

Centenary Branch Newsletter - JUNE 2024

We now have a Facebook Page. Go to National Seniors Australia Centenary Branch

FROM THE FRONT DESK

Good Morning All.

Since my announcement at the last meeting that I was not standing for President at the next AGM, there have been quite a few mumblings about the club's closure and the financial situation of the club.

I wish to make it clear to you, the members that if the club does close down, it is not your money.

Since I've been a member (October 2014) the club has not done any fund raising. The funds we raise through raffles, bring and buy/craft and garden sales just cover gift cards, stationery etc. The \$6 per member we pay each month at the meeting is paid to Westside HQ for the premises and use of their equipment.

Geoff Harvey was Treasurer of the club for 12 to 13 years. When he took over there was \$10,000 in the bank. We have spent approx \$5,000 over the last 10 to 12 years, on General Meeting Entertainers, Speakers, Donations, Picnic In The Park, and on subsidizing Coach Trips and the Christmas Party.

After the flooding Brisbane City Council granted us \$5,000 so we could replace our lost equipment and help keep the club functioning. There was no stipulation (strings attached) as to how this money was to be spent. As we haven't spent the grant the bank balance is now back to \$10,000.

I don't wish to see the club close, that's why I stood for the position when Helen Donaldson left, and it seems like I've been there since with just a small gap.

A lot of time and effort has been put into organizing trips and speakers to keep you all engaged, up until our Christmas break-up so please put some thought into nominating in order to continue the club in 2025.

The club will not have to be organized as it has in the past:- if evening activities are out and you just want to meet monthly for morning tea and a game, or such: and a lunch somewhere a few weeks later – it will still be a social activity that keeps our aging members connected and would not require a lot of work. But it will need somebody to run the club do the organizing.

It is your club, so I implore you to think about what you will do with your time if it ceases to exist.

Bev Hocker – President

MANY HAPPY RETURNS

Best wishes are extended to all our valued members celebrating birthdays during June. We hope you have a wonderful day.



A Little Poem For The Old Is Gold

Another year has passed and we're all a little older. Last summer felt hotter now winter seems much colder.

There was a time not long ago when life was quite a blast. Now I fully understand about 'Living in the Past'

We used to go to parties, picnics and lunches. Now we stay at home preferring snacks to brunches

We used to go out dining, and couldn't get our fill. Now we ask for take away, come home and take a pill.

We used to often travel to places near and far. Now we get restless syndrome from riding in the car.

That, my friend how life is, and now my tale is told. So, enjoy each day and live it up before you get too old.



Family
is my treasure

MAHJONG

Centenary Seniors Mah Jong Group meets every Thursday during the month. If you are a new player and would like to learn or an experienced player who would like to play socially come along. We meet in the Mt Ommaney Library 1st & 2nd Thurs of the month, the Monier Hotel on 3rd Thurs (staying for lunch afterwards) and 4th Thurs of the month. Inquiries – Judy Hunold 3378 4935 or Jo Murray 0406 413 836



NOTICES

All morning tea is gluten free.

Meetings - First Tuesday each month, February to October, except November (second Tuesday) 9.30am Entry for 10am meeting start.

Centenary Community Connections – The Hub can be contacted to see upcoming events by email for info at bookings@ccconnectasn.au.

Westside HQ Free Morning Melodies
Every Thursday 10.30am – 1.30pm.

Advanced Care Planning coming to “The Hub” Mt Ommaney
From 19 July 2024 and each 3rd Friday of the month thereafter.

June Entertainer: Singer Terry Scott



CLUB ACTIVITIES

June 11th – Samford Lifestyle Centre *** CANCELLED *******

Transit Care have advised that they have had to cancel ALL bus trips to Samford as the Lifestyle Centre will no longer accept buses with Seniors.

Alternative activity – Get a few friends together and catch a bus into the City Hall and go to Free City Hall Concert from 12-1pm (programme is on the next page)

July 5th Nambour Garden Expo – Bus only \$35 each – 17 people booked (see information sheet for more details) \$35.00 Payment required by 1st July via cash or EFT.

July 24th – 25th – Overnight 24th - Xmas in July Stanthorpe.

Fully booked. (Full payment due June Meeting or prior.) \$355 each double / \$420 single.
Contact Bev.

August 13th Parliament House – 11 people booked – Max 15 – 4 seats available - Final Details TBA

September 8th – 14th – 7 day trip to Charleville – Names to Bev Hocker.

Deposit payable at July Meeting or prior - Sharing \$610 each / Single \$1060. Names to Bev
Total Cost \$1,610 per person twin share, Single \$2,060.00

Oct 15 – Jacaranda Cruise – 30 people booked - Final Details and costings TBA

Nov 29 – Pohlman's Nursery – 27 people booked - Final Details and costings TBA

Full payment for Transit Care bus trips is to be made at the monthly meeting before trip.

If paying by cash. Put correct money in envelope with your full name, amount paid, phone number, trip details and any special dietary requirements on the outside of the envelope.

Seal envelope and hand to the Trips table. EFT Payments – Name & Trip eg Nambour

Please wear your name badge as name badges are compulsory for all bus trips.

DIRECT DEPOSIT OR BANK TRANSFER

BANK: NAB MT OMMANEY BRANCH

BSB 084 259 ACC. NO. 821660559

PLEASE PUT NAME AND EVENT ON TFR FOR IDENTIFICATION.

PLEASE BE ON TIME AS THE COACH WILL BE LEAVING ON TIME AND WILL NOT WAIT FOR LATECOMERS.



**ENJOY OUR LORD MAYOR'S CITY HALL CONCERTS FOR YOUR FREE
LUNCHTIME CONCERT IN THE CITY HALL TUESDAY FROM 12-1PM.
CONCERTS ARE FREE! (NO BOOKINGS REQUIRED)**

Tuesday 11 June – Songs and Soiree

Experience the beauty and power of music with Songs and Soiree. This exceptional event features three talented voices including Sopranos Luisa Tarnawski and Gabrielle Jack and former Tenor Roger Davy. You'll be taken on an unforgettable musical journey from beloved opera classics to popular musical hits. Enjoy a variety of selections, ranging from Mozart's romantic Letter Duet, to the mesmerising Phantom of the Opera, the enchanting Cosi Fan Tutte, Romeo and Juliette and the powerful Nessun Dorma. Further to this, popular songs by Andrea Bocelli, Sarah Brightman and the rollicking drinking song by La Traviata will be performed. This is a concert to delight and charm all lovers of music and song. This Lord Mayor's City Hall Concert is produced by Viva La Musica.

Tuesday 18 June – Pauline Maudy Presents: Songs from 'Take me to Paris'

After a string of successful Australian and international tours, French-born, award-winning singer Pauline Maudy presents songs from her show, Take Me to Paris – a show inspired by her experience of growing up in two places and an exploration of community, connection, memories, and belonging. One of the truly rare voices on the international world scene, Pauline effortlessly channels the greats in French and English, transporting audiences from Parisian alleyways to New York jazz bars in a heartbeat. An accomplished singer and songwriter, Pauline was named Artist of the Year 2023 at the Australian Folk Music Awards and has received three Queensland Music Awards for her compositions and co-compositions with ensemble MZAZA. Pauline is joined on stage by some of Queensland's finest musicians from Australia and Europe, including Peta Wilson (piano), Mircha Mangiacotti (guitar), and Emma Hales (cello/double bass). This Lord Mayor's City Hall Concert is produced by Anje West.

Tuesday 25 June – Organ Music for the Soul

Sydney's City Organist, Titus Grenyer, presents an organ recital for the musical soul. Combining a love for sharing accessible music with a daring interpretation of conventional organ repertoire, this program extends the meaning of an organ recital with transcriptions of famous music, alongside works of old masters rarely heard on the organ.

The organ of the Brisbane City Hall will come alive with the colour and verve of Titus' performance and desire to communicate with the soul. Titus is one of Australia's leading young organists, as well as the Director of Music at Our Lady of Dolours in Chatswood. An active teacher, conductor and composer, Titus will also perform his own music in the program, bringing organ repertoire into the 21st century. This Lord Mayor's City Hall Concert is produced by Evolution Productions.



FUN ON THE RUN FOR SENIORS
TRIP SCHEDULE FOR CENTENARY SENIORS
NAMBOUR GARDEN EXPO 5/7/24

RETIREMENT VILLAGE / GROUP	National Seniors Centenary Suburbs Westside HQ, 3 Clewley St, Corinda
CONTACT AND DETAILS:	COLLECT FROM: MT OMMANEY SHOPPING CENTRE. BUS STOP NEAR LIBRARY - <u>PICKUP IS NOW AT THE COMMUTER PARKING LOT ABOVE LIBRARY</u> Anne Munro PH: 0411 564 267 EMAIL: secretary.nsacb@gmail.com
TRIP DATES (IF KNOWN)	Friday 5 July 2024 – 9AM DEPARTURE
DESTINATION	Mt Omm Shopping Centre, Commuter Parking above Library Queensland Garden Expo, Coronation Ave, Nambour
TRIP TIME	Depart Transit Care: 8.00am Arrive Mt Ommaney: 8.45am Depart Mt Ommaney: 9.00am – <u>SHARP BUS WILL NOT WAIT</u> Arrive BP Caboolture North Travel Centre: 10.00am Morning Tea (<u>own cost</u>) and toilet stop 30mins only Depart BP Caboolture North Travel Centre: 10.45am Arrive Nambour: 11.30am – <u>Entry & Lunch own cost</u> Free time around Garden Expo: 11.30am-1.45pm Depart Nambour: 2.00pm <u>SHARP BUS WILL NOT WAIT</u> Arrive Mt Ommaney: 4.00pm Depart Mt Ommaney: 4.15pm Arrive Transit Care: 5.00pm
NUMBER OF PASSENGERS	TBC
ACTIVITY DESCRIPTION	Spend the morning at the 40 th Anniversary event of the QLD Garden Expo. Queensland Garden Expo is a ‘must see’ in 2024 for green thumbs and novice gardeners alike. Held in the Sunshine Coast hinterland town of Nambour from 4th to 7th July, this four-day expo is Queensland’s premier gardening event attracting visitors from all over Australia. Some of Australia’s leading gardening experts will take part in four days of lectures, demonstrations, and workshops.

TRAVEL INFORMATION – PRICES PER PERSON

TRIP KMS RETURN	242kms	BUS COST	\$35
------------------------	--------	-----------------	------

MORNING TEA		COST	At own cost
LUNCH	Queensland Garden Expo	COST	At own cost
AFTERNOON TEA		COST	
EXPO ENTRANCE TICKETS	Queensland Garden Expo	COST	At own cost

Fun on the Run Trip Schedule and Details v.0 0621

TOTAL COST PER PERSON	35
------------------------------	-----------

VILLAGE / CLUB TO PROVIDE:

Passenger dietary requirements	
Completed passenger list with phone numbers	PASSENGER LIST
Final numbers	

INVOICE: Invoiced for total amount post trip.

OFFICE USE ONLY

RV TRIP CONTACT NAME AND DETAILS	Debby Dreier 0448 493 048 events@transitcare.com.au
TASKS ON DAY	Pay for bus parking and purchase staff entrance tickets if required
TRANSITCARE TEAM	TBC
CREDIT CARD REQUIRED	YES /NO

INVOICE: Invoiced for total amount post trip.

Fun on the Run Trip Schedule and Details v.0 0621



MY AGED CARE REGISTRATION

Transit Care receives federal government funding to deliver community transport and social outings which allows them to organise fabulous days out socially. These bus trips are offered to people 65 years and older at a subsidised rate.

With the future changes coming to aged care services in 2024 and beyond, it is in everyone's best interests to be registered with MAC, even if you feel you don't need these services just yet as waiting lists to access services are currently lengthy.

To travel on their Fun on the Run social bus trips, individuals should be registered (or be prepared to be) through My Aged Care (MAC) and be able to **provide their transport referral code**. My Aged Care is an Australian Government funded aged care service offered to people 65 years and over, and it costs nothing to be registered with them.

- Register with My Aged Care by calling 1800 200 422 (MAC Number will start with AC.....)
- Tell them you require an Emergency Transport Code to be able to go to medical appointments and for bus trips with your friends (Transport code should start with 2-.....)
- They might also ask some general questions and then advise you that you will need an assessment.

MAC call will ask you a few simple questions and book an assessment either via phone or in person. Please note: They will only make two attempts to speak with you, so please ensure you pick up the phone. It will come from a No Caller ID number. When they contact you, if they ask you why you require transport. **You simply need to tell them that you are going to get out and about on trips to socialise with your friends and that you have an upcoming trip and require an urgent transport referral code.**

When you are assessed either via phone or in person and receive your transport referral code, please call Transit Care Contact Centre on 3422 7900 and give them your name and your code.

Once you are registered, you are also eligible to travel with TransitCare for any of your community transport requirements. This is helpful if you have hospital or medical appointments at an unfamiliar hospital where you may be unsure of where to go and where parking is difficult and expensive. We can take you straight to the front door of your appointment.

MY CARE MY CHOICES - ADVANCED CARE PLANNING

Follow up from Emily Jone's presentation at the General Meeting on 2 April 2024.

Advanced Care planning will be at "The Hub" Mt Ommaney from Friday 19 July 2024 and each 3rd Friday thereafter. It is a free and confidential services for all Queenslanders to assist with the process of Advanced Care Planning for the future with Advanced Health Directives, Enduring Power of Attorney and Statement of Choices.

NAUGHTY LITTLE KIDS GOAT FARM – 21/5/24



A lovely day was shared by 26 members travelling with “Steve” from Mt Gravatt Bus Lines to Peaks Crossing to visit The Naughty Little Kids goat farm.

The bus was relatively new, very roomy and super clean. Steve served up a nice hot cuppa and a plentiful array of morning tea treats.

I had no idea that our visit would be so educational. Nathan, the owner, certainly had all the facts and figures down pat – our job now is to remember what we learned including the recipe for the soft feta like cheese that he made while talking to us. We also enjoyed tasting the various flavours of gelato which they make on site.

There are currently 150 goats on the premises, of 3 different breeds, the kids are around 9 or 10 months of age now and the pregnant nannies are due late July or August. It was quite an experience to watch as the 150 raced down from a back paddock for a quick snack to impress the tourists. We then had the opportunity to bottle feed the kids before having the opportunity to milk a nannie.

At that point we bade farewell and headed to the pub (as you do) for lunch. Waiting at the front door was a stretch limo and as impressive as that was, we were happy with the bus.

Peaks Crossing is only 45 minutes away and if anyone has little grandchildren, I’m thinking it would be a wonderful experience for them. The goats are very people friendly.

Great day.

Bev Hocker - President



CONTACTS

President / Cards

Bev Hocker
0424 525 230
bevhocker@bigpond.com

Vice-President

Marjorie Green
33762030 - 0450 601 463
m.k.green@bigpond.com.au

Secretary/Membership/Correspondence

Anne Munro
0411 564 267
secretary.nsacb@gmail.com
PO Box 470 Mt Ommaney. Q4074

Treasurer

Steven Haycock
0412 623 191
centenarybranch.national.seniors@gmail.com

Newsletter Editor/Raffles

Cheryl Williams
0407 597 812
cherubu@bigpond.com

Dinners & Functions

Jenny Olive
3376 3616 (answering machine)
jenniferolive1950@gmail.com

Coach Trips/Check In (A-L)

Ann Tupicoff
0432 630 721
anntup29@hotmail.com

Check In (A - L)

Doreen Flynn
0448 281 726
dmflynn89@gmail.com

Meet & Greet/ Check In - (M - Z)

Bronwyn Quinn
0412 014 939
chateauquinn@hotmail.com

Check In (M-Z)

Robyn Kennewell
0431 175 259
robynalive@gmail.com

Mahjong

Judy Hunold - 3378 4935
Jo Murray - 0406 413 836

Steady Steps

David Port
0419 787 197
drlgp@bigpond.com

Geoff Harvey
0407 141 201
Gharvey3@bigpond.net.au

CALENDAR 2024

JUNE 2024

Monday 3rd	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 4th	GENERAL MEETING	9.30am	Westside HQ Corinda	\$6
Thursday 6th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 10th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 13th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 17th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 20th	Mahjong	9-12noon	Monier Hotel	
Thursday 20th	Lunch	11.30am	Monier Hotel	
Monday 24 th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 25 th	Coffee & Conversation	10.00am	Jamacia Blue Mt Ommaney	
Tuesday 25th	Committee Meeting	1.00pm	Mt Ommaney Library	
Wednesday 26 th	Evening Dinner	6.00pm	Centenary Tavern	
Thursday 27 th	Mahjong	9-12noon	Monier Hotel	

JULY 2024

Monday 1 st	Steady Steps (Easter Monday)	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 2nd	GENERAL MEETING	9.30am	Westside HQ Corinda	\$6
Friday 5th	Nambour Garden Expo	8.45am	Mt Ommaney – Lunch own expense	\$35 bus
Monday 8th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 11th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 15 th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Thursday 18th	Lunch	11.30am	Monier Hotel	
Thursday 18th	Mahjong	9-12noon	Monier Hotel	
Monday 22nd	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Wednesday 24 th	Coach Trip – Xmas in July	7.30am	Mt Ommaney Commuter Car Park	
Thursday 25 th	Coach Trip – Xmas in July		above the Library	
Monday 29th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 30th	Coffee & Conversation	10.00am	Jamacia Blue Mt Ommaney	
Tuesday 30th	Committee Meeting	1.00pm	Mt Ommaney Library	

AUGUST 2024

Thursday 1st	Mahjong	9-12noon	Mt. Ommaney Library	
Monday 5th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 6th	GENERAL MEETING	9.30am	Westside HQ Corinda	\$6
Thursday 8th	Mahjong	9-12noon	Mt Ommaney Library	
Monday 12th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 13th	Parliament House	8.45am	Mt Ommaney	TBA
Thursday 15th	Mahjong	9-12noon	Monier Hotel	
Thursday 15 th	Lunch	11.30am	Monier Hotel	
Monday 19th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 20th	Picnic In The Park	11.00am	Rocks Riverside Park	
Thursday 22nd	Mahjong	9-12noon	Monier Hotel	
Monday 26th	Steady Steps	9.15am	Centenary Uniting Church Hall	\$8
Tuesday 27 th	Coffee & Conversation	10.00am	Jamacia Blue Mt Ommaney	
Tuesday 27th	Committee Meeting	1.00pm	Mt Ommaney Library	
Wednesday 28 th	Evening Dinner	6.00pm	Aroma The Kitchen - Jindalee	
Thursday 29th	Mahjong	9-12noon	Monier Hotel	

Our thanks to Sarah Hutton, Councillor for the Jamboree Ward for the provision of photocopying facilities