

## Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

Postal address: PO Box 141 Hillarys 6923

Newsletter proudly printed by **Jessica Stojkovski** Member for Kingsley

**KINGSLEY, GREENWOOD, WARWICK, WOODVALE**

4/923 Whitfords Ave. WOODVALE WA 6026

## December 2020 Newsletter – Issue 181

### Presidents Report:

This year has certainly been memorable and, as it draws to a close we can only hope that the coming year starts on a more positive note. Having said that, we have had a lot of outings in the way of dinners and lunches which were very well patronised. A big shout out to the committee members who work behind-the-scenes to ensure that all of our activities were well organised and progressed smoothly.

I'm looking forward to our Christmas Outing and our last gathering for the year ( I promise I'm not going to sing this time) . Let me just take this opportunity to wish you a very Merry Christmas and a Healthy, Happy and Prosperous New Year.

### Guest Speakers:

We have a range of interesting and informative guest speakers lined up for you in 2021.

Make sure you don't miss our first meeting on the 3rd of February.

Belyssa Radzivanas, a dance anthropologist, is coming to speak to us about Middle East Dance. Besides Bedouins, belly dancers, waltzing and long nights in the Egyptian deserts, Belyssa also looks forward to sharing her research into the fascinating culture of

Raqs Sharqi ( Danse du Ventre or Belly Dance) and everyday dilemmas of an artist's career in the Middle East as well as in western society.

### Make sure you are you eligible for the budget bonus payments.

National Seniors Australia wants self-funded retirees to check if they are eligible for the federal government's two \$250 budget bonus payments even if they don't think they qualify. The country's peak consumer group for older Australians says there are tens of thousands of seniors who don't realise they qualify because changes to deeming rates has improved eligibility for the Commonwealth Seniors Health Card (CSHC) and will miss out on a total of \$500. Self-funded retirees have until November 27, to be eligible and get the first \$250 payment.

### National Seniors Retirement Income Review

- Older Australians are not an 'economic time bomb' as has long been asserted.
- The aged pension is predicted to take up less of the Gross Domestic Product over the next few decades.
- The report predicts the cost to the taxpayer of funding the Age Pension will drop.

## National Seniors Australia – Hillarys & District Branch

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- Pension Loans Scheme could enable people to live more comfortably in their own homes and out of residential aged care.
- Retirees are fearful that the pension, health and aged care systems won't meet their needs.

Stay Happy, Healthy and Safe  
Cheryle Medcalf

### Cashless Society:

Whatever your preference this is something to think about.

Since the outbreak of Covid-19 there has been considerable talk in regard to moving to a cashless society.

A cashless society means no cash. Zero. It doesn't mean mostly cashless and you can still use a 'wee bit of cash here & there'.

Cashless means fully digital, fully traceable, fully controlled.

I think those who support a cashless society aren't fully aware of what they are asking for.

### A cashless society means:

- \* No more tuck-away cash for those preparing to leave domestic violence.
- \* No more purchases off marketplace unless you want to risk bank transfer fraud.
- \* No more garage sales.
- \* No more cash donations to hungry homeless you pass.
- \* No more cash slipped into the hands of a child from their grandparent.
- \* No more money in birthday cards.
- \* No more piggy banks or tooth fairy for your child.
- \* No more selling bits & pieces from your home that you no longer want/need for a bit of cash in return.
- \* Less choices of where you purchase based on affordability.

### What a cashless society does guarantee:

- \* Banks have full control of every single cent you own.
- \* Every transaction you make is recorded.
- \* All your movements & actions are traceable.

\* Access to your money can be blocked at the click of a button when/if banks need 'clarification' from you which could take weeks, a hundred questions answered & five hundred passwords.

\* If your transactions are deemed in any way questionable, by those who create the questions, your money will be frozen, 'for your own good'.

Just saying. :- don't shoot the messenger.

## Membership Renewals

**One year** – \$45 single or \$75 joint m'ship.

**Two years** – \$80 single, Save \$10 or \$125 joint m'ship, Save \$25.

**Three Years** - \$99 single, Save \$36 or \$149 joint m'ship, Save \$76.

**Five years** – \$195 single, Save \$30 or \$295 joint m'ship, Save \$80.

Payable at branch Meetings or send to National Seniors Australia,  
Reply Paid 1450, Brisbane QLD 4001.

Members who use internet banking, can use Electronic Fund Transfer (EFT) facility to pay for Membership Renewals, name badges, events that require prepayment, etc.

**Account Name:** National Seniors Assoc Hillarys.

BSB: 036-226 A/C No: 24-9794

Please include Surname and keyword in the transfer.

**Do NOT** combine payments for multiple functions, only pay for one function at a time.

**Name Badges:** please contact our Treasurer Joe Varischetti who will order these for you, cost is \$10.

## National Seniors Australia – Hillarys & District Branch

### Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.



### Members celebrating birthdays for November and December

- 1<sup>st</sup> December: Tricia Marnham
- 6<sup>th</sup> December: De'Arne Prosser
- 3<sup>rd</sup> December: Susan Sharland
- 25<sup>th</sup> December: Edward Sharland
- 4<sup>th</sup> January: Kerry Davis
- 22<sup>nd</sup> January: Jacqueline Demill
- 17<sup>th</sup> January: Graham Ezzy
- 25<sup>th</sup> January: Marion Howarth
- 22<sup>nd</sup> January: David Lane
- 16<sup>th</sup> January: Judy Varischetti
- 16<sup>th</sup> January: Nita Ward
- 2<sup>nd</sup> January: Lois Watkins

Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

### For Your Calendar

**Next Meeting:** Wednesday 3rd of February 2021.

**Time:** 10am.

Followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

**Speaker:** Belyssa Radzivanas

**Topic:** Middle East Dance

New members: we have a 'free table' set up at the meeting where members put items, for example books for anyone to take.

If you do bring items for the table and no one takes them you are expected to take them back home with you after the meeting.

### Social Events

**Remember,** to add your name to the lists at the meetings, or, contact Nita on 0400 063 143 for Dinners, or Jan for Lunches/Outings on 0407 426 191.

**Please Note:** Times TBA are because venues are affected by the pending COVID19 Phase 5 restrictions being lifted.

**Monthly Dinner** – A time for members to celebrate a birthday, anniversary, or just "celebrate life" fellow members and friends.

**When:** Saturday 19th December

**Where:** Kingsway Bar & Bistro

**Time:** 7:30pm (later time due to covid restrictions)

### January's Monthly Dinner:

**When:** Saturday 16<sup>th</sup> January 2021

**Where:** Kingsley Tavern

**Time:** 6pm

Please contact Nita (Mobile Ph 0400 063 143) if you wish to attend.



### Monthly Morning Tea

Please join Judy Varischetti and other Branch members in a pleasant morning of stimulating conversation. Please wear your name badge. Friends are also most welcome.

This is a great little social occasion to catch up with other members for coffee, cake and a chat. A very pleasant time is always had by all.

Please note: the coffee shop has moved the senior's table into the middle area.

**When:** Friday 18<sup>th</sup> December, 10am  
Friday 15<sup>th</sup> January

**Where:** Shingle Inn at Whitford Shopping Centre.

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### Christmas Lunch

**Where:** Dwellingup

**When:** Wednesday 2 December

**Time:** Leaving from the Whitford Library at 9am sharp.

Please be ready to board the bus by 8:45am.

Please check parking limits

Monday 9.30am – 5.00pm

Tuesday 9.30am – 5.00pm

Wednesday 9.30am – 5.00pm

Thursday 9.30am – 6.00pm

Friday 9.30am – 5.00pm

Saturday 9.30am – 1.00pm

Sunday Closed

### The Annual Picnic in the Park

**When:** 6<sup>th</sup> January

**Where:** Mawson Park – Northern end

**Time:** 5pm

BYO all, food, drink, chairs etc. There will be some drink and nibbles provided by the branch.

### Terry Pratchett's "Monstrous Regiment" to be performed by Roleystone Theatre.

Graham and Marianne Ezzy would like to notify their friends in NSA of their daughter Michelle's latest community theatre show where she plays the lead role.

Terry Pratchett's "Monstrous Regiment" will be performed by Roleystone Theatre.

There are only six performances so get tickets early to avoid disappointment

#### Tickets:

<https://www.trybooking.com/BMIYO>

#### Performance times:

Saturday 5 December at 11 am and 7 pm.

Friday 11 December 7 pm.

Saturday 12 December 11 am and 7 pm.

Sunday 13 December 11 am.

### Library News:

The **Whitford Library** will be reopening 30 November 2020

#### Opening hours:

### Do you have a question for NSA Head Office?

As most of you would be aware, National Seniors Australia has an advocate (Ian Henschke) who lobbies the Government on behalf of the members to make a difference to the lives of all older Australians for improved pensions, benefits, aged care etc.

We invite and encourage you to raise any concerns or questions you may have. We, as a branch can then put them to NSA Head Office. We will make time during general business at our meetings for you to ask your questions.

### Do you have too many lemons?



### Lemonade

one lemon, peeled and juiced  
3 teaspoons of sugar  
450ml of boiling water

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Peel the lemon, being careful not to include the pith

Rub the sugar into the lemon peel

Add the lemon juice and the boiling water

Stir to dissolve the sugar

Cover and allow to stand overnight

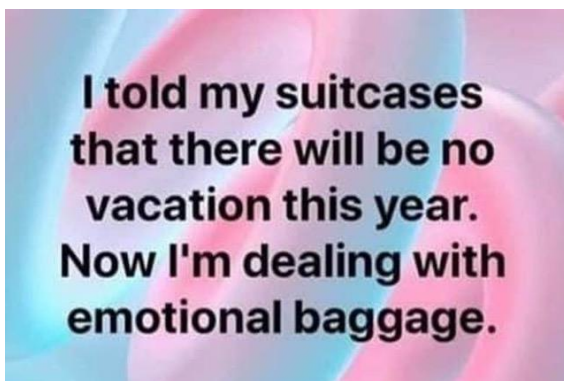
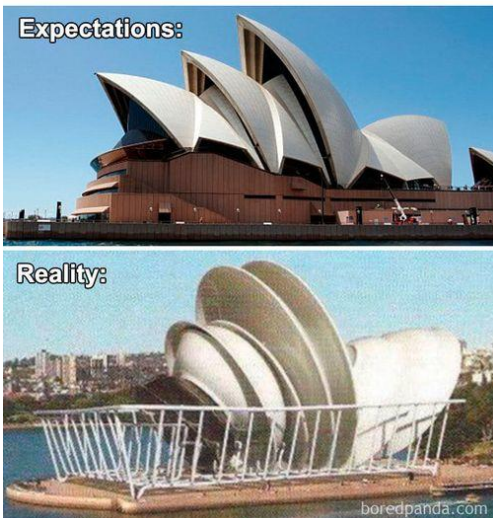
Strain and bottle and keep in the fridge for a refreshing drink.

It's nice with  $\frac{3}{4}$  juice and  $\frac{1}{4}$  lemonade.

Taken from the Golden Wattle Cook Book

## A bit of a laugh

Travel plans in 2020 be like:



## Helpful Information

Elder Abuse Helpline WA: 1300 724 679  
Seniors Card (WA): 6551 8800  
Centrelink (Retirement): 132 300  
Employment Services: 132 850  
Seniors Info Services: 6551 8800  
Older People's Rights Services: 9440 1663  
Aged Care Complaints Commissioner:  
1800 550 552  
National Carer Gateway: 1800 422 737  
Dept of Veterans Affairs: 133 254  
Dementia Australia - 1800 100 500.  
Justice of the Peace - Saturday Morning at  
Joondalup Library. 10.00am – 12.30pm  
Woodvale Library 9.30am – 11.30am  
WA Scam Internet Site:-  
[www.scamnet.wa.gov.au](http://www.scamnet.wa.gov.au)

## Newsletter Submissions:

All Submissions for the February Newsletter need to be in by the 22<sup>nd</sup> of January.

## BRANCH CONTACTS

### President

Cheryle Medcalf 92064918  
(presidentnsahillarys@gmail.com)

### Vice President

Michael Morland 93068668

### Secretary

Jan Jones 0407426191  
(secretarynsahillarys@gmail.com)

### Treasurer

Joe Varischetti 9447 2120  
(jvarisch@yahoo.com.au)

### Newsletter Editor

Lyn Massam([newsletternsahillarys@gmail.com](mailto:newsletternsahillarys@gmail.com))