



Members & Visitors.

Message from the President

On behalf of our new management team, I would like to welcome you to what I hope will be an interesting and fun-filled year. An accepted medical fact is that we live longer healthier lives when we actively participate in social groups with friends and continue learning new things.

My aim this year, with my small but very talented team, is to present you with many new experiences along with some golden oldies. All I ask if you contribute with your ideas and a positive attitude. We are not perfect and things will not always run to plan but that's life. Something we should have learned at our age.

We are a team of volunteers not a complaints department so please assist us to do the best job for the Branch as we can.

Once again I welcome you to a new year filled with good health and few worries. Peter

Committee Members

- President - Peter Dunell33729432
- Vice President - Lyn Martin0409879329
- Secretary - Julie Baldwin32787274
- Treasurer - Colin Court0426863506
- Membership - Linda Bird37149708
- Trips Coordinator - Roebayne Birtles0433191786
- Activities Coordinator - Barry Miles38791690

Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members please let our Welfare Officer know.

Lorraine Horrocks has kindly taken on this important role for our club this year. You can contact her on 0409275016.



October Members Birthdays

Birthday wishes to the following Members:

- | | |
|------------------|---------------------|
| Dan Baldwin | Anita Jackson |
| Trevor Baldwin | Ike Jans |
| Lynne Ball | Rhonda Martens |
| Christine Beahan | Lyn Martin |
| Vera Bentley | Tony Olive |
| Wendy Campbell | Margaret Shepherd |
| Paula Cockle | Jock Shepherd |
| Peter Dunell | Marjorie Stephenson |



Meeting Venue

Branch Meetings are held at The Lion,
133 Pine Road, Richlands on the 2nd
Thursday of the month.

No meetings held in December or January

Sign in 10am for a 10.30am start.



Volunteers needed

Volunteers are needed to assist with the smooth running of our Branch Meetings. Duties include:

- 1- Setting up before meeting
- 2- Greeter - Welcoming people at the door
- 3- Reception desk
- 4- Hosting visitors
- 5- Collecting & receipting trip payments
- 6- Placing agendas etc on meeting tables
- 7- Cleaning & packing up after meeting

If you are able & willing to help please see our Membership Officer Linda Bird to put your name on our volunteer register.



Movie & Theatre Group

Give your contacts to Barry Miles if you would like to join us. Barry will let you know when the next movie outing is scheduled. We go to Orion Cinemas at Springfield Lakes. Tickets are cheaper if you have a Cinebuzz Seniors Card. It's easy to catch the train and a short walk to the Movies.

Logan Entertainment Centre

From time to time we go to shows at the LEC. Barry Weston will keep us up to date with upcoming shows.

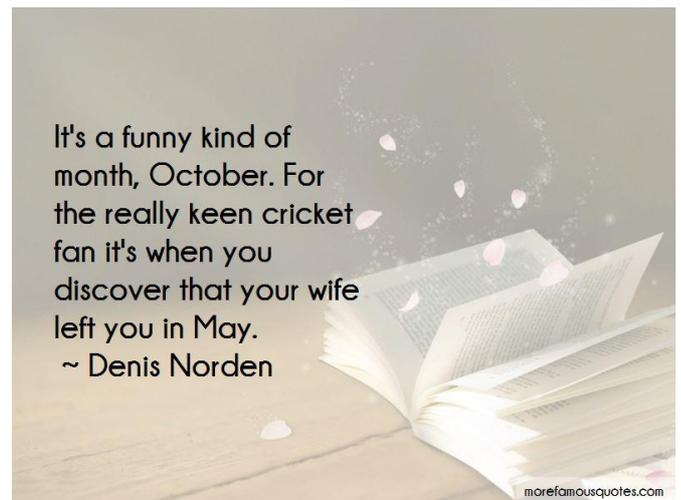
Dining Adventurers

Watch this space.....

Meeting Apologies

If you want to submit your inability to attend a Branch Meeting contact the Secretary Julie 32787274, leave a message if out or email nsaforestlakesec@gmail.com

For a Laugh



Laughter
is an
instant
vacation.
- Milton Berle



UPCOMING EVENTS

October

Kookaburra Queen High Tea

Date: Saturday 19th
Where: Kookaburra Queen Wharf
Time: 11.30 at wharf
Cost: \$50pp

November

Melbourne Cup

Date: Tuesday 5th
Where: Bluefin Fishing Club
Time: 11.30am to 2.30pm
Cost: Bluefin Members \$39.50
Non-Members \$49.50

Branch Meeting-

Date: Thursday 14th
Where: Lions, Richlands
Time: 10am
Cost: \$6.00

December

Christmas Lunch

Date: Thursday 12th
Where: Lions, Richlands
Time: To be advised

Trips Payment

Cash or Cheques

To assist the trips desk please write on an envelope:

Your name

Trip details

Payment amount

Dietary requirements

Seating needs

Joe Smith Kookaburra Queen High Tea \$50 Gluten Free

Seal your payment inside the envelope and hand into the trips desk.

Unless it is in an envelope as stated above the trips table will not accept any payment.

Full Payment will be due at the monthly meeting prior to the trip.

Bank Transfer & direct deposit

We strongly encourage Members to pay via Internet banking or depositing payment over the counter at Heritage Bank Forest Lake.

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070
Acc No-12471674

Please include your name & event name on the transfer and receipt for identification. Example - Court2TCOF

Surname (Court)

Number going (2)

Trip (Toowoomba Carnival of Flowers)

Branch Refund Policy

Cancellation of an outing

The branch policy for late cancellations. Notify the Secretary 32787274 or Treasurer 48 hours beforehand. In the case of a sudden medical emergency on the day which cannot be prevented, the management Committee will consider the matter with respect of a refund.

When we have to book seats on a bus or give numbers for a booked luncheon and are still required to pay even in the case of a cancellation by a member a refund will not be provided.

In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg.: storm, transport breakdown, etc and cannot be rescheduled, members will be refunded any monies paid.



Website

nationalseniors.com.au/about/branches/forest-lake

Here you can see upcoming events, the latest newsletter & photos of our outings

Please also take time to access the National Seniors Australia Website. It is very simple to navigate. The drop-down menus are excellent. There's lots of interesting things to read and keep yourself up to date. There's a world of membership benefits awaiting. Remember to look out for the quarterly PAM reports from NSA Chief Advocate, Ian Henschke.

Facebook

Did you know our Branch has a Facebook page?

Search for **Forest Lake Branch National Seniors Australia**. You can join our group to keep up with all the news. Please note only Members on our Branch register will be given access to the group. National Seniors Australia is also on Facebook & is a great way to keep up to date

NSA Member Benefits

Members save up to 10% when they pre-purchase a gift card through the Member Benefits program. You can use your pre-purchased gift cards at the following retailers:

Big W, BWS, Dan Murphy's, David Jones, Woolworths, Safeway Supermarkets, Coles, Supermarkets Co-branded, Caltex-Woolworths, Safeway fuel outlets, JB HiFi, Rebel Sport, Foot Locker, ABC Shop, Mitre 10, Priceline, Amart Sports, Rays, Super Cheap Auto.

National Seniors
AUSTRALIA

Do you have any ideas for extra additions to the Newsletter? Please let us know.



FREE CLASSIFIEDS

Do you have something to sell, give away, want to say thank you to someone or submit a death notice?



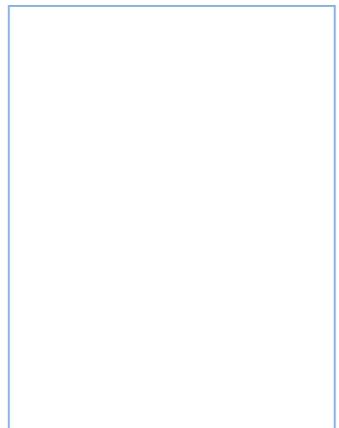
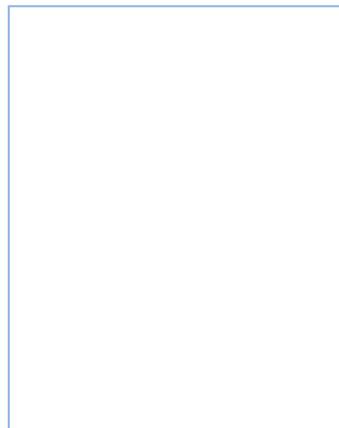
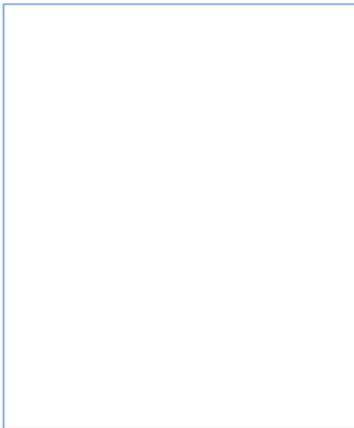
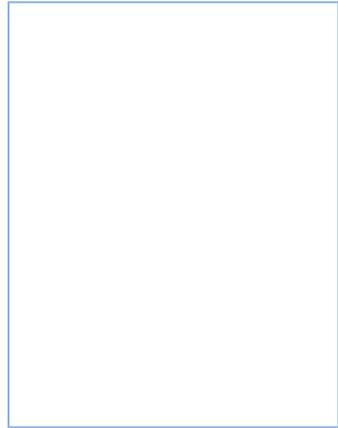
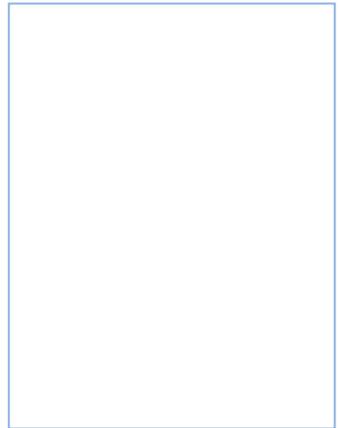
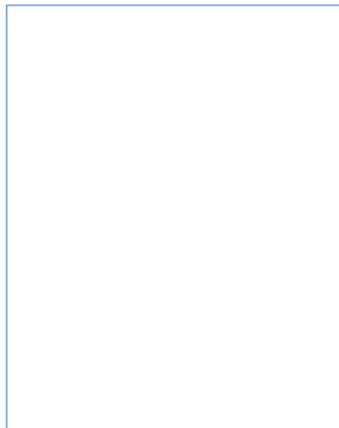
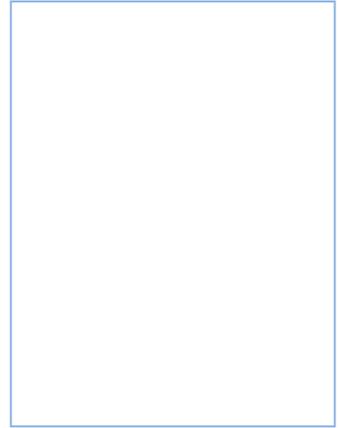
Friday's Craft Days

Forest Lake Community House, 3 Alpine Place, Forest Lake. Fridays 9am - 12 noon. \$5 entry includes morning tea and a lucky door prize. The group carries insurance. Contact Wendy on 0406 063 585.

CHARITY DONATIONS

Barry Weston is running another "Share the Dignity" "Its In The Bag" donation request.

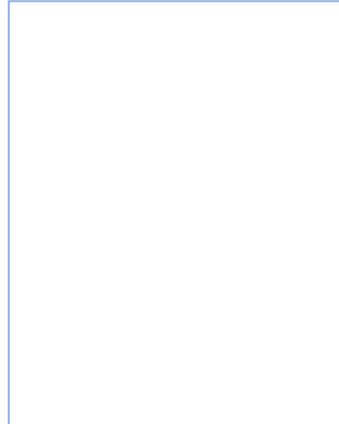
Last month for donating items is November (Branch Meeting). This will benefit homeless women, women at risk or women experiencing domestic violence all around Australia.



Thank you to the Lions for the use of their facilities for our Meetings



For all your banking needs see the friendly Branch team or contact the Heritage Bank on 37149399



The Committee would like to thank all the supporters of the NSA Forest Lake Branch for photocopying or printing newsletters, meeting minutes and agendas, financial reports and other support material.