

July 2021

Good morning everybody,
We have been blessed with some beautiful weather once again, enabling us to get out and enjoy our city. We send our best wishes to all our fellow Australians who are doing it tough and having to be locked down once again.

It is amazing that the virus is still interfering with our lives after all this time.

At our next meeting we will be holding the AGM. All positions will be declared vacant. Please consider

joining the Committee if you have some spare time. Some of the existing Committee have once again nominated for the next term. This does not mean we are not looking for new people, we would love to have new ideas and to help make our branch even better. I have nominations forms with me today if you are interested.

Email: nsagladstonebranch@gmail.com

Next Meeting to be held Tuesday 17th August 2021.

Cheers Larney

JULY CELEBRATIONS

HAPPY BIRTHDAYS

Sharon Barrett; Colin Beendorf; Susan Bird; Sybil Browning; Karen Christensen; Chris Dennis; Deb Evans; Ria Forrest; Kaylene Fry; Barry Griffiths; Val Johannesen; Roy Jones; Val Jones; Helen Joseph; Margaret Loretz; Marie-Ann Martin; Colleen McDonald; Charles Mellor; Maxwell Ricketts; Judith Ruddell; Jenny Winning; Narelle Wright.

ANNIVERSARIES

Happy 50th Anniversary to Cheryl & Trevor Heard.

Happy 60th Anniversary to Olive & Charles Mellor.

THOUGHT FOR THE DAY

The only person over whom any of us have any control is ourselves.

Margot Cairnes

A LITTLE HUMOUR 😊

OLDIE CODES

Since our youth have their txtng codes (LOL, OMG, LMAO,), Seniors not to be left out are now in the process of developing codes of their own... EG's

ATD	At The Doctors
NBFHA	Need Batteries For Hearing Aid
GGPBL	Gotta Go, Pacemaker Battery Low
WAB	Won At Bingo
CFMG	Can't Find My Glasses
FMT	Forgot My Teeth
MOWJA	Meals On Wheels Just Arrived
BTW	Bring The Wheelchair
BFF	Best Friend's Funeral
HOA	Hips Out Again
WDII	What Day Is It

Source: Business Trader Magazine

UPCOMING ACTIVITIES

From the Activities Officer: Pauline

Good morning everyone,
I find it difficult organizing activities with the uncertain happenings in NSW and Vic. We are still very fortunate with no lockdown or mask wearing in CQ and with the relaxed rules regarding buffets etc. we feel like we are now getting a little back to normal.

I am putting together a day trip to Mt Morgan and Biloela but of course this would need 40 members to make it viable. I am still waiting for prices from Mt Morgan Information Centre for morning tea and Anzac Club Biloela for lunch.

TUESDAY Sept 28, MT MORGAN - BILOELA.
Depart Gladstone 7.00am, arrive at Mt Morgan 8.30, morning tea and maybe some entertainment. This is at the MT Morgan Railway Museum. Hopefully we will have a guide from the Information Centre to come on the coach with us when we drive around the town. We would go to the Arthur Timms Lookout which is named after our member's dad. There is a very interesting Historical Museum for us to visit as well as the Number 7 Dam (they desperately need rain) and the Mafeking Bell. Depart Mt Morgan 11.30am and arrive Biloela at 1.00 pm for lunch. Points of interest: the Heritage Park (Silo), Spirit of land mural, Callide Dam, Power Station, and the heritage listed Greycliffe Homestead which has just been reopened.

25 members are going to WESTSIDE STORY on 3,4,5 August. I have your tickets today. Also, I can collect payment from those members going to the Art Exhibition but if you don't have cash on you today can you please make payment to Departure Point.

PAULINE

Around the Traps

Gladstone Harbour Cruise

Members of National Seniors were spoilt for choice on Sunday, 20th June. Some attended the Rotary Markets held at Tondoon Gardens, while others opted to drive to Mt Larcom to sample what was on offer at the popular annual show. Thirty-four intrepid members, however, decided to take up the offer to cruise our beautiful harbour.

We gathered at Curtis Ferry Service for an 11am departure. Most of us arrived prepared for gale conditions and anything the weather Gods could throw at us. Instead, we were treated to a perfect winter's day with not even a hint of chill or wind. The barge took us north, past some of the local islands and as far as the three LNG plants on Facing Island. On the return trip we saw close up many of the shipping facilities in operation. Bauxite was being unloaded, while coal loading was also taking place. Our hosts provided an excellent commentary throughout the morning, increasing our knowledge of Gladstone and its industries.

The necessary sustenance was piping hot coffee together with muffins and biscuits, which we all appreciated.

For me, the cruise was over all too soon. I think we should all take every opportunity to enjoy the beauty of our harbour as well as to be reminded of its importance to our country's economy.

Thanks again to Pauline, our organiser supreme, for providing us with the chance to join this relaxing but informative outing.

Marie-Ann Martin

TOUR INFORMATION

From the Tour Officer: Barb K

Hello travelers to our 2021 Tour. Arrangements and bookings are now in place for our tour to Townsville, Charters Towers and Central Queensland.

Tickets to the Cowboys game have been booked for those of you wishing to enjoy.

I will have Medical Forms to be completed and returned to me in a sealed envelope with your name on the front. This will be returned to you at the end of the trip.

I am also requesting advice from any traveler with **dietary requirements**. Meal choices will be made closer to our tour dates. To assist with meal planning, please see me today if you are diabetic, gluten free or any other allergy requirements. You may reply email if that suits you. Raymond and I will make special arrangements for any of these meals.

With thanks Barb K

Around the Traps, continued:

Gladstone Busking Championships Sat 24th July
9am-7pm along Goondoon St & East Shores – Free

Calliope Rotary Markets – Sun 25th July 8am

Gladstone Eisteddfod commences in August – the first section is Speech & Drama.

The next Morning Melodies will be held Tuesday 24th August "MM Belladiva" at GECC

Friday 27th August "Symphony Under the Stars" will be held at the Marina, see GECC for tickets.

Committee Members

President..... Terry – 0418 185 380

Vice President Carolyn – 0419 712 720

Secretary Larney – 0400 610 277

Treasurer Kath – 0417 381 898

Act/Officer Pauline – 0448 778 710

T/Officer Barb – 0412 049 390

Branch Email: nsagladstonebranch@gmail.com

Branch Contact Details

Branch Meetings are held at:

Yaralla Sports Club, Cnr O'Connell and Bell Streets, Barney Point, Gladstone.

Third Tuesday of the month at 9am for 9:45am.

Contact Terry - 0418 185 380

Contact Larney - 0400 610 277

Web: <https://nationalseniors.com.au/get-involved/branches/gladstone>