

# Yarra Ranges Grapevine

The Journal of the National Seniors Australia Yarra Ranges Branch Inc  
Incorporation No. A0048800C Branch No 100132

**MARCH - APRIL 2019**

**Branch Meetings are held on 2nd Monday of the Month at the  
Lilydale Senior Citizens Centre 7 Hardy Street Lilydale.  
(Unless advised otherwise)**

**Next Branch Meetings will be on  
Monday 11 March at 7:00pm for 7.30pm start venue as above  
& Monday 8 April at 6.30pm at The Crown Main St Lilydale**

## President's Report

Hi Members

Hope everyone had a good summer holiday break.

### *Congratulations to Us!*

As from the 24 February 2019 the Branch is now known as '**Yarra Ranges**'

This is a positive step for the Branch as it reflects more the area we cover which is approximately the size of the Yarra Ranges Council map.

From Chirnside Park to Healesville, Yarra Glen to Warburton to Mount Dandenong and every town and village in between.

New Brochures reflecting this will be available at our next Branch Meeting.

We have been so busy with our '*Out & About*' Activities during January and February. There are photos and lots of interesting things in our '*Other Newsy Bits*' for you to look at.

Oh, and don't forget to read what a wonderful time Doris had on her '*Springtime*' Trip! Good photos Doris. Thank you

We also have our '*Silo Art Tour*' coming up at the end of April. See you at the next Meeting!

*Best Wishes Trevor*

## Guest Speakers for the Branch Meeting

### **11 March 2019**

*'The Matanya Effect'*

Speaker Karen Ostenried – Will give a presentation on *Equine Assisted Learning (EAL)* - a learner based educational experience with horses.

### **8 April 2019**

Our Meeting this month will be at:

The Crown, Main Street  
Lilydale  
Meet at **6.30pm**

### **13 May 2019**

*'Lilydale Assist - Community Information and Support Centre'*.

Speaker John Lambert

**If you have a suggestion  
for a Guest Speaker  
please let Denise or a  
Committee Member know**

**LNS Committee**

**President**

Trevor - ☎ 9735 1104

**Vice President**

Pamela - ☎ 9735 5449

**Secretary**

Lyn - ☎ 0459 155 527

Email: [ford.lyn.s@edumail.vic.gov.au](mailto:ford.lyn.s@edumail.vic.gov.au)

**Treasurer**

Anne - ☎ 97265135

**Activities Coordinator**

Chris - ☎ 9735 1249

Email: [chrishill3@bigpond.com.au](mailto:chrishill3@bigpond.com.au)

**Guest Speaker Coordinator**

Denise

☎ 9723 1403 or 0400 179 086

**Newsletter Editor**

Lyn ☎ 0459 155 527

**Committee Members**

John and Connie - ☎ 5964 4646

Elaine - ☎ 9739 4642

*Happy Birthday & Congratulations to!*



*3 March*

*Judy Holier*

*20 April*

*Huey Schaffer*

*24 April*

*Jean Cannon*

*We would like to celebrate your day!*

Don't forget to email / phone your birthday & month to Lyn

**DIARY DATES**

**'WELCOME' to our BRANCH MEETING Dates - 2<sup>nd</sup> Monday of the Month**

@ Lilydale Senior Citizens Centre Hall, 7 Hardy Street Lilydale @ 7:00pm for 7.30pm start

**2019**

**11<sup>TH</sup> MARCH @ HALL**

**8<sup>TH</sup> APRIL @ THE CROWN MAIN ST LILYDALE**

**10<sup>TH</sup> JUNE @ HALL**

**13<sup>TH</sup> MAY @ HALL**

**8<sup>TH</sup> JULY @ INTERNATIONAL HOTEL LILYDALE**



**'OUT & ABOUT' - Contact Chris Activities Coordinator to Book**

**EVENT**

**COACH TOUR Monday 29th April to Friday 3rd May 'Silo Art Tour'**

\$1,100pperson

All inclusive - accommodation, meals & entry fees with 'Daytripper Tours'

Ask your friends to join us. See attached leaflet at the back of the 'Lilydale Grapevine'



Departs from Lilydale

**'DINING OUT' - Contact Chris Activities Coordinator to Book**

**Sat 9 March 'Ringwood RSL' 16 Station St Ringwood @ 6.30pm**

**Tues 19 March 'William Anglis Buffet Lunch' Lilydale @ 12.00noon \$20**

**Sat 13 April 'Coach & Horses' Maroondah Highway Ringwood @ 6.30pm**



**Tues 20th May** 'William Anglis a La Carte **Lunch**' Lilydale @ **12.00noon** dishes from \$7 - \$16  
**Sat 25 May** 'Chirnside Park Country Club' 68 Kingswood Dr Chirnside Park @ **6.30pm**  
**Sun 16 June** 'Dixons Creek Café' **Lunch** 1925 Melba Highway Dixons Creek @ **12.00 noon**

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**'MORNING MELODIES' last Thursday of the Month – Contact Chris to Book**

@ 'Olinda Creek Hotel' 161 Main Street Lilydale – **Show** 10:00am for 10:30am start  
**(Note: order & pay for lunch first)- Lunch – 11:30am (1 course \$12.00)**

**Thurs 14 March** Brendon James '**Variety Show**'  
**Thurs 11 April** Alex Kyle '**Summer Holidays**'  
**Thurs 9 May** Margaret Dennis '**Puttin' on the Britz**'  
**Thurs 13 June** Bobby James '**Magic Moments in Music**'  
**Thurs 11 July** Leila '**Xmas Cabaret**'



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**MUSICALS –Contact Lyn Secretary to Book & Pay by due date - see attached**



**Saturday 11 May** '**Beauty & the Beast**' - Payment by **8 April** – see attached  
**Sunday 26 May** '**Kinky Boots**' – Payment by **16 March** – see attached  
**Saturday 8 June** '**Sound of Music**' – Payment by **8 April** – see attached

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**COMMITTEE MEETINGS - 1<sup>ST</sup> Monday of Month**

@ Chris' place Meet @ 7.30pm

**4 March 2019**  
**1 April 2019**  
**6 May 2019**



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**'SATURDAY WALKS' - Contact Chris Activities Coordinator for details**

Walks start 9.00am (unless over 30degrees then start 8.30am)  
 Photos from our walks – do you know where they are?  
 Come and join us to find out where? Both photos are from the same walk.  
 Answer in the next edition of the '*Yarra Grapevine*'

**Sat 2nd March** Norton Road Croydon  
**Sat 9th March** Barneong Reserve Croydon North  
**Sat 16th March** Lilydale to Mt Evelyn  
**Sat 3<sup>rd</sup> March** Wandin to Seville  
**Sat 30<sup>th</sup> March** Lilydale to Mt Evelyn  
**Sat 6<sup>th</sup> April** Mullum Mullum Burn Bridge  
**Sat 13<sup>th</sup> April** Lilydale Lake  
**Sat 20<sup>th</sup> April** Norton Road Croydon  
**Sat 27<sup>th</sup> April** Lilydale to Lilydale  
**Sat 4<sup>th</sup> May** Barneong Reserve Croydon North  
**Sat 11<sup>th</sup> May** Mullum Mullum Burnt Bridge



# Tradies Corner

<p>Carpenter Hans ☎ 0418 111 499</p>	<p>Electrician Shockfree Electricians ☎ 0411 035 345</p>	<p>House Renovations Tandin Constructions Tim ☎ 0412 185 353</p>
<p>Kitchens Touchwood Kitchens ☎ 0418 542 130</p>	<p>Painting Craig ☎ 0421 889 326</p>	<p>Plumber Lachy ☎ 0438 563 788</p>
<p>Tile &amp; Bathroom Renovations Stephen ☎ 0419 894 874</p>		

## OTHER NEWSY BITS!

### My Springtime Trip by Doris

We travelled up the Hume highway by bus to Albury. Between Benalla and Albury we stopped for a quick photo at Devonish of the painted Silos, which depicts a First World War nurse and a modern day combat medic. The Silos Art Work was unveiled on ANZAC Day Eve 2018 to coincide with the 100 year centenary of the end of the First World War.



The next day it was on to Canberra's Floriade. At Commonwealth Park we saw acres of stunning displays of tulips and spring flowers. (*Floriade* comes from the Latin word *floriat*, meaning design with flowers)



Then on to Sydney to see the musical 'Evita' at the Opera House.



The Blue Mountains were next. At Katoomba we had a ride on the Scenic Railway which is the steepest incline passenger railway (52degrees) in the world, descending 310 metres through a tunnel into the ancient rain forest of the Jamieson Valley below. It has been operating since 1945.

A 300 metre board walk to a platform to get us to the Scenic Skyway to go to the top of the mountain. We also viewed the 'The

*Three Sisters'*

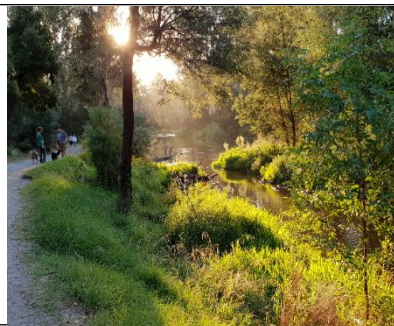
Afterwards we arrived at the beautiful old 'Carrington Hotel', which was first opened in 1852, to enjoy a delicious High Tea.

*What a great trip Doris!*



### FISH'n'CHIP by the Yarra

It was the perfect evening for munching On Fish'n'Chips on the banks of the Yarra River. So busy munching forgot to take photos of everyone there, but what about the stunning photos of twilight over the Yarra from our walk afterwards!



## BARE FOOT BOWLS

It was a hot night, but it cooled down as we finished our thirst quenching drinks. Captain of the Lilydale Bowls Club, in the first photo with Denise, made sure we were trained in the finer points and art of lawn bowls. We all were progressing quite nicely in the first half, but after a BBQ of sausage and beef burger, we had too much energy and the 'ditch' seemed to be our nemesis. It was great fun and are looking forward to doing it again in the future.

Captain & Denise



Don showing us his style



Ann has just delivered!



Pamela, Elaine & Steve  
tasting the desserts

## CHRIS' CAFÉ

Again it was a perfect day for one of 'Chris' Café Dinners @  
*Lunchtime*

Nibbles and punch (BYO alcohol), followed by roast meats and 6 different salads with jacket potatoes and sour cream. After an appropriate break there was dessert, plus tea, coffee and chocolates –  
**YUMMM!**

Anne, Dorne, Richard & Don



We didn't need any dinner that night! Thank you Chris



## Yarra Glen Harness Racing Day

*They are lining up at the gate and their off!!*

*Rounding the bend and up the straight to the finish line!!*

Another fun day organised by our intrepid Activities Coordinator Chris.

Lunch was served between races, so we didn't miss a thing.



## PAMELA'S RECOMMENDATION

Pamela belongs to a Book Club. The following book was read and discussed "***Tuesdays With Morrie***" It's twenty years old, so many may have already read it, but if they haven't, then I'd recommend it. It's a true story about a university Professor who's visited by one of his past students every Tuesday while he is dying. It's a horrible condition which attacks the nervous system and comes under different names; Gehrig and / or Motor Neurone Disease, and / or Amyotrophic Lateral Sclerosis. He was a philosophical person and when he was asked about his past, present and future condition. He replied, "*You have to find what's good, true and beautiful in your life, as it is now.*" In other words, you can't dwell on the past, or worry about the future, you need to make the most of this moment. I thought we could all learn from that. When the past student said he didn't know what to do in the future Morrie said, "*Devote yourself to loving others, to your community around you, and work on creating something which gives you purpose and meaning.*"

## Some News Items from National Seniors that you may have missed Campaign wins!

### Energy affordability



National Seniors opposed the proposal to scrap the Energy Supplement for new pensioners. The government has pledged not to pursue this policy. Now, we're advocating to reinstate indexation of the Energy Supplement to help pensioners with energy cost increases.

We've also been advocating for a regulated price for electricity. Subsequently, the ACCC recommended creating a default market offer with a regulated price and basic consumer protections. Both major parties have agreed to this, and it is expected to start from 1 July 2019.

### Fix pension poverty



National Seniors called for an increase in the amount of money you can earn without affecting the pension as part of its 2018-19 Budget submission. Subsequently, the federal government announced an increase to the Work Bonus in the Budget. It also announced an extension of eligibility to the self-employed.

The Pensions Loan Scheme will be extended to everyone of pension age from 1 July 2019. This includes an increase in the allowable income to 150 per cent of the Age Pension. National Seniors supports allowing older Australians using the equity in their home to remain in their own home.

### Better quality aged care



As part of the 2018 Budget, it was announced that 14,000 new high-level home care places would be released over two years. National Seniors has been calling for more high-level packages to meet the high demand for these services.

The Pensions Loan Scheme will be extended to everyone of pension age from 1 July 2019. This includes an increase in the allowable income to 150 per cent of the Age Pension. National Seniors supports allowing older Australians using the equity in their home to remain in their own home.

In September 2018, the federal government announced the Royal Commission into the aged care sector. National Seniors has long raised issues about the quality of care in both residential and home care and we welcomed the announcement as a powerful way to improve this important service area for seniors and their families.

### Franking credits



The federal Opposition reversed its plans to stop pensioners from receiving refunds of excess franking credits after National Seniors and others raised concerns about this in the media.

We are fighting for the same reversal to apply to self-funded retirees.

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### **Age no barrier for this tech whiz**

At 97, retired station master Samuel 'Micky' Mullins is something of a technical whiz. In the corner of the living room is a big Smart TV (a recent acquisition), and on the table is more evidence of Micky's love of all



things digital. The iPad is his favourite, especially for online banking and Skyping friends - around the world in Paris or just a couple of suburbs away in Wynnum West.

At the ready is a Bluetooth keyboard he can use with both the iPad and his Notebook, and an iPhone (used mostly for emergency calls or when he needs a taxi).

Micky's love affair with things technical began when he was just a lad. He'd started work with Queensland Railways at age 14 and began helping a friend who built and repaired radios for a living.

Micky bought his first computer, a Vic20, in the early 1980s to ensure he could keep up with his grandchildren. Soon, he was their go-to person for technical questions. He even taught himself to write programs, by reading the instruction manual.

Micky credits his lifelong interest in problem-solving for his ability to stay across the latest technology.

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## National Seniors Online Merchandise Store

*(This is a recently launched online Merchandise Store by National Seniors Australia)*

With a focus on quality, the range includes National Seniors brand merchandise, including stylish drink ware, a picnic rug and a pig money box perfect for saving those coins for your little grandchildren.

When supporting our store, you will be safe in the knowledge that **every dollar spent helps fund our advocacy campaigns**. That means improving the quality of life of all older Australians by tackling energy affordability, fixing pension poverty, better housing, aged care quality, and protecting franking credits.



### Swiss Peak Tornado Umbrella

Premium dual layered pongee storm umbrella with automatic opening.

A black umbrella with a robust metal shaft, fibreglass frame and a soft touch rubber lacquered handle.

**Retail Price:** \$52.00 each

### Gemini Inverted Umbrella

Unique black inverted umbrella with a double canopy manufactured from high quality 190T showerproof pongee material. Features flexible fibreglass ribs which wind proofs the canopy along with a strong metal shaft. This revolutionary design enables the wet canopy to close inwards leaving a dry outer layer.

**Retail Price:** \$42.00 each



### Bopp Hot Flask

Award winning white/grey 600ml double wall stainless steel vacuum flask with a matt finish. It features convenient push button operation along with a smart two-tone cup which has a soft touch handle. Handwashing recommended

**Retail Price:** \$44.90 each

## Contour Coffee Tumbler

Classically designed white 350ml double wall thermal tumbler with shiny chrome lid and accents. Handwashing recommended.

**Retail Price:** \$25.95 each



## Eden Glass Bottle

Sophisticated 600ml glass drink bottle featuring a bamboo lid and braided carry handle. *Borosilicate* is a lightweight glass which is strong and shatter resistant. It provides a pure taste and an eco-friendly alternative to plastic. Not intended for use with carbonated or hot liquids. Handwashing recommended.

**Retail Price:** \$17.95 each

Saying on bottle: *'Forty is the old age of youth, fifty is the youth of old age'*

## Denver Picnic Rug

Black/grey 1800mm x 1300mm picnic blanket which folds into a compact unit with a Velcro closure and a carry handle. It is manufactured from woven acrylic with a waterproof PEVA backing.

**Retail Price:** \$39.15 each



## Jar & Bottle Opener

Simple but effective jar and bottle opener. The large end is for jars and the small end for bottles. Simply place the silicone band around the lid, squeeze to grip it and then turn to open. Ideal for people with arthritis or who lack dexterity in their hands.

**Retail Price:** \$5.85 each

## Priscilla Pig

Flexible pink PVC moneybox with screw off nose for coin release. Ideal for saving those coins for grandkids.

**Retail Price:** \$11.65 each



**NOTE:** If you would like to see other items be made available in the NSA's Online Merchandise Store, please contact the Branch Secretary or NSA direct with your suggestions.

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## SENIOR CITIZENS ARE THE NATION'S LEADING CARRIERS OF AIDS !!!!

Yes AIDS...

- Hearing Aids
- Band Aids
- Medical Aids
- Government Aids



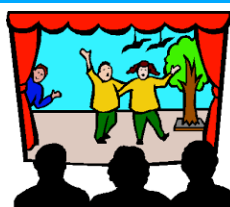
- MOST OF ALL
- Monetary Aid to their Kids
- Not forgetting HIV (Hair is Vanishing)

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## Contributions to our Newsletter



*Have you been travelling?  
attended a good show?  
good book?*



*Is there something you  
that you would like to share with the  
story? One-liners? Photos from outings?*

*Have you  
Have you read a  
have experienced,  
members of the Branch? A*





# Lilydale & District Branch of National Seniors AUSTRALIA



Invites you to join us on a  
*'Silo Art Trail'*

**Monday 29 April to  
Friday 3 May 2019**  
(5 Days / 4 Nights)



**Tour Cost - \$1,099.00 per person Twin Share**  
(**\$260 single supplement**)

**Tour Includes:** Luxury Coach Travel with



4 nights Motel Accommodation

All Meals

All Entry Fees and Guides

Pick Up at Lilydale

### Some Tour Highlights:

- |   |  |
|---|--|
| <ul style="list-style-type: none"><li>• Bridgewater on Loddon</li><li>• Sea Lake</li><li>• Lake Tyrrell Sunset Tour</li><li>• Sky Mirror Gallery</li><li>• Patchewollock Silo Art</li><li>• Lascelles Silo Art</li><li>• Rosebery Silo Art</li><li>• Brim Silo Art</li><li>• Sheep Hills Silo Art</li><li>• Rupanyup Silo Art</li><li>• Patchewollock Community Store</li></ul> | <ul style="list-style-type: none"><li>• Mallee Hens Sculpture</li><li>• Drovers Hut Gallery</li><li>• Kerosene Tin Shearing Shed</li><li>• Rainbow Murals</li><li>• Dimboola</li><li>• Malee Sunsets Gallery</li><li>• Beulah Wall Murals</li><li>• The Murtoa Stick Shed</li><li>• Water Tower Museum</li><li>• Woods Farming &amp; Heritage Museum</li><li>• Custs Store</li></ul> |
|---|--|

All Enquiries and Information please contact Chris Hill:  
Email: [chrishill3@bigpond.com](mailto:chrishill3@bigpond.com) or Mobile: 0419 528 4546

If you are interested in any of the following Musicals, please contact Lyn Ford ☎ 0459 155 527 or email: [ford.lyn.s@edumail.vic.gov.au](mailto:ford.lyn.s@edumail.vic.gov.au) by the due date with payment.

**Saturday**

**11 May 2019**

**8.00pm**

**'Beauty & the Beast'** - Nova Music Theatre

Screenplay by: Stephen Chbosky & Evan Spiliotopoulos

Music by Alan Menken

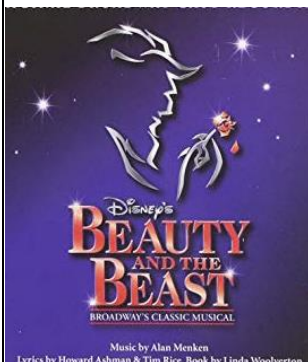
An arrogant prince is cursed to live as a terrifying beast until he finds true love. Strangely, his chance comes when he captures an unwary Clockmaker, whose place is then taken by his bold and beautiful daughter Belle. Helped by the Beast's similarly enchanted servants - including a *Clock*, a *Teapot* and a *Candelabra* - Belle begins to see the sensitive soul behind the fearsome facade. But as time runs out, it soon becomes obvious that Belle's cocky suitor Gaston is the real beast of the piece.

**Cost: \$40.00**    **Payment by 8 April / Meeting**

**Whitehorse Centre**

Whitehorse Road

Nunawading



**Sunday**

**26 May 2019**

**2.00pm**

**Matinee**

**'Kinky Boots'** - CLOC Musical Theatre

Book by Harvey Fierstein

Music and Lyrics by Cyndi Lauper

Kinky Boots is a Broadway musical based on the 2005 British film 'Kinky Boots', written by Geoff Deane and Tim Firth and inspired by true events. The story of Charlie Price who reluctantly inherits a struggling shoe factory from his father. In an effort to save the factory from closure, Charlie forms an unlikely partnership with cabaret performer and drag queen Lola to produce a line of high-heeled boots made especially for men.

**Cost: \$50.00**    **Payment by 16 March / Meeting**

**National Theatre**

Cnr Barlay & Carlisle  
Streets

St Kilda



**Saturday**

**8 June 2019**

**8pm**

**'Sound of Music'** - Babirra Music Theatre

Music: Richard Rodgers, Lyrics: Oscar Hammerstein

Book: Howard Lindsay; Russel Crouse

Set in Austria on the eve of the *Anschluss* in 1938, the musical tells the story of Maria, who takes a job as governess to a large family while she decides whether to become a nun. She falls in love with the children, and eventually their widowed father, Captain von Trapp. He is ordered to accept a commission in the German navy, but he opposes the Nazis. He and Maria decide on a plan to flee Austria with the children.

Songs: "Edelweiss", "My Favorite Things", "Climb Ev'ry Mountain", "Do-Re-Mi", "The Sound of Music

**Cost: \$44.00**    **Payment by 8 April / Meeting**

**Whitehorse Centre**

Whitehorse Road

Nunawading

