Yarra Ranges Grapevine

The Journal of the National Seniors Australia Yarra Ranges Branch Inc Incorporation No. A0048800C Branch No 100132

MAY & JUNE 2021

PLEASE NOTE: Membership Renewals & Joining Members

Please ensure you use the 'Yarra Ranges NSA Application Forms' at the end of this 'Grapevine' & pay through the Branch. This informs NSA that you are a member of this Branch. The Branch receives an annual payment for your Membership. Click here for Membership Form

Branch Meetings

Monday <u>10 May meet 7.00pm</u> for 7.30pm start

'Retirement & Aged Care' Speaker – Kristy Burrows Yarra Ranges Lawyers

Monday <u>14 June meet 7.00pm</u> for 7.30pm start

Andrea Doria WreckSpeaker – Beverley
Blenner Hassett

(Ship sunk after colliding with the '*Stockholm*' off the coast of Nantucket USA)

If you have a suggestion for a Guest Speaker please let Denise or a Committee Member know

President's Report



. Hí Members,

President Trevor presenting our new members -Barbara, Julie and Colin with their Badges and Welcoming Card to our Branch.

It was great to see a good number of members 34 in total for the April Branch Dinner meeting at The Crown Hotel.

Another tasty lunch was had at Chris's Café also well attended. I wasn't able to be there owing to a very bad cold.

We will be back at the Elderly Citizens Hall for the next monthly Branch Meeting at 7 Hardy Street Lilydale.

Happy Reading Trevor

Vale

Our thoughts and support are with Chris whose Mum Ivy passed away peacefully on Saturday 1st May 2021 at the age of 95. Ivy will be greatly missed by her family and many friends.

Yarra Ranges NSA Branch Committee

President Trevor - 🖀 9735 1104

Vice President & Welfare Officer Pamela - 2 9735 5449

Secretary **Newsletter Editor** Lyn- 🖀 0459 155 527 Email: yarrarangesnsa@gmail.com

> Treasurer Anne - 🖀 97265135

Activities Coordinator Chris - 🖀 9735 1249 / 0419 528 446 Email: chrishill3@bigpond.com.au

Guest Speaker Coordinator Denise 9723 1403 / 0400 179 086

Newsletter Editor Lyn 🖀 0459 155 527 Email: yarrarangesnsa@gmail.com

Committee Members John and Connie - 🖀 5964 4646 Elaine - 2 9739 4642

Welfare Officer Please contact our WO if you know of anyone who is unwell, having an operation, in need of help or has passed away within the family. Vice President & Welfare Officer Pamela on 🖀 9735 5449





We would like to celebrate your day!

Don't forget to email / phone your birthday & month to Lyn

DIARY DATES

WELCOME' to our BRANCH MEETING Dates - 2nd Monday of the Month @ 'Lilydale Senior Citizens Centre Hall', 7 Hardy Street Lilydale @ 7:00pm for 7.30pm start Monday 10 May Speaker @ The Hall 7 Hardy Street Lilydale Monday 14 June Speaker @ The Hall 7 Hardy Street Lilydale Monday 12 July Branch Dinner Meeting @ 'The Crown' Main Street Lilydale **COMMITTEE MEETINGS** - 1st Monday of Month @ Chris' place Meet @ 7.30pm Monday 7 June, Monday 3 July Monday 3 May,



A FUNNY THING HAPPENED ON THE WAY TO THE FORUM'

Babirra Musical Theatre Production Karralyka Theatre Mines Road East Ringwood

Saturday 16 October @ 8.00pm

\$44.50 (50c booking fee) - Payment by 13 September Meeting

Name and Payment in an envelope to <u>Lyn</u> (<u>Note:</u> No late bookings can be accepted as it is a Group Booking)



'JERSEY BOYS'

CLOC Musical Theatre Production National Theatre Cnr Barkly & Carlisle Street St Kilda Sunday 17 October @ 2.00pm \$52.00 (TBC) – Payment by 9 August Meeting

Name and Payment in an envelope to <u>Lyn</u> (<u>Note:</u> No late bookings can be accepted as it is a Group Booking)

OUT & ABOUT - Contact Chris 'Activities Coordinator' to Book

<u>Please Note</u> All payments in an <u>envelope</u> with <u>name</u>, amount of <u>payment</u> and <u>Outing</u> <u>name</u>. This will be a great help. Thank you, Chris

Wednesday 12 May	'Cranbourne Botanical Gardens' - Car Pool \$8 for 30 min tour in open air bus		
Wednesday 26 May	'Seymour Vietnam Vets Walk / Museum' –		
	8.15am Train from Lilydale (use Free Travel		
	Voucher)		
Saturday 5 June	'Trivia Night Fundraiser for CIRES' – 7.00pm–11.00pm @ Mount		
	Lilydale College. BYO Food & Drinks - \$20		
Wednesday 21 July	he Village People -		
	Friendly Feud' – 2.00pm @ Tudor Village Community Centre L'dale		
*****	*****	*****	

DINING OUT - Contact Chris 'Activities Coordinator' to Book

Saturday 29 May @ 6.00pm Sunday 13 June @ 11.00am **'Enthaised'** <u>Dinner</u> Casella Street Lilydale **'Harrow & Harvest'** <u>Brunch</u> Casella St
Lilydale (church building opp Athenaeum) **'Bingwood RSI'** Brunch 16 Station Street



Sunday 25 July @ 11.00am 'Ringwood RSL' Brunch 16 Station Street Ringwood

'MORNING MELODIES 1st Monday of the Month – Contact Chris to Book

@ 'Lilydale International Hotel' Maroondah Highway Lilydale
 <u>Show 10:30am for 11:00am start</u>
 \$2 Donation for CFA Snr Lunch from \$11.50

Wednesday 2 June
Wednesday 7 July'From Doris to Dusty' with Jenifer Lee
'Multi-Instrumentalist Extraordinaire'
with Brendon ScottWednesday 4 August'The Best Ever Sing-a-Long Show' with Alex Kyle



'TRIPS' - Contact Christ 'Activities Coordinator' for details

'NORTH EAST VICTORIA SILO ART TRAIL' - Monday 17th May to Friday 21st May -\$1,499.00 'BUSHFIRE RECOVERY TOUR' - Monday 6th September to Saturday 11th September -\$1,899.00

'KING ISLAND TOUR' - Monday 22nd November to Friday 26th November -\$3,000.00 (all inclusive - airfare, accommodation, meals and tours)

'SATURDAY WALKS' - Contact Chris 'Activities Coordinator' for details

Walks start 9.00am unless over 30degrees and then 8.30am These 2 photos are from the same walk - do you know where? Answers in next 'Grapevine' Photos 1 & 2 in last 'March & April Grapevine' were from the Barngeong walk

Sat 1 May	Kimberley Drive Reserve Chirnside Park		
Sat 8 May	Mooroolbark Retarding Basin		
	– Park behind Arcade Mooroolbark		
Sat 15 May	Lilydale to Lilydale		
Sat 22 May	Lilydale to Coldstream		
Sat 29 May	Lilydale Lake		
Sat 5 June	Barngeong Reserve Croydon North		
Sat 12 June	Norton Road Croydon		
Sat 19 June	Mullum Mullum Burnt Bridge (end of Ringwood Club car park)		
Sat 26 June	Wandin to Seville		
Sat 3 July	Lilydale to Mt Evelyn		
Sat 10 July	Kimberley Drive Reserve Chirnside Park		
Sat 17 July	Mooroolbark Retarding Basin – Park Cardigan St		
Sat 24 July	Lilydale Lake		
Sat 31 July	Lilydale to Lilydale		
Sat 7 August	Barngeong Reserve Croydon North		

Tradies Corner

Carpenter	Electrician	House Renovations
Hans 🛛 🖀 0418 111 499	Shockfree Electricians	Tandin Constructions
	🖀 0411 035 345	Tim 🖀 0412 185 353
Kitchens	Painting	Plumber
Touchwood Kitchens	Craig 🛛 🖀 0421 889 326	Lachy 🖀 0438 563 788
2 0418 542 130		
Tile & Bathroom Renovations		
Stephen 🖀 0419 894 874		

OTHER NEWSY BITS!

A LOOK AT THE LIGHTER SIDE OF LIFE TO KEEP YOUR 'TEE HEE' (laughter) WORKING!

The world's cleverest student does the world's funniest book report. Students at a local school were assigned to read 2 books - "Titanic" and "My Life by Bill Clinton.



One student turned in the following book report, with the proposition that they were nearly identical stories! His cool professor gave him an A+ for this report:





Titanic: Cost \$29.99 Clinton: Cost \$29.99

Titanic: Over 3 hours to read Clinton: Over 3 hours to read

Titanic: The story of Jack and Rose, their forbidden love and subsequent catastrophe. Clinton: The story of Bill and Monica, their forbidden love and subsequent catastrophe.

Titanic: Jack is a starving artist. Clinton: Bill is a bullshit artist.

Titanic: In one scene, Jack enjoys a good cigar. Clinton: Ditto for Bill.

Titanic: During the ordeal, Rose's dress gets ruined. Clinton: Ditto for Monica.

Titanic: Jack teaches Rose to spit. Clinton: *Let's not go there*.

Titanic: Rose gets to keep her jewellery. Clinton: Monica is forced to return her gifts.

Titanic: Rose remembers Jack for the rest of her life. Clinton: Clinton doesn't remember anything.

Titanic: Rose goes down on a vessel full of seamen. Clinton: Monica ... *Ooh, let's not go there either*.

Titanic: Jack surrenders to an icy death. Clinton: Bill goes home to Hilary - basically the same thing.

YEA WETLANDS & CHEVIOT TUNNEL

Car-pooling saw a number of members at Yea'Y Water Discovery Centre' recently. A volunteer escorted us along the pathways and elevated walkways, explaining the indigenous background to the flora and fauna water area. Also how the aboriginal clans lived and used the area. At some stage during a flood period the Yea River actually divided at Yea in the wetlands area and then rejoined again further down stream before flowing into the Goulburn River.



The Y Water Discovery Centre offer educational programs for both primary and secondary students, featuring a wide variety of topics dealing with water, the environment, indigenous studies and wetland ecology to the Victorian Curriculum.

Lunch was at the Yea Country Club Hotel nearby. We sat at benches under the shade of a large tree eating good food.



Afterwards we rejoined one of the volunteers from the Y Water Discovery Centre who asked us to followed in a car convey to the Cheviot Tunnel, which is a disused Mansfield rail line tunnel, that is now part of a rail trail.

The tunnel took 2 years to build from 1887 - 1889 when it opened in May of the later year for passenger and goods. It is 201 metres in length with a height of 4.7metres. It took 675,000 bricks approximately to build with two workman safety nooks in the tunnel. The



service finally closed in 1978 and is now part of the newly developed rail trail.

AN AUTUMN BREAK by Steve, with prompting from Elaine

Our major caravan club had had a rally booked for *Marong* but the latest COVID forced a postponement. As a result, when COVID lifted, the Club combined two rallies – one to *Maryborough*, the other to *Marong* with five nights at each site.



Maryborough is a surprisingly large town with a population of over 8,000 with a range of shops that cover



virtually all of your needs. It is situated in gold country and most of the surrounding towns have at some time been mining towns. Possibly the two highlights of the town would be the botanical gardens which include a large lake and the railway station.

A story persists that the station was intended for Maryborough, Queensland but it was actually intended for a suburban station but

political machinations saw it built in Maryborough, Victoria. Over the last few years much moolah has been expended to bring the building back to its former glory. A Sprinter railcar connects Maryborough with Ballarat. A quality cafe now occupies what was the main waiting room and provides very good meals at a reasonable price.

Another very good meal can be obtained at the Caledonian Club (sorry, no haggis). As well, there are a number of cafes and take-a-ways that all provide a good product. Also included at the station is a Visitors Centre which has regular displays of local history. The local Lions Club has an excellent second-hand book shop and there are several thrift shops with the *Scouts Victoria* shop probably being the best. Fuel was available at better than Melbourne prices.

Towns around the district include *Majorca*, once a large village but now almost totally derelict. However, there is a fair bit of building outside the actual town area. *Avoca* is a short drive out and claims to have one of Australia's best pubs for choice of beers along with a baker who has some 40 varieties of pies on the menu, some of which are state prize winners. A highlight is the newly developed garden honouring the early Chinese miners and settlers. The highway has also been upgraded with ample parking and picnic areas.

Dunolly is also nearby and offers a streetscape of the 1880s to 1920s. Most buildings are in very good condition. Down near the station is a cork tree dating back to about 1855. The area is a wine district and one of the early pioneers planted cork trees to service the wine industry but the cork was not of a suitable standard. This is the last remaining tree.

We also visited *St Arnaud*. We did not spend a lot of time shopping, only a tea break in the original Council Chambers which have been fully restored.



Probably the highlights of *St Arnaud* are the railway station, not for passengers but as an art gallery for local artists and a local artist has been let loose and several building sides as well as two grain silos have been decorated in monochrome.

After 5 nights it was across to *Marong* which is on the Calder Highway, about 15klms from *Bendigo*. The township (?) consists of a pub (very good), a general store, post office and a cafe. However, because it is close to *Bendigo*, there is a growing population. The nearest attraction to *Marong* is the '*Great Stupa*', a temple to Buddha. The temple is on the site of the ill-fated Sandhurst Town. Tourists are welcome and it is a place well worth visiting. Apparently there are several festivals through-out the year and the general public is welcome. One nearby attraction is the *Bridgewater* Bakery, just 20klms up the highway. Their specialty is the vanilla slice but all of their products are good. There are good picnic spots within a short walk of the bakery. Most tourist hot-spots are in and around the city of *Bendigo*. Over time there is probably nowhere of interest we have not been. One attraction is the *Central Deborah Mine*. This time we went not to see the mine but to buy a genuine Cornish miner's pastie. And it was well-worthwhile.

At both sites members gathered for morning tea, afternoon tea, happy hour and a half plus community meals, two of which were in pubs. Most evenings the members participated in games which included a card game, 'chase the ace', bingo and trivia.

It was a great get-together catching-up on what members had been doing and their plans for the winter. Several members spend the winter at *Woolgoolga*, near *Coffs Harbour* and were preparing to leave from home while three other members left from *Marong* for a six month trip up through New South Wales and Queensland to Darwin and then to *Broome* before returning through *Katherine* to *Alice Springs* and home.

MOVIE REVIEW 'The Courier' by Lyn

The Courier is a 2020 historical drama film directed by Dominic Cooke. The film stars Benedict Cumberbatch as Greville Wynne, a British businessman who was recruited by the Secret Intelligence Service (M16) to deliver messages to and from secret agent Oleg Penkovsky (played by Merab Ninidze) in the early 1960s. Rachel Brosnahan, Jessie Buckley, and Angus Wright also star.

MOVIE REVIEW 'The Father' by Lyn

The Father is a 2020 drama film co-written and directed by Florian Zeller, based on his 2012 play Le Père. A man refuses all assistance from his daughter as he ages. As he tries to make sense of his changing circumstances, he begins to doubt his loved ones, his own mind and even the fabric of his reality. A French-British co-production, the film stars Anthony Hopkins, Olivia Colman, Mark Gatiss, Imogen Poots, Rufus Sewell, and Olivia Williams, and follows an aging man who must deal with his progressing memory loss.

The Father had its world premiere at the Sundance Film Festival on 27 January 2020.

Contributions to our Newsletter



Have you been travelling?

Have you attended a good show?

Have you read a good book?





Is there something you have experienced, that you would like to share with the members of the Branch? A story? One-liners? Photos from outings?



Emergencyplus is an app you can put on your mobile. (It was recommended by a trainer who trained the staff at my school.)

You can choose to load onto an Apple or Android system (2nd choice).

When loaded the right hand screen will appear.

The OOO Emergency, SES & Police are live buttons that will automatically call that service when pressed.

Also you will note your 'location coordinates' appear so you can pass the information to the service concerned as to where your location is.

Update your medicines list now – you'll need it if you go to hospital



AUSTRALIA

National Seniors

A medicine list is a complete list of all your prescriptions, over the counter and complementary medicines.

whiat3words Centend trials during

4

Now is the time to make sure you have that list upto-date and easy to find in case you unexpectedly have to go to hospital or visit a doctor or pharmacist who is not familiar with your health status.

Some News Items from National Seniors that you may have missed

IS FINANCIAL ADVICE UNAFFORDABLE NOW?

Financial advisers say the cost of advice is too high now there are stronger consumer protections. Yet, do people need financial advice or just information?

Recently, National Seniors featured an article discussing the complaints of the financial advice sector regarding overregulation and high compliance costs. Now the peak body for the sector. The Financial Services Council (FSC) has released a green paper calling for changes to the relatively new regulations brought in to protect consumers from dodgy advisers.

The FSC claims that an unintended consequence of the reforms has been a significant increase in the cost of advice. It argues that average fees are now around \$3,240 and out of reach of most investors. The FSC claims the regulations have gone too far, imposing onerous and complex obligations on advisers, resulting in high costs and creating inflexibility in the way information and advice is obtained.

The Green Paper draws heavily on work conducted by Rice Warner showing that most Australians either can't or don't want to pay for advice.

While some financial advisers provide excellent professional advice, which is in the "best interests" of their clients, others do not. This is evident in the survey work undertaken by research group *Pollinate* for the FSC. The FSC uses this research to claim that most of the people that sought financial advice agree that it resulted in positive life outcomes.

However, the data is not very convincing



You can save more \$\$\$ on electricity – here's how

\$900 million in electricity bill savings is now available to households

Electricity prices have fallen almost 9% since the middle of last year and there is \$900 million in potential savings for households in eastern and southern states, new figures released by the Australian Consumer and Competition Commission (ACCC) show.



Retail electricity offers now available to households in NSW, Victoria, S.E Queensland, South Australia and the ACT are, on average, 8.8% lower than they were in June 2020, which equates to an average annual household saving of \$126.

The ACCC says the total benefit to all customers in these regions is \$900 million if they switched to lower offers, or benefitting from retailers lowering the prices of their existing plans.

The consumer regulator is also warning electricity retailers that the onus is on them to comply with new energy market laws, and pass on reductions in their costs to existing customers

Key Points

- Electricity prices are falling compared to previous years
- ACCC says \$900 million savings for some customers
- New laws compel retailers to pass on savings

How You Can Benefit

There are two ways that households and small businesses can get the hip-pocket benefit of recent reductions in retailers' costs:

- by changing to a new, cheaper plan; or,
- by waiting for their retailer to lower the rates on the plan that they're already on.

The ACCC is urging consumers who haven't seen their bill come down to contact their electricity retailer and ask to be put on the best offer for their circumstances.

Many consumers will be able to achieve further savings by comparing advertised prices and shopping around.

Compelling New Laws

ACCC boss Rod Sims says new laws require electricity retailers to pass on cuts in the wholesale cost of electricity.

The new Prohibiting Energy Market Misconduct (PEMM) laws that came into effect in June 2020 require electricity retailers to make reasonable adjustments to their prices in line with their costs of procuring electricity. Companies that fail to comply with the laws face serious penalties, including fines of up to \$10 million or 10% of their turnover per breach

Why Lower Power Costs

Lower wholesale electricity costs are the result of a significant increase in generation capacity attributed to renewable generation and falling fuel costs.

Rod Sims says more good news could be on the way: "We also expect further significant price reductions from retailers over time, as the reductions in wholesale spot prices flow through to retailers' contracting positions."

The ACCC has already approached a number of electricity retailers who may not have adequately passed on cost savings to their customers, and will be closely monitoring the behaviour of many others in the electricity market over the coming months. Estimated annual electricity savings per household: state averages.



Yarra Ranges National Seniors Australia Branch Membership Application (NSA ABN 89 050 523 003)

PERSONAL DETAILS			
Mr / Mrs / Miss / Ms / Dr First name			
Last name		Date of birth	
Address			
Suburb		Postcode	
Phone			
Email		Membership Number:	
JOINT MEMBER DETAILS			
Mr / Mrs / Miss / Ms / Dr First name			
		Date of birth /	
Phone			
Email		Membership Number:	
		Yarra Ranges Branch	
MEMBERSHIP AND PAYMENT DETAILS		No. 100132	
I/we would like to join for: (please tic	k) includes GST	540. 100132	
1 Year Single \$45	Joint \$75 2 Ye	ar Single \$80 Joint \$125	
5 Year Single \$195	Joint \$295 Lifet	ime Single \$425 Joint \$650	
TOTAL PAYABLE: \$			
Cheques / Money Order enclo Please charge my credit card: Card number:			
Cardholder's Name:		Expiry: /	
	s your privacy and is committed to pr the full details of our privacy stateme eration' Magazine by Mail		
MEMBERS Branches – Social & Friendship <i>'My Generation'</i> Magazine	RESEARCH Finance Health & Aged Care	INFORMATION HUB Consumer Protection Healthy Ageing / Aged Care	
Discount & Benefits Credit Card Car Buying Service Insurance Travel	Housing Retirement Social Connectedness & Communities	Social Inclusion Technology Work & Career Retirement Retirement Living Options	
Competitions Online Shop NEWS & EVENTS	ABOUT US Board & Governance Leadership Team Policy Advisory Groups	ADVOCACY How Advocacy Works Policy and Advocacy	
Latest News Policy & Media Updates In the Media / Media Releases	Careers Foundation Trust Partners	Submissions National Seniors	
Events	FAQs Advertising	AUSTRALIA	