### CHILDERS NEWSLETTER



Issue 2, November, 2025

### Stay up to date

One of the great things about being a part of a National organisation is that many things are done for the branch.

Childers National Seniors has a web page! It's part of the National Seniors Australia webpage and provides a level of exposure that wouldn't be possible without NSA resources.

Very simple to upload all things Childers!

#### Save the link

Save the link to your favourites to keep up to date with branch happenings:

#### **Childers National Seniors**

..or google Childers National Seniors and the branch should be top of the list!

Help shape the branch future

# Are you, or do you know a senior who has reinvented themselves later in life?

Inspiring stories abound, about wonderful people who have reinvented themselves in later life.

Many people have successfully found new meaning and purpose in their twilight years,...a career change, retirement or some other reason, often after a setback like job loss or health issues.

If that's you or you know someone locally who would like to share the journey, to inspire others, please contact the branch.

## Help branch volunteers make the events a great experience for everyone. Please RSVP.

RSVPs for events are appreciated as they help ensure branch volunteers can also enjoy branch catch-ups without the stress of setting up tables and chairs, even for events where you buy your own food and drink.

If you can't make it after all, it will be appreciated if you can advise, even if it's the morning of the event.

#### **UPCOMING EVENTS**

#### Thursday 6th November 2025

Morning Tea - Paragon Theatre & Espresso Bar, 75 Churchill St, Childers - 10am - 11.30am

Buy your own food/drink.

If you are reading this before the date has passed, it's not too late to attend. It's free!

Check out the Perfectly Imperfect Collection too!

#### Thursday 4th December 2025

**9.30am Good Cause Santa Claus CWA Childers and morning tea!** 

Just \$10 pp includes morning tea.

End the year with a bang and help others by donating to the CWA DV bags and Childers Neighbourhood Share the Dignity Drive!

#### Thursday 5th February 2026

Planning for Purpose - Isis Club, 46 Churchill St, Childers: 10am-12pm

Buy your own food/drink.

Do you feel like you are just sitting around waiting to die?

Don't know what to do with yourself to get meaning back? This fun activity will help.



Please text or leave a message if no answer.

# Good Cause Sarta Claus!

The Childers National Seniors Social Branch is holding a morning tea. Donations to Good Cause Santa Claus will contribute to the Childers CWA annual collection for those in need and will also support Childers Neighbourhood's Share the Dignity annual drive.

#### How you can help?

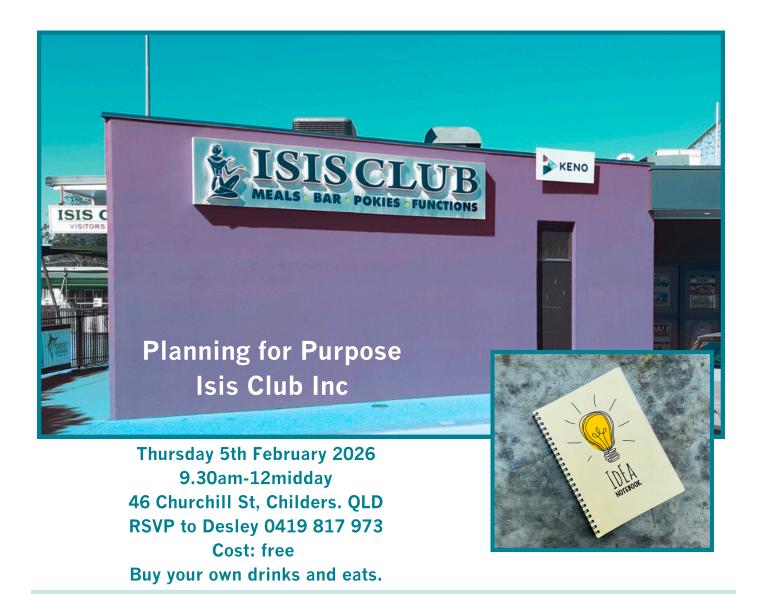
Book in to attend the Good Cause Santa Claus event (details above). In addition to the \$10 payment on the day for morning tea, if you are able, please bring along a donation for the cause!

#### Ideas for donations:

- Toothpaste & toothbrushes
- Small shampoos & conditioners
- Combs and head bands
- Roll on deodorant & hand sanitiser
- Sealed packet of sanitary items
- Washable sanitary items







### **Planning for Purpose**

### Do you feel like you are just sitting around waiting to die?

Don't know what to do with yourself to get meaning back? This fun activity will help. New Year New Year

Tailored especially for Seniors over 50!

Whether you are still in the work force, planning your retirement or already retired, this planning event will be tailored just for you!

Please don't think that, 'at your age', you can't still make a difference and make a meaningful contribution. It simply isn't true!

Discover new ways to refine, rethink or plan your goals for 2026 and, if you'll allow it, branch members will support you along the way where they can!

Be sure to join the branch mailing list, facebook page or check out the National Seniors Australia Childers web page for more details as venue and costs are finalised.

Everyone welcome!

### National advocacy update



# Superannuation tax changes – mark II

The government has revised its proposed superannuation tax changes following widespread concern, with National Seniors Australia (NSA) welcoming improvements that promote fairness and restore confidence in the system. From 1 July 2026, tax rates on earnings will range from 0% for balances below \$2 million up to 40% for those above \$10 million, with thresholds now indexed to inflation. Importantly, the controversial plan to tax unrealised gains has been dropped—a move NSA strongly advocated for. Lowerincome earners will also benefit, with the LISTO offset increasing to \$810 and eligibility extended to incomes up to \$45,000. NSA says these changes help protect retirees while supporting those building towards a secure retirement.

#### Read the full article:

https://bit.ly/NSASuperNews



# Mandate narrowed - cash still at risk

A consultation gathered stakeholder views on a proposed cash mandate intended to protect payments for essential goods and services. A December discussion paper suggested a broad list of essential businesses—supermarkets, pharmacies, GPs, and hardware stores—but the government's draft regulations are much narrower. The current proposal would only apply to petrol stations and supermarkets. NSA CEO Chris Grice warned, "If most small businesses are exempt, the mandate won't protect the seniors and regional communities who rely on cash."

In good news CommBank CEO Matt Comyn added, "Cash is still absolutely critical, and we're committed to keeping it available." Armaguard has also secured a new pricing deal to maintain Australia's cash transport network.

#### Read the full article:

https://bit.ly/NSAcashMandate

National Seniors Australia is urging retailers who accept cash to proudly display our sticker.

Register for bumper stickers and retailer stickers to distribute in your local area.

Visit our KEEP CA\$H campaign page: bit.ly/3wEOLGu



# October - Forum & Launch & Shine a Light on Seniors



October being Seniors Month was a fabulous one for launching the Childers branch!

The branch presence was felt in town with 80 attendees at the forum and branch launch on 8<sup>th</sup> October. Many of whom, went shopping after lunch!

It was also a busy morning at the 'Shine a Light on Seniors' Expo on 22<sup>nd</sup> October. Pictured below are volunteers Monina, Kaz & Des.



Help shape the branch future

#### **ANNOUNCEMENTS**

# VOLUNTEER WITH YOUR LOCAL CHILDERS BRANCH!

Make a meaningful and valued contribution.

No Committee roles, just the fun stuff that you like to do!

- Help set up for an event.
- Host an event/activity under the NSA banner
- What would you like to do?
- Share your story?
- Promote your service/business?

Contact Desley (details below) in the first instance.

The direction of the social branch will be guided by active branch volunteers under the guidance of NSA.

All the hard work has been done.

- √Volunteer handbook
- ✓Incorporation
- ✓Branch website
- ✓Branch manual
- √Stationery templates

Which means:

Branch volunteers can focus on what they enjoy doing!

#### What is a Social Branch?

The social branch structure is more relaxed, requiring volunteers to do the fun things like organise activities and maintain contact with members and NSA.

No bank accounts! No committee! No reporting requirements! How good is that?

#### **Branch Contact Details**

Desley Cowley Childers Social Branch Volunteer 0419 817 973

E: ChildersNationalSeniors@gmail.com
W: https://nationalseniors.com.au/get-involved/branches/childers-social-branch