

July 2019

Good Morning Members and Visitors.....

Gee whiz the Winter has finally come to town. I hope you are all keeping warm in your winter woollies. I had a lovely visit to the Mt. Larcom Show, the chainsaws titles were amazing. The "The Crack up Sisters" were hilarious and had the crowd literally cracking up. They put on such an interesting couple of days, and it seems to be getting bigger each year. We will be holding our AGM in August where all

positions will be declared vacant. Please see me for a nomination form if you are interested in joining the team.

A good day for a pensioner, with the Government altering the deeming rate. Put your thinking caps on to work out what you will spend it on.

Meeting to be held Tuesday 20th August 2019.

See you all then,

..... Larney

TODAY'S GUEST SPEAKER

A Representative from Niagara Medical Therapies will be addressing the meeting today

JULY CELEBRATIONS HAPPY BIRTHDAYS

Alan Armour; Sharon Barrett; Colin Beendorf; Susan Bird; Sybil Browning; Christine Dennis; Debra Evans; Ria Forrest; Barry Griffiths; Valerie Johannesen; Roy Jones; Val Jones; Helen Joseph; Margaret Loretz; Marie Ann Martin; Colleen McDonald; Charles Mellor; Maxwell Ricketts; Judith Ruddell; Jenny Winning; Narelle Wright.

HAPPY ANNIVERSARIES

Trevor and Cheryl Heard; Olive and Charles Mellor.

THOUGHT FOR THE DAY

Fear is the parent of cruelty.

A LITTLE HUMOUR

I finally got permission from my doctor to join a fitness club and start exercising. I decided to take an aerobics class for seniors. I bent, twisted, gyrated, jumped up and down, and perspired for an hour, but by the time I got my leotards on, the class was over.

Bob, an 82 year old man, went to the doctor for a check-up. A few days later he was seen walking down the street with a young woman on his arm. The next time the doctor saw Bob he said, "You're doing great Bob, aren't you?", to which he replied, "Just doing what you said, Doc: "Get a hot mamma and be cheerful."" The doctor said, "I didn't say that. I said You've got a heart murmur - be careful."

A wise old man celebrating his 100th birthday got a visit from a local reporter to interview him. "Are you able to get out and walk much?" he asked. "Well, I certainly walk better today than I could a hundred years ago."

UPCOMING ACTIVITIES

From Activities Officer: Pauline

Good morning everyone,

FRIDAY 19 JULY- FERNS HIDEAWAY- CHRISTMAS IN JULY - COST \$90.

I have changed our departure time to 7.30am from Phillip Street Bus Stop. Morning tea at the Botanic Gardens Rockhampton, leaving there at 10.00am and arriving at Ferns at about 11.45am. Depart 2.30pm and arriving back to Gladstone approx 5.00pm. It would be good if everyone could wear something Christmassy and we will have some prizes for best male and female costumes. We have 60 going now with a 53 seater coach and an 8 seater IMAX driven by Trevor Heard.

TUESDAY 10 SEPTEMBER - GLADSTONE BOTANIC GARDENS - A SPRING MORNING TEA 9.30AM - Cost \$15.00.

An opportunity to dress up in your pretty spring outfits.

MURIEL'S WEDDING - LYRIC THEATRE, BRISBANE. 8-9-10 OCTOBER.

We are planning a trip to Tom's Confectionery and a tour of Macarthur Museum, Edward St, Brisbane before going to the theatre.

We will have dinner each night at our hotel and on Thursday morning hopefully do a tour of Boggo Road jail before heading home.

A deposit will need to be paid to Departure Point to secure our theatre tickets. I will let you know today the cost of the trip.

APPLE AND GRAPE FESTIVAL STANTHORPE – 6-7-8-9 MARCH 2020.

Once again, a deposit will need to be paid to hold our accommodation in Warwick. I will have pricing today also for this trip.

Pauline

AROUND THE TRAPS

SYMPHONY UNDER THE STARS – Marina Stage
Is to be held on Friday 2nd August at 5.30pm. A perfect opportunity to listen to Queensland's Greatest Symphony Orchestra. A free event out in by GECC.

SENIORS WEEK 17th-25 August
The Gladstone Tondoon Botanic Gardens have plenty of activities planned, they include:

- Bonsai for Seniors – Free.
- Orchid Growing Workshop for Seniors.
- Cooking for Seniors, AND,
- Seniors Games in the Garden.

Booking/s are essential for classes.

Activities are planned for all over the Region, details can be found in the local press or online.

10th ANNUAL BOTANIC TO BRIDGE
GPC are holding their 10th Annual Botanic to Bridge and registrations are now open. To be held on Sunday 18th August. This has proved to be a popular yearly event. Beneficiary is GIVE ME 5 FOR KIDS GLADSTONE, which supports the Gladstone Hospital Children's Ward.

RELAY FOR LIFE is planned for Saturday 27th July at Chanel College. Please go along and support the cause.



TOUR INFORMATION

From Tour Officer: Barb K

I have 41 members expressing interest in travelling to New Zealand's South Island in 2020. Pre-planning has started. The tour may be 9 days. Raymond is investigating suitable accommodation for 45 travellers. Many details need to come together as we commute the landscape. I expect we will travel in October (springtime). Costing at around \$3800 pp sharing. Single supplements will be available. No deposit required as yet. If any other members or visitors are interested, please see me today

Thanks, Barb

AT THE GLADSTONE REGIONAL ART GALLERY and MUSEUM

Memorabilia: 22nd June – 17th August 2019

An eclectic assortment of memorabilia from the Gladstone Regional Art Gallery & Museum archives, featuring objects that have adorned the walls of homes and businesses in the Gladstone Region are on display.

Maps: 22nd June – 4th August 2019

This exhibition includes detailed copies of Admiralty maps, and drawing, depicting the coastline of the East Coast of Australia and Port Curtis (Gladstone) from 1799. Also included are Surveyors' street and locality maps from 1853 of Calliope and Gladstone.

Committee Members

President..... Terry – 0418 185 380
Vice President..... Roy – 4978 2898
Secretary Larney – 0400 610 277
Treasurer Madeleine – 0439 780 476
Act/Officer Pauline – 0448 778 710
T/Officer Barb – 0412 049 390
Branch Email: nsagladstonebranch@gmail.com

Branch Contact Details

Branch Meetings are held at:

Yaralla Sports Club, Cnr O'Connell and Bell Streets, Barney Point, Gladstone.

Third Tuesday of the month at 9am for 9:45am.

Contact Terry - 0418 185 380

Contact Larney - 0400 610 277 (leave message)