

July 2022

Good morning,

We welcome our President Mr. Terry Freyling back today, unfortunately he had to take a hiatus due to ill health, we are very happy to see him taking up the reins once again. A big thank you to Carolyn Vickery, the Vice President for presiding over the meetings in his absence.

The AGM will be held at the next meeting, all positions will be declared vacant, nomination forms are available from Larney.

The weather has certainly changed over the past couple of weeks, hopefully it will warm up again soon. Please remember, if you want any information on any projects you may be involved in, please let me know so they can be included in the newsletter.

Thank you for all. The donations of raffle prizes has been amazing

Next Meeting to be held Tuesday 16th August 2022.
Cheers, Larney

20 MINUTE SPEAKER

Ms Melinda Anderson from Mission to Seafarers is our quest speaker today, she will be outlining the different services provided.

JULY CELEBRATIONS

HAPPY BIRTHDAYS

Sharon Barrett; Colin Beendorf; Sybil Browning; Karen Christensen; Christine Dennis; Pam Elliott; Deb Evans; Ria Forrest; Kaylene Fry; **Val Johannesen**; Roy Jones; Val Mary Jones; Marie-Ann Martin; Charles Mellor; Narelle Wright.

ANNIVERSARIES

Trevor & Cheryl Heard: Olive & Charles Mellor.

THOUGHT FOR THE DAY

Success doesn't come the way you think it does, it comes from the way you think - Robert Schuller

A LITTLE HUMOUR



- Seen on a tee shirt recently: I've obviously seen better days - They're called weekends.
- Two fish in a Tank. One says, "How do you drive this thing?" - Peter Kay
- I, for one, like Roman numerals.
- Money talks, mine has a habit of saying Goodbye.
- Where there's a will, there's a relative.
- I was addicted to the hokey pokey... but thankfully, I turned myself around.

UPCOMING ACTIVITIES

From Activities Officer: Pauline

Good morning everyone,

Firstly, I would like to thank Edna for the great report from our Rocky trip last week. Also, thanks again to John Hinde and Trevor Heard for driving the buses.

I haven't planned anything else yet as more than half the club are going to Norfolk Island late August early September. I am sure you will all have a great time.

One thought is going to the Boyne Valley Community Discovery Centre, Ubobo and then looking at the Boyne Burnett Inland Rail Trail Walk. There are many walks available, ranging from 2 km and some longer ones of course. I will contact the Centre and find out details about morning tea and lunches. The last time we went to Ubobo, which was March 2015, we were treated to a wonderful morning tea at the Discovery Centre and then after driving around the area went to the Many Peaks Hotel for lunch but sadly this hotel isn't operating anymore.


The only show in Brisbane in October is "The Girl from the North" which is a play I have never heard of but has great credits from everywhere it has been playing.

CHRISTMAS DINNER—Not to be missed is on 17 NOVEMBER 2022, at the YARALLA EVENTS CENTRE.

Pauline


Around the Traps:

The Gladabouts Report: Edna Stokes

Thank You VERY MUCH to Our Organiser — [Pauline Mary Bambling](#), who arranged a wonderful informative day to Rockhampton for approximately 40 National Seniors members today - as from 7:30am & back at the Bus Stop 4:45pm. We travelled by 2 Seafarer Buses,  safely driven by John Hinde & Trevor Heard.

First — We arrived at the Heritage Village (North Rocky) where We were greeted with Morning Tea ☕ of scrumptious, yummy scones (of course with jam & cream) together with a MUCH appreciated tea or coffee. As there was a VERY cold wind blowing, with all of us huddling into our 🧥 coats — We were very comfortable TRYING to find the sun to sit in while enjoying our Morning Tea. Following that— We piled onto the tractor drawn open  Train & taken to various places of interest of bygone Years. Thankfully — We have bypassed & become more modern within the Hospital, Dentistry, School, Newspaper production, also in the way of everyday Life. How EVERYTHING is SO MUCH easier, quicker & more thorough than it was in the 'Olden Days' as the saying goes! - There were just SO MANY wonderful, interesting things to see.

Afterwards, we went on to the Frenchville Club where we REALLY enjoyed a delicious, fresh lunch of a big variety of sandwiches 🥪, hot 'finger' food, 🍰 followed by a lovely selection of small cakes/slices.

From there— We moved on to the New Art  Gallery in Quay Street to admire the talent of so many Artists — (some we admired, others hmm! not so much).

It is a very big Project to put together a variety of interesting Venues to visit, for so many People with different 'likes'— to fit into 9 to 10 hrs in the one day. ALL of Us — give Pauline & Our Coach Drivers — a HUGE 'THANK YOU'

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The Gladstone Library has a very knowledgeable staff member who can help you out with any technical troubles you may have, whether it be with your phone or computer – Phone 4970 0700 to make an appointment.

TOUR INFORMATION

From Tour Officer: Barbara

Hello Members

To the 46 members travelling to Norfolk Island: Welcome to a wonderful trip. Raymond is preparing the travel documents for us. I expect that we will receive them today. Everything is being booked, arranged, selected, and finalized this month.

I have sent out an email to everyone - see me today if you did not receive it. In a couple of weeks, I will send another check list for travelers.

Travel with Gladstone National Seniors is always enjoyable.

Start planning your packing. We will have a 20kg weight limit on Qld Rail for our suitcases.

Hand luggage (7kg) can be taken on-board. CPAP machines do not count for weight limits.

Frequent travelers share these tips:

Choose light items (spray jackets, silk scarfs, fine light underwear, only one heavy jacket that you wear, variety of layers that mix and match, only 2 pair of shoes (boots & joggers - wear the heaviest), warm socks instead of slippers, small toiletry items, keep space for camera, chargers, shopping, and gifts).

2023 Trip:

For our 2023 trip - Members have voted for the NORTH QUEENSLAND EXPERIENCE - I will have more detailed information at the next meeting. Numbers will be limited to one coach so early deposits will ensure your spot.

Thank you for voting and expressing the broad needs of this club.

Again, my thanks for the continued support and friendship that is given to everyone in this club.

Yours in Travel

Barbara K

Committee Members

President..... Terry – 0418 185 380

Vice President Carolyn – 0419 712 720

Secretary Larney – 0400 610 277

Treasurer Kath – 0417 381 898

Act/Officer Pauline – 0448 778 710

T/Officer Barb – 0412 049 390

Branch Email: nsagladstonebranch@gmail.com

Branch Contact Details

Branch Meetings are held at:

Yaralla Sports Club, Cnr O'Connell and Bell Streets, Barney Point, Gladstone.

Third Tuesday of the month at 9am for 9:45am.

Contact Terry - 0418 185 380

Contact Larney - 0400 610 277

Web: <https://nationalseniors.com.au/get-involved/branches/gladstone>