect health

...and discover how you can add years to your life!

niagara Australian Therapeutic Solutions

Join us at the
November
'Catch Up'

Thursday 05 November
10am at the ISIS CLUB

FREE
COFFEE + TEA +
INFORMATION SESSION!

Guest Speaker:

Kylie Currey
Senior Therapy Consultant
Niagara Medical Therapy

