

Seasons Greetings

Message from the President

Hi everyone

This is our last newsletter for the year we would rather forget. The November General Meeting was well attended under the circumstances and we covered a lot of topics. Our guest speaker, Katie, from Emergency Medical Services, gave us a very informative talk on the new technology available to seniors for assistance in the event of an emergency. Generally, our members saw the benefits although many commented on the on-going monitoring costs. I guess you only get what you pay for and if you want good insurance then it does cost more. The relevance of the topic has been borne out by a number of our members suffering falls and medical emergencies this year, some of these when they were alone.

Although the Remembrance Day ceremony on the 11/11 was a restricted affair due to COVID it was pleasing to see a good turnout and representation of the community groups. Dan Baldwin professionally MC'd the proceedings and I laid a wreath on behalf of the branch. If you were not at our last meeting then I wish to advise you that Dr. Marjorie Green, our AGM mentor and prolific contributor to National Seniors projects fell ill and was hospitalized a couple of weeks ago. I do not have any updates at the time of writing this article.

We received the equipment grant we applied for from FLOC (Forest Lake One Community) sponsored by the Heritage Bank Forest Lake Branch, which has allowed us to purchase additional chairs, tables, trolleys and a wheelie ramp for future functions and day trips. I would like to formally express our thanks to the Forest Lake Heritage Bank for their continued support towards our branch and other worthwhile local causes.

Our next major event is our Christmas Lunch at the Blue Fin and it promises to be a fun-filled event topped off with some great food. I wish to thank Milton Dick, the Premier Anastacia Palaszczuk and Charles Strunk for their hamper donations towards this function. Lyn Martin and her volunteers have been busy organizing raffle prizes and the entertainment along with the usual raucous jokes to which we have become accustomed lately. Our intrepid tourers will have returned from Stanthorpe and the Granite Belt by the time this letter comes out so no doubt they will share some stories with us on our first major outing since the shutdown.

If you are not attending our lunch on 10/12/20 at the Blue Fin then can I take this opportunity to wish you and yours a very Merry Christmas and a much happier



New Year 2021. Don't forget that we have a General Meeting at the National Servicemen's Association Hall on 14th January, 2021 at 907 Boundary Road Wacol, with entry at 9.30 am. Hope to see more of you there next year.

Take care and stay healthy.

Peter

Committee Members

President - Peter Dunell	0404829518
Vice President - Lyn Martin	0409879329
Secretary – Mary Cottam	0403006758
Treasurer - Colin Court	0426863506
Membership - Linda Bird	37149708
Trips Coordinator – Ian Horrocks	0409275016



Dawn Cheer	John Needham
Una Gray	John Paszkiewicz
Ellen Hobb	Myra Robinson
Don Hodgson	Rayma Walker
Aileen Hogan	Cheryl Williams
Sally Ann Malone	

Congratulations Birthday draw winner Dawn Cheer.

Upcoming Events

December

Christmas Lunch

DATE: Thursday 10th
WHERE: Bluefin Fishing Club
24 Lilac Street, Inala
TIME: Entry at 11.30am
COST: Members \$50 Non-Members \$55
Raffle ticket on entry & Entertainer
Bookings closed

January

Branch Meeting

DATE: Thursday 14th
WHERE: National Serviceman's Association Hall
907 Boundary Rd, Wacol
TIME: No entry before 9.30am, 10am start
COST: \$6.00

Australia Day Function

DATE: Tuesday 26th
WHERE: Forest Lake Hotel
TIME: To be advised
COST: To be advised

February

Branch Meeting

DATE: Thursday 11th
WHERE: National Serviceman's Association Hall
907 Boundary Rd, Wacol
TIME: No entry before 9.30am, 10am start
COST: \$6.00

Bribie Island / Butterfly House

DATE: Thursday 18th
WHERE: Butterfly House
Lunch - Surf Club at own cost
TIME: To be advised
COST: \$40.00 Bus & Entry
Payment required at the January Branch meeting.

March

International Women's Day

DATE: Monday 8th
WHERE: Forest Lake Hotel
TIME: To be advised
COST: To be advised

Branch Meeting

DATE: Thursday 11th
WHERE: National Serviceman's Association Hall
907 Boundary Rd, Wacol
TIME: No entry before 9.30am
Meeting start 10am
COST: \$6.00

Bus Day Trip – Albert River Wines

DATE: Thursday 25th
WHERE: Albert River Wines
TIME: To be advised
COST: \$65 Includes Bus, Morning Tea, Tour & Lunch in their Restaurant

Please note all Meetings, activities & trips remain fluid & can change due to the Covid 19 regulations at the time

Cent & Plant sale

We will again be holding a Cent & Plant sale next year. If you have unwanted items in good condition, we would appreciate donations. Please no books, jewellery or CDs.

Calling on anyone with green thumbs, we would appreciate members propagating plants to donate.

Trips Payment

Bank Transfer & direct deposit

We strongly encourage Members to pay via Internet banking or depositing payment over the counter at Heritage Bank Forest Lake.

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070

Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example - Court2BI

Surname (Court)

Number going (2)

Trip (Bribie Island)

EFTPOS

The Branch has purchased a "Square card" hand held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

Cash or Cheques

To assist the trips desk please write on an envelope:

Your name
Trip details
Payment amount
Dietary requirements
Seating needs

Joe Smith
Bribie Island
\$40
Gluten Free

Seal your payment inside the envelope and hand into the trips desk.

Unless it is in an envelope as stated above the trips table will not accept any payment.

Full Payment will be due at the monthly meeting prior to the trip.



Branch Refund Policy

Cancellation of an outing

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. In the case of a sudden medical emergency on the day which cannot be prevented, the management Committee will consider the matter with respect of a refund.

When we have to book seats on a bus or give numbers for a booked luncheon and are still required to pay even in the case of a cancellation by a member a refund will not be provided.

In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg.: storm, transport breakdown, etc and cannot be rescheduled, members will be refunded any monies paid

Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members please let our Welfare Officer know. Lorraine Horrocks has kindly taken on this important role again for our club this year. You can contact her on 0409275016.

Newsletter, Agendas & Minutes of previous meetings

Our postage & stationary costs have become quite significant, in an effort to save we will predominately use Email to deliver the Newsletter, Branch Meeting Agenda & Minutes of previous Branch meeting to our members. We will have a limited supply at the Branch Meetings.

In the pre-meeting email, you will find attached not only the Newsletter but also the Agenda for the upcoming Branch Meeting & the Minutes of the previous Branch Meeting. If you wish to have a copy with you at the Branch Meeting, **please print them out & bring them with you.**

The Newsletter is available to read on our website (nationalseniors.com.au/get-involved/branches/forest-lake) & also on our Facebook group page "Forest Lake Branch National Seniors Australia Group" If you are on Facebook go to the Branch Facebook Page ([Forest Lake National Seniors Australia](#)) and click on "join Group"

Remembrance Day

Our President Peter attended the Remembrance Day Service at Forest Lake and laid a wreath on behalf of all members.



Stanthorpe Trip

What fantastic fun we had on our Stanthorpe trip. Terrific group of travellers. Christmas Shopping done, wines, cheeses, jams, relishes and other miscellaneous items purchased. Cheryl bought home 8 chooks. You'll have to ask her about it. Everyone loves to shop. Some people like to get to breakfast early, some people enjoy a sneaky snooze, some people just love petting the animals, some couldn't get enough of the wine tasting. Breakfasts, morning teas, lunches and dinners were hearty meals, shouldn't have had that irresistible dessert but oh well. There is a never-ending list of things to do and places to visit. How lucky we all are to have such a great region to visit



Member Recipes

Seafood Cocktail Sauce

Small bottle with screw top
Squirt about 1 ½ inches of good Egg Mayonnaise
Squirt about ¾ inch Tomato Sauce into bottle.
Add juice of ½ lemon.
Add a little squirt of Tabasco Sauce into bottle.
Add Salt & Pepper to taste.
Close bottle & shake like Hell! The bottle that is.
Be careful with the Tabasco Sauce
It is so HOT you can vulcanise tyres with it!!!!!!

Recipe from Member Terence Siggers who turns 90 years young on 22nd of November.



A KISS FOR LIFE

A passionate kiss beneath the mistletoe
A lovely lass and her handsome beau
No one saw them there hugging tight
Lovingly kissing on that Christmas night
But slowly in this scene of love eternal
True love sprung forth, sprite and vernal
A lifetime's love binding them forever
A love bond making a life's endeavour
And as time did pass and years did age
Their story was written, love on every page



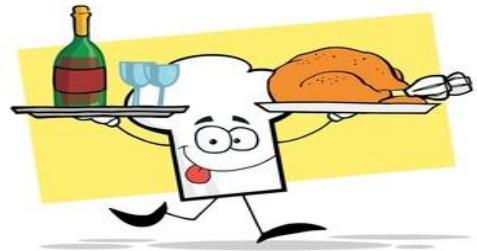
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Justice of the Peace: If anyone requires a JP, Mary Cottam would be happy to provide this service after our monthly meeting, or privately in your home. Just call Mary on 0403006758 to advise what it is you would like witnessed.

HOW TO COOK A TURKEY

- Step 1. Buy a turkey
- Step 2. Have a glass of wine
- Step 3. Stuff turkey
- Step 4. Have a glass of wine
- Step 5. Put turkey in oven
- Step 6. Relax and have a glass of wine
- Step 7. Turk the baste
- Step 8. Wine of glass another get
- Step 9. Hunt for meat thermometer
- Step 10. Glass yourself another pour of wine
- Step 11. Bake the wine for 4 hours
- Step 12. Take the oven out of the turkey
- Step 13. Tet the sable
- Step 14. Grab another wottle of bine
- Step 15. Turk the carvey!



The Committee would like to thank all the supporters of the NSA Forest Lake Branch for photocopying or printing newsletters, meeting minutes and agendas, financial reports and other support material.



Special thanks to our
Newsletter sponsor. 3271 2595.
Forest Lake Mobile Service



For all your banking needs
see the friendly Branch team
or contact the Heritage Bank
on 34122360