

# Yarra Ranges Grapevine

The Journal of the National Seniors Australia Yarra Ranges Branch Inc  
Incorporation No. A0048800C Branch No 100132

## JULY & AUGUST 2021

### **PLEASE NOTE: Membership Renewals & Joining Members**

Please ensure you use the 'Yarra Ranges NSA Application Forms' at the end of this 'Grapevine' & pay through the Branch. This informs NSA that you are a member of this Branch. The Branch receives an annual payment for your Membership.

[Click here for Membership Form](#)

### **Branch Meetings**

**Monday**  
**12 July Dinner**  
**Meeting - 6.00pm**  
**for 6.30pm start**  
**At**  
**The Crown Hotel**  
**Main Street**  
**Lilydale**

**Monday**  
**9 August Meeting**  
**7.00pm**  
**for 7.30pm start**  
**'St Vincent's Welfare'**  
**Speaker – Alan Somers**

**If you have a suggestion**  
**for a Guest Speaker**  
**please let Denise or a**  
**Committee Member know**

## President's Report



[Trevor presents Pauline, Colin and Judy](#)

*Hi Members,  
Finally having a chance  
to present our newest  
members with their  
badge and welcome  
card.*

*President Trevor  
welcoming Pauline,  
Colin and Judy.*

*It was good to be able  
to finally catch up with a Dinner Meeting at Oro Doro  
in Croydon with 34 members attending.*

*The Dinner Meeting was called as the Hall covid  
restriction would not allow for all of our members to  
attend.*

*Our next meeting will again be another Dinner  
Meeting at the Crown Hotel in Lilydale. Please make  
sure you book with Chris that you would like to attend  
as it is required for seating and covid restriction.*

*Hopefully restrictions will ease, and we will meet again  
at the Hall in August to hear Alan tell us about the  
'Welfare' arm of St Vincent's Charity.*

*Happy Reading Trevor*

**Yarra Ranges NSA Branch Committee**

**President**

Trevor - ☎ 9735 1104

**Vice President & Welfare Officer**

Pamela - ☎ 9735 5449

**Secretary**

**Newsletter Editor**

Lyn- ☎ 0459 155 527

Email: [yarrarangesnsa@gmail.com](mailto:yarrarangesnsa@gmail.com)

**Treasurer**

Anne - ☎ 97265135

**Activities Coordinator**

Chris - ☎ 9735 1249 / 0419 528 446

Email: [chrishill3@bigpond.com.au](mailto:chrishill3@bigpond.com.au)

**Guest Speaker Coordinator**

Denise

☎ 9723 1403 / 0400 179 086

**Newsletter Editor**

Lyn ☎ 0459 155 527

Email: [yarrarangesnsa@gmail.com](mailto:yarrarangesnsa@gmail.com)

**Committee Members**

John and Connie - ☎ 5964 4646

Elaine - ☎ 9739 4642

*Welfare Officer Please contact our WO if you know of anyone who is unwell, having an operation, in need of help or has passed away within the family. Vice President & Welfare Officer Pamela on ☎ 9735 5449*



\*\*\*\*\*

**Congratulations to!**



**BIRTHDAYS THIS MONTH**

<i>5 July</i>	<i>Trevor</i>	<i>6 August</i>	<i>Connie</i>
<i>18 July</i>	<i>Alfred</i>	<i>14 August</i>	<i>Ross</i>
<i>27 July</i>	<i>John K</i>	<i>15 August</i>	<i>Chris</i>
		<i>17 August</i>	<i>Ruth</i>
		<i>18 August</i>	<i>Colin</i>
		<i>24 August</i>	<i>Alan S</i>
		<i>27 August</i>	<i>Julia</i>
		<i>31 August</i>	<i>Dorne</i>

*We would like to celebrate your day!*  
Don't forget to email / phone your birthday & month to Lyn

**DIARY DATES**

**'WELCOME' to our BRANCH MEETING Dates - 2<sup>nd</sup> Monday of the Month**

@ 'Lilydale Senior Citizens Centre Hall', 7 Hardy Street Lilydale @ 7:00pm for 7.30pm start

**Monday 12 July Branch Dinner Meeting @**

**'The Crown Hotel' Main Street Lilydale**

**Monday 9 August Speaker @ The Hall 7 Hardy**

**Street Lilydale**

**Monday 13 September AGM @ The Hall 7 Hardy Street**

**Lilydale**



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## **COMMITTEE MEETINGS - 1<sup>ST</sup> Monday of Month**

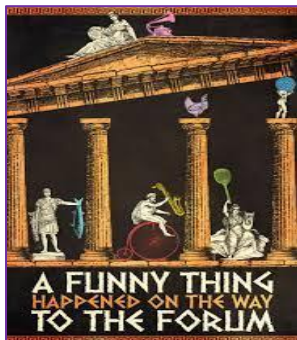
@ Chris' place Meet @ 7.30pm



**Monday 5 July, Monday 2 August,  
Monday 6 September**

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### ***'A FUNNY THING HAPPENED ON THE WAY TO THE FORUM'***



**Babirra Musical Theatre Production**

**Karralyka Theatre**

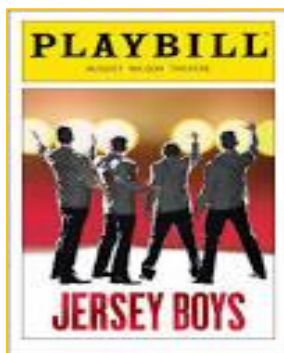
**Mines Road East Ringwood**

**Saturday 16 October @ 8.00pm**

**\$44.50 (50c booking fee) - Payment by 13 September Meeting**

Name and Payment in an envelope to Lyn (Secretary)

(Note: No late bookings can be accepted as it is a Group Booking)



### **'JERSEY BOYS'**

**CLOC Musical Theatre Production**

**National Theatre**

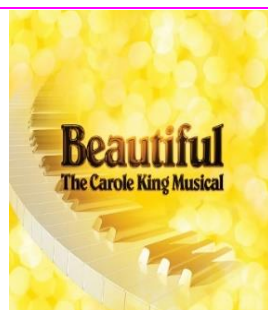
**Cnr Barkly & Carlisle Street St Kilda**

**Sunday 17 October @ 2.00pm**

**\$52.00 (TBC) - Payment by 9 August Meeting**

Name and Payment in an envelope to Lyn (Secretary)

(Note: No late bookings can be accepted as it is a Group Booking)



### ***'Beautiful - Carole King Story'***

**Nova Music Theatre Production**

**Alan Ross Centre, Billanook College**

**197 - 199 Cardigan Road Mooroolbark**

**Sunday 10 October 2021 @ 2.00pm**

Name and Payment in an envelope to Lyn (Secretary)

(Note: No late bookings can be accepted as it is a Group Booking)

### ***'OUT & ABOUT'*** - Contact Chris 'Activities Coordinator' to Book

**Please Note** All payments in an envelope with name, amount of payment and Outing name. This will be a great help. Thank you, Chris

**Wednesday 21 July**

**Superheroes vs Villains: Mischievous Seniors vs the Village People - Friendly Feud' - 2.00pm**  
@ Tudor Village Community Centre Lilydale

**Sunday 12 September**

**'Andre Rieu' Croydon Cinema**  
\$40 Ticket (including Choc Top)

**Wednesday 13 October**

**'Moonlit Sanctuary' Pearcedale Car Pool - leave 9.30am**  
(A smaller version of Healesville Sanctuary. Recently bred *Orange Bellied Parrots* in captivity and released 20 back into the wild)

**Wednesday 20 October**

**'Seymour Vietnam Vets Walk & Museum' 8.15am** Train Lilydale  
(use free pass) plus Lunch



**Postponed**

**Sunday 31 October**

**'Grazeland' Spotswood** Huge undercover food  
Stalls, Market & Lunch Trains

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**'DINING OUT' - Contact Chris 'Activities Coordinator' to Book**



**Wednesday 30 June @ 12.00pm 'Hatter & Hare' Lunch** Scoresby Road  
Bayswater – opposite Bayswater Hotel

**Wednesday 14 July @ 12.00pm 'Point of View' Café** at Lilydale Library

**Wednesday 21 July @ 12.00pm 'Ringwood RSL' Lunch** 16 Station Street Ringwood

**Sunday 1 August @ 12.00pm 'Upper Yarra RSL'** 119 Settlement Road Yarra Junction

**Sunday 22 August @ 12.00pm 'Chirnside Country Club'** 68 Kingswood Drive Chirnside Park

**Saturday 11 Sept @ 12.00pm 'Enthaised' Restaurant** Casella Street Lilydale



**Reminder:** Please ensure that if you place your name on any list to attend a restaurant / café that you make a note in your Calendar too, that you are attending. Yesterday 6 people did not turn up to the above restaurant that were booked in on our attendance sheet. This meant, apart from us seemingly unreliable, that the proprietors could have had a table available for 6 people to book. A group booking is no different to you booking a restaurant yourself, you are responsible to attend or give enough notice to cancel. We are fully aware that sometimes we can forget to make a note in our calendars, but please be aware it takes a lot of time and effort to organised activities for your enjoyment.

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**'MORNING MELODIES' 1<sup>st</sup> Monday of the Month – Contact Chris to Book**

**@ 'Lilydale International Hotel'** Maroondah Highway Lilydale

**Show 10:30am for 11:00am start** \$2 Donation for CFA Snr Lunch from \$11.50

**Please Note:** Chris needs to book numbers for attending 'Morning Melodies' sessions

**Wednesday 7 July** **'Multi-Instrumentalist Extraordinaire'**  
with Brendon Scott

**Wednesday 4 August** **'The Best Ever Sing-a-Long Show'** with Alex Kyle

**Wednesday 1 September** **Derrick J**



\*\*\*\*\*  
**'MORNING MELODIES' 2<sup>nd</sup> Tuesday of the Month – Contact Chris to Book**

**@ 'Healesville RSL'** 275 – 270 Maroondah Highway Healesville

**Show 10.30am** Lunch after show

**Tuesday 13 July** **'Tom Jones, Engelbert'** - sung by Eddie James

**Tuesday 10 August** **'Frank Sinatra'** - sung by Seven Zammit

**Tuesday 14 September** **'Roy Orbison'** – sung by Glen Douglas

**'TRIPS' - Contact Christ 'Activities Coordinator' for details**

**'BUSHFIRE RECOVERY TOUR'** - Monday 6th September to Saturday 11th September – **\$1,899.00**  
**'KING ISLAND TOUR'** - Monday 22nd November to Friday 26th November - **\$3,000.00**  
 (all inclusive - airfare, accommodation, meals and tours)

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**'SATURDAY WALKS' - Contact Chris 'Activities Coordinator' for details**

**Please Note** - Walks start **9.30am** during July and August due to the colder weather

These 2 photos are from the same walk – do you know where? Answers in next 'Grapevine'  
 Photos 1 & 2 in last 'May & June Grapevine' were from the Barneong Res

- Sat 3 July** Lilydale to Mt Evelyn
- Sat 10 July** Kimberley Drive Reserve Chirnside Park
- Sat 17 July** Mooroolbark Retarding Basin – Park Cardigan St
- Sat 24 July** Lilydale Lake
- Sat 31 July** Lilydale to Lilydale
- Sat 7 August** Barneong Reserve Croydon North
- Sat 14 August** Norton Road Croydon
- Sat 21 August** Mullum Mullum Burnt Bridge  
(end of Ringwood Club car park)
- Sat 28 August** Lilydale to Mt Evelyn
- Sat 3 July** Lilydale to Lilydale



**New:**  
**Wednesdays Walks at Barneong Reserve @ 9.30am**

**Tradies Corner**

Carpenter Hans ☎ 0418 111 499	Electrician Shockfree Electricians ☎ 0411 035 345	House Renovations Tandin Constructions Tim ☎ 0412 185 353
Kitchens Touchwood Kitchens ☎ 0418 542 130	Painting Craig ☎ 0421 889 326	Plumber Lachy ☎ 0438 563 788
Tile & Bathroom Renovations Stephen ☎ 0419 894 874		

**Free!**  
**Cymbidium Orchids just about to flower.**

Will need repotting in October.  
 Contact Ann – ☎ 0438 511 859



***A note from Chris***

*Thank you all for your kind thoughts and words on the passing of my Mum Ivy. She enjoyed coming to our functions in the latter years and talking to everyone. Mum was fortunate to enjoy a very fruitful life and travelling with Dad in their retirement years*

## OTHER NEWSY BITS!

### Views from Pauline and Colin's place in the foothills of Yarra Glen

Looking towards the Dandenongs across the river flats



Melba Highway between Yarra Glen looking towards Yering



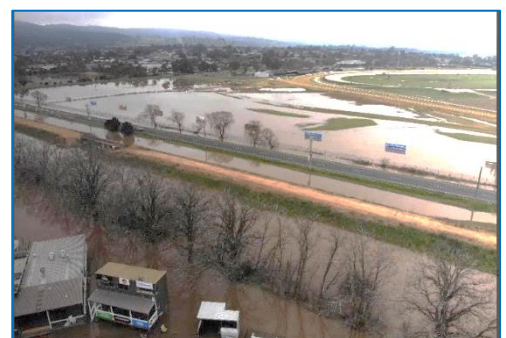
A sensible wombat using Houghton Bridge at Yarra Glen



Looking towards the Dandenongs and Healesville



Yarra Glen Race Course



### **A LOOK AT THE LIGHTER SIDE OF LIFE TO KEEP YOUR 'TEE HEE' (laughter) WORKING!**

**In George Washington's days, there were no cameras. One's image was either sculpted or painted. Some paintings of George Washington showed him standing behind a desk with one arm behind his back while others showed both legs and both arms. Prices charged by painters were not based on how many people were to be painted, but by how many limbs were to be painted. Arms and legs are limbs therefore painting them would cost the buyer more. Hence the expression, 'Okay, but it'll cost you an arm and a leg.' (Artists know hands and arms are more difficult to paint)**

The grim Reaper came for me last night, and I beat him off with a vacuum cleaner. Talk about Dyson with death.

I went to the cemetery yesterday to lay some flowers on a grave. As I was standing there, I noticed 4 grave diggers walking about with a coffin, 3 hours later and they're still walking about with it. I thought to myself, they've lost the plot!!

My daughter asked me for a pet spider for her birthday, so I went to our local pet shop and they were \$70! Blow this, I thought, I can get one cheaper off 'the web'.

### **40- Years of Marriage**

A married couple in their early 60s were celebrating their 40<sup>th</sup> wedding anniversary in a quiet, romantic little restaurant. Suddenly, a tiny yet beautiful fairy appeared on their table.

She said, 'For being such an exemplary married couple and for being loving to each other for all this time, I will grant you each a wish.'

The wife answered, 'Oh, I want to travel around the world with my darling husband.' The fairy waved her magic wand and – poof! – two tickets for the Queen Mary II appeared in her hands.

The husband thought a moment: 'Well, this is all very romantic, but an opportunity like this will never come again. I'm sorry my love, but my wish is to have a wife 30 years younger than me.'

The wife and the fairy were deeply disappointed, but a wish is a wish.

So, the fairy waved her magic wand and – poof! – the husband became 92 years old.

The moral of this story.....men who are ungrateful should remember fairies are female!



I'M AT THAT DELUSIONAL AGE WHERE I THINK EVERYONE MY AGE LOOKS WAY OLDER THAN I DO

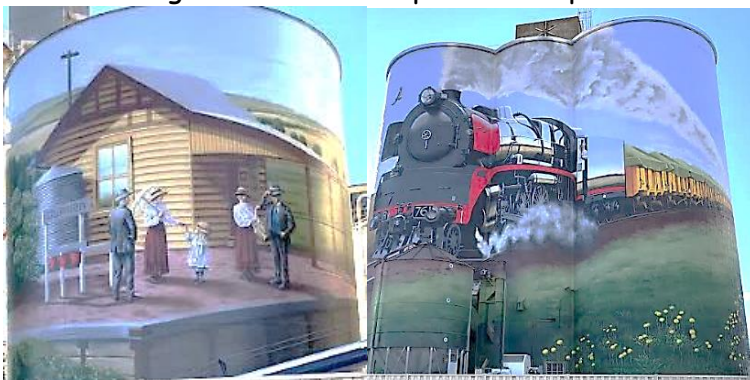


## North East Victoria - 'Silo Art Trail' Tour

by Emese

Nothing could dampen our spirits on the wintry morning of 17<sup>th</sup> May. We were eager to be off with 'Day Tripper Tours' to see the 'Silo & Street Art' which has proliferated across the NE Region of Victoria in recent years, and to see and experience local history and rural life - a 'jam packed' itinerary.

We were in the capable hands of Kevin, known from previous trips to be an excellent tour leader; unflappable, tireless, cheerful and a great driver. After muster and morning tea at Ringwood Lake, plus a brief diversion into Fitzroy to see some local murals, we were soon heading north, delighted to see clearing skies and wide open landscapes.



We viewed our first Silos after lunch and a talk by local June at the Co-op Colbinabbin General Store. The colourful work of Benalla artists Tim Bowtell's 5 Silos, telling the story of the district from the early days of farmer's picnics, steam engines carrying away the grain, the CFA engines and workers, to the many sports that enrich the communal and social life today.

At Rochester, the work of Melbourne based Jimmy Dvate reveals his love and concern for endangered species, depicting here on 2 Silos, a wonderful Sugar Glider next to an Azure King Fisher in the bush. Driving through Tongala was delightful; the town has become an 'Art Gallery' of more than 50 murals painted by street artists, depicting the history and lifestyle of people in the district. Towards dusk we reached Kyabram, where 2 huge water tanks owned by Goulbourn Water featured Dvate's wonderful spotted quoll, dancing brologas and wetland birds. Tired and happy we arrived at the 4½ star Gateways Motel in Wangaratta the home base for our tour. Our accommodation was luxurious comfort and the wonderful Atorium Restaurant provided first class service, fine dining and the opportunity to relax and socialise each evening.



Day 2 with a focus on history was in Rutherglen. Stepping back in time we saw a blacksmith at work in an old converted stable and learned there is a revival of interest in the trade. A trip to the beautifully preserved Gold Battery followed. Here a series of videos demonstrated how the Battery worked - amazing in those time.

Lunch at the famed 'Parker Pies' was a treat. A super busy place which is testament to the popularity of their goodies. Next was a sunny walk to the Rutherglen Common School, which is now a well stocked Museum. Built in 1872, it was the first Public School to open in Victoria. David who is the founder and curator of the Museum gave an amusing and informative talk about those early days and his wife Martha demystified unfamiliar curiosities on show. Many items stirred our memory banks.

Mid afternoon we were enjoying a 'Wine & Cheese Tasting' at De Bortoli's Rutherglen Estate Winery. An interesting commentary explained the new varieties of grapes which are being grown today reflecting the changing palates and trends. A goodly number of bottles were purchased and we headed back to our motel after a wonderful day.

We were fortunate to have commentary of a very knowledgeable local man Lindsay for our third day as we travelled through wine regions and farmland. On our left we passed many hectares of dead trees, thousands in number - bleak and disturbing. We arrived for morning tea and talk at the Mokoan Hub & Café, the Information Centre for the Wetlands Rehabilitation Project.

Comprising of 8,750 hectares of Crown Land and co-managed by scientists, indigenous elders, tourism, local stakeholder and government, it is the largest project of its kind in the Southern Hemisphere and is well underway re-establishing permanent water ponds for fish and bird life with replanting red gums and other native flora thereby restoring the habitat of many endangered species. It was great to leave with the inspiring and encouraging vision of how the area will be as it recovers its health and purpose.



On to the village of Goorambat, tiny yet 'Big in Art'. Drake has painted 'Milli' the famous Barking Owl (at Healesville) opposite a full size gum tree with large nesting hole, so vital for breeding and survival. The third silo features Clem, Sam and Banjo the 3 Clydesdales in working harness. Simply superb!

They stand opposite the Digger's Wife Café where we had lunch before walking to the old Uniting Church to see the contemplative mural painted by Melbourne artist Matt Adnate, titled 'Sophia' which is the face of a serene young woman representing the female aspect of the Holy Spirit.



Close by at Devenish, is the work of artists Cam Scale commemorating the district's military history and contribution. A contemporary Arm Nurse stand with a WW2 Sister, flanked by a Digger and his horse. Many rural youths have heeded the call to serve for their country.







At St James we saw 4 grain silos painted by Tim Bowtell depicting the early wheat farming days and rural life of the district. Also a portrait of G J Coles a famous son of St James who founded the Coles Empire. He began by opening his first store in Smith Street Collingwood in April 1914, with the slogan 'nothing over 2/-' and then a second and the rest is history. His father also named George, had a shop in St James in 1882.

West Australian artists Sobrane Simcock painted the 3 large silos at Tungamah, featuring a host of wetland birds in riotous colour. Our last stop was the Water Tank we came upon driving back through the wasteland of dead trees. Painted by Guido Van Helten, it is the face of a weary CFA Volunteer in homage to the many who provided this vital service. Leaving the Winton area we passed vast Solar Farms providing AGL with green solar power - a good note on which to end a memorable day.



Day 4 Lindsay joined us again and provided commentary of the street art which has made Benalla famous. They started the 'Street Art Festival' in 2015 and hundreds of Australian and international artists have painted the 84 murals enlivening the city. Driving around the lovely township, we admired many of them.

A visit to the Benalla Art Gallery for a talk by the curator and a chance to view the current exhibitions was a change of pace and lovely to enjoy lunch at the Gallery Café. On leaving we had a chance to admire an arresting and powerful bronze sculpture of Sir 'Weary' Dunlop with 2 war mates, before heading off to stretch our legs in the Botanical Gardens and then walking across the bridge to explore the whimsical Ceramic Mural - a Gaudi inspired structure, delightful for young and old alike.

A guided tour of Benalla's Kelly & Costume Museum followed, full of history and some unusual items. A great note on which to end our day.

Homeward bound on day t, we passed through Glenrowan and Kelly Country with his statues and likeness on full display. Arriving at Tatong we saw the beautiful Water Tank mural - a scene of the 'Kelly Gang Prospecting in the Tatong Hills' painted by Michael Larkin, famous for his finely detailed delicate work which could grace any art gallery.

Morning tea was at Buck's Bakehouse in Yark, a busy place offering treats and a welcome break, then on to lunch at Healesville RSL. Sadly our wonderful trip was over. We said our goodbyes and boarded various mini busses which took us home with laundry to be done, stories of wonderful experiences to be shared and good memories to keep.

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## MOVIE REVIEW 'June Again' by Lyn

Cast - Noni Hazlehurst, Claudia Karvan, Stephen Curry, Di Adams

During a fleeting bout of lucidity from her dementia, June Wilton has precious little time to bring together her estranged children, save the family business and rekindle an old flame.

A light hearted look at family life and the trial and tribulations. Well acted.



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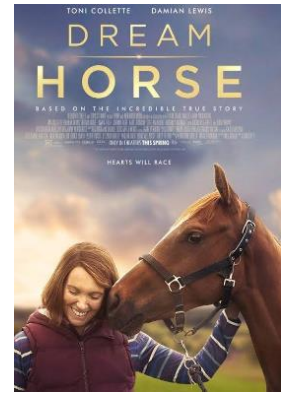
## MOVIE REVIEW 'Dream Horse' by Lyn

Cast – Toni Collette, Damian Lewis, Owen Teale, Sian Phillips, Peter Davidson

Based on an incredible true story of 'Dream Alliance', bred on an allotment, born to win!

British film of the true story of a Welsh village who came together to raise a champion race horse.

With very little money and no experience, Jan convinces her neighbours to chip in their meagre earnings to help raise 'Dream' and compete with the racing elites. Their investment pays off as 'Dream' flies through the ranks and becomes a beacon of hope in their struggling community.



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## Contributions to our Newsletter



*Have you been travelling?*

**Have you attended a good show ?**

*Have you read a good book?*



**Is there something you have experienced, that you would like to share with the members of the Branch? A story? One-liners? Photos from outings?**

.....

**Emergencyplus** is an app you can put on your mobile. (It was recommended by a trainer who trained the staff at my school.)

You can choose to load onto an Apple or Android system (2nd choice). When loaded the right hand screen will appear.

Save the App that could save your life.

Available on the App Store [Free Download]

GET IT ON Google play [Free Download]

Emergency Plus

If you are in an emergency, call Triple Zero (000) by tapping the button below.

Stay focused, stay relevant, stay on line

000 EMERGENCY  
SES 132 300  
Police 00000000

My Location  
Tell the operator your location

1d Mrs Macquaries Rd  
Sydney NSW 2000, Australia

Latitude -33.85965  
Longitude 151.22252  
what3words @extend.trials.during

The **000 Emergency, SES & Police** are live buttons that will automatically call that service when pressed.

Also you will note your 'location coordinates' appear so you can pass the information to the service concerned as to where your location is.

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## Update your medicines list now – you'll need it if you go to hospital



A medicine list is a complete list of all your prescriptions, over the counter and complementary medicines.

Now is the time to make sure you have that list up-to-date and easy to find in case you unexpectedly have to go to hospital or visit a doctor or pharmacist who is not familiar with your health status.

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## **Downsizing your Home**

If you choose to downsize, you can benefit from the Federal Government's downsizing initiative. This means that if you're aged 65 or more, you can sell your principal residence (which needs to have been owned for at least 10 years) and use the proceeds to make a non-concessional (after-tax) contribution of up to \$300,000 to your superannuation for an individual, or up to \$600,000 for a couple. Known as Downsizer contributions, these do not count towards your superannuation contribution caps. To learn more, visit the [ATO website](#)

### **Benefits of Downsizing**

- Smaller homes may be easier and less costly to maintain.
- Can provide an opportunity to move closer to family members, or to a neighbourhood that is closer to amenities and services that will be useful in later life.
- Any remaining funds after purchasing a lower-priced property can be used to diversify investments, clear debt or supplement retirement income without incurring a debt

### **Be Aware That**

- Limited availability of lower-priced accommodation can mean having to move to a different location to secure reasonable downsizing funds. This can mean leaving friends and family behind.
- Once legal and transaction costs, stamp duty and moving expenses are taken into account, your funds could be substantially eroded.
- Downsizing can have a potentially adverse impact on assets and income tests used to assess [Age Pension eligibility](#)

Just over 42% of people have no intention to move or downsize from their family home.

If you would prefer to unlock some of your home equity but stay at home, you might like to consider a [Reverse Mortgage](#), or the Federal Government's [Pension Loans Scheme](#).

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## **Scam Watch - EOFY Warning**

According to the Australian Competition & Consumer Commission, Australians lost \$851 million to scams in 2020. And that's not including the amount lost by people too embarrassed to admit they'd been conned. The end of financial year (EOFY) is a busy time for cyber criminals. Here are a few scams you should be aware of.

**The Australian Taxation Office (ATO) has a whole page dedicated to impersonation scams, which shows just how frequently they occur.**

*'Your Tax File Number has been suspended'* is a common warning issued by scammers pretending to be from the ATO.

It is often sent via email or recorded phone message.

You might have recently received a call [like this one](#).

**Don't...** press 1.

**Do...** [report the scam here](#). You can also call the ATO on 📞 **1800 008 540**.

And remember...

***"The ATO does not suspend Tax File Numbers and will never request you pay a fine or transfer money in order to protect your TFN pending legal action" - The Australian Taxation Office***

## **Update your 'myGovID' details**

Scammers usually send this request via email. They want you to click on the link and provide your personal details. Do not do this.

A legitimate email or SMS notification will never contain a link to your myGov account.

If you receive a suspicious email, [report it to ScamWatch](#).

Of course, accidents happen.

If you clicked on a link or provided your personal information by mistake, contact *Services Australia* on 📞 1800 941 126

## **You are entitled to a tax refund**

This message is usually sent via SMS or email. It encourages you to enter your personal details via an online form to claim your refund.

Sounds too good to be true, right? Yep. The only thing you might gain from filling out a form or clicking on a suspicious link is some malicious software downloaded to your device.

Scammers can also use your personal information to steal your money and identity.

[If in doubt, use an independent source such as Google Search to look up the correct details of the ATO and call them to confirm whether the message was legitimate.](#)

When a legitimate tax refund is available, you will receive a text or email from the ATO encouraging you to log in to your myGov account.

This message will not contain any forms or links to click on.

The ATO will never ask you to respond to an SMS or email by providing personal information.

If you have linked your myGov account to the ATO, you can check the progress of your tax return anytime.

[Sign in or create an account here.](#)

Scams have become more sophisticated over time, but that doesn't mean you should be fearful of using technology.

Keep your personal information secure, avoid clicking on suspicious looking links or websites, and trust your instincts if something *'just doesn't feel right.'*

Yarra Ranges National Seniors Australia Branch  
Membership Application (NSA ABN 89 050 523 003)

**PERSONAL DETAILS**

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_ /  
Last name \_\_\_\_\_ Date of birth \_\_\_\_\_ /  
Address \_\_\_\_\_  
Suburb \_\_\_\_\_ State \_\_\_\_\_ Postcode \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_ Membership Number: \_\_\_\_\_

**JOINT MEMBER DETAILS**

Mr / Mrs / Miss / Ms / Dr First name \_\_\_\_\_  
Last name \_\_\_\_\_ Date of birth \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
Phone \_\_\_\_\_ Mobile \_\_\_\_\_  
Email \_\_\_\_\_ Membership Number: \_\_\_\_\_

**MEMBERSHIP AND PAYMENT DETAILS**



I/we would like to join for: (please tick) includes GST

- 1 Year  Single \$45  Joint \$75
- 2 Year  Single \$80  Joint \$125
- 5 Year  Single \$195  Joint \$295
- Lifetime  Single \$425  Joint \$650

TOTAL PAYABLE: \$ \_\_\_\_\_

- Cheques / Money Order enclosed (payable to: National Seniors Australia)
- Please charge my credit card:  Visa  Master Card

Card number:

Cardholder's Name: \_\_\_\_\_ Expiry: \_\_\_\_\_ / \_\_\_\_\_

Cardholder's Signature: \_\_\_\_\_

NSA respects your privacy and is committed to protecting your personal information.  
You can view the full details of our privacy statement online at [nationalseniors.com.au](http://nationalseniors.com.au)

- I would like to receive 'My Generation' Magazine by Mail

**MEMBERS**

- Branches – Social & Friendship
- 'My Generation' Magazine
- Discount & Benefits
- Credit Card
- Car Buying Service
- Insurance
- Travel
- Competitions
- Online Shop

**NEWS & EVENTS**

- Latest News
- Policy & Media Updates
- In the Media / Media Releases
- Events

**RESEARCH**

- Finance
- Health & Aged Care
- Housing
- Retirement
- Social Connectedness & Communities

**ABOUT US**

- Board & Governance
- Leadership Team
- Policy Advisory Groups
- Careers
- Foundation Trust
- Partners
- FAQs Advertising

**INFORMATION HUB**

- Consumer Protection
- Healthy Ageing / Aged Care
- Social Inclusion
- Technology
- Work & Career
- Retirement
- Retirement Living Options

**ADVOCACY**

- How Advocacy Works
- Policy and Advocacy
- Submissions