

# Yarra Ranges Grapevine

July-August 2019

The journal of the  
Yarra Ranges Branch  
of National Seniors Australia  
Branch no. 100132  
Incorporation no. A0048800c



## Yarra Ranges Branch Committee

**Trevor**                      **President**  
☎ 9735 1104

**Pamela**                    **Vice President**  
☎ 9735 5449

**Lyn**                         **Secretary**  
☎ 0459 155 527

*Email:*  
ford.lyn.s@edumail.vic.gov.au

**Anne**                      **Treasurer**  
☎ 9726 5135

**Chris**    **Activities Coordinator**  
☎ 9735 1249

*Email:*  
chrishill3@bigpond.com.au

**Denise**                    **Guest Speakers**  
☎ 9723 1403 or  
☎ 0400 179 086

**Lyn**                         **Newsletter Editor**  
☎ 0459 155 527

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ford.lyn.s@edumail.vic.gov.au

### Committee Members

**Connie**                    ☎ 5964 4646

**Elaine**                    ☎ 9739 4642

**John**                      ☎ 5964 4646

**Committee Meetings**  
**Monday 5<sup>th</sup> August**  
**Monday 8<sup>th</sup> September**

## Branch Meetings

The meetings are held on 2nd Monday of the Month at the **Lilydale Senior Citizens Centre, 7 Hardy Street, Lilydale.** (Unless advised otherwise)

8<sup>th</sup> July at 6:30pm

**Dinner Meeting at the International Hotel  
6 to 30 Maroondah Highway Lilydale**

12<sup>th</sup> August at 7:00pm

The Gadget Girl Speaker – Yvonne

9<sup>th</sup> September at 7:00pm

Annual General Meeting

If you have a suggestion for a Guest Speaker please let Denise or another Committee Member know.

## Our President's Report

Hello Members,

Thanks to Pam for chairing the May Branch Meeting and welcoming the new Members on the night.

By all accounts the Silo Art Tour organised by Chris was enjoyed by all who went (please read the report).

Lorraine and I had a great week at Barham (NSW), just across the Murray River between Swan Hill and Echuca. Enjoyed the bus tour each day to various places of interest around the area. Anyone interested feel free to ask us about it.

Morning Melodies at the Olinda Creek Hotel was good with many members attending and the Dine Out at Dixons Creek Café was also well attended and a very nice meal.

Our next meeting on 8 July will be held at the International Hotel at 6.30pm, 6 to 30 Maroondah Highway Lilydale, enter from Nelson Rd.



Vice President Pamela welcoming new members Olga, Alfred and Helen

Happy Reading *Trevor*



We would like to celebrate your day so don't forget to email/phone your birth day and month to **Lyn**

### Membership



Contact **Chris** our Activities Co-ordinator to book any of these events



Contact **Chris** our Activities Co-ordinator to book any of these events

### Happy Birthday and congratulations to:

<b>John K</b>	on the <b>27<sup>th</sup></b> of <b>July</b>
<b>Trevor</b>	on the <b>5<sup>th</sup></b> of <b>July</b>
<b>Connie</b>	on the <b>6<sup>th</sup></b> of <b>August</b>
<b>Chris</b>	on the <b>15<sup>th</sup></b> of <b>August</b>
<b>Ruth</b>	on the <b>17<sup>th</sup></b> of <b>August</b>
<b>Alan</b>	on the <b>24<sup>th</sup></b> of <b>August</b>
<b>Julia</b>	on the <b>27<sup>th</sup></b> of <b>August</b>
<b>Dorne</b>	on the <b>31<sup>st</sup></b> of <b>August</b>

### New and Renewing Members

Please ensure you use the Yarra Ranges NSA application form and make your payment through the Branch so that NSA is aware you are a member of our branch. The form is included as the last page of this journal or for those electronic.....

[Click here for printable Membership Form](#)

### Diary Dates

- Wednesday 3 July      **'The Windsor (Royal)'** Exhibition. By train to Bendigo. Using your free Seniors Off-Peak Travel Voucher. Further information to follow.
  
- Thursday 26 Sept.      **'Terracotta Warriors from China'** Exhibition. National Gallery \$25 concessions \$10 child (school holidays) - Travel by train to Melbourne
  
- Thursday 3 October      **'Trivia Morning'** for Seniors Week @ 10.00am for 10.30am start at Lilydale Bowls Club \$5 entry includes Devonshire Tea / Coffee Bring all your friends!
  
- Sunday 21 July      **'Banksia Café' lunch.** 530 Burwood Highway Wantirna South @ 12:00 noon
  
- Wednesday 24 July      **'Sanctuary House's Christmas in July' lunch.** Badgers Creek Road Healesville @ 12:00 noon plus Entertainment
  
- Sunday 4 August      **'Upper Yarra RSL' lunch** 119 Settlement Road Yarra Junction @ 12:00 noon.
  
- Sunday 8 Sept.      **'Platinum' Café' brunch.** 1E Ridge Drive Chirnside Park @ 10:30am.

The second Thursday of each Month at the **'Olinda Creek Hotel'**  
 161 Main Street Lilydale – **Show** 10:00am for 10:30am start (**Note:**  
 order and pay for lunch first)- **Lunch** – 11:30am (1 course \$12.00)

- |                   |  |
|-------------------|--|
| Thursday 11 July  | Leila <b>'Xmas Cabaret'</b>              |
| Thursday 8 August | Paul Hogan <b>'The Born Entertainer'</b> |
| Thursday 12 Sep.  | Natalie Jay <b>'50s, 60s, 70s Show'</b>  |
| Thursday 10 Oct.  | Col Perkins <b>'John Denver Show'</b>    |

For those who like Musical Theatre these shows may be of interest

- |                     |                        |
|---------------------|------------------------|
| Saturday 12 October | <b>'The Producers'</b> |
| Sunday 20 October   | <b>'Mamma Mia'</b>     |
| Saturday 9 November | <b>'Wizard of Oz'</b>  |

Booking details, performance times and descriptions are included on page 13 of this publication.

**NB: Lyn will not be taking bookings until 9<sup>th</sup> August**



Saturday walks schedule. Why not come on a social walk with fellow members and get fitter too?

- |                  |   |
|------------------|---|
| Sat 6 July       | <b>Lilydale to Mt Evelyn</b>            |
| Sat 13 July      | <b>Wandin to Seville</b>                |
| Sat 20 July      | <b>Lilydale to Lilydale</b>             |
| Sat 27 July      | <b>Norton Road Croydon</b>              |
| Sat 3 August     | <b>Lilydale Lake</b>                    |
| Sat 10 August    | <b>Lilydale to Mt Evelyn</b>            |
| Sat 17 August    | <b>Barneong Reserve Croydon North</b>   |
| Sat 24 August    | <b>Mullum Mullum Creek Burnt Bridge</b> |
| Sat 31 August    | <b>Norton Road Croydon</b>              |
| Sat 7 September  | <b>Wandin to Seville</b>                |
| Sat 14 September | <b>Lilydale to Lilydale</b>             |

## Diary Dates



Contact Chris our Activities Co-ordinator to book any of these events



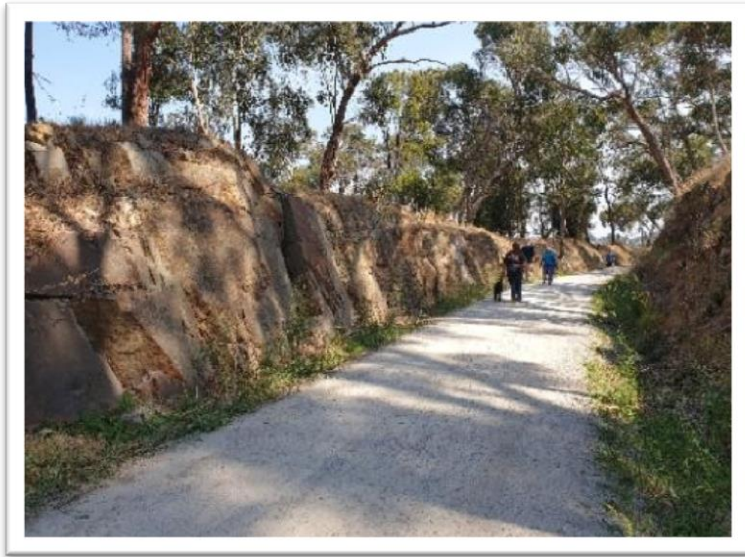
Contact **Lyn Ford** to book any of these events.



Contact **Chris**, our Activities Coordinator for details.

Walks start 9.00am (unless over 30 degrees then they start 8.30 am).

We walk in most weathers. Walks are of a mild intensity and last up to 3 hours but this includes a café stop.



### Photos from our walks

Do you know where they are? Come and join us to find out. Both Photos are from the same walk. The answer in the next addition of this publication

**Photos in the May - June 'Grapevine' – answers! 1st - Along the Warburton Trail on the Wandin to Seville return Walk 2nd.- On this walk we occasionally meet Michael and BJ the horse too.**



- |                   |                               |                |
|-------------------|-------------------------------|----------------|
| Carpenter         | <b>Hans</b>                   | ☎ 0418 111 499 |
| Electrician       | <b>Shockfree Electricians</b> | ☎ 0411035345   |
| House Renovations | <b>Tandin Constructions</b>   | ☎ 0412 185353  |
| IT                | <b>Patrick</b>                | ☎ 0413 726726  |
| Kitchens          | <b>Touchwood Kitchens</b>     | ☎ 0418 542130  |
| Painting          | <b>Craig</b>                  | ☎ 0421 889326  |
| Plumber           | <b>Lachy</b>                  | ☎ 0438 563788  |



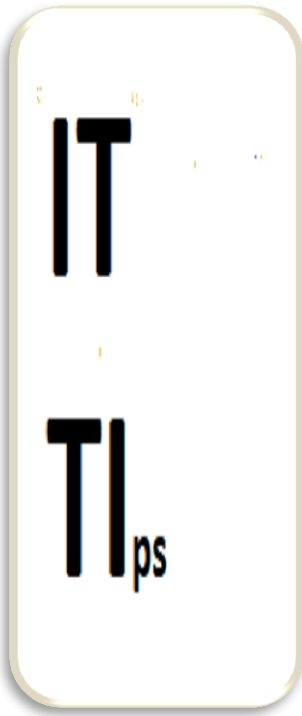
### In Cheek

#### Member profile - Arthur Goodman, a newish member

Arthur is that strange breed of person who only gets half of everything done. His Psychiatrist is busy working out why. Arthur says of his Psych, that he tries hard but often misses the bleeding obvious. Anyway, Arthur keeps trying to get a fix for his problem.

When questioned about being a newish member, his main concern was that we did not discriminate because of that fact. No Arthur, the Yarra Ranges Branch of the National Seniors is an equal opportunities association. We will even let Calathumpians join.

Enjoy your time with us, Arthur.



The **Yarra Ranges National Seniors Website** contains all the information from our newsletter and a facility to download a copy of that newsletter. Did you know that the website can be easily accessed from an icon on your android phone, desktop PC or Laptop. Here's how:

Using Chrome, or any other browser, search for 'National Seniors Yarra Ranges'. Our Website will be the first entry presented. Click it. Then:

- For a PC or Laptop, drag (click hold and move) the address bar information to the desktop. An icon will appear. Click that icon and you are taken direct to our website.
- For an Android phone, tap the menu (for Chrome, usually the 3 horizontal lines at the top right of the browser), then tap 'add to Home screen' (for Galaxy) or 'bookmark' (for other Androids). A National Seniors Icon will now be on your home page. Tap that icon and you are taken direct to our website.

Once in our website you will see a button to download the latest newsletter.



## The Power of Your Vocabulary!

I met an old classmate who'd been a 'brain box' and went on to much bigger and better things. We exchanged phone number and said we'd keep in touch. The next time I was talking to him on the phone I asked him what he's been doing. He said he'd just finished working with an aqua-thermal treatment of ceramics, aluminium and still in a controlled environment. I was very

He'd actually washed the dishes with hot water while his wife supervised!

### Contributions to our Newsletter



- Have you been travelling?
- Have you attended a good show?
- Have you read a good book?



Is there something you have experienced, that you would like to share with the members of the Branch? A story? One-liners? Photos from outings/holidays? **Maybe a photo from the distant past?** Something you want to tell us? An 'IT tip' or even an 'In Cheek' article? (see previous page). If so, Lyn would like to hear from you.

## 'OUT & ABOUT's' Silo Art Trail and Lake Tyrell Tour (29 April – 3 May 2019)

Reflections by Lorraine Schafer.

A group of members participated in the Silo Art Trail and Lake Tyrell Tour recently. I'm sure everyone had a great time – I certainly did! We left Lilydale on Monday 29th April at 9.00am and travelled to Collingwood (near Wellington and Gipps Streets) to see a large mural, featuring three different nationalities.

We travelled on the Calder Freeway and stopped for morning tea at the Organ Pipes National Park. We went on to Bridgewater Hotel where lunch was waiting, ready for our arrival.

In the afternoon we headed to Sea Lake for our first night's accommodation in new eco-friendly facilities made with corrugated iron. In the evening we went to Lake Tyrell to see the sunset. There wasn't a lot of colour due to clouds. Afterwards we visited a gallery and shop for pre-dinner drinks before dinner in the restaurant next door.



The next morning we were back on the road and headed to Patchewollock to see the first painted silo mural, of a farmer. The ladies of the town put on a beautiful morning tea and later, lunch was at Lascelles where soup and sandwiches were awaiting our arrival. We visited the Gallery of Iron Art, by artist Phil Rigg, and his wife Marlene, whose patchwork crafts were also displayed. Next was Hopetoun, Rainbow and Jeparit, where Sir Robert Menzies hails from.

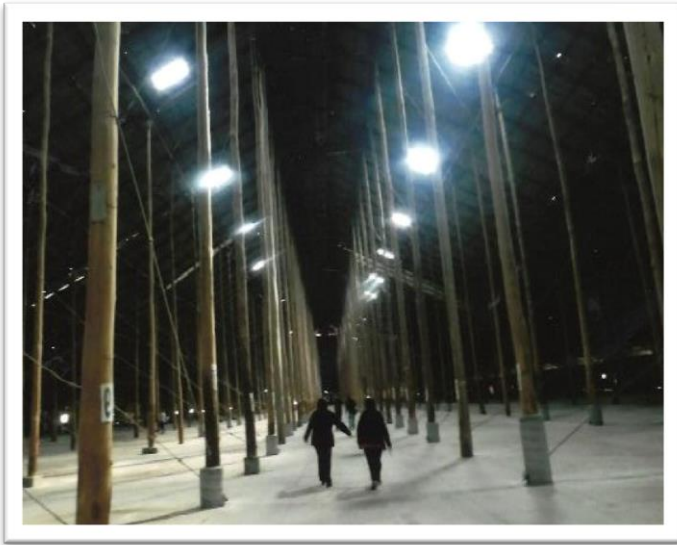


The next 3 nights' accommodation was in Horsham where we had breakfast and dinner each day. The meals were lovely and plentiful. With Horsham as our base for 3 days we enjoyed:

- **Rosemary, Brim and Sheep Hills:** to see 3 magnificent silo murals painted by Suido Van Helton who captured the 'Imagination of Australia' December 2015. In Brim we met a farmer, Alan Quick, who featured on one of the silos. Fay, from our group, went to school with Alan. Fay and Ross had grown up in the area, so were happy to meet up with Alan after many years. Alan kindly signed our Silo Art books. While I enjoyed and appreciated all of the silo murals, I particularly liked the mural in Sheep Hills. The artist has done a sensational job capturing the facial features, particularly the eyes, of the 4 indigenous faces - 2 adults and 2 children. These were painted by internationally renowned street artist Adnate and completed in December 2016. He is famous for his work with Aboriginal communities across Australia



- **Murtoa:** here we visited the Stick Shed. This was fascinating! It's a shed where grain was stored during war years. A great place to visit and shouldn't be missed.



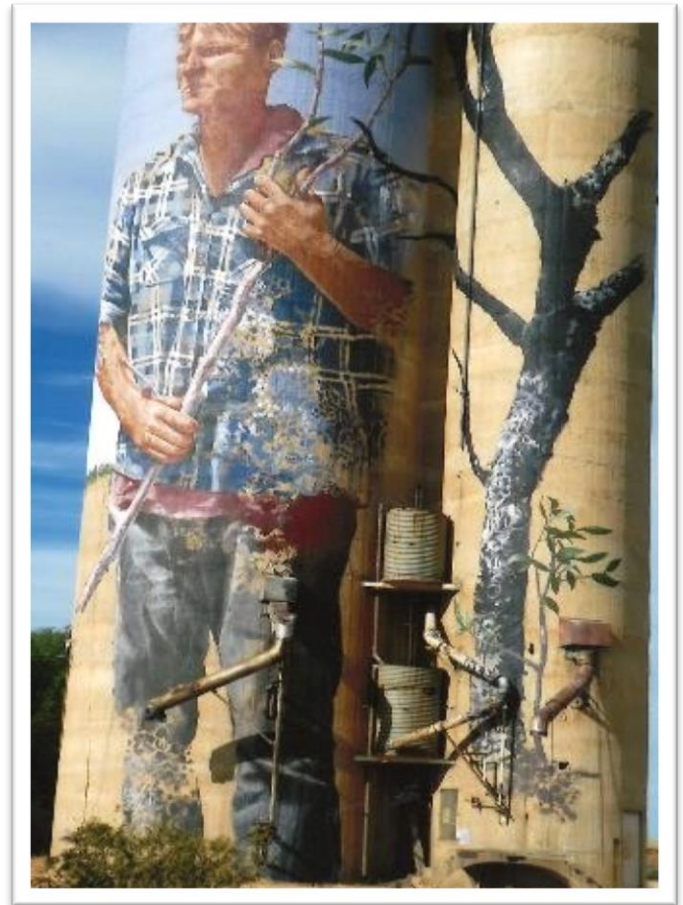
- **Rupanyup:** we had lunch here and a visit to the Wood's Farming and Heritage Museum. There are so many tools, tins, old washing machines and machinery and replica shops, depicting days gone by. The final silo viewing was at Rupanyup, and this featured 2 young local residents, one a member of the local Netball Team and the other a member of the local Football Team. The young man on the silo, Jordan Weidemann (16years) is a decedent of Collingwood football player, Murray Weidemann. The Russian artist was Julia Volchkova who painted the silo, completed in April 2017.



- **Lascelles:** 'The Drover's Hut Gallery'. Melbourne street artist Rone has depicted the faces on the silo of the couple Geoff and Merrillyn Horman.

The family have lived in the area for four generations.

- **Patchewollock:** Establish in 1914 takes its name from two aboriginal words 'Pirje' meaning plenty and 'Wallah' meaning Porcupine glass. The artist Gintan Magee's mural is local farmer Noodee Hulland on the grain silos.



- **Roscluny:** Silo art is by 'Kaffmaine' who painted the silos in October 2017.
- **Minyip:** Crawford Productions featured Minyip as 'Coopers Crossing' in the long running television series 'The Flying Doctors'. Production ceased in 1989.

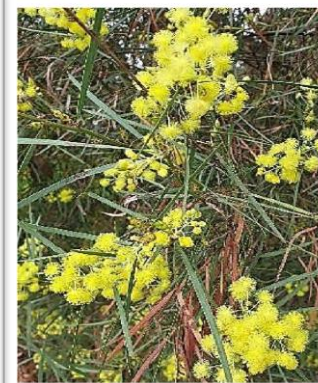
On the last day we travelled from Horsham to Ararat and then Ballarat, where the landscape was lush green. This was so different from where we'd travelled in the previous days. We went onto Geelong and then Queenscliff where we caught the ferry to Sorrento, before heading home to Lilydale, by 7.00pm.

I hope everyone enjoyed the trip as much as I did. It was great value for money, terrific company with lots of laughs, great sights and meals. Sincere thanks to everyone involved in making this possible.

That was  
Autumn



And nature  
was confused  
with out-of-  
season  
flowerings in  
mid-April



# National Seniors

AUSTRALIA

## Some News Items from National Seniors that you may have missed

### Men's Health - Some things to consider

Like most things in life, improving one's health takes work and awareness. Men can learn a lot from women; they tend to talk more about their health and visit their GP regularly.

#### Health tips:

- **Skin checks.** Check your skin regularly for unusual moles or freckles that change size or shape and if you are at high risk have a regular examination by a dermatologist
- **Dental care.** Reduce your risk of tooth decay, gum disease and tooth loss by cleaning and flossing regularly and eating a low sugar diet. Have an annual dental check.

- **Testicular examination.** Check your testicles for unusual thickenings or lumps. See a doctor if concerned
- **Heart Health.** Have your blood pressure checked regularly, and blood tests for cholesterol and triglyceride levels. If you have a family history of heart disease tell your doctor
- **Obesity.** Being overweight is a significant risk factor so get your doctor to check your BMI (body mass index) and waist measurement
- **Diabetes.** If you're overweight, over 45 and have high blood pressure and a relative with diabetes your doctor may want to have you tested for the disease



- **Being over 55** is a risk factor for diabetes. You can't change your age but you can reduce other risk factors by not smoking, losing weight, regular exercise and a sensible healthy diet
- **Prostate Cancer.** If you're between 50 and 70 talk to your doctor about a PSA test (prostate specific antigen test)
- **Bowel Cancer.** Did you know 90% of bowel cancers can be treated successfully if caught early? Participate in the National Bowel Cancer Screening Program – it is free for 50 to 74 year olds. If there is a family history of
  - bowel cancer, talk to your doctor as you may need a regular colonoscopy
- **Eye Tests.** Over 60s should have the eyes tested annually to detect possible glaucoma, cataracts, diabetic retinopathy and macular degeneration
- **Bone Density.** Osteoporosis is more common in women, but it affects men too. If you are over 60 talk to your doctor. A healthy diet and weight bearing exercise will help
- **Vitamin D** also helps.

**MEDIA RELEASE** 5th June 2019

## **Cut pensioner deeming rates – National Seniors Australia (Media contact: 0488047380)**

Leading advocacy organisation National Seniors Australia has called for deeming rates to be cut in line with record low interest rates announced by the Reserve Bank.

Deeming rates have not been adjusted since 2015 despite interest rates falling from 2.25 per cent to the current record low of just 1.25 per cent.

Pensioners relying on income from bank deposits are getting hit twice. Firstly from reduced income from deposit investments and then by again by deeming rates that don't reflect lower interest rates but which are applied against income to determine the level of pension they will receive.

National Seniors Chief Advocate Ian Henschke said it was almost impossible for pensioners to generate income from bank deposit investments that matched the rate of income they were deemed to be earning. "For example, one of the big banks today is offering a term deposit rate of 2 per cent for amounts above \$50- thousand and the interest paid only at the end of the term.

"However, a single pensioner is deemed to be earning 3.25 per cent for the same amount, an amount the bank is offering just 2 per cent on. "This is why pensioners are contacting us saying the government needs to cut the deeming rate," Mr Henschke said.

Mr Henschke said that it was time the government reviewed deeming rates to bring them in line with interest rates. "Current deeming rates are now



Ian Henschke of NSA

significantly out of alignment with the lower income generated by bank deposit investments.

"However, seniors' eligibility for the Age Pension and the pension amount they receive is still subject to those deeming rates," Mr Henschke said. "It is not fair to apply a deeming rate that was set in 2015 to a pensioner's bank deposit income which has dropped significantly as a result of the RBA's decision to cut to a record low," he said.

Following the Reserve Bank of Australia's decision in 2015 to lower the official cash rate to what was then an historic low of just 2.25%, the government reduced the deeming rate as well.

Announcing the decision, the then-Federal Minister for Social Services, Scott Morrison, said "This additional investment will mean more in the pockets of pensioners."

"As Prime Minister Mr Morrison should again act and review the growing deeming gap and the financial hit it is having on pensioners," Mr Henschke said.

## PENSION LOAN SCHEME BOOST FROM 1<sup>st</sup> JULY 2019

Cash-strapped Age Pensioners may be able to borrow against their family home under changes to the Pension Loan Scheme (PLS) announced in last year's federal budget and which take effect from 1 July 2019.

The scope of the PLS, which allows older Australians to borrow money from the federal government against their homes to supplement their income while in retirement, has been expanded, enabling more retirees to access it.

### A Win for Seniors?

National Seniors supported reforms to the PLS when it was announced in the Budget and made a submission to the parliamentary inquiry set up to debate the legislation. We welcomed it as good news for retirees and pensioners given that 75% of pensioners are home owners and the initiative could reduce pension poverty, especially for those who are asset rich but cash poor.

### How It Works

Each fortnight a pensioner is paid an agreed amount, which increases the amount that must be repaid when the house is sold (usually from the estate). Payments continue until the balance of the loan reaches the maximum loan available. Currently, there is a fixed interest rate for PLS loans of 5.25% p.a. compound interest on the outstanding loan balance. Patrick an editor of this magazine thinks that with 'a' grade assets such as a

home, a 5.25% loan is a rip-off. "Are you paid anything like that amount on your Bank Deposits?"

To qualify you must meet all of the following:

- own real estate in Australia with enough equity to secure the loan.
- have adequate insurance covering the secured real estate.
- qualify for or get an eligible payment.
- not bankrupt or subject to a personal insolvency agreement.
- you or your partner are Age Pension age or older.

### Borrowing Amount

Retirees can choose how much they want to borrow (up to 150 % of the full pension).

For example, if a single part pensioner receives a pension payment of \$400 per fortnight but wants to receive the maximum amount of \$1,389.30 then the amount added to the loan each fortnight would be \$989.30.

However, they may only want to receive a total of \$1,000 which would mean the amount added to the loan each fortnight is \$600. This is on top of any income that they receive from super or investments. It is important to also note that PLS payments are not counted towards the Age Pension income test.

Anyone wanting to apply for the scheme should contact Centrelink - applicants have to talk with a Financial Information Service officer before they can apply.

It is recommended you seek independent financial or legal advice before making any decisions about the Pension Loans Scheme or any other scheme to unlock equity from the family home, such as a reverse mortgage.



Examples of Elaine's Magnificent Quilting See article On the opposite page



## Getting to know all about you

### Elaine's Story

I grew up and went to school in Deepdene and Balwyn High School. Dad was a sales representative and Mum was a home body, but she did do beautiful dressmaking and made all my clothes.

I met Steve whilst I was only 16 and still at school. We married in 1966 and built our own home in Mount Evelyn where we lived for 32 years before moving to Lilydale. We have two children, our son is 49 and lives in Cockatoo and has three children; our daughter is 48 and lives in MacKay Queensland and has one child.



We did our first caravan trip in a borrowed caravan when our daughter was 3 months old. Three years later we bought our first caravan and have owned four caravans and a motorhome over the years. Unfortunately we have just sold our motor home, but we still belong to two caravan clubs and we travel and stay in cabins.

I have always worked doing bookkeeping. My Dad, in later years, owned his own business and I did his accounts. After Dad retired I went to work full time at B & D Doors in Kilsyth where I stayed for 20 years before retiring and then we started to do a lot of overseas travel.

This is a new segment to which we would like members to contribute  
It's all about your life and times

Steve was a carpenter by trade and went into Trade Teaching in 1969 having started at Mooroolbark Technical School, next was Box Hill Technical School and then finally to St Josephs in Ferntree Gully.

The whole family became involved in the Melbourne Gang Show in 1985 and I did costumes for them until 1995. Our daughter did makeup and our son was involved in the technical side of the show and Steve was involved with souvenirs. We love our theatre and have seen many shows over the last 53 years.

I started quilting after we had been to New Zealand to attend a National Caravan Rally in 1997. We stayed on after the rally and one of the caravan members took me to her patchwork shop in Wellington – the rest is history. I came home from the rally and started patchwork classes in Montrose and I have not stopped since – LOVE IT!

We have been involved with the National Seniors Australia Branch in Lilydale since it started and enjoy the group very much. We have made some very good friends and done lots of wonderful things with the group.



# HIGHLIGHTS OF A WINTER WONDERLAND TRIP

by the intrepid Ann

I arrived in Norway's mid-winter, ready for extreme weather. But nothing prepared for the natural beauty of forests blanketed in snow, dramatic coastal fjords and amazing skyscapes. Beginning with a tour of Oslo we visited the Vigeland sculpture Park, the Holmenkollbakken Olympic Ski Jump and the Oslo Opera House and harbour museum – *Anyone for an icy swim and sauna from the jetty?*

We continued by ferry winding through the narrowest world- heritage fjord in Europe, flanked by mountains, providing stunning views on our way to Voss. Located in the centre of this village lies the historic Voss Church built in 1277.

From Voss we travelled the famous Flam Rail to Bergen with its picture book wooden houses at Bryggen and visited 'Troidhaugen', the former home of famous composer Edvard Grieg. We then boarded our Hurtigruten coastal voyage, stopping at 20 ports on route via the North Cape to Kirkeness. Day expeditions were made to fishing villages, islets and historic sites of Norway, including the magnificent Nidaros Cathedral at Trondheim and picturesque Alesund with its art nouveau architecture and surrounding fjords.

Continuing north in the arctic circle with temperatures reaching 37° below, dog-sledding expeditions were exhilarating and clear conditions were ideal for viewing the spectacular northern lights.

From Kirkeness we toured south via the Russian border through Inari, Finnish Lapland, with its ice lakes and snow- laden forests. We visited the Siita Arctic Museum and Rauna Wildlife Park on route, staying at Saareiselka and Rovaneimi. Reindeer spotting and a safari added fun whilst learning the traditions of the Sami people.

Here the sun sets by mid-afternoon and lights twinkle in tiny fishing villages, guiding families' home at night. I listened to stories, ate fish and potatoes being staples on the menu, and slept under stars in a glass-domed hut. I also wondered at the low cost of electricity throughout Scandinavia and the sight of cars half-buried in snow plugged in on the side of the road.

Before ending the tour in the Finnish capital of Helsinki, we cross the Baltic Sea by ferry to explore Tallin in Estonia - a beautiful medieval city steeped in history and culture. Leaving this winter wonderland, I am ready to return down under to the polar opposite of everything, back home - Isn't that what holidays are for!



Dynamic Vigeland



Flam Rail to Bergen



Taxi



Sami style hut



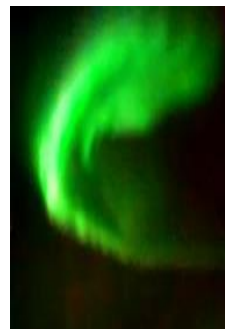
Noon



Medieval Tallinn



Snowflakes on our Clothes



Aurora Borealis



Olympic Ski Jump



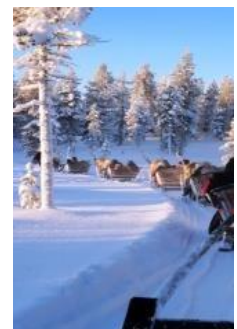
Voss Church



Narrow Fjord



E. Grieg lived here



Reindeer Lapland



**Cost: \$42.00**

Payment by the 14<sup>th</sup>  
September Meeting

Nova Music Theatre, at the Whitehorse Centre,  
Whitehorse Road Nunawading

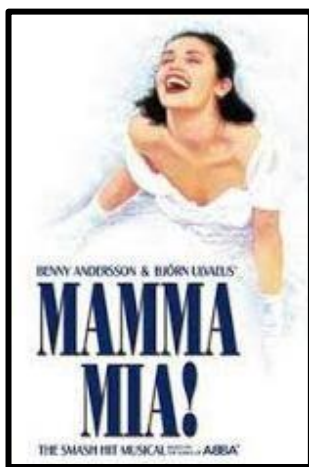
## 'The Wizard of Oz'

SATURDAY 9<sup>TH</sup> NOVEMBER 2019  
AT 8:00 PM

**Based on:** [L. Frank Baum's](#) 1900 children's book 'The Wonderful Wizard of Oz'

**Music by:** [Harold Arlen](#) and [Herbert Stothart](#)

When a tornado rips through Kansas, Dorothy and her dog, Toto, are whisked away in their house to the magical Land of Oz. They follow the Yellow Brick Road toward the Emerald City to meet the Wizard, and enroute they meet a Scarecrow that needs a brain, a Tin Man missing a heart and a Cowardly Lion who wants courage. The wizard asks the group to bring him the broom of the Wicked Witch of the West to earn his help.



**Cost: \$50.00**

Payment by the 12<sup>th</sup>  
August Meeting

Clock Music Theatre, at the National Theatre,  
Corner Barlay and Carlisle Streets St Kilda

## 'MAMMA MIA'

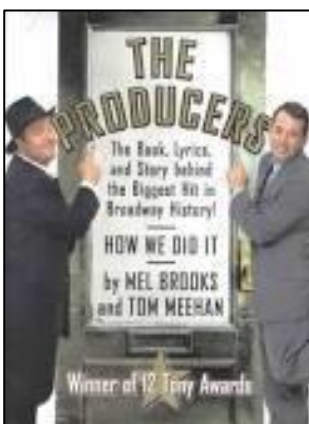
SUNDAY 20<sup>TH</sup> OCTOBER 2019  
2:00 pm MATINEE

**Playwright:** [Catherine Johnson](#)

**Composers:** [Bjorn Ulvaeus](#) and [Benny Andersson](#)

Donna, an independent hotelier in the Greek islands, is preparing for her daughter's wedding with the help of two old friends.

Meanwhile Sophie, the spirited bride, has a plan. She secretly invites three men from her mother's past in hope of meeting her real father and having him escort her down the aisle on her big day.



**Cost: \$42.00**

Payment by the 14<sup>th</sup>  
September Meeting

Babirra Music Theatre, at the Whitehorse Centre,  
Whitehorse Road Nunawading

## 'The Producers'

SATURDAY 12<sup>TH</sup> OCTOBER 2019  
AT 8:00 pm

**Play Wrights:** [Mel Brooks](#) and [Thomas Meehan](#)

**Music and Lyrics:** [Mel Brooks](#)

The story of a down-on-his luck theatrical producer, Max Bialystock and Leo Bloom, a mousy accountant. Together they hatch the ultimate scam, raise more money than you need for a sure-fire Broadway flop and pocket the difference.

Their 'sure-fire' theatrical Fiasco? None other than the musical 'Springtime for Hitler'

# Yarra Ranges Branch National Seniors Australia Membership Application (NSA ABN 89 050 523 003)

## PERSONAL DETAILS

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_  
Last name \_\_\_\_\_ Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Address \_\_\_\_\_  
Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_

## JOINT MEMBER DETAILS

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_  
Last name \_\_\_\_\_ Date of birth \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_

## MEMBERSHIP AND PAYMENT DETAILS

*Yarra Ranges Branch  
No. 100132*

I/we would like to join for: (please tick) includes GST

1 Year  Single \$45  Joint \$75      2 Year  Single \$80  Joint \$125  
5 Year  Single \$195  Joint \$295      Lifetime  Single \$425  Joint \$650

TOTAL PAYABLE: \$ \_\_\_\_\_

Cheques / Money Order enclosed (payable to: National Seniors Australia)  
 Please charge my credit card:  Visa  Master Card

Card number:

Cardholder's Name: \_\_\_\_\_ Expiry: \_\_\_\_ / \_\_\_\_

Cardholder's Signature: \_\_\_\_\_

NSA respects your privacy and is committed to protecting your personal information.  
You can view the full details of our privacy statement online at [nationalseniors.com.au](http://nationalseniors.com.au)

I would like to receive '50 Something' Magazine by Mail (also available online at 50Something app.)

## MEMBERS

Branches – Social & Friendship  
'50 Something' Magazine  
Discount & Benefits  
Credit Card  
Car Buying Service  
Insurance  
Travel  
Competitions  
Online Shop

## NEWS & EVENTS

Latest News  
Policy & Media Updates  
In the Media / Media Releases  
Events

## RESEARCH

Finance  
Health & Aged Care  
Housing  
Retirement  
Social Connectedness  
& Communities

## ABOUT US

Board & Governance  
Leadership Team  
Policy Advisory Groups  
Careers  
Foundation Trust  
Partners  
FAQs

## INFORMATION HUB

Consumer Protection  
Healthy Ageing / Aged Care  
Social Inclusion  
Technology  
Work & Career  
Retirement  
Retirement Living Options

## ADVOCACY

How Advocacy Works  
Policy and Advocacy  
Submissions

**National Seniors**  
AUSTRALIA