

NSA NEWS: MODEST AGE PENSION RISE AS SOME SCRIMP TO SURVIVE (Media release)

NSA says the Age pension rise announced in March of \$4.60 per fortnight for singles and \$7 for couples is not enough for pensioners in poverty who continue to scrimp to survive. NSA CEO Mr. Chris Grice said while the new fortnightly rates, which take the Age Pension to \$1149 for singles and \$ 1732 for couples combined, reflects lower inflation of 2.5%, it simply isn't enough for those in poverty.

"Cost of living pressures continue to force major living changes for some pensioners from buying powdered milk to living on credit to having to return to work,"Mr Grice said. :While the government has done good work to make healthcare more affordable with PBS medicines capped for 5 years, todays news will be disheartening for pensioners choosing between putting petrol in the car or groceries in the trolley, delaying dental visits or visits to the doctor .These are the everyday decisions and realities of pensioners with limited savings . The Age Pension is clearly not enough.

"Pensioners who rent struggle particularly hard, research shows, after accounting for essentials such as food, health, and transport, a single pensioner has less then \$300 per week to spend on rent. NSA's own research suggests even pensioners who own their home feel as though the Age pension is inadequate."

To help ease cost of living pressure for Age Pensioners, NSA recommends: Exempting employment income from the Age Pension Income Test to let pensioners Work.

Introducing a Pensioners Concession Card, to provide additional concessions and support for pensioners with limited means.

Providing a one-off increase to the Age Pension of \$10 per day for singles and \$15 per day for couples.

"More must be done to support seniors doing it tough," Mr Grice said.

"Its time government stops punishing pensioners who need and want to work and exempt employment income from the Age Pension income test. This will not only enable pensioners to better support themselves but also go a long way to help attract and retain desperately needed workers.

"Government could also introduce a new targeted Pensioner Concession Card to provide much-needed help with essentials such as energy, council rates, and medicines for low income pensioners – some of the most vulnerable members of our community.

"Adopting NSA's policies will help to give pensioners a little extra cash, and a little less worry, to put fuel in the car and groceries in the trolley – without having to choose between one or the other.No one, especially older Australians who have worked so hard, paid taxes, and made sacrifices should struggle and scrimp to merely survive."



National Seniors

AUSTRALIA

Modbury	Branch	Newsletter
May 2025		Issue 229



Branch Diary

Guest Speakers		
19 th May	Orange Sky Laundry	
16th June	ARAS -----Older Persons Network	
21st July	Joe Leborec from ACH re their Social experiences	
18th Aug.	TTG Council , Act of Aging Officer	
15th Sept.	Peter Saches	Glider Pilot

Modbury NSA is sponsored by the Modbury Plaza Hotel

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Committee for 2024 - 2025

President	Susan Boyle	0410 500 779
Vice President	Piero Fioretti	0423 784 050
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Treasurer	Bruce Dommenz	0499 006 437
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Newsletter	Ray Zurek	

Modbury National Seniors meet every third Monday of the month (4th if Public Holiday) at 1.30pm at the Lutheran Homes, 1217 Grand junction Rd. Hope Valley, except November and December. Entrance fee \$ 5.00

Postal address: NSA Modbury, PO Box 499

We always welcome visitors and potential new members. If after 3 or 4 visits you find that you enjoy coming to our meetings and being part of our group why not become a financial member of National Seniors Australia? Members are able to get involved in discussing and taking part in community issues pertaining to Senior Australians. You can also take part in social events, hear interesting guest-speakers and meet like-minded members at other branches. Most importantly members can ensure that their voice is heard on issues affecting the over 6 mill. Australians over 50!

Only financial members are covered by NSA Insurance on outings! Financial members will also be given preference when there is a limit on numbers e.g. Christmas Lunch, Bus Trips etc.

	Single	Joint
1year membership	\$49.50	\$80
2 year	\$88	\$143
3 year	\$120	\$180
5 year	\$220	\$325

Enrolment forms can be found on activities Table or from Treasurer. M/fees can be paid at the post office or by phone . No Credit card surcharge applies!

Riddle: What is it that nobody wants to have , but no one wants to lose it?

Grandma's Wit and Wisdom: When one has reached 81 one likes to sit back and let the world turn by itself

Interesting facts: The nectar of a citrus plant contains caffeine to attract bees

Forthcoming events for 2024-----2025

Monday 30st June, 12 noon, Modbury Plaza Hotel, We will have a Coffee/Tea station as usual, Please put your name in the Outings Folder if interested.

If unable to attend please let Roslie know on 0416 010 329

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May Birthdays: Josephine Hillier (4), Bruce Anderson (27),
Selma McPharlin(28), Pat Todd (29), Ray Zurek (30),
Weddings: Nil

Congratulations and Best Wishes to All

Women, Women

Q: Why is a laundromat a bad place to pick up a woman?

A: A woman who can't afford a washing machine will probably never be able to support you.

Q: How do you fix a woman's watch?

A: You don't. There's a clock on the oven.

Q: What's worse than I male chauvinist pig?

A: A woman who won't do as she is told !

Q: How do you know when a woman is about to say something smart?

A: When she starts a sentence with "A man told me"

Women will never be equal to men until they can walk down the main street with a bald head and a beer gut and still think they are sexy.

Buying a bra; A man walked into the ladies department of a Myers store, shyly walked up to the sales lady and said, "I'd like to buy a bra for my wife's birthday." The woman asked him' "What type of bra ?" "Type?" inquired the man. "There's more than one type?" "Look around ," said the sales lady, as she showed him a sea of bras in every shape, size, colour and material. "Actually, even with all of the variety there are only four types of bras to choose from. Relieved the man asked about the types.

The sales lady replied: "There's the Catholic, the Salvation Army, the Presbyterian and the Lutheran types. Which one would you prefer?" Now totally befuddled, the man asked about the differences between them. The sales lady replied, "It's really quite simple. The Catholics support the masses, the Salvation Army type lifts the fallen, the Presbyterian keep the staunch and upright and the Lutheran type are the most flexible!

Different Bras set



