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What's up next !

Mawson Club Lunch 11th Feb at 12
Noon

Monthly Meeting (1st for 2026)
10:30am February 26th.

President's Piece

Wishing all members of National Seniors Canberra South Branch a Happy New Year.

By now I expect that much of the excitement of Christmas has given way to putting the Christmas paraphernalia back in the correct box and stowed away in the garage or spare room ready for next December.

Now a reminder that the next meeting of National Seniors Canberra South Branch will be on Wednesday 25 February at the Stirling Labor Club. I hope to see you all there.

The guest speaker will be Basil La Brooy from COTA ACT speaking on the new Aged Care Policy.

All the best for 2026 and see you all at the February meeting.

Richard Cooper
President NSA Canberra South Branch.

(reprint from January email)

2026

Well, it's February, January is done and dusted, and I'm guessing mind you, but more than a few New Years resolutions have already fallen by the wayside.

However, what has not fallen by the wayside is our commitment to the Southern Sounder and National Seniors Canberra South. Hard to believe what started out as a covid stop gap has the Southern Sounder entering its 6th year.

Richard mentioned our February guest speaker Basil from COTA, with all the talk and advertising on TV about aged care reform and the change brought with it. It will be interesting to hear from Basil on the subject. Even if it doesn't affect you now, it's always better to be forewarned.

So, as we head into 2026 it's hoped that you can join us for the Mawson Club lunches and the Monthly meetings.

canberra south christmas lunch

If you missed it our Christmas lunch in November, went off a treat. Held at the Lanyon Vikings Club, we were well served by the club staff and enjoyed a wonderful lunch. Of Course, the company made it even better so here are a few of the smiling faces from the day.



Richard and Tom



Kay and Helen



Dianne and Richard



Gavin and Norma



The Table.

VALE - CLEM LONGDON
11 May 1939 - 27 January 2026

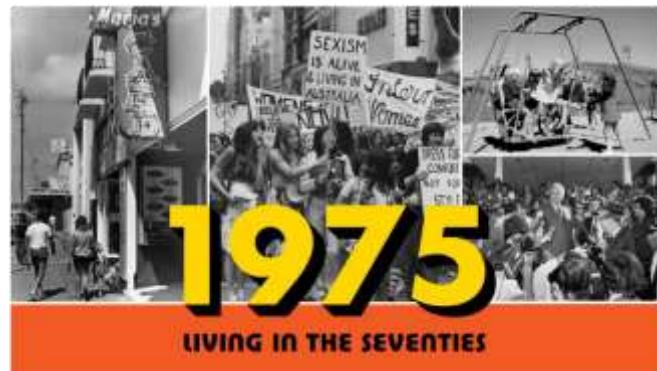
Beloved husband of Jill (dec).
 Loving father of Jason and Carl.
 Father-in-law of Helen.
 Grandad of Oscar, Hector, Connor and Jasper.
 Treasured companion of Jean.

Loved by friends and family.

The funeral service for Clem will be held in the Chapel of Norwood Park Crematorium, Sandford Street Mitchell on Thursday, 12 February 2026, commencing at 4:30pm.

In lieu of flowers an online donation in Clem's name to ACT Wildlife would be appreciated.

Clem was a long time member of NSA and a regular at NSA Canberra South meetings until ten pin bowling got in the way. Clem's quirky sense of humour will be missed by those who knew him.



Looking for an exhibition to visit, have a look at 1975 at the National Library.

Our daughter was home for a couple of weeks after Christmas after living in North America for 18 years and before starting work in Melbourne. Being a child of 1975, she was keen to have a look at it. After a pleasant morning coffee at the Bookplate Café we took the tour. It was interesting reflecting on the changes in the music, the food, the fashion, the technology and the local and global politics. The changes are for

the most part an improvement, I guess I'm not sure about the politics... One thing that hasn't changed sadly, the signs being held up at demonstrations were then, as now, decrying the human rights violations of women and minorities.

It was an interesting exhibition and at the end of it you can, at the Library Bookshop, buy a copy of the exhibition book for the amazing price of \$19.75. Who said librarians don't have a sense of humour?



What's on this Month?

National Multicultural Festival (February 6-8, 2026):

This vibrant festival celebrates over 170 unique cultures with food stalls, cultural performances, and entertainment. It's a fantastic opportunity to experience diverse cuisines and cultural showcases.

Royal Canberra Show (February 20-22, 2026):

A beloved local event featuring over 150 attractions, including competitions, award-winning animals, and various entertainment options. This show is a highlight for families and visitors alike.

Enlighten Festival (February 27 - March 9, 2026):

While it starts at the end of February, this festival features stunning light projections and events across Canberra's cultural institutions. It transforms the city with artistic illuminations and includes performances like "Symphony in the Park".

THE PUZZLE PAGE

Well, this time around I thought here is an opportunity for you to develop some puzzle activity of your own. This could be quite mentally stimulating and at the same time annoying to those around you as you attempt to get them to solve your creations.

Crosswords

1. [Free Online Crossword Puzzle Maker](#)
2. [Word Search Puzzles - Easy Word Search Maker](#)

Jig Saws

1. [Online jigsaw puzzle maker - 100% free | PuzzleSnap](#)
2. [Free Jigsaw Puzzles online - Free Puzzle Games at TheJigsawPuzzles.com](#)

Misc.

1. [Connections – Custom Puzzle Creator](#)
2. <https://printablecreative.com/maze-generator>

And here are a couple that you might like to try and see if they test you out.

3. [Create Free Printable Boggle Puzzles | Boggle Generator - Edu-Games](#)

Spot the Difference (you may need to ZOOM in)

