



## Message from the President

Hi everyone,  
Congratulations from the NSA Forest Lake Branch management committee and members to both Vera Somerwil and Lynne Ball on their Queensland Day Special Volunteers Awards for Community Service - well done and certainly deserved. On a less cheerful note, an incident at our last meeting which saw an altercation between two members, means that I have to remind everyone that any complaints must be addressed to myself or a management committee person. A serious incident will draw disciplinary action in accordance with our Constitution. Based on management committee consideration, this may result in removal of membership from this branch and subsequent barring of the individual from participating in any activities. Repeated incidents, not necessarily the same in nature, will also attract similar action against the member.

On a more positive note, we are continuing to attract inquiries from prospective members (usually directed to myself) which is healthy for the ongoing viability of the branch. The Lake News is acting as a great recruitment source for us. Our activities last month, often mentioned in these inquiries, have included a trip to Canungra and O'Reilly's Estates along with a successful Picnic in the Park at Heathwood enjoyed by 50 members. Our major event next month will be our Christmas in July celebration at Woodlands of Marburg for which members should have registered their interest in attending by now.

Stay safe and healthy  
Cheers Peter

## **JULY MEETING IS CANCELLED**



**Pauline Allen  
Chery Alloway  
Judy Boyle  
Dorothy Coburn  
Judy Currell  
Adele Edwards  
Doreen Flynn  
Jeanette Holberton  
Harry Horrigan  
Val Horrigan**

**Rod Humphreys  
Sharyn Humphreys  
Heather Kelly  
Craig Moffitt  
Jenny Schonfisch  
Wendy Sparkes  
Vera Taylor  
Jeanette Weaver  
Judy Weston**



## **Birthday draw winner – Jenny Schonfisch**

### MC Positions

#### **Positions Vacant from September**

##### **Branch Secretary**

This position will become vacant in September. I always believe a committee needs to refresh and in one role or another I have been on this committee for six years. It has always been rewarding and enjoyable but it's time for me to move on.

As Secretary my main duties are to organise the meeting agenda for both the Management Committee and Branch meetings. I take the minutes at both and distribute them afterwards via email to committee and Branch members.

Otherwise, I support functions and other organised events as needed.

The Branch must have a secretary to operate. Please talk to Peter if you would be prepared to support the Branch and take on this role."

Thank you, Mary

##### **Branch Membership Officer**

This position will also become vacant in September.

I am sad to leave this role & have enjoyed my years in service to the branch. A lot of self-satisfaction was gained from providing what I hope has been a smooth & efficient service to our members. But as Mary has said, we have done our bit.

In this position my main duties are to maintain the Branch Membership & Attendance Registers. Process new membership applications & assist branch members with renewing. Providing visitors with information about our branch. Badge orders, birthday prize draw, liaise with Welfare Officer volunteer & deliver the reports.

As Mary & I are *unable* to continue, please consider putting your hand up to help your branch out.

Thank you, Linda

Please consider taking on one of these roles, if these positions are not filled the Branch will have no choice but to close.

## 10 Minutes of Fame

Want your 10 minutes of Fame? Have you had an interesting life or adventure? Would you like to share it at our branch meeting?

Well, here's your chance! We are introducing a new item to our Branch meeting Agenda. Ten minutes is your allotted time to tell us your tale. And yes, we will be timing you. Come on who's going to be first?



## Upcoming Events

### July

#### Branch Meeting

DATE: **CANCELLED DUE TO COVID RESTRICTIONS**  
Thursday 8<sup>th</sup>

**Pay for Bellingen/Dorrigo trip**

WHERE: Richlands Hotel  
132 Government Road, Richlands

TIME: **Entry 9.30am**, 10am start

COST: \$6.00

#### Day Trip – Christmas in July

DATE: Friday 23<sup>rd</sup>

WHERE: Woodlands at Marburg

TIME: 10.15am Assembly 10.30am depart

COST: \$60 pp

### August

#### Branch Meeting

DATE: Thursday 5<sup>th</sup>

WHERE: Richlands Hotel  
132 Government Road, Richlands

TIME: **Entry 9.30am**, 10am meeting starts

COST: \$6.00

#### Away Trip – Whitsunday Dreaming

DATE: Wednesday 11th to Tuesday 17th

COST: Fully booked

### September

#### Branch Meeting

DATE: Thursday 9<sup>th</sup>

WHERE: Richlands Hotel  
132 Government Road, Richlands

TIME: **Entry 9.30am**, 10am meeting starts

COST: \$6.00

#### Away Trip – Bellingen/Dorrigo

DATE: Mon 20<sup>th</sup> to Thu 23<sup>rd</sup>

WHERE: Bellingen/Dorrigo

TIME: 7.30am

COST: \$750pp Double & \$930 Single

Please note all Meetings, activities & trips remain fluid & can change due to the Covid 19 regulations at the time.

**We strongly encourage Members to pay via Internet banking or depositing payment over the counter at Heritage Bank Forest Lake.**

### Trips Payment

#### **Bank Transfer & Direct Deposit**

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070

Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example – Smith1Belldor

Surname (Smith)

Number going (1)

Trip (Bellingen/Dorrigo)

#### **EFTPOS**

The Branch has a "Square card" hand held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

#### **Cash or Cheques**

To assist the trips desk please write on an envelope:

Your name

Trip details

Payment amount

Dietary requirements

Seating needs

Seal your payment inside the envelope and hand into the trips desk.

**Unless it is in an envelope as stated above the trips table will not accept any payment.**

Full Payment will be due at the monthly meeting prior to the trip.

### Branch Refund Policy

#### **Cancellation of an outing**

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. In the case of a sudden medical emergency on the day which cannot be prevented, the management Committee will consider the matter with respect of a refund.

When we have to book seats on a bus or give numbers for a booked luncheon and are still required to pay even in the case of a cancellation by a member a refund will not be provided. In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg.: storm, transport breakdown, etc and cannot be rescheduled, members will be refunded any monies paid.

Joe Smith
Bellingen/Dorrigo Trip
\$930
Gluten Free

## From The Trips Desk

Hello travellers, well our trip to O'Reilly's and Canungra did not disappoint. The predicted storms did not appear and we were left with a lovely sunny day. O'Reilly's was a lovely spot and their homemade scones were a treat. Canungra does not have a lot of shopping but some members still found some bargains especially from the shoe shop. The lunch at the Canungra Hotel met our expectations with a new Chef providing a lovely meal. My personal thanks to all those members who participated your presence made it an exceptional day out.



### **CHRISTMAS IN JULY "WOODLANDS OF MARBURG"**

Our next trip is on Friday 23rd July to "Woodlands of Marburg". We have 39 members attending so I have secured a larger 57 seat bus. Because this trip has a shorter traveling time, we will be having morning tea (at own expense) at the Coffee Club in the Forest Lake Shopping Centre before we leave.

#### **TIMINGS:**

Morning tea at the Coffee Club Forest Lake from 9am

Bus assembly behind Aldi 10.15am

Bus departure 10.30am

I anticipate being home around 3pm.

### **SEPTEMBER TRIP TO BELLINGEN/DORIGO**

This four day/three night away trip with Granite Highlands Maxi Tours is scheduled for Monday 20th to Thursday 23rd September 2021. This trip is popular and names given so far indicate a full bus. If you wish to go, please pay the full amount by our July general meeting. The cost is \$750 per member for double/twin and \$930 per member single. PLEASE pay by direct debit or into the Branch account at the Heritage Bank in the Forest Lake Shopping Centre prior to our meeting. After payment, please let me know so that I can put you on the bus list.

BE AWARE that the trip is very popular and late payments may disappoint.

### **Itinerary**

**Granite Highlands Maxi Tours**

**3 Night 4 Day Tour**

**To Coffs Harbour/Bellingen and Dorrigo area**

### **Day 1 Monday 20th September**

7.30am Pick up Forest Lake then down to Ballina for Lunch at Ulmurra Hotel, then down the Pacific Highway to Korora Bay to the Corabana Factory (Tour & Talk) then down to Bellingen along the Waterfall Way to the Lookout Mountain Retreat Top of Dorrigo Mountain and book into Motel. Happy Hour from 5.30pm at motel restaurant and Dinner from 6.30pm

### **Day 2 Tuesday 21st September**

7.30 am Breakfast at Motel

8.30 am depart Motel to Bellingen. Time for looking and shopping. Visit the Yellow Shed and Morning Tea at the Old Butter Factory then down to Urunga to the Honey Place Lunch at the Butterfly House Bonville including tour of the Butterfly House then into Coffs Harbour to the Clog Barn for demonstration and self-guided tour of the miniature Dutch Village then time permitting dropping into the Bunker Cartoon Gallery. Return to Motel & freshen up for dinner at Motel.

### **Day 3 Wednesday 22nd September**

7.30 am Breakfast at Motel

8.30 am depart Motel for Dorrigo National Park. Visit the Skywalk and Walking Tracks and morning tea at cafe with time to browse the information centre. Tour around Dorrigo and Dangar Falls and drive past the Old Railway Precinct and old railway carriages and locomotives. Lunch at Dorrigo Hotel. Then out to Ebor Falls and return to Motel. Freshen up for Dinner at Motel restaurant.

### **Day 4 Thursday 23rd September**

7.30 am Breakfast at Motel

8.30 am load coach for Home. Depart Motel, Travel through Coramba, morning tea at Glenreagh then to Grafton and Alstonville. Lunch at the House with No Steps at Alstonville. After lunch we travel via Tintenbar to join Pacific Highway and return to Brisbane at approximately 5.30pm.

Kind Regards Ian Horrocks.

## Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members, please let our Welfare Officer know. Lorraine Horrocks has kindly taken on this important role again for our club this year. You can contact her on 0409275016.

## Newsletter, Agendas & Minutes of previous meetings

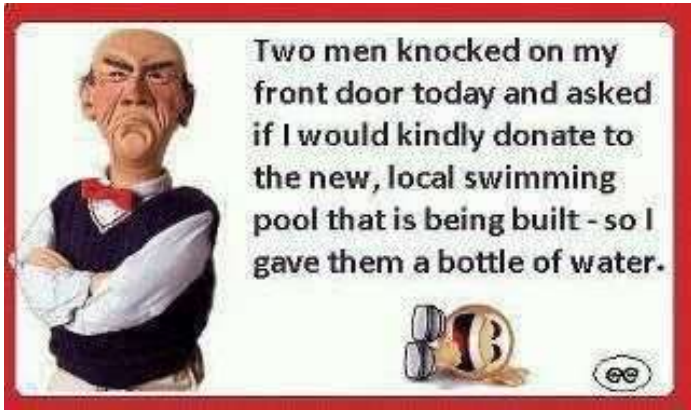
Email Members will be sent these in the pre-meeting email, **please print out & bring them with you if you wish to have a copy at the branch meetings**

Non-Email Members will have a copy of the newsletter reserved for them for pick up at the entry desk. The Newsletter is available to read on our website

([nationalseniors.com.au/getinvolved/branches/forest-lake](http://nationalseniors.com.au/getinvolved/branches/forest-lake)) & also on our Facebook group page "Forest Lake Branch National Seniors Australia Group" If you are on Facebook go to the Branch

Facebook Page (Forest Lake National Seniors Australia) and click on "join Group"

Laughter is the best medicine



89 year old man: My 20 year old wife is pregnant isn't that amazing, what's your opinion doctor?  
 Dr: Let me tell you a story. A hunter in a hurry, grabs an umbrella instead of the gun. He moves into the jungle, sees a lion, lifts the umbrella, pulls the handle and BANG, the lion drops dead.  
 Old man: That's impossible, someone else must have shot the lion!  
 Dr: EXACTLY !!

**Riddle me this:**  
**I am first in earth,**  
**second in heaven,**  
**I appear two times**  
**in a week.**  
**You can only see me**  
**once in a year, although**  
**I'm in the middle of sea.**  
**What am I?**

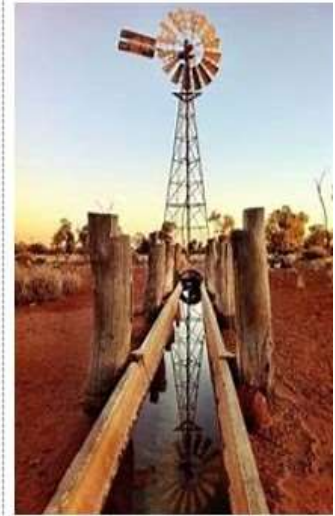
The windmill frame suddenly groaned  
 As a whisper of wind teased its sails  
 The dry bearings screeched and moaned  
 And the old pump began musical wails

But that movement had hardly begun  
 Before the dry calm took over again  
 And the windmill was denied a full run  
 With hopes of water now on the wane

The concrete trough beside the windmill  
 Was bone dry and sun-bleached white  
 But another whisper brought forth a thrill  
 As a myriad of dust devils came into sight

The mill's vanes started to turn once more  
 And this time the weak wind did not cease  
 With the mill's strange music beginning to soar  
 And the trickle of water starting to increase

The clanking windmill now ran at full tilt  
 As the water came forth more and more  
 With the old trough now filled to the hilt  
 Full of earth's nectar from deep in the bore



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May 2021

Committee Members

- President - Peter Dunell ..... 0404829518
- Vice President - Lyn Martin..... 0409879329
- Secretary – Mary Cottam ..... 0403006758
- Treasurer - Colin Court..... 0426863506
- Membership - Linda Bird..... 0737149708
- Trips Coordinator – Ian Horrocks..... 0409275016



**Justice of the Peace:** If anyone requires a JP, Mary Cottam would be happy to provide this service after our monthly meeting, or privately in your home. Just call Mary on 0403006758 to advise what it is you would like witnessed.

The Committee would like to thank all the supporters of the NSA Forest Lake Branch for photocopying or printing of newsletters, financial reports and other support material.

MTR  
 PROPERTY GROUP  
 Special thanks to our  
 Newsletter sponsor. 3271 2595.  
 Forest Lake Mobile Service

Hotel Richlands

Answer – The letter e

Heritage  
 Community Branch  
 Forest Lake  
 For all your banking needs.  
 See the friendly Branch Team  
 Or contact the Heritage Bank  
 On 34122360