



## . President's Report May 2026.

Last month I wrote about the war in the middle east, which now seems to have settled down a bit, with a fragile truce of sorts holding, but there are still big fingers being waved with dangerous toys in hand. The result of all this is, the shortcomings of some political decisions, made some time ago, we find ourselves without enough fuel storage and as a result, transporters (rail and road) and farmers are struggling for supply. This of course affects us pensioners with the price of everything going up.

Now we wait for the budget and see where the Treasurer will find the funds to pay for this expenditure and this usually means softer targets are attacked like pensions, super funds and investments. We can only wait and see what will happen.

Again it has been my honour to lay a wreath on behalf of Forest Lake National Senior at the ANZAC day service. The other activities that we have lined up for our members include a visit to the Police Museum in Roma St. I just hope that we don't find any of our mug shots there.

Our next meeting is to be held on 14th May at the Dogs Queensland function room in Durack. I hope to see you there to see what exercises Natalie dreams up as she leads us as we do chair yoga.

Brian



### MAY

Julie Baldwin	Carolyn Gartner	Betty Maughan
Ivan Bidiuch	Vicki Harrison	Sonja Pluta
Janet Du Thaler	Ian Horrocks	David Port
Noel Edwards	Michelle Howes	

President Brian lay a wreath for our Branch on Anzac Day



# ACTIVITY REPORT GENERAL MEETING

14th May 2026

**CALENDARS FOR 2026 WERE HANDED OUT TO MEMBERS AT THE NOVEMBER 2025 GENERAL MEETING**

## **MAY:**

### **Thursday 14th**

General meeting: – Mother's Day (**WEAR YOUR BEST HAT LADIES**) - Chair Yoga with Natalie

### **Tuesday 19th**

Blue Fin Dinner – 5.30pm start. \$5.00 for our National Seniors for all meal orders priced over \$15.50. Wonderful fund raising event for our group.

### **Thursday 28<sup>th</sup>**

**BCC BUS TRIP:** Roma Street Police Museum (200 Roma Street) -lunch afterwards at Roamer Brisbane Bar/Café 466 George Street (4 mins walk away). Council bus from Forest Lake at 8.07am, to Richlands Railway Station for 8.36am train to Roma Street – Museum close by. We have 12 who are catching the bus/train and 10 going independently (so far) – to be there for a 9.30am start. List will be at meeting in case there are more interested members and will confirm book with Museum plus organize numbers menu (let us know your lunch order, please *enabling us to pre order*).

## **JUNE**

### **Thursday 26<sup>TH</sup>**

**Samford Lifestyle Centre** \$40.00 (bus only) – to buy lunch at centre and to buy pre ordered lunch at your own expense (IF YOU ARE GOING, PLEASE ADD YOUR NAME TO THE LIST) We must have 30 to make this trip viable.

MENU: PLEASE ADVISE US OF YOUR ORDER FOR LUNCH AT CAFÉ LAGARTO

## **JULY**

### **Thursday 23<sup>rd</sup> –**

**CHRISTMAS IN JULY Fox & Hounds –**

**Mt Tamborine.** We have priced this with 50 members going, which will be \$75 pp for bus/2 course meal + tea/coffee station. Please put your name on the list NOW if you are going please.

**CANCELLED – Thursday 27<sup>th</sup> August Our visit to Emu Heaven at Coleyville. We have rebooked for 2027 - please adjust your calendars.**

**Lynne B + Activity Team**

## Committee Members

**Branch email - nsaforestlakepres@gmail.com**

President - Brian - 0407113126

Vice President – John 0410480758

Secretary - Janelle - 0402097564

Treasurer - Colin - 0426 863 506

Membership – Norah - 0421282052

Activities - Lynne . - 0412 122 161

Publicity - Lorraine . - 0409275016

Welfare - Vicki - 0403663293

# Heritage Bank

Community  
Branch

People first.

**Forest Lake Branch**  
For all your banking  
needs see the friendly  
branch team or contact  
us on 3412 2360

Our next meeting is on

14th May 2026

and this will be at

**DOGS QUEENSLAND**

247 King Avenue, DURACK.

**A special thank you goes to our VOLUNTEERS without whom our meetings would not run so smoothly.**

**The Committee would like to thank all supporters of the NSA Forest Lake Branch for photocopying , financial reports and other support material.**

**Thank you for the printing of our monthly newsletter to MARGIE NIGHTINGALE and her team at her Office . Margie is our local state member**

## Newsletter, Agendas & Minutes of previous meetings

Email Members will be sent these in the pre-meeting email, **please print them out & bring with you if you wish to have a copy at the branch meetings**

Non-Email Members will have a copy of the newsletter reserved for them for pick up at the entry desk.

The Newsletter is also available online at ([nationalseniors.com.au/getinvolved/branches/forest-lake](http://nationalseniors.com.au/getinvolved/branches/forest-lake)) & on our Facebook group page "**Forest Lake Branch National Seniors Australia Group**" If you are on Facebook go to the Branch Facebook Page (**Forest Lake National Seniors Australia**)\_and click on "Join Group"

**Hi Members: Could you please try to have small change with you to pay when entering our meetings. This is to pay for morning tea and as our lovely Volunteers manning the desk do not have access to a lot of change and big notes make it very difficult for them.**

**We strongly encourage Members to pay for excursions via Internet banking or by depositing payment over the counter at Heritage Bank Forest Lake.**

## Members Welfare

Do you know of any Members who are unwell, had a bereavement in the family or feeling down? Often, we are not aware so if you know of any Members, please let our Welfare Officer know.

**Vicki** has kindly taken on this important role for our club.

**Phone 0403663293** or email on **vixharrison55@gmail.com**

## Trips Payment

### **Bank Transfer & Direct Deposit**

Account Name: National Seniors Australia Forest Lake Branch Inc

Bank account details: BSB-638 070

Acc No-12471674

Please include your name & event name on the transfer and receipt for identification.

Example – Smithx1Xmas party

Surname (Smith)

Number going (1)

Event (Branch Christmas Party)

### **EFTPOS**

The Branch has a "Square card" hand-held EFTPOS machine to take payments. Members wishing to pay by card using this method can do so at Branch Meetings. Receipts will be emailed. Please note payment via this method will incur a surcharge of 1.9%.

### **Cash or Cheques**

To assist the trips desk please write on an envelope:

Your name

Trip details

Payment amount

Dietary requirements

Seal your payment inside the envelope and hand it to the trips desk.

**Unless it is in an Envelope as stated above the trips table will not accept any payment.**

Full Payment will be due at the monthly meeting prior to the trip.

Joe Smith
Branch Christmas Party
\$ ?
Gluten Free

## Branch Refund Policy

### **Cancellation of an outing**

**Travel Insurance for our away trips is strongly recommended.**

The branch policy for late cancellations. Notify the Secretary or Treasurer 48 hours beforehand. A Medical Certificate will be required to receive a refund if notification is 24 hours or less. In the case of a sudden medical emergency on the day which cannot be prevented, the Management Committee will consider the matter with respect to a refund.

When we have to book seats on a bus or give numbers for a booked away trip or luncheon and are still required to pay even in the case of a cancellation by a member, a refund will not be provided.

In the event of an activity/outing being cancelled due to some unforeseen circumstance beyond our control, eg: storm, transport breakdown, etc, and cannot be re-scheduled, members will be refunded any monies paid.

# AWAY TRIPS

**Hello Travelling Enthusiasts,**

Our first away for the year is finally upon us with our long awaited cruise only days away. Most members participating in the cruise had an informative meet and greet meeting at the Forest Lake Coffee Club on Thursday 7th May, where cruise expectations and travel details were discussed.

Tracey Pridmore from Flight Centre addressed our travellers on the finer points of the cruise honing their expectations for another great away trip.

Just a reminder that our cruise transfer bus taking us to the Brisbane Cruise Port departs at 11.30am on Saturday 30th May from the bus stop in the Woogaroo Street Carpark opposite the Forest Lake State School. Please be there 15 minutes prior to departure time so the bags can be loaded.

Lorraine and I look forward to seeing you there.

For those members who have booked a seat on our second away trip for this year “The Great Yamba and Northern Rivers Adventure” set down for departure for Wednesday 19<sup>th</sup> August and returning on Saturday 22<sup>nd</sup> August, 2026, **final payments are required prior to our June meeting to secure your booking.**

All inclusive costs for the Yamba away trip is:

Double/Twin - \$940.00 per member

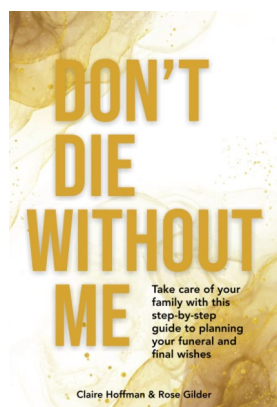
Single - \$1,180.00 per member.

Holidays are the best medicine making memories with your friends.

**KEEP ON TRAVELLING.**

**Ian H.**

**Away Trip Co-Ordinator**



For those members who asked where to get this book **Don't Die Without Me: Take care of your family with this step-by-step guide to planning your funeral and final wishes**

Paperback – 7 January 2022

by **Claire Hoffman** (Author), **Rose Gilder** (Author)

Available from [Amazon.com.au](https://www.amazon.com.au) \$15.39

**NATIONAL SENIORS AUSTRALIA  
FOREST LAKE BRANCH**

<b>MAY:</b>		
<b>Thursday 14th</b>	<b>General meeting – MOTHER’S DAY</b> -wear your best hat- <b>Chair Yoga with Natalie</b>	\$8.00
<b>Tuesday 19th</b>	<b>Blue Fin Dinner – 5.30pm start. \$5.00 for our National Seniors for all meals ordered over \$15.50. Wonderful fund raising event for our Branch.</b>	Own Expense
<b>Thursday 28<sup>th</sup></b>	<b>BCC BUS TRIP: Roma Street Police Museum (200 Roma Street)</b> -lunch afterwards at Roamer Brisbane Bar/Café 466 George Street (4 mins walk away). Council bus from Forest Lake at 8.07am, to Richlands Railway Station for 8.36am train to Roma Street – Museum close by. Expression of Interests please at April meeting. We will be there for a 9.30am start.	Own Expense
<b>JUNE:</b>		
<b>Thursday 11th</b>	<b>General Meeting</b>	\$8.00
<b>Thursday 26<sup>TH</sup></b>	<b>Samford Lifestyle Centre \$40.00 (bus only) – to buy lunch at centre and to buy pre ordered lunch at your own expense (IF YOU ARE GOING, PLEASE ADD YOUR NAME TO THE LIST) We must have 30 to make this trip viable. Check out the webs <a href="https://lifestylecentre.co">https://lifestylecentre.co</a> <b>MENU: PLEASE ADVISE US OF YOUR ORDER FOR LUNCH AT CAFÉ LAGARTO</b></b>	
<b>JULY:</b>		
<b>Thursday 9th</b>	General Meeting	\$8.00
<b>Thursday 23<sup>rd</sup> –</b>	<b>CHRISTMAS IN JULY Fox &amp; Hounds – Mt Tamborine</b> . We have priced this with 50 members going, which will be \$75 pp for bus/2 course meal + tea/coffee station. <b>Please put your name on the list NOW if you are going please.</b>	\$75.00

