

#### PORT MACQUARIE/HASTINGS NEWSLETTER

**JULY 2019** 

Website: https://nationalseniors.com.au/about/branches/port-macquarie-hastings

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			Judith Clegg	6586 4860

### THE NEXT MEETING WILL BE HELD ON TUESDAY 9th JULY 2019

This will be our Annual General Meeting for the election of Officer Holders for 2019/2020. Therefore there will be no guest speaker.

However we will be conducting our Annual Planning Forum, this is your opportunity to provide feedback on our Club. So we welcome all ideas for events for next year and also we shall be looking for suggestions for the Charity which we will support in 2019/2020.

### **MAY MEETING**



At the May meeting our invited guest was Lillian Andrews, President of Hastings Home Hospice. Who gave an interesting talk about the help and support they provide to terminally ill and other very sick patients in our community. Thanks to the wonderful fund raising efforts of our members we had pleasure in presenting her with a cheque for \$1,617.00.

### LEADLIGHT AND STAINED GLASS WORKSHOP. 14th JUNE 2019

Eight members attended the workshop at Jane Stevenson's home studio.

While waiting to start, we admired the wonderful creations of Jane and her students - a screen, lamps, and a wall display. We saw photos of some beautiful windows Jane had completed for a local church turned into a home.

In pairs, we progressed through the skills involved in making a piece of stained glass - cutting glass and grinding it into shape, using a copper foil technique with solder and finally polishing our new creation.

We enjoyed a collegial morning, learnt some new skills and took home our own dreamcatcher.

Thank you to Jane for sharing her skills with us. If you would like to join a workshop, please contact Jane on 0404 050 349 or view her work on

www.stevensonleadlight.carbonmade.com

Contributed by Lee Brown

## WINTER WALK AND PICNIC

The planned winter walk from The Lighthouse to Shelly Beach on Tuesday 25<sup>th</sup> June 2019 was unfortunately cancelled due to inclement weather. We know our walkers were disappointed and you can be sure we shall reschedule this at a later date.



### **CUT PENSIONER DEEMING RATES - NSA WEBSITE ARTICLE**

Leading advocacy organisation National Seniors Australia has called for deeming rates to be cut in line with record low interest rates announced by the Reserve Bank.

Deeming rates have not been adjusted since 2015 despite interest rates falling from 2.25 per cent to the current record low of just 1.25 per cent.

Pensioners relying on income from bank deposits are getting hit twice. Firstly, from reduced income from deposit investments and then by again by deeming rates that don't reflect lower interest rates but which are applied against income to determine the level of pension they will receive.

National Seniors Chief Advocate Ian Henschke said it was almost impossible for pensioners to generate income from bank deposit investments that matched the rate of income they were deemed to be earning.

"For example, one of the big banks today is offering a term deposit rate of 2 per cent for amounts above \$50-thousand and the interest paid only at the end of the term.

"However, a single pensioner is deemed to be earning 3.25 per cent for the same amount, an amount the bank is offering just 2 per cent.

"This is why pensioners are contacting us saying the government needs to cut the deeming rate," Mr Henschke said.

Mr Henschke said it was time the government reviewed deeming rates to bring them in line with interest rates.

"Current deeming rates are now significantly out of alignment with the lower income generated by bank deposit investments.

"However, seniors' eligibility for the Age Pension and the pension amount they receive is still subject to those deeming rates," Mr Henschke said.

"It is not fair to apply a deeming rate that was set in 2015 to a pensioner's bank deposit income which has dropped significantly as a result of the RBA's decision to cut to a record low," he said.

Following the Reserve Bank of Australia's decision in 2015 to lower the official cash rate to what was then an historic low of just 2.25%, the government reduced the deeming rate as well.

Announcing the decision, the then-Federal Minister for Social Services, Scott Morrison, said "This additional investment will mean more in the pockets of pensioners."

"As Prime Minister Mr Morrison should again act and review the growing deeming gap and the financial hit it is having on pensioners," Mr Henschke said.

# TRIP TO HUNTER VALLEY GARDENS & CHRISTMAS LIGHTS.

An itinerary has been formulated for the proposed trip to the Hunter Valley Gardens. The dates are Wednesday November 20<sup>th</sup> to Friday November 22<sup>nd</sup> 2019 inclusive.

We are presently looking at expressions of interest for this trip, so please put your name down at the meeting. For anyone requiring a copy of the itinerary, this can be obtained from Erica on our Meeting Day the 9<sup>th</sup> July 2019.

This will be a very interesting and full three days, with many places to visit and some great restaurants and cafes for good food and wine.

#### **UP COMING ACTIVITIES FOR JULY AND AUGUST 2019**

Don't miss out on these activities, please put your name down on the meeting day to enjoy these events.

### **CHRISTMAS IN JULY - (Event Fully Booked Out.)**

A Country Christmas Lunch at Comboyne War Memorial Hall on Wednesday 17<sup>th</sup> July 2019 time 12 noon start. Car pool where possible. Fun and frivolity guaranteed. Fresh produce available for sale on the day.

### ART WALK and DINNER - THURSDAY 18th 2019

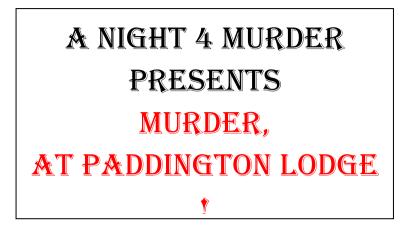
For the past three years Port Macquarie-Hastings Council's CBD night time activation and art event has been growing audiences and we have been a participant. This year's event has moved from its previous autumn time slot to winter. Art Walk will be held on **Thursday 18 July 2019 from 6.00pm to 9.00pm** across numerous CBD locations. The theme for this year's program is a reflection on 'Elements'; exploring the concept of elements across lands looking to earth, wind, water and fire. Art Walk aims to encourage the community to come together in a series of engaging art activities, creating opportunities to meet, exchange ideas and foster community spirit.

Our activities for the night will include free admission to the museum including access to the 'Annabella' exhibition and an indoor screening of 'Sixties in the Spotlight'. In the Museum garden we will be screening historic film footage from the NSW Forestry Corporation including 'Timber Getting in NSW' and 'Forest Wealth' and in keeping with the 'Elements' theme, The Forest Courtyard and Forest the koala sculpture will be illuminated.

Art Walk is for **one night only** with many of the exhibits and activities out-doors. Coats and other winter attire are recommended.

#### AUGUST 17th 2019 LAKE CATHIE BOWLING CLUB





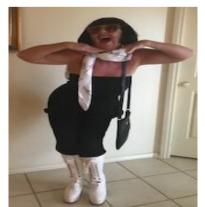
What are these dodgy characters up to ?

Do you remember the 1970s? Do you remember the shock of The Rocky Horror Show? Even if you're too young, imagine yourself at Paddington Lodge, a Darlinghurst Boarding House, together with a bunch of shady characters, all hoping to find the missing \$200,000 loot from a robbery at the Roxy a Go Go nightclub!! What a mix for mayhem and murder!

There's the Lodge's owner, Norman Gypper, actress Tootsie L'Amore, retired Navy man Jim Bligh, retired detective Bobby Bookem, retired bookie Will Cheetham, the convicted robber's dotty wife Violet, rough diamond housekeeper Sadie Grey, and ER nurse Florence Primrose Who will die? Who is the murderer?

Audience participation during the performance is greatly encouraged!

The play lasts approximately 35 minutes, after which the audience are given Crime Scene Notes. Then the cast are brought back in for the audience to question. Everybody must tell the truth, except the murderer, who may lie as much as he or she desires!



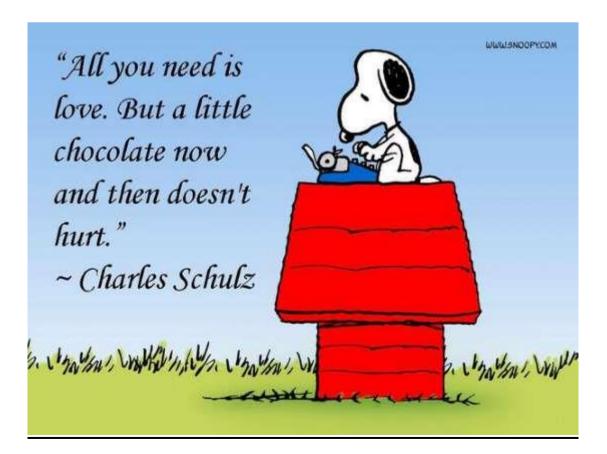
Could this be Tootsie L'Amore ??



And this is ??

#### **ADVERTISEMENT**





#### **DATES FOR YOUR DIARY**

Every Day Morning Cruise – 10.00am Port Jet Cruise Adventures Office 1 Short St. PM. Every Day Eco Cruise – 1.00pm Port Jet Cruise Adventures Office 1 Short St. PM **Every Day Sunset Cruise** 6.00pm Port Jet Cruise Adventures Office 1 Short St.PM Every Day- Daily Dolphin Cruises. - 11.00am Cruise Terminal Clarence St. Every Day Sunset Cruise -After April 7<sup>th</sup> this will be 4pm. Cruise Terminal Clarence Street. Every Sunday -Jimmy's Vinyl Sunday Sessions – From 2pm The Westport Club. Every Wednesday & Sunday Open Nights. The Astronomical Society. 7.15 pm both nights **Trivia Nights:** Every Tuesday at Hibbard Sports Club 7.00pm. Every Tuesday at Westport Club 6.30pm. Every Wednesday at Settlers Inn 7.00pm. Every Wednesday at Port City Bowling Club 7.30pm. Every Thursday at Panthers 6.30pm.199<sup>th</sup> – 25<sup>th</sup> May

#### **EVENTS**

14<sup>th</sup> July – Live on the Pergola with Gary King. **11.30am Bago Vineyards Wauchope.** 

15<sup>th</sup> to 28<sup>th</sup> Art Exhibition: 200 Years of Hastings Landscapes. Port Macquarie Library.

20th July- Port Macquarie Record Fair. 12 -4 pm Dark Alley Collectables 125 William Street PM

21<sup>st</sup> July - Beef in the Vines. **12 – 6 pm Cassegrain Winery** 

25<sup>th</sup> July –Seniors and Retirees Big Day Out.1am -2pm Lunch and Cruise.

28th July – Christmas in July Lunch. Lou's Historic Old Bank Gladstone.

#### **REGULAR MARKETS.**

Every Tuesday – Real Food Local Produce Markets. Port Central Forecourt, 12pm to 6pm.
Every Thursday – Kendall Bazaar and The Meeting Place 9am -12pm. Kendall Community Centre.
Every Saturday- Flower & Plant Market. The Botanic Merchant. 9.30am to 1.30pm. Bellbowrie St.
Every Sunday- Port Macquarie Art Society Market Bazaar. Hamilton House 198 Hastings River Drive. Time 8am to 1pm.
Second Saturday: The Foreshore Market – 8:00am to 1:00pm. (Port Macquarie Hastings Farmers & Artists) Westport Park, Corner Buller and Park Streets, Port Macquarie.
Third Sunday - Laurieton Riverwalk Market – 8:00am to 1:00pm Corner Tunis and Short Streets, Laurieton.
Fourth Saturday - Wauchope Farmers' Markets 8:00am to12:00pm Wauchope Showground, High St. Wauchope.

Fourth Sunday – The Artists Markets 9am – 1.00pm. Maritime Museum 8 William St. Port Mac.

#### \*\*\*\*\*

If you know of any member who may be unwell, please let anyone on the Committee know. It is important that we offer support if one of our members is unwell and let them know we are thinking of them. If anyone is in need of a helping hand to do a small job, again, let a Committee member know. We can also arrange for transport to and from meetings if anyone is unable to make their own arrangements.

And if anyone is celebrating a big "0" birthday - again, please let a Committee member know.

If you do not wish your photo or personal information to be distributed to other members, or published on our website, please inform a Committee member.

We are now accepting advertisements for the July 2019 Newsletter.

Anyone interested should send their advert to sandybanks@bigpond.com

the cost is \$5 for 40 words and \$10 if accompanied by a photograph. This cost covers one issue only.