Frankston Branch

National Seniors Australia

PO Box 1214

Frankston Vic 3199

Incorp Reg No. A0021438T

We meet at 10.30 am last Wednesday of the month at Francis Xavier Hall.

Come along earlier and have cup of tea at 10 am prior to meeting starting at 10.30 am.

Advertisements from Sponsors on page 4 - please support our sponsors.

COM meeting
24th July

Next General Meeting 31st July



July 2019

Presidents Report:



Welcome to the July issue of our great Newsletter. I must start off with sad news. Another of our older members has passed away. Daphne Miller has gone to be with her much loved husband Dick. As those who knew them they know how much they relied on each other. With Daphne's failing eyesight and inner problems she has not had an easy time of it over the last year or so. Our deepest sympathy goes out to her family of

which Daphne was much cherished. R.I.P. Daph` Her funeral will be held at Tobin Bros. Cranbourne Rd, on Friday 21st at 2.30, then on to the Frankston R.S.L.

The next club lunch will be on the <u>25th of July at Food Star Lunch at 12.30</u>. Anyone needing a lift please ask a member of Committee.

National Seniors is lobbying very hard at the moment to have local Gov. and Councils to put out more information regarding men's health. As we all know sadly men succumb to fatal illness earlier in life than women and the findings are that men do not go to their doctors until the illness is well advanced. Hope this will change in the very near future.

B.M.T was a bit disappointing regarding attendance and the amount raised. \$1,797. 05 considering that the wonderful and generous Jan Henry donated \$700.00 of that. The General Meeting will be coming up in September and unless a bit of input from members it looks quite bleak for our club. A treasurer is desperately needed as well as others for general Committee. Bit of a dreary report this month but things can only get better one hopes.

Marion

I love the kind of hugs where you can actually feel the sadness leave your body



Welfare Report:

Cheers Margaret McGrath

No report this month, obviously everyone feeling great!!

Catch up on "scissor suggestion" last month, Mary informs us that on her holiday she many times wished for a pair of small scissors.

To open airline lunches, coffee packets, butter, cutlery, sugar packages., the list is endless it seems.

No scissors allowed on planes of course, in case we kill the pilot I imagine!!

Margaret McGrath 9786 9264

Committee contacts

	T
President and Zone Delegate	
Marion Tracey	9776 6648
	0425704481
Vice President	
Margaret Norton	59776260
	0437830256
Secretary/Public Officer &	
Newsletter editor	
Mary Smith	97731471
	O424570811
Email	msm37700@bigpond.net.au
_	
Treasurer	24424422
Mike Smith	0418144883
T	
Events Co-coordinator	E0557.0
Margaret Norton	59776260
D 1 W .	O437830256
Pamela West	O418185159
Mambaushin Officer	
Membership Officer Mike Smith	0418144883
Wife Silitii	0410144003
General Committee Members	
Lyn Jerman	97660345
Astrid Shead	97860003
Geoffrey Aldridge	0412143221
Speakers	
Lorraine Mammana	97870068
Lorraine Mammana	0410796031
Welfare	
Margaret McGrath	97869264
Margaret McGrath	97869264
Margaret McGrath Email address	97869264 nsafrankston@gmail.com



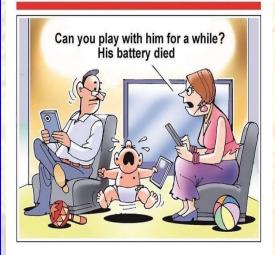
Birthday dates July 2019

- 7 Hendrika Thommissen
- 13 Brenda Smith
- 13 Moira Clarke
- 17 Mavis Wright
- 17 Patricia Bates
- 18 Robin Portaway
- 22 Lorna Luscombe



iToons

Sunil Agarwal & Ajit Ninan





July Lunch is at Foodstar in Frankston, we will meet at 12.30. on 25th.

Speakers/Trip information/Shows etc. (information page)

<u>Speakers</u> Lorraine Mammana <u>97870068</u>

Mobile 0410796031







Margaret's outings



JULY SPEAKER

Alexis Ward, Pastor Peninsula Health will speak about "The role of Spiritual Care in Person Centred Care in a Hospital

AUGUST SPEAKER

James Wall presents Life of a Nurseryman. James worked in his father's seedling nursery for over 20 years and now runs the nursery at Gardenworld. He'll talk about the trials and tribulations of running a nursery and will bring along some of his favourite plants to talk about.



Frankston Arts
Centre, 5th Oct,
8 pm. \$49.90
concession,
names on
list please.

<u>Afternoon Melodies</u> Frankston Arts Centre 2019

<u>Pamela will speak to members at</u> <u>our General Meeting re future concerts.</u>



Christmas in July:

Date: 10th July 2019

Day: Wednesday

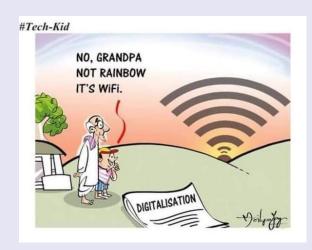
Leave: Karingal 10 am

Travelling to Sandown Racing

(Greyhounds)

for a three course lunch.

Morning Tea at Burden Park.



Be connected: digital literacy

Head office suggests our members check out the free on line programme to brush up on digital skills, learn about scams, or how to research ancestry.

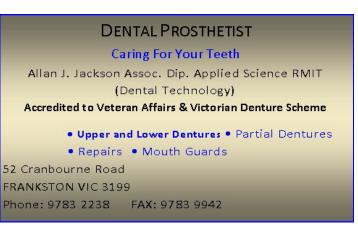
www.beconnected.esafety.gov.au

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