



by Desley Cowley,
President Capricornia Branch

National Seniors
AUSTRALIA

Phone: 0400 824 936

Email: capricornianationalseniorsaustr@gmail.com
Facebook: <https://www.facebook.com/CapricorniaNSA/>

Branch Advocacy Activity our priority – Zone Conference May 16th

Our Vice President Lyn Sisley represented the branch at the recent Zone Conference and returned with some great ideas from other regional branches. She'll share more information about this at our meeting next week.

One of the key purposes of the National Seniors Australia is advocacy for seniors and each branch

is encouraged to bring an issue of concern to the Zone Conference.

Our issue of concern is for the welfare and lack of support for grandparents who become primary carers for their grandchildren.

The issue was well received and supported by many of the other branches.

Upcoming Events

Regular Monthly Meeting – Tuesday 28th May from 10.00am

Retirement Living Options – How do you Decide – Special Event

Our meeting next week will start ½ hour earlier because we have a special event happening to help older Australians and their families choose the right option for their retirement. It is a community education initiative to assist current, former and future retirement village residents and manufactured homeowners to better understand and exercise their living arrangement rights.

It will cover some of the recent changes to the law that provides better consumer protections for retirement village residents and manufactured homeowners.

The event will be held at Oak Tree Retirement Village, 40 Foulkes St, Norman Gardens on Tuesday 28th May from 10am to 11.30am.

The event is free and attendees can choose to stay for lunch for \$10.

RSVP is essential at nationalseniors.com.au/events or phone Branch President Desley Cowley on 0400 824 936.

Free Special Events

Be Connected – Every Australian online – now Mondays from 10am-11am

We are now taking bookings for Round Two of 8 workshops commencing on Monday 15th July and already have ½ the spots filled.

Judi Blanchard helps you work your way through the Australian Government's Be Connected web site.

It's a great course. You can find details on our new website or contact Judi on 0447 227 630.

Other Special Events

Create your own Special Memories to be Passed on for Generations to Come - Journal Project Phase Two – Revised Dates:

Grandparents are finding our Journal Project sessions a great way to share memories and memorabilia with their grandchildren. Whether you are able to bring your youngsters with you, or are just interested in making a very personal memento to pass on to them, our sessions this month will be fun.

There will be a double workshop on Saturday 25 May and Monday 27th May from 10am.

Participants will have a lot of fun while learning new skills to keep the brain and body active and engaged.

\$10 fee for each session covers the costs of all of the materials you will need and lunch.

To book or for more information please check out our new website or call Desley on 0400 824 936.

Join us

Looking for ways to contribute? Consider joining CNSA.

You have a voice and can have genuine input into a range of issues concerning older Central Queenslanders.

Meetings are held on the fourth Tuesday of the month from 10.30am.

Unless otherwise stated, events and meetings are

held at Oak Tree Retirement Village Community Centre, 40 Foulkes St, Norman Gardens. Limited parking and disabled parking is available on site with ample parking in the street. Optional RSVP lunch - \$10.

<https://nationalseniors.com.au/about/branches/capricornia-rockhampton>

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