

## PORT MACQUARIE/HASTINGS NEWSLETTER AUGUST 2019

Website: <https://nationalseniors.com.au/about/branches/port-macquarie-hastings>

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### THE NEXT MEETING WILL BE HELD ON TUESDAY 13<sup>th</sup> AUGUST 2019

Our next monthly meeting will be held on Tuesday 13<sup>th</sup> August 2019 at 10.00am at the Port City Bowling Club, Owen Street Port Macquarie.

#### Our “Getting to Know You Guest,” will be Wynne Eldridge

##### The Guest Speaker: - will be Stephen Burt from Heritage Jewellers.

‘Most of us are fascinated by stories around heritage clocks, watches or precious jewellery.

Within our families they may have been the centre pieces in homes or given to mark significant dates of anniversaries, births, graduations, engagements, weddings, 21st or ‘O’ birthdays and retirements, or worn during military service.

Our next guest speaker is Stephen Burt. He will share with us secrets and stories of some exceptional heritage watches, clocks and unusual items of jewellery.

He represents the oldest family owned jewellery and design business in Port Macquarie, involving a number of family members.

His experience and research may help some members discover more about a precious time piece or a treasured item of jewellery within their family.’

##### TRIP TO HUNTER VALLEY GARDENS & CHRISTMAS LIGHTS.

An itinerary has been formulated for the trip to the Hunter Valley Gardens.

The dates are Wednesday November 20<sup>th</sup> to Friday November 22<sup>nd</sup> 2019 inclusive.

We require numbers for this trip before the October meeting, so please put your name down as soon as possible. For anyone requiring a copy of the itinerary, this can be obtained from Erica at our Meeting Day. A deposit of \$25.00 is required to cover upfront cost of the Lights Spectacular.

This will be a very interesting and full three days, with many places to visit and some great restaurants and cafes for good food and wine.

*Contact John Urquhart for more details.*

## COUNTRY CHRISTMAS LUNCH at COMBOYNE 17<sup>TH</sup> JULY 2019

The Christmas in July lunch at the Comboyne Community hall was a wonderful experience for 40 of our members lucky enough to attend. Limited numbers meant some had to miss out.

The hall and our tables were beautifully decorated by the Comboyne Hall committee and the organic fruit and vegetables and locally cooked produce selling up the back of the hall was a hit as usual.

Two other community groups attended and filled the hall to capacity. You could tell our group as we were the rowdiest with always plenty to chat and laugh about.

This year we had a very special guest in Flora Smith who had travelled with her daughter Katherine all the way from NZ to attend the event. It was wonderful to see Flora looking fit and well.

We were entertained again this year by Rob Carter accompanied by his wife Cathy. They took us on a “Sentimental Journey” from yesteryear with songs we just couldn’t help singing to with some of the more energetic members getting up and dancing. Rob said he loved our group as we always joined in and had fun.

The lunch was delicious with ham, turkey and vegetables and plum pudding or Pavlova for dessert. Locally made chocolates on the table were a treat.

Ann Jackson won the raffle prize of a lovely basket of local produce.

Everyone agreed that this a must go to event. So be sure to get in early next year.  
Contributed by Joan Lundstrom.







## **ART WALK and DINNER 18<sup>TH</sup> JULY 2019**

The Art Walk and Dinner at Northpoint Thai was another successful event. Members wandered freely around the streets of the CBD enjoying the Art Walk and all its diversity with plenty to see and do. The streets were packed with a real buzz in the town.

The night markets were fascinating with lots of bric a brac for sale and a bargain for everyone.

The most interesting area was the man drawing the sand pictures, which were transported via a light box onto the wall of a building. So quickly and cleverly these pictures changed, and all done by hand, a joy to see.

Thirty -five members met at Northpoint Thai for a fun get together and enjoyed the delicious food. We were a happy vibrant group with lots of laughter. A surprise birthday cake appeared at the end of the meal for Lee and we all sang happy birthday to her finishing off a fun night.

Contributed by Joan Lundstrom.

### **DUCK and FUN IN THE SUN Friday 26<sup>th</sup> July 2019**



37 lucky people were entertained with an English TV show of a VERY young Trevor and Nicola searching for a secluded, remote, perhaps even isolated home on our fair shores with a budget of £400,000. They were shown some - “amazing”, “smashing”, “brilliant” homes on Sydney’s northern beaches and Blue Mountains which were nowhere near their specifications but were in the £300,000 to £400,000 range.

We were all laughing hysterically at the prices and the decor (furnishing of orange and green, what were we thinking??)

Much laughter, fabulous interjections, and a TV show to remember. Our hosts and the actors of this memorable show were presented with a very small academy award.

We are extremely lucky that Nicola and Trevor waited to buy their lovely “remote” home in Port as they were again, gracious hosts, and served us a fantastic family recipe duck stew followed by desserts, cheese and wine. A wonderful evening. Thank you Nicola and Trevor.

Contributed by Erica de Carlo.



## **BEWARE OF SCAMS.**

This latest scam comes after National Seniors Australia reported the number of seniors being approached by online scammers is on the rise.

More than 1,000 of almost 5,000 respondents - or 22 per cent, said they had been the target of an internet scam. Those who used the internet less frequently were more likely to fall victim to a scam.

Scams included bogus phone calls from Telstra, Microsoft, NBN and the Tax Office, as well as letters wanting to launder vast sums of money. Others fell victim to computer extortion where money was demanded to remove a virus they had unwittingly put on their computer.

The Australian Competition and Consumer Commission (ACCC) reported that over 65s submitted more than 26,400 reports to Scamwatch in 2018 (a five per cent rise). This included losses of over \$21.4 million (a 22 per cent increase).

“Scammers will scour dating sites and social media for older Australians who have recently divorced or lost a long-term partner, taking advantage of those who are inexperienced with these sites and may be in a vulnerable emotional state,” ACCC Deputy Chair, Delia Rickard said.

“Investment scams are the most financially harmful because the scammers invest time and money into convincing sales pitches, flashy websites and even glossy brochures.”

Older Australians looking to grow their nest eggs, but who instead get caught up in investment scams, reported losses of \$7.6 million, and those misled through fake relationships reported losses of \$5.8 million.

## WHAT IS APHORISM

An Aphorism is a statement of truth or opinion expressed in a concise and witty manner.

- ◆ I read that 4,153,237 people got married last year. Not to cause any trouble....but shouldn't that be an even number?
- ◆ I find it ironic that the colours red, white and blue stand for freedom, until they are flashing behind you.
- ◆ When wearing a bikini, women reveal 90% of their body. Men are so polite they only look at the covered parts.
- ◆ Relationships are a lot like algebra. Have you ever looked at your X and wondered Y?
- ◆ America is a country which produces citizens who will cross the ocean to fight for democracy, but won't cross the street to vote.
- ◆ You know that tingly little feeling you get when you love someone? That's common sense leaving your body
- ◆ My therapist says I have a preoccupation with vengeance. We'll see about that!
- ◆ I think my neighbour is stalking me as she's been Googling my name on her computer. I saw it through my telescope last night.
- ◆ Money talks ... but all mine ever says is good-bye.
- ◆ You're not fat, you're just easier to see.
- ◆ If you think nobody cares whether you're alive, try missing a couple of payments.
- ◆ I always wondered what the job application is like at Hooters. Do they just give you a bra and say, "Here, fill this out?"
- ◆ The location of your mailbox shows you how far away from your house you can go in a robe, before you start looking like a mental patient.

Now,  
don't you feel better knowing what an aphorism is?

## FORTHCOMING EVENTS

### AUGUST 17<sup>th</sup> 2019 LAKE CATHIE BOWLING CLUB



What are these dodgy characters up to ?

## A NIGHT 4 MURDER PRESENTS MURDER, AT PADDINGTON LODGE



### NEW ZEALAND CRUISE.

A cruise to New Zealand on Celebrity Solstice has been organised for March 2020. One special deal had to be booked by 7th August and some members have taken advantage of this offer.

However, there will be other deals come up for this same cruise offered by Celebrity Cruises.

If you are interested, and would like to join us, please contact Lee Brown on 0418 474 295 for booking details.

### ADVERTISEMENT

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## **DATES FOR YOUR DIARY**

Every Day Morning Cruise – **10.00am Port Jet Cruise Adventures Office 1 Short St. PM.**

Every Day Eco Cruise – **1.00pm Port Jet Cruise Adventures Office 1 Short St. PM**

Every Day Sunset Cruise **6.00pm Port Jet Cruise Adventures Office 1 Short St. PM**

Every Day- Daily Dolphin Cruises. – **11.00am Cruise Terminal Clarence St.**

Every Day Sunset Cruise - **After April 7<sup>th</sup> this will be 4pm. Cruise Terminal Clarence Street.**

Every Sunday – **Jimmy's Vinyl Sunday Sessions – From 2pm The Westport Club.**

Every Wednesday & Sunday Open Nights. **The Astronomical Society. 7.15 pm both nights**

### **Trivia Nights:**

Every Tuesday at Hibbard Sports Club 7.00pm.

Every Tuesday at Westport Club 6.30pm.

Every Wednesday at Settlers Inn 7.00pm.

Every Wednesday at Port City Bowling Club 7.30pm.

Every Thursday at Panthers 6.30pm. 19<sup>th</sup> – 25<sup>th</sup> May

## **EVENTS**

18<sup>th</sup> August – Perry's Lemon Myrtle Farm Lunch at "The Pub with No Beer" (Bus Tour)

[www.limitlesstours.com.au](http://www.limitlesstours.com.au)

20<sup>th</sup> August Seniors and Retirees Big Day – **11am Port AdVenture Clarence Street Port Macquarie.**

24<sup>th</sup> August – Camden Haven Cup Day. – **11am Gates Open Port Macquarie Race Club.**

31<sup>st</sup> August – "Taste of Spring." **6 – 10.30pm Cassegrain Winery**

21<sup>st</sup> August - Enchanted High Tea. **1pm Rydges Hay Street Port Macquarie.**

31<sup>st</sup> August - **Retro fest 2019 Grand Ball 6.30pm Port Macquarie Panthers.**

1<sup>st</sup> September – **Retro fest 2019 Dance. 9am Port Macquarie Panthers Auditorium.**

## **REGULAR MARKETS.**

Every Tuesday – **Real Food Local Produce Markets.** Port Central Forecourt, **12pm to 6pm.**

Every Thursday – **Kendall Bazaar and The Meeting Place 9am -12pm. Kendall Community Centre.**

Every Saturday- **Flower & Plant Market. The Botanic Merchant. 9.30am to 1.30pm. Bellbowrie St.**

Every Sunday- **Port Macquarie Art Society Market Bazaar.** Hamilton House  
198 Hastings River Drive. Time 8am to 1pm.

Second Saturday: **The Foreshore Market** – 8:00am to 1:00pm. (Port Macquarie Hastings Farmers & Artists) Westport Park, Corner Buller and Park Streets, Port Macquarie.

Third Sunday - **Laurieton Riverwalk Market** – 8:00am to 1:00pm Corner Tunis and Short Streets, Laurieton.

Fourth Saturday - **Wauchope Farmers' Markets** 8:00am to 12:00pm Wauchope Showground, High St. Wauchope.

Fourth Sunday – **The Artists Markets 9am – 1.00pm. Maritime Museum 8 William St. Port Mac.**

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If you know of any member who may be unwell, please let anyone on the Committee know. It is important that we offer support if one of our members is unwell and let them know we are thinking of them. If anyone is in need of a helping hand to do a small job, again, let a Committee member know. We can also arrange for transport to and from meetings if anyone is unable to make their own arrangements.

And if anyone is celebrating a big "0" birthday - again, please let a Committee member know.

If you do not wish your photo or personal information to be distributed to other members, or published on our website, please inform a Committee member.

We are now accepting advertisements for the September 2019 Newsletter.

Anyone interested should send their advert to [sandybanks@bigpond.com](mailto:sandybanks@bigpond.com)

the cost is \$5 for 40 words and \$10 if accompanied by a photograph. This cost covers one issue only.