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## What's up next !

May 27<sup>th</sup> - General Meeting

Biggest Morning Tea

June 10<sup>th</sup> Mawson Club Lunch

June 24<sup>th</sup> General Meeting

Guest Speaker – FOGO

(it's about Waste management)

We hope everyone enjoyed the beautiful weather over the weekend. We opted for a family picnic at Cotter for Mother's Day. We could not have asked for a more perfect day. Catching a fish or two would have made the day more perfect for the grandchildren!

Lois and I have not long returned from a trip to Sri Lanka. The trip was interesting and we learned a lot about another country. Sri Lanka is only 5 degrees from the equator, and the weather was very hot and very humid.

We spent some time in the mountainous areas which brought cooler days, lovely. There is a range of animals in Sri Lanka. We did two safaris and saw Asian elephants, buffalo, mongoose, crocodiles, leopards, huge monitor lizards and many colourful birds.

Whilst we were away Tom and the committee kept the show on the road thank you all.

For those who read the NSA Connect Newsletter you would have read that the health insurance rebate is to be reduced. If you do subscribe to private health, it is advised that you check with your health insurance provider.

The Federal Budget is to be released this week, and I am sure some of you will be getting very excited. Lots of bedtime reading. The budget will probably affect most of us in some way. It may be advisable to pay more attention than other years.

Your Committee has decided that we will once again hold a fund raising morning tea for the ACT Cancer Council.

We have arranged for Zac at the club to prepare trays of sandwiches for the morning tea.

As last year we will charge \$20 per head for the morning tea. \$8 for morning tea the remainder is a donation to the Cancer Council. You may donate a greater amount if you wish to.

That is my lot for this newsletter.

Cheers

Richard



Spring and Autumn, I think my favourite time of the year. Well maybe.

This year Autumn has been very mild. We spent some time in Melbourne and the rest in Canberra and we're quite happy with the weather. The display of colour from the trees has been magnificent. Ah - but here comes the "well Maybe" as that colour now begins to fade you realise what's coming, Falling Leaves - might have made for a great song for Nat King Cole - but they are an absolute pain when they are spread all over the garden and up the driveway. I've filled the green bin and the trash pack, and they are still piling up. And now that the trees are becoming bare, we know what's coming next the icy mornings, shorter hours of sunlight, the chilly winds. OK I'll stop whinging now, Canberra's winters are not that bad compared to some I've had in other parts of the world.

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*Sometimes you have to wonder!*

I Saw this while waiting for a bus in Melbourne.

????



**This Month 27<sup>th</sup> May  
NSA Canberra South**

We Have registered and we have it booked in for our Monthly Meeting.

So, you would have read Richard's comments about this, but just to follow up ---

The Cost of the Morning tea is \$20 pp.

- \$8.00 Catering
- \$12.00 to the Cancer Council

We can do Cash or Card.

**HOWEVER !** we need to know numbers (for catering purposes) by the **20<sup>th</sup> MAY**

How do we do this, open the [form RSVP Biggest Morning Tea](#), fill in the details and we will have it organised.

Looking back this is one event that has been on the NSA Canberra South annual calendar for many years.



**Remember this campaign from last year?**

So often with these sorts of campaigns, they come out with a flurry of

information and that the last you here of it. Well good news, here's some feedback from the National Office.

I wanted to share a quick update on our Keep Cash campaign and some exciting progress your branches can help us build on.

Recent data from the Reserve Bank of Australia shows that cash is making a comeback. Cash transactions have increased, more Australians are carrying cash, and fewer

people are going completely cashless. This is a strong sign that our collective advocacy is working.

Here is Chris Grice speaking to SBS World News: [Cash comeback as revealed by RBA survey - National Seniors Australia](#)

Read our update: [Cash makes a comeback - National Seniors Australia](#)

There has also been encouraging discussion around reducing or removing credit and debit card surcharges, which would further support fair and accessible payment options for all Australians, particularly seniors.

We are continuing to promote the message "use it or lose it", and we would love your support at the branch level.

To help with this, we can provide:

- Keep Cash selfie frames for events and meetings
- Keep Cash bumper stickers
- Retailer stickers encouraging businesses to accept cash

These are great tools for stalls, meetings, and community engagement. Please reply to this email if you would like us to send you any of these items. We would also love to receive photos from your activities to help promote the campaign nationally. Please send any photos through to us so we can showcase the fantastic work happening in branches.

Here is a short video update from our CEO, Chris Grice, in upcoming communications. We'd love for you to play at your meetings. [RBA ban surcharges on most debit and credit cards - National Seniors Australia](#)

Thank you again for your ongoing support. The impact we are seeing is a direct result of the efforts of our branches and members.

Warm regards

**Karen Furnivall**

Community Engagement Manager

## ***How are we tracking for the Rest of the Year?***

Our Calendar looks a bit like this !

You know about the Big Morning Tea in May.

### ***June***

- 10<sup>th</sup> Mawson Club Lunch
  - 24<sup>th</sup> General Meeting
- [FOGO Food Organics Garden Organics](#)

Our guest Speaker is from Access Canberra covering how this program works.

### ***July***

- 8<sup>th</sup> Mawson Club Lunch
- 29<sup>th</sup> General Meeting

We are to be visited again by ACTWELL, this time the topic is FIRE Safety.

### ***AUGUST***

- 12<sup>th</sup> Mawson Club Lunch
- 26<sup>th</sup> AGM

We thought Board Games – the winner of Monopoly becomes Treasurer, scrabble you get to be Secretary, Yahtzee and you President. No just Kidding we'll do it the conventional way. But we will do the Board Games

### ***September***

- 9<sup>th</sup> Mawson Club Lunch
- 30<sup>th</sup> TBA

### ***October***

- 14<sup>th</sup> Mawson Club Lunch
- 28<sup>th</sup> TBA

### ***November***

- 11<sup>th</sup> Mawson Club Lunch
- 25<sup>th</sup> It's Christmas Lunch
  - Location TBA

***And just like that the years done***

This one is a little cryptic,  
but I'm sure you'll manage



# Fall Rhyming



**DIRECTIONS:** Read each clue carefully. Think of a two part answer that matches the clue. The two parts should rhyme with each other. Write your answer on the lines.

1. Rain when it lands on your wool garment

SWEATER

WETTER

2. Autumn dance

3. Phantom's morning bread

4. Foliage robber

5. Corn labyrinth

6. Silly person with an orange squash

7. Unhurried black bird

8. Classroom law

9. Pretend to gather leaves

10. Red or green fall fruit growing near a church

11. Mark on clothes from precipitation

12. Camouflage for an arachnid

13. Pumpkin that is not entertained

14. Nighttime search by a wise bird

15. Fancy ride for trick-or-treat night

# Fall Rhyming

## SOLUTION

1. Rain when it lands on your wool garment	<u>SWEATER</u>	<u>WETTER</u>
2. Autumn dance	<u>FALL</u>	<u>BALL</u>
3. Phantom's morning bread	<u>GHOST</u>	<u>TOAST</u>
4. Foliage robber	<u>LEAF</u>	<u>THIEF</u>
5. Corn labyrinth	<u>MAIZE</u>	<u>MAZE</u>
6. Silly person with an orange squash	<u>PUMPKIN</u>	<u>BUMPKIN</u>
7. Unhurried black bird	<u>SLOW</u>	<u>CROW</u>
8. Classroom law	<u>SCHOOL</u>	<u>RULE</u>
9. Pretend to gather leaves	<u>FAKE</u>	<u>RAKE</u>
10. Red or green fall fruit growing near a church	<u>CHAPEL</u>	<u>APPLE</u>
11. Mark on clothes from precipitation	<u>RAIN</u>	<u>STAIN</u>
12. Camouflage for an arachnid	<u>SPIDER</u>	<u>HIDER</u>
13. Pumpkin that is not entertained	<u>BOARD</u>	<u>GOURD</u>
14. Nighttime search by a wise bird	<u>OWL</u>	<u>PROWL</u>
15. Fancy ride for trick-or-treat night	<u>HALLOWEEN</u>	<u>LIMOUSINE</u>