



**. President's Report June 2026.**

Welcome to another newsletter from Forest Lake National Seniors. The budget blues are over and now we just have to work out how it affects us. I hope the Middle East problems will be sorted soon and we can get away from the uncertainty of the petrol price and its inflationary push.

I would like to thank our Activities sub Committee for the hard work they do organising the various trips and where we go. This is no easy task with the cost of bus trips increasing all the time, and finding places to visit that would suit most members of our group; e.g. organising the visit to the Police Museum while the train timetable is a mess because of strike action.

The Christmas in July function will be held on the 23 July. If you want to go please see Lynne Ball. The use of the Dog's Qld venue will continue to the end of the year and probably be a permanent fixture going forward. While the Committee of Management acknowledge there are problems getting to the venue, until a more suitable venue can be found closer to Forest Lake this fantastic facility at Dog's Qld will be our new "kennel".

As we approach our AGM for NSA Forest Lake we need people to help on the Committee. I'm sure Lynne Ball and the Activities group would love to have some new people with fresh ideas join them. We also need to find a Treasurer and Secretary for the new management committee. Please consider taking up a committee position to help run the "Club".

Brian



**JUNE**

**Jill Beauchamp**

**Charlie Beccaria**

**Gladys Beccaria**

**Roslyn Dunell**

**Janelle Jaraminas**

**David Mitchell**

**Joan Sara**

**Val Summerville**

**Charles Taylor**



Lovely hat parade for our May meeting to celebrate Mothers Day.

## ACTIVITY REPORT GENERAL MEETING

11th June 2026

CALENDARS FOR 2026 WERE HANDED OUT TO MEMBERS AT THE NOVEMBER 2025 GENERAL MEETING

*CANCELLED – Thursday 27<sup>th</sup> August Our visit to Emu Heaven at Coleyville. We have rebooked for 2027 - please adjust your calendars.*

### MAY

**Thursday 14th** At our General Meeting we celebrated Mothers Day with our members wearing some great hats. Chair Yoga was a lot of fun.

**Tuesday 19th** Blue Fin Dinner was very successful even though it had been very wet. We had about 27 members attending. Our next Dinner is on Tuesday 22nd September - pop it in your calendar.

**Thursday 28th** BCC Bus Trip to Roma Street Police Museum. What a great morning for 15 of us with an interesting conducted tour of the Museum followed by a lovely pre ordered lunch at Roamer Brisbane Bar/Café dodging heavy showers.

### JUNE

**Thursday 11th** At our General Meeting **Senior Constable Ben Harm** (from Mt Ommaney Police) and **Senior Constable Lisa Easton** (from Sherwood Police ) are doing a presentation on “Safety in the home and out and about”

*Thursday 26<sup>TH</sup>*

**Samford Lifestyle Centre \$40.00 (for bus only)** – buy pre ordered lunch at centre, at your own expense (IF YOU ARE GOING, PLEASE ADD YOUR NAME TO THE LIST) We must have 30 to make this trip viable.

MENU: PLEASE ADVISE US OF YOUR ORDER FOR LUNCH AT CAFÉ LAGARTO

### JULY

**Thursday 23<sup>rd</sup> – CHRISTMAS IN JULY Fox & Hounds – Mt Tamborine.** We have priced this with 50 members going, which will be \$75 pp for bus/2 course meal + tea/coffee station. Please put your name on the list **NOW** if you are going please.

*Lynne B + Activity Team*

## Committee Members

Branch email - [nsaforestlakepres@gmail.com](mailto:nsaforestlakepres@gmail.com)

President - Brian - 0407113126

Vice President – John 0410480758

Secretary - Janelle - 0402097564

Treasurer - Colin - 0426 863 506

Membership – Norah - 0421282052

Activities - Lynne . - 0412 122 161

Publicity - Lorraine . - 0409275016

Welfare - Vicki - 0403663293

# Heritage Bank

Community  
Branch

People first.

## Forest Lake Branch

For all your banking  
needs see the friendly  
branch team or contact  
us on 3412 2360

Our next meeting is on

11th June, 2026

and this will be at

**DOGS QUEENSLAND**

247 King Avenue, DURACK.

**A special thank you goes to our VOLUNTEERS without whom our meetings would not run so smoothly.**

The Committee would like to thank all supporters of the NSA Forest Lake Branch for photocopying , financial reports and other support material.

Thank you for the printing of our monthly newsletter to MARGIE NIGHTINGALE and her team at her Office . Margie is our local state member

## Newsletter, Agendas & Minutes of previous meetings

Email Members will be sent these in the pre-meeting email, **please print them out & bring with you if you wish to have a copy at the branch meetings**

Non-Email Members will have a copy of the newsletter reserved for them for pick up at the entry desk.

The Newsletter is also available online at ([nationalseniors.com.au/getinvolved/branches/forest-lake](http://nationalseniors.com.au/getinvolved/branches/forest-lake)) & on our Facebook group page "**Forest Lake Branch National Seniors Australia Group**"

If you are on Facebook go to the Branch Facebook Page (**Forest Lake National Seniors Australia**)\_and click on "Join Group"

**Hi Members: Could you please try to have small change with you to pay when entering our meetings. This is to pay for morning tea and as our lovely Volunteers manning the desk do not have access to a lot of change and big notes make it very difficult for them. Also members , could you please let a committee member know when paying by cash through a bank branch**

**We strongly encourage Members to pay for excursions via Internet banking or by depositing payment over the counter at Heritage Bank Forest Lake.**

## Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members, please let our Welfare Officer know. **Vicki** has kindly taken on this important role for our club.

**Phone 0403663293** or email on **vixharrison55@gmail.com**

## Trips Payment

### **Bank Transfer & Direct Deposit**

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070

Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example – Smithx1Xmas party

Surname (Smith)

Number going (1)

Event (Branch Christmas Party)

### **EFTPOS**

The Branch has a "Square card" hand-held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

### **Cash or Cheques**

To assist the trips desk please write on an envelope:

Your name

Trip details

Payment amount

Dietary requirements

Seal your payment inside the envelope and hand it to the trips desk.

**Unless it is in an Envelope as stated above the trips table will not accept any payment.**

Full Payment will be due at the monthly meeting prior to the trip.

Joe Smith
Branch Christmas Party
\$ ?
Gluten Free

## Branch Refund Policy

### **Cancellation of an outing**

**Travel Insurance for our away trips is strongly recommended.**

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. A Medical Certificate will be required to receive a refund if notification is 24 hours or less. In the case of a sudden medical emergency on the day which cannot be prevented, the Management Committee will consider the matter with respect to a refund.

When we have to book seats on a bus or give numbers for a booked away trip or luncheon and are still required to pay even in the case of a cancellation by a member, a refund will not be provided.

In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg: storm, transport breakdown, etc, and cannot be re-scheduled, members will be refunded any monies paid.

# **AWAY TRIPS**

**Hello Travelling Enthusiasts,**

Well we waved bon voyage to our 40 mariners who departed by bus to board the mighty “CARNIVAL ENCOUNTER” at the International Cruise Port in Brisbane.

Their cruise took them to the warmer climate of the tropics and the lovely city of Cairns. As with all mariners, we wished them “Fair Winds and Following Seas” and they definitely had those. The tropics brought wonderful weather, sunny skies and a lovely climate. Our intrepid sailors had one of the best holidays this away trip planner has ever produced.



## **Our 40 Intrepid Sailors**

Just a reminder to those members booked on the “Great Yamba and Northern Rivers Adventure”, that the final payments for this away trip are due prior to our June meeting.

All inclusive costs for the Yamba Away Trip are:

Double/Twin - \$940.00 per member

Single - \$1,180.00 per member.

Holidays are the best medicine making memories with your friends.

**KEEP ON TRAVELLING.**

**Ian H.**

**Away Trip Co-Ordinator**

**LAUGHTER IS THE BEST MEDICINE.**

**Question:** What is the definition of the words unlawful and illegal?

**Answer:** Unlawful is against the law

And illegal is a sick bird. .



**NATIONAL SENIORS AUSTRALIA  
FOREST LAKE BRANCH**

<p><b>JUNE:</b> <i>Thursday 11th</i></p>	<p><b>General Meeting</b> Queensland Police Service visit with Senior Constable Ben Harm (Mt Ommaney Police) and Senior Constable Lisa Easton (Sherwood Police) doing a presentation on "Safety in the home and out and about".</p>	\$8.00
<p><i>Thursday 26<sup>TH</sup></i></p>	<p><b>Samford Lifestyle Centre \$40.00 (bus only)</b> – buy pre ordered lunch at centre at your own expense We now have 33 and ask members to please pay by direct debit prior to our June meeting. (<a href="https://lifestylecentre.co">https://lifestylecentre.co</a>)</p> <p><b>MENU: PLEASE ADVISE US OF YOUR ORDER FOR LUNCH AT CAFÉ LAGARTO AT JUNE MEETING.</b></p>	Own Expense
<p><b>JULY:</b> <i>Thursday 9th</i></p>	<p><b>General Meeting</b> - Speaker: _ Sally Gardner, President of QCWA (Oxley Branch)</p>	\$8.00
<p><i>Thursday 23<sup>rd</sup> –</i></p>	<p><b>CHRISTMAS IN JULY</b> <b><i>Fox &amp; Hounds –at Wongawallan (Mt Tamborine )</i></b> Two course meal plus tea/coffee station in the Tudor Room. <b>Please pay PRIOR to our JULY Meeting - this would be greatly appreciated.</b></p> <p style="text-align: center;">•</p>	\$75.00
<p><b>CHRISTMAS IN JULY ORIGINS</b></p>	<p>The concept of Christmas in July has European roots however in Australia, the tradition is believed to have started in the Blue Mountains in 1980, when Irish tourists inspired a local hotel to host a mid-winter "Yulefest" party, which became an annual event and gradually spread across the country. Historical colonial suggestions also noted the benefits of celebrating Christmas in a cooler season to enjoy the traditional feasting without the summer heat.</p>	

Follow the arrows to get to Dogs Queensland at Durack.

HERE IS LUNCH-MENU FOR DOGS QLD.

PLEASE ORDER YOUR MEAL BEFORE THE START OF OUR MEETING.

<b>LUNCH MENU</b>	
<b>Seniors rump steak</b> Served with your choice of chips & salad or mash & veg.	<b>\$18</b>
<b>Chicken Schnitzel</b> Served with your choice of chips & salad or mash & veg.	<b>\$15</b>
<b>Crumbed/battered fish</b> Served with your choice of chips & salad or mash & veg.	<b>\$15</b>
<b>Spinach &amp; ricotta lasagna</b> Served with your choice of chips & salad or mash & veg.	<b>\$15</b>
<b>Bangers, mash and peas</b>	<b>\$15</b>
<b>Caesar salad - \$12</b> Add grilled chicken - \$3	

Here is a map to guide you to the Dogs Queensland.

