

Merry Christmas

Message from the President

Ho Ho Ho to all members,

I hope everyone is starting to feel in a festive mood as Christmas is just a couple of weeks away. I've already hung some of my lights around the house and am dreading decorating our tree as I do each year - takes ages to do but someone has to do it for the grand-kids. Ros is making her special Christmas cake laced with a generous serve of rum - looking forward to a slice or two. By the time this may reach you we would have had our Christmas Lunch at the Blue Fin. Lyn Martin and her small group of elves have been busy putting together some great gifts (at least that's what they tell me). Can I thank them here for their efforts to send off 2021 with some cheer for those attending.

Members who couldn't make it to our November meeting at the Richlands Hotel, missed a great presentation by Everal Compton AO, an amazing man who despite his 90 years is still going strong. He still advocates to Government on behalf of seniors and has now written three books in his spare time. I find him an inspiration for what can be achieved at any age.

We also enjoyed a great outing at the Beenleigh Historical Museum followed by a fulfilling lunch at the Jacobs Well Tavern. As this goes to print Ian Horrocks is putting plans together for 2022, which promises to whet the appetite of interested members. We go into hibernation now until our next general meeting in February but the management committee will meet in January to kick start the year. If you have any questions please forward them to me before then but you will get a further newsletter prior to that meeting as a reminder.

Wishing you and yours a Merry Christmas and a Happy New Year.

Peter



Activities Group Volunteers

At the last Branch meeting the President asked members to think about volunteering to be part of a group to take on the activities role for our Branch. So far one member has come forward but does not wish to do this role alone. Please consider joining this member to assist the branch with organising activities. Lyn Martin has a wealth of knowledge in this role & will be there to assist you.



**Dawn Cheer
Una Gray
Ellen Hobb
Don Hodgson
Aileen Hogan
Clive Kitching**

**John Needham
John Paszkiewicz
Edith Schauble
Rayma Walker
Cheryl Williams**



Upcoming Events

DECEMBER

Christmas Lunch

DATE: Thursday 2nd
Entertainment Fortunato
WHERE: Blue Fin Fishing Club
24 Lilac Street, Inala
TIME: 11.30 am
COST: Members \$50 Non Members \$55

FEBRUARY

Branch Meeting

DATE: Thursday 10th
Names for Lunch – Monier Hotel
Pay for Sandgate trip - \$65
Names for Outback Spectacular,
Names for June Noosa Explorer +\$10
deposit

WHERE: Richlands Hotel
132 Government Road, Richlands
TIME: **Entry 9.30am**, 10am meeting starts
COST: \$7.00

Monier Lunch

DATE: Thursday 17th
WHERE: Monier Hotel
168/176 Monier Road, Darra
TIME: 11.30 am
COST: Members own expense

Please note all Meetings, activities & trips remain fluid & can change due to the Covid 19 regulations at the time.

We strongly encourage Members to pay via Internet banking or depositing payment over the counter at Heritage Bank Forest Lake.

Trips Payment

Bank Transfer & Direct Deposit

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070
Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example – Smith1Xmaslunch
Surname (Smith)
Number going (1)
Trip (Christmas Lunch)

EFTPOS

The Branch has a "Square card" hand held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

Cash or Cheques

To assist the trips desk please write on an envelope:

Your name
Trip details
Payment amount
Dietary requirements
Seating needs

Joe Smith
Christmas Lunch
\$50
Gluten Free

Seal your payment inside the envelope and hand into the trips desk.

Unless it is in an envelope as stated above the trips table will not accept any payment.

Full Payment will be due at the monthly meeting prior to the trip.

Branch Refund Policy

Cancellation of an outing

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. In the case of a sudden medical emergency on the day which cannot be prevented, the management Committee will consider the matter with respect of a refund.

When we have to book seats on a bus or give numbers for a booked luncheon and are still required to pay even in the case of a cancellation by a member a refund will not be provided. In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg: storm, transport breakdown, etc and cannot be rescheduled, members will be refunded any monies paid.

From the trips desk

Noosa Explorer

Three Day Two Night Extravaganza

Tuesday 21st to Thursday 23rd June 2022.

DAY ONE: Tuesday

- Depart Forest Lake 8.00am
- Morning tea and tour at the Caboolture Pioneer Village
- Lunch at the Nambour RSL.
- Yandina Ginger Factory tour
- Dinner at the Tewantin/ Noosa RSL
- Overnight at the Noosa Lakes Resort Tewantin

DAY TWO: Wednesday

- Breakfast at the Noosa Marina Tewantin 8.30am
- Ferry down Noosa River to Noosa, commentary enroute.
- Ferry day trip ticket included
- Morning tea (own expense) explore Hasting Street shops.
- Lunch at the Noosa Surf Club (own expense).
- Return Ferry stop off at Noosaville and foreshore.
- Return Ferry to Noosa Lakes Resort,
- Dinner at the Tewantin/ Noosa RSL
- Overnight at the Noosa Lakes Resort Tewantin

DAY THREE: Thursday

- Breakfast at the Noosa Marina Tewantin 8.00am
- Depart Tewantin, travel to Kenilworth
- Kenilworth Dairies, history & operation of cheese factory
- Morning tea in Kenilworth
- Tourist drive and lookout
- Travel to Maleny, Montville, Flaxton
- Lunch at The Barn on Flaxton, Flaxton Drive, Flaxton
- Return to Forest Lake approximately 4.30pm

Ian Horrocks

TRIPS CO-ORDINATOR

Remembrance Day

Remembrance Day 2021. Barry Miles representing President Peter Dunell lay a wreath on behalf of our National Seniors Forest Lake Branch.....LEST WE FORGET



Newsletter, Agendas & Minutes of previous meetings

Email Members will be sent these in the pre-meeting email, **please print out & bring them with you if you wish to have a copy at the branch meetings**

Non-Email Members will have a copy of the newsletter reserved for them for pick up at the entrydesk. The Newsletter is available to (nationalseniors.com.au/getinvolved/branchesforest-lake) & also on our Facebook group page "Forest Lake Branch National Seniors Australia Group" If you are on Facebook go to the Branch Facebook Page (**Forest Lake National Seniors Australia**) and click on "join Group"



Beenleigh Trip 12th November

A lovely day out despite a little rain.



Laughter is the best medicine



New Alphabet:

A is for apple, and B is for boat,
That used to be right, but now it won't float!
Age before beauty is what we once said,
But let's be a bit more realistic instead.



Now the Alphabet:



A's for arthritis;
B's the bad back,
C's the chest pains, perhaps car-di-ac?
D is for dental decay and decline,
E is for eyesight, can't read that top line!
F is for fissures and fluid retention,
G is for gas which I'd rather not mention.
H high blood pressure--I'd rather it low;
I for incisions with scars you can show.
J is for joints, out of socket, won't mend,
K is for knees that crack when they bend.
L's for libido, what happened to sex?
M is for memory, I forget what comes next.
N is neuralgia, in nerves way down low;
O is for osteo, bones that don't grow!
P for prescriptions, I have quite a few,
just give me a pill and I'll be good as new!
Q is for queasy, is it fatal or flu?
R is for reflux, one meal turns to two.
S is for sleepless nights, counting my fears,
T is for Tinnitus; bells in my ears!
U is for urinary, troubles with flow;
V for vertigo, that's 'dizzy,' you know.
W for worry, now what's going 'round?
X is for X-ray, and what might be found.
Y for another year I'm left here behind,
Z is for zest I still have-- in my mind!

**I've survived all the symptoms, my body's deployed,
And I'm keeping twenty-six doctors fully employed!**

The Committee would like to thank all the supporters of the NSA Forest Lake Branch for photocopying or printing of newsletters, financial reports and other support material. A special thank you goes to our volunteers without whom our meetings would not run so smoothly.



THE ROYAL GHOST

The grey waters of the river were still and cold
With the reflection of the moon almost perfect
The castle ruins stood high above, stark and bold
It's desolate haunting silhouette, moon flecked
What history lay within those damaged walls?
What poignant tales could the silent waters tell?
Had heroes walked in the castle's hallowed halls?
Do their ghostly spirits live on to haunt and dwell?
Stories are many, some are good but most are bad
Like the tale of the Prince, thrown from a tower
Born to be King, The eldest son, a handsome lad
But his upstart brother had plans to take power
With others he plotted to gain the royal throne
And viciously attacked the Prince one stormy night
The Prince's body was placed in a sack full of stone
Then thrown from the tower's battlement height
Now his ghost may be seen in a dark night's storm
As he roams the ruins in search of his lost crown
And the ghastly sight of his tortured haunting form
Will now forever remain as one of macabre renown

©Brian Phillips

November 2020

Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members, please let our Welfare Officer know. Lorraine Horrocks has kindly taken on this important role again for our club this year. You can contact her on 0409275016.

Committee Members

President - Peter Dunell.....0404 829 518
Vice President -?
Secretary – Lyn Martin.....0403 006 758
Treasurer - Colin Court..... 0426 863 506
Membership – Kay Jones.....0408 199 560
Trips Coordinator – Ian Horrocks.....0409 275 016
Activities Coordinator -?
Publicity Officer – Linda Bird.....073714 9708

