

DIARY DATE CLAIMERS: All bookings/queries/payments please see John C.

March 26 BUS TRIP: Purling Brook Falls & Springbrook.....\$45
Morning Tea incl. Lunch at own expense. A booking will be made at The Springbrook Cafe

May 28 AUTUMN BUS TRIP:.....Details TBC

July 23 CHRISTMAS IN JULY:.....Details TBC

COMMITTEE MEMBERS: All correspondence please email: nsachermerside@outlook.com

President: Barbara Coleman
M: 0413 494 693

Secretary: Vicki Beardmore
M: 0421 630 742

Treasurer: Sue Webster

Membership: Jeanette Daff
M: 0423 579 621

Guest Speakers: Vicki Beardmore
M: 0421 630 742

Activities: Karlotta Reeves
M: 0410 699 300

Tours: John Canterbury
M: 0411 046 179
Email: jncgrange@optusnet.com.au

Welfare Officer: Jenny Tidey OAM
M: 0409 108 358

Newsletter: Alayne Brown
M: 0413 317 690

VENUE REMINDERS:

* If the main doors are closed, enter via the Newman Rd entrance of The Cove Kitchen & Bar.

* **MEETING PARKING:** Car park entry off Newman Rd.

* **BUS TRIP PARKING:** Carpark in Collings St adjacent to the trainline.

* **BUS PICK UPS:** Wait at the BCC bus shelter on Newman Rd opposite the club carpark entry.

GENERAL REMINDERS:

Check your NSA Membership validity and renewal dates and renew if required. If unsure, please see Jeanette Daff (Membership).

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, PLEASE wear your NSA name badge on all outings.

To order and purchase a badge, please see Sue Webster (Treasurer).

For payment of an event, please do **ONE** of the following ASAP:

1. **CASH:** Correct money placed in an envelope with:
Your Name – Event & Date – Amount enclosed
Please give the envelope to John C (Tours) who will issue a receipt.OR.....

2. **BANK TRANSFER:** Please record your name in the "details section" of the transfer.

Acct Name: National Seniors Chermerside
BSB No: 084150 **Acct Number:** 047984369

For lunch reservations, please put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.

If you're aware of a member who is unwell, please let **Jenny Tidey OAM** know immediately, so that she can contact them.

For apologies, if you're unable to attend a meeting and if your contact or address details have changed, please let **Jeanette Daff** our **Membership Officer** know ASAP.

If you have info for the Newsletter, feedback and/or need a lift to the meeting or to any of the social outings, including the bus trips, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.

NSA Our Generation Magazine: <https://nationalseniors.com.au/news/>

Please bring a container if you'd like to take home any leftover morning tea scones or slices.

The Key to a Better Life:



Complain less, appreciate more.

Whine less, laugh more.

Talk less, listen more.

Want less, give more.

Hate less, love more.

Scold less, praise more.

Fear less, hope more. - Michael Josephson

Women & cats will do as they please...And men & dogs need to relax and get used to the idea.

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

National Seniors AUSTRALIA

CHERMSIDE BRANCH: PO Box 2073, Chermerside Qld. 4032

Web Page: nationalseniors.com.au/get-involved/branches/Chermerside.

Venue: Geebung RSL, Newman Room, 323 Newman Rd, Geebung.



NEWSLETTER January 15, 2026

Good Morning Members & Guests

Welcome to our first meeting for 2026. I hope you all had a joyful Christmas and holiday break. We enjoyed our inaugural Christmas Luncheon at Geebung RSL even though there were a few teething problems with the buffet and dessert. The Committee has written to the Club's Function Manager regarding this matter and we've received correspondence back, which we'll discuss later in my address.

Special thanks to Vicki, Jeanette and others who took on, co-ordinated and helped with the many jobs associated with this event including organising the activities & games, photography, table settings, purchasing cards and wrapping gifts and set up of the tables etc.

We still require a person to fill the Guest Speaker role, which Vicki has graciously been doing in a 'caretaker capacity' for over 1.5 years now!! We seriously need someone to step up and please take over this role. It really is not too difficult, and we already have speakers booked for the next couple of months.

Take care & stay cool.

Barbara Coleman

President

TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

As this is our first Social meeting for the new year, we thought members would enjoy an extended morning tea, to catch up and chat. We will have the **Guess Who? Guessing game**, where we try to guess **just who is:** That cute baby with the cow's lick, decked out in a crochet suit? The gorgeous bridal couple?

NOTE: Karlotta has made a lunch booking **downstairs at The Cove Kitchen & Bar** after today's meeting. If you'd like to stay on for a meal, chat or just a coffee, you're most welcome to join.



TIP OF THE MONTH: CAR SEATING

Over time, your height and posture will have changed – you are shrinking. This will cause you to sit low in your car seat, with compromised vision over the steering wheel and bonnet. In most modern cars the height of your steering wheel, car seat, head rests and seatbelt anchor point (beside your head), can be adjusted to suit your changing stature - to help you to stay legally safe and comfortable. Adjusting these things to suit your body, will also decrease the risk of serious chest injury - which is the most common injury to seniors involved in a car accident. It may also prevent a few scrapes on doors and bumpers (from meeting shopping centre posts). 😊 Take a moment to either check around your car seat for extra levers (you may not have used), consult your car's instruction manual or google your car make and model for this information.

JANUARY BIRTHDAYS:

Bill Durston 4th (94), Barbara Barlow 7th (96),
Sue Webster 8th, Stella Wells 10th,
Mary Hargreaves 14th (92), Eleanor Durston 19th



JANUARY ANNIVERSARIES

Bill & Eleanor Durston (1963) 63yrs

CONGRATULATIONS TO ALL!

NOTES FROM THE LAST MEETING:

- ❖ **Attendance:** 52 Members;
New members: 1 Rhonda Melville (b'day 17/11), who came along and joined NSA straightaway.
Apologies received: 10; **Visitors:** 2 Matty Aronis & Jan Theile.
- ❖ Our Guest Speaker was John Crook, an IT Specialist who delivered a very informative presentation on the history and use of AI. It was incredible to see just how quick and easy it is to use. It can help with tasks, hobbies, business, scheduling and organisation etc. and enabling those with disabilities. However, it's also a little disconcerting to see just how much it has already (and often unknowingly), infiltrated our everyday lives. It seems to be everywhere!

OTHER NOTES

- Thank you members for generously donating to Burnie Brae's *Project Pantry* appeal. We collected over 100 items at the two meetings in October and November. These were dropped off at the BB centre and gratefully received.
- A reminder to those who purchased the delicious Lime Butter at our Bring & Buy stalls: Please return the clean empty jars when you've finished, so that we can return them to Keith Boucher to re-use and cut down on his costs. Thanks.
- As it's the start of the new year, please check your NSA Membership validity and renewal dates and renew if required. If you have a problem with how to pay, please see Sue Webster (Treasurer). If you're unsure of the validity, please see Jeanette Daff (Membership).

SOCIAL MEETINGS, MORNING TEAS & LUNCHES

January 22	11.30am LUNCH	Bravo Restaurant @ Kedron Wavell RSL
January 29	11.30am LUNCH	The Aspley Hotel, 1247 Gympie Rd, Aspley
February 5	COMMITTEE MEETING	Geebung RSL (12pm lunch prior)
February 12	11.30am LUNCH	Albany Creek Tavern, 730 Albany Ck Rd, Albany Ck
February 19	SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10	
9.30am for 10am Start	Guest Speaker: Mike Gilmour, President Qld Wattle Assoc	
February 26	11.30am LUNCH	Pine Rivers Bowls Club, 11 Sparkes Rd, Bray Park
March 5	COMMITTEE MEETING	Geebung RSL (12pm lunch prior)
March 12	11.30am LUNCH	The Warner Tavern, 2 Everest St, Warner
March 19	SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10	
9.30am for 10am Start	Guest Speaker: Richard Kinnon from Outback Pioneers Tours	
March 26	BUS TRIP Purling Brook Falls & Springbrook.....\$45	
8.30 for 8.45am Departure	Morning Tea incl. Lunch at own expense	

AUSTRALIA DAY is coming up on 26/01/26!!

Two Aussies, Bruce and Shelia are sitting in their living room. Bruce says, "Just so you know Shirl, I never want to live in a vegetative state, dependant on some machine and drinking fluids from a bottle. If that ever happens, just pull the plug". Shirl gets up, unplugs the TV and throws out all the beer.

Q. What do you call a boomerang that doesn't come back? A. A Stick.

Q. What do you call a kangaroo that's a dead set genius? A. A quantum leap.



Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & Staff

CHRISTMAS LUNCHEON PHOTOS

