

Hillarys & Districts Branch

Branch meets at 10:00am on the first Wednesday of each month at the Flinders Park Community Hall, 137 Broadbeach Boulevard, Hillarys.

July 2024 Newsletter – Issue 219

National seniors Australia is an advocacy group for the over 50 population representing issues at Local, State and National Governmental levels. If you have an issue that you would like the NSA Policy Advisory Group to consider, mention it to your committee and they will start the process."



Help Needed:

Can we please have some able-bodied men turn up a little early for the meetings and help set up the hall, and help pack up the hall at the completion of our meetings.

Member's Welfare

If you become aware of a member who is dealing with illness or hear of a member who has passed, please contact one of the Committee Members. Notification can then be sent to other members who wish to visit or pay their respects.

A big thank you to the Joondalup Shire for their very generous grant to our club of \$1420 allowing us to replace our laptop and to buy the Microsoft operating system

President's report:

I know I am always saying it but, as a branch we are very lucky to have such a well-

functioning committee. "BUT more assistance would be appreciated."

Here we are halfway through the year, the end of the financial year and our AGM is only a month away. This is the time for those who have something to contribute, even in a small way, to the running of the Branch to come forward and nominate for a position on the committee. Or if you know of a member who just needs a little incentive ask them if they wish would like to be nominated for a position. All assistance will be gratefully appreciated, and nomination forms are available from the side table.

There are already dinners and lunches and very interesting guest speakers planned for the rest of the year and the planning for our Christmas function is well underway. Be sure to peruse the rest of the newsletter thoroughly to find out the information you need to attend the functions that are planned for you all and do not forget to put your name down on the sign in sheets on the side table.

I am not normally a person that feels the cold. However, this year I am finding that the cold weather is really getting into my bones. If I am going to be home all day, the central heating goes on quite early and the rooms I am using are a comfortable 22°. I often think how lucky I am, that I can just flick that switch on without having to give it a second thought. I know there are a vast number of families who cannot afford that luxury.

National Seniors Australia – Hillarys & District Branch

At the committee meeting last week we discussed providing the opportunity for members to give a short five-minute talk at the general meeting. The short talks could be about anything, from a life experience to a good book that you have read, sharing of a holiday, any amusing anecdote. Sharing things like this help us get to know one another better and gives us all common ground to start conversations. You have all heard me prattle on once I have a microphone in my hand and I know sometimes speaking into a microphone can be a bit daunting if it is not something you're used to doing. But have a little think about that, if you have something interesting to say we can provide you with the time and support you need to share at the meeting.

**Stay Happy, Healthy, and safe,
Cheryle Medcalf
President**

Membership Renewals

The new membership schedule:

One year – \$49:50 single or \$80 joint

Two years – \$88 single, or \$143 joint

Three Years - \$120 single, or \$180 joint

Five years – \$220 single, or \$325 joint

Membership payments cannot be paid via our local branch they must be paid directly to the Head Office.

You can do this via one of these three options

Via the website:

<https://nationalseniors.com.au>. Login and pay online using a debit or a credit card.

Via your phone:

Phone them on 1300 765050 or 073233 9191 they will be able to find your membership

details and debit your account for the membership payment.

By cheque:

National Seniors Australia (NSA)

the postal address is:

GPO Box 1450,

Brisbane,

Queensland 4001

Please make sure you include your name, club, and the reason for the cheque.

For the payment of outings etc. use our local branch account

Account Name: National Seniors Assoc Hillarys.

BSB: 036-226 A/C No: 24-9794

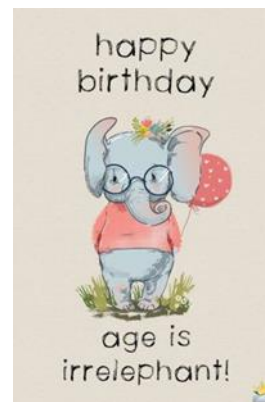
Please include Surname and keyword in the transfer.

Do NOT combine payments for multiple functions, only pay for one function at a time.

Name Badges: If you want a name badge you need to speak to our treasurer Bronwen Mears. She will arrange this for you.

The cost to you for a name badge is \$12.

To all our members celebrating birthdays in July



Wishing you all a very happy birthday filled with love, laughter, pressies and cake.

Members if you bring in items for the freebie table, please remember that if no one has picked them up you are responsible for taking the items home with you again.

Upcoming Social Events:

August 6th Tuesday 3 Alleys booked for 11am at Warwick Super Bowl

Cost of one game \$10.50. Duration of one game approximately one hour.

Currently 8 people on the list

Followed by lunch at the Greenwood Tavern. The Tavern is usually quiet at lunchtime

October 29th Bus tour to John Forest National Park for a talk by Paul Udinga and BYO morning tea. Time for a short wander around weather permitting

Lunch at the Mundaring Weir Tavern, at own expense, followed by short drive to the weir for coffee and a look.

Cost per person \$15 for bus transport

Joondalup Bus hire booked for our Christmas function on Tuesday 10th of December

The 29 seater bus is available

Shelly will provide more details about that when she returns

For Your Calendar

Next Meeting: Wednesday 3rd of July

Time: 10am.

Speaker: Samantha Waite

Topic: Death Education

July's Guest Speaker will be Samantha Waite, from an organisation known as Taboo Education. Samantha will cover 3 topics during her presentation of 'a fact of life! And it is not taxes!!'

Her topic is described as: Death Education. We understand the material is presented in a humorous manner.

National Seniors Australia (NSA)

The meeting is followed by lunch at Mia Cucina at the Hillarys Boat Harbour.

Please Note: David Haimes has sorted out our lunch booking with Mia Cucina. It will be for 12 noon from here on.

Next Committee Meeting: July 17th

Social Events



Monthly Morning Tea

Please join Paul and other Branch members in a pleasant morning of stimulating conversation. Please wear your name badge. Friends are also welcome.

When: Friday 19th July

Time: 10am

Where: Caffissimo, Whitfords

Numbers have been lagging recently at our morning teas, let's have a good turnout at this one. New members this is a good opportunity for you to get to know some of our members. You will be made to feel most welcome.

Monthly Dinner

A time for members to celebrate a birthday, anniversary, or just "celebrate life" with fellow members and friends.

When: Thursday 18th July

Time: 6pm

Where: Currambine Bar and bistro
14 Hobsons gate
Currambine

Can mssg Robyne on 0418900551
Or email...On_angels_wings7@hotmail.com
To book
Sign on sheet will be at meeting

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Final numbers needed by 16th July
Hope you can join us!

Monthly Lunch – A time for members to celebrate a birthday, anniversary, or just “celebrate life” with fellow members and friends.

When: Wednesday 10 July

Time: 12 noon

Where: Kingsway bar and Bistro
211 Kingsway, Darch

If you want to attend a lunch or need to cancel, please contact Karen on 0437510204 or email her on karenlea1000@gmail.com so the venue can be given accurate numbers.

Karen has us booked into the at the Pavilion Restaurant at Joondalup TAFE.

Time:12 noon Thursday 10/10.

You may wish to take note and keep that day free.

Helpful Information

Elder Abuse Helpline WA:1300 724 679
Seniors Card (WA): 6551 8800

Centrelink (Retirement): 132 300

Employment Services: 132 850
Seniors Info Services: 6551 8800
Older People’s Rights Services: 9440 1663
Aged Care Complaints Commissioner:
1800 550 552
National Carer Gateway: 1800 422 737
Dept of Veterans Affairs: 133 254
Dementia Australia - 1800 100 500.
Justice of the Peace - Saturday Morning at
Joondalup Library. 10.00am – 12.30pm
Woodvale Library 9.30am – 11.30am

WA Scam Internet Site:-

www.scamnet.wa.gov.au

National Seniors Australia (NSA)

BRANCH CONTACTS

Please note members as I’m both the Secretary and the newsletter Editor I’m only

checking the Newsletter Editors email account, **NOT** the Secretary email account. If you wish to email me about any NS matter, please use the Newsletter Editor email account.

President
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A bit of fun



The Swedes have a proud
tradition of craftsmanship.

