

**DIARY DATE CLAIMERS:** All bookings/queries/payments please see John C.

**March 26 BUS TRIP:** Purling Brook Falls & Springbrook.....\$45  
Morning Tea incl. Lunch at own expense. A booking will be made at The Springbrook Café.

**May 21 BRING & BUY:** Homemade craft items, baked goods & plants only.

**May 28 AUTUMN BUS TRIP:** Interesting sights around Brisbane.....Details TBC

**July 23 CHRISTMAS IN JULY:** Cunungra & Scenic Rim. Morn Tea & lunch incl...\$80

**September 24 SPRING BUS TRIP:** Summerland Camel Farm at Harrisville.....\$50

**COMMITTEE MEMBERS:** All correspondence please email: [nsachernside@outlook.com](mailto:nsachernside@outlook.com)

**President:** Barbara Coleman  
M: 0413 494 693

**Secretary:** Vicki Beardmore  
M: 0421 630 742

**Treasurer:** Sue Webster

**Membership:** Jeanette Daff  
M: 0423 579 621

**Guest Speakers:** Vicki Beardmore  
M: 0421 630 742

**Activities:** Karlotta Reeves  
M: 0410 699 300

**Tours:** John Canterbury  
M: 0411 046 179  
Email: [jncgrange@optusnet.com.au](mailto:jncgrange@optusnet.com.au)

**Welfare Officer:** Jenny Tidey OAM  
M: 0409 108 358

**Newsletter:** Alayne Brown  
M: 0413 317 690

**VENUE REMINDERS:**

\* If the main doors are closed, enter via the Newman Rd entrance of The Cove Kitchen & Bar.

\* **MEETING PARKING:** Car park entry off Newman Rd.

\* **BUS TRIP PARKING:** Carpark in Collings St adjacent to the trainline.

\* **BUS PICK UPS:** Wait at the BCC bus shelter on Newman Rd opposite the club carpark entry.

**LORD MAYOR'S CITY HALL CONCERTS: FREE From 12 – 1pm Every Tuesday**

Full Details: of performances: <https://tinyurl.com/LMConcerts> OR [www.brisbane.qld.gov.au](http://www.brisbane.qld.gov.au)

**MAR 24 Play it Again Sam: A Human Journey + Bonus 1:15pm ORGAN RECITAL**

**MAR 31 From Handel to Hollywood**

**APR 7 Amore Qui Vivre (Love Lives Here)**

**APR 14 Blarney Stone**

**APR 21 Last Night of the Proms**

**APR 28 I Left my Heart in Highgate Hill**

**MAY 5 Que Sera**

**MAY 12 Jarrod Murphy Collective**

**MAY 19 Riverside Guitar Ensemble**

**MAY 26 Beethoven Sonatas**



**PUZZLE SOLUTIONS:**

OTXIN FOXIN LLYOF FOLLY  
GDDEE EDGED YGMP PYGMY  
EDBOD BODED FIDGETED

O P E N S  
R E V E L  
C R A V E  
A D D E D  
S U E R S

**GENERAL REMINDERS:**

**Check your NSA Membership validity and renewal dates and renew if required. If unsure, please see Jeanette Daff (Membership).**

For group verification and to claim any NSA Discount when ordering lunch, drinks etc, PLEASE wear your NSA name badge on all outings.

To order and purchase a badge, please see Sue Webster (Treasurer).

For payment of an event, please do **ONE** of the following ASAP:

1. **CASH:** Correct money placed in an envelope with:  
**Your Name – Event & Date – Amount enclosed**  
Please give the envelope to John C (Tours) who will issue a receipt.  
.....OR.....

2. **BANK TRANSFER:** Please record your name in the "details section" of the transfer.

**Acct Name:** National Seniors Cherside  
**BSB No:** 084150 **Acct Number:** 047984369

\*\*\*\*\*  
For lunch reservations, please put your name in the exercise book at the Social meeting or contact **Karlotta**, our **Activities Co-ordinator**, before the date of the lunch.

If you're aware of a member who is unwell, please let **Jenny Tidey OAM** know immediately, so that she can contact them.

For apologies, if you're unable to attend a meeting and if your contact or address details have changed, please let **Jeanette Daff** our **Membership Officer** know ASAP.

If you have info for the Newsletter, feedback and/or need to organise a lift to the meeting or to any of the social outings, please let **Alayne Brown** our **Public Relations Officer** know, to help with any arrangements.

**NSA Our Generation Magazine:** <https://nationalseniors.com.au/news/>

# National Seniors AUSTRALIA

**CHERMSIDE BRANCH:** PO Box 2073, Cherside Qld. 4032

**Venue:** Geebung RSL, Newman Room, 323 Newman Rd, Geebung

**Web Page:** [nationalseniors.com.au/get-involved/branches/Cherside](http://nationalseniors.com.au/get-involved/branches/Cherside)



## NEWSLETTER March 19, 2026

Good Morning Members & Guests

Hope you have all been keeping well.

I was looking on the Web for some information for this newsletter and came across a couple of quotations I would like to share: "Cherish all your happy moments: they make a fine cushion for old age" - Christopher Morley. "Wrinkles mean you laughed, grey hair means you cared, and scars tell you lived". "Getting older is no problem - you just have to live long enough" - Groucho Marx.

Do you read the latest *Connect Newsletter* or the *Health Matters Newsletter* from NSA? You can download these onto your phone or iPad. If you'd like to do this, please see me and someone will help you to download, save and access these. It is not difficult and the information is relevant and very interesting.

Also, have you tried the NSA *Eat/Play/Save* App? You can organise discounts to use now or purchase an *eGift Card* or *eVoucher* to give as a gift or use later (during sales or at Christmas time etc). NSA members can obtain everyday discounts of between 4% - 5% to use at retailers such as Coles, Woolworths, Rebel Sport and Country Road. Higher discounts ie. 20 - 25% are available at some furniture retailers and for travel, Café & Restaurant dining etc. I can show you how to access this App as well. We could all do with some savings.

Take care and stay safe.

Barbara Coleman

President

### TODAY'S SOCIAL MEETING & MORNING TEA (Mobile phones off/on silent please).

**Our Guest Speaker is:** Richard Kinnon from Outback Pioneer Tours.

**NOTE:** Karlotta has made a lunch booking **downstairs at The Cove Kitchen & Bar** after today's meeting. If you'd like to stay on for a meal, chat or just a coffee, you're most welcome to join.

### TIP OF THE MONTH: USING A MOBILE PHONE

If you use a smart mobile phone, did you know you can choose your screen size, operating system and accessibility features? With reduced dexterity and eyesight, seeing and tapping those icons/numbers and letters can be frustrating! Instead of manually dialling numbers, inputting search options or directions or just 'Googling something' - you can use 'hands free' voice programs like 'Siri' on an iPhone and 'Hey Google' on a Samsung or Android phone. Once installed, the program can find and call your contacts, dictate and help with directions and other queries.

### MARCH BIRTHDAYS:

Sheilah Carr 3<sup>rd</sup> (80), Bruce Blundell 4<sup>th</sup> (78),  
Teresa Doblo 17<sup>th</sup> (85), Venice Corbett 24<sup>th</sup>,  
Vicki Beardmore 27<sup>th</sup> (71),  
Annette Langman 28<sup>th</sup> (81)



### MARCH ANNIVERSARIES:

Roy & Majorie Wilkes (1963) 63 years

**CONGRATULATIONS TO ALL!**

**NOTES FROM THE LAST MEETING:**

- ❖ **Attendance: 44 Members; Apologies received: 18; Visitors: 2** We welcomed Jan Groth & Sue Nicholson.
- ❖ Mike Gilmour, President of The Queensland Wattle Association gave an interesting presentation full of facts, history and trivia. He spoke about Australia's iconic wattle and its association with National Identity, resilience and renewal – highlighting its importance as Australia's floral emblem.

**OTHER NOTES:**

- Please consider if you'll join in with the **Chair Yoga** session which will be held at our May 21 meeting. Our Guest speaker has asked that **consent forms be signed for those participating**. Vicki has some here today that can quickly be filled in and signed. If you don't want to join in, you are still welcome to just sit, listen and watch.
- We have an upcoming Bring & Buy Stall planned for May 21, to raise funds for our end of year Christmas party. We will only be selling homemade goods including baked and bottled items, craft items and some plants.
- Those who purchased the Lemon or Lime Butter at previous Bring & Buy stalls, please return the clean empty jars, so that we can return them to Keith Boucher to re-use and cut down on his costs. Thanks.
- Remember that if you have a Federal Government concession card (ie Health care, Pension or Senior's card etc), you're eligible to apply for Concession stamps from Aust Post for 60c each (sold in booklets of 5 for \$3). A normal stamp now costs \$1.70. Holders are allowed to purchase up to 50 discounted stamps/year (10 booklets) @ \$30 (saving \$55), plus a free initial booklet of 5 stamps. Your Committee are always grateful for any stamp donations, which are used for member mailouts.
- **We URGENTLY require someone to please step up and help your Committee by taking on the role of organising the Guest Speakers.** Vicki has been looking after this position in addition to her demanding role as Secretary, but will not continue. Bookings have been made for speakers up to our AGM in August. If you all would like to continue with visits by guest speakers, we need someone else to do this job. Vicki will be available to help with the transition and has a list of contacts for future events.

**SOCIAL MEETINGS, MORNING TEAS & LUNCHES**

- March 26 BUS TRIP: Purling Brook Falls & Springbrook.....\$45**  
**8.30 for 8.45am Departure** Morning Tea incl. Lunch at own expense. A booking has been made at the Springbrook Café. If going please see John and check the menu today. Choose your lunch option, which will save time and allow for more sightseeing/shopping.
- April 2 COMMITTEE MEETING** Geebung RSL (12pm lunch prior)
- April 9 11.30am LUNCH** Aspley Hornets, 50 Graham Rd, Carseldine
- April 16 SOCIAL MEETING Morning Tea & Lucky door ticket.....\$10**  
**9.30am for 10am Start** *Guest Speaker: Lindsay McCulloch from Geebung RSL. As Anzac Day approaches, Lindsay has chosen 4 topics to share, including: His Father's experiences in the Middle East during WWII; Recollections of his time in Vietnam; The roles of Nurses in war and the Raid on Singapore. The "Pink Pig" will be passed around to raise funds for Mates4Mates, who support current and ex-servicemen and their families. Please remember to bring some loose change/cash. Please remember to also wear your medals.* 🏅 🐷
- April 23 11.30am LUNCH** Lawnton Tavern, 820 Gympie Rd, Lawnton
- April 30 10am MORNING TEA** Sandgate Foreshore, opposite Doug's Seafood.  
 Grab a coffee, bring morning tea, have a stroll and a chat. (Weather permitting) Stay on for lunch at Doug's Seafood Café, 50 Flinders Parade.
- May 7 COMMITTEE MEETING** Geebung RSL (12pm lunch prior)
- May 14 10am - 1pm MORNING TEA** SOUL Op Shop & Espresso Cafe, Bridgeman Baptist Community Church, 294 Graham Rd, Bridgeman Downs
- May 21 SOCIAL MEETING Bring & Buy Stall, Morning Tea & Lucky door ticket.....\$10**  
**9.30am for 10am Start** *Guest Speaker: Chair Yoga with Dara Tayrien (see consent note above).*
- May 28 AUTUMN BUS TRIP: Interesting Sights around Brisbane.....TBC**  
**8.30 for 8.45am Departure** Morning Tea incl. Lunch at own expense.

**Please bring a container if you'd like to take home any leftover morning tea scones or slices.**

Q. What's Irish and sits outside all day and night? A. Patty O'Furniture

Paper & Printing courtesy of Jimmy Sullivan MP, Member for Stafford & his Staff

**WHISKY RAFFLE** (Kindly donated by Bruce Blundell)

We are raffling this Rare Collector's Edition Glenfiddich "Robert the Bruce" Single Malt Speyside Scotch Whisky, bottled in the 1980's (approximately 45yo). Packaged in a distinctive 750ml ceramic decanter/jug, with stopper, featuring the Scottish king.

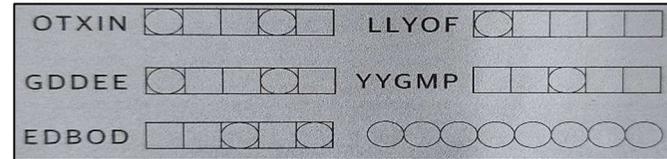
**Tickets are \$2 each or 3 for \$5 and will be drawn at our AGM in August.**



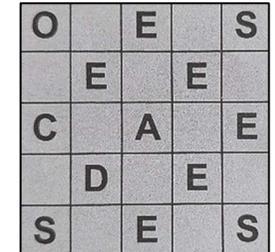
**FRONT FACE, BOX & STOPPER**

**BACK FACE**

**PUZZLES**



Unscramble the letters to form 5 new words in the boxes. Once solved, rearrange the circled letters to make a new 8-lettered word.



Fill in the missing letters to make intersecting words: 5 x horizontal and 5x vertical

**GOOD OLD IRISH HUMOUR**

**I bought my friend 4 pregnancy tests they all came out positive now she's crying**   
**.. She asked how will she feed 4 kids**

Paddy wanted to sell his car so his mate told him to wind the mileage back a bit and he would get a better price for it.

**Mick and Paddy were on a plane.**  
Keep Calm, Don't Freak & Enjoy Some Quits  
**Halfway through the flight, Mick said,**  
**"Paddy, if this plane would turn upside down, do you think we'd fall out?"**

**Paddy goes on a First Aid course, the instructor asks, "What would you do if your child swallowed the front door key?" Paddy said, "Climb through the window!"**

**Paddy's struggling down the road with a wardrobe.**  
**A friend says, "Hey paddy, why don't ya get mick to help?"**  
**Paddy says, "He's inside, carrying the clothes"**

He saw him a few days later and asked how he'd got on. Paddy said when he finished winding it back it only had 7000 on the clock so he decided to keep it!

**Paddy says "Nah, we'd still be mates."**

Paddy and Sean were sitting in the Cafe. The waitress came over and said, "You can't eat your own sandwiches in here". So they swapped.

Paddy buys an automatic BMW X5 sport. He drives the car perfectly well during the day, but at night it just won't go. He tries driving the car at night for a week, with no joy. Really angry, he calls the dealer and they send out a technician. He asks, "Paddy, are you sure you're using the right gears?" Angry, Paddy replies, "Of course!! I'm not that feckin stupid! I use the D for the day and the N for the night..."



Historians in Ireland have discovered what they believe to be the headstone of the world's oldest ever living man.

**The plumber said: "Why haven't you paid the bill for the work I did last Friday".**  
**Paddy replied: "Well it was not what you quoted"**  
**The plumber said: "I didn't give you a quote?"**  
**Paddy replied, "Yes you did! when I asked what day you could come? you said you were free on Friday!"**

He was 193 and his name was Miles from Dublin.

**Pat is at the airport with a sack over each shoulder and when he is stopped at customs they find that both sacks are full of mobile phones.**  
 When asked why Pat said,  
**"Well, while I was on my travels in America, I got a phone call from my mate Mick and he told me that he is starting up a jazz band and could I bring him back two saxophones."**