

National Seniors Here's the News

Australia

Calamvale Branch Inc.

NOVEMBER 2019



To all our Guests and Visitors

President's Message

Good Morning Members,

Well, here we are in November. It is unusual to be holding our meeting on the third Monday in November, but Algester Sports Club has told us the car park work is progressing well and we should be back to our normal meeting day for our December meeting.

Last month we held our Birthday celebration and we had a great entertainer for the day. His name was Jay Turner and he really got us bopping. Even Joyce Daly was up and dancing at one stage. Foundation members present on the day were Bruce and Elaine Turnbull, June Mead, Jan Rigby Janess Peterson and Dawn Skennerton. Dawn cut the cake for us. By the way, we did say it was our 16th Birthday but as we were formed in 2002 it was in fact our 17th Birthday. You would have thought our Treasurer/Accountant would have made sure we got that right.



Some notable dancing on the day was from Patricia who had such energy that we all wanted some of what she was on. Gay got us doing the conga at the end which many people joined in and had lots of fun.

Our Bus Trip for October was arranged by Barry Golinski and was to Noela's Gardens at Donnybrook. It was a great outing even though the mosquito's tried to spoil the day for us. The Gardens put on a nice morning tea and we had lunch at the Bribie Island Surf Club. Thanks Barry.

Some of the Committee were invited to Parliament House by Leeanne Enoch, the member for Algester and Minister for Environment and the Great Barrier Reef, Minister for Science and Minister for the Arts, for a tour and to sit in for a short while to witness Parliament in session. It was rather subdued as the Premier, Deputy Premier and Opposition Leader were not present. We are sure it would have been a bit more colourful if some of these members were there on the day. We then enjoyed a BBQ lunch hosted by Leanne. We also had a talk from Corrallee O'Rourke, the Member for Mundingburra and Minister for Communities and Minister for Disability Services and Seniors

As I said last month, The Lord Mayor's Christmas Party is being held on Monday the 2nd December at 9:00 am. All tickets we had have been allocated, but can I please ask, if you are unable to attend, to let me have your tickets back as we still have people on the waiting list who have missed out. Unfortunately, we were not able to get more tickets. (con't)

The Calamvale Quilters held a very successful High Tea on Saturday 26 October to raise some funds to continue their work for the Quilts for Valour. It was a great day, hanks to the support of Branch members and friends.

The money raised will allow the Quilters to continue their valuable work. If you can help in any way, financially, with materials, or by joining the Quilters, please see Rosemary Pearman.

Don't forget that we will be once again holding our Christmas break-up at the Greenbank RSL on the second Wednesday of December. Be there at 12 pm for a 12:15 entry. This will be the renowned smorgasbord lunch followed by entertainment in the lounge. We have been asked if we can change the venue for our next Christmas do. If you have any suggestions, please let me know.

Finally, as you know our Queensland farmers are doing it tough with this devastating drought. We started a collection last month and will be asking for donations again this month. The Branch will then top up the collection with a \$500 donation. Please help if you can.

That's all from me. Have a great day.

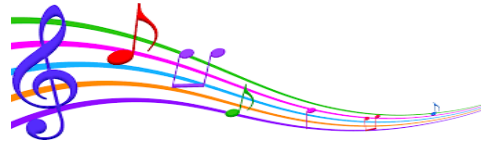
Lila

Today's GUEST SPEAKER

Emeritus
Professor
Roland
Sussex
OAM



Linguistic's Expert



Hi everyone
Everywhere you go Christmas is in the air, and next month we have our own Xmas party at the RSL.

I was lucky enough to be given many empty gift boxes to fill for Xmas gifts. I have painted and decorated them all, with Xmas gifts for babies, toddlers, young boys and young girls, and of course for the lady in the house.

I can guarantee that the contents of each box exceeds \$15 value as I was able to get some good deals with my sellers over seas. I will be selling these today for \$10 each, and 10% from the sales of all gift boxes I will be donating to the Farmers drought appeal.

The December newsletter will be a fairly small one, mainly because of the lateness of this newsletter and because we have nothing happening until February. I promise to make it up to you in the new year. Also a little birdie has told me that some pretty exciting things could be happening with our bus trips next year. It's top secret, even I didn't get told.

For the ladies who missed out on my shoe bag key rings last year, I have managed to get some more plus a couple of other exciting and different novelty bag key rings.

Also, to anyone who wants to hold a stall at next months Bring and Buy, can you please let myself or Lila know today so we can set up tables for you. Thanks. Hope you enjoy the Spring Racing Day Carnival Parade

Till next time
Be happy, keep smiling
Gwen





October Bus Trip to Noela's Garden

Our bus trip today was organised by Barry Golinski. We were on the Blue bus again this month with our driver Henry who is a really funny guy. He introduced himself and told us about where we were headed, the weather for the day, and he kept us amused with all his funny cracks. He is a pleasure to travel with.

We arrived at Noela's gardens about 9.30 and were greeted by Noela. She showed us into the function room where there were tables laid out with a wide selection of cakes, and scones, butter, jam and cream. What a wonderful sight. There was tea and coffee, and so much food there we just helped ourselves. Noela told us she and her husband John get up really early to prepare and make all the food. It is fresh every day, and it was magnificent.

After morning tea we headed out to the gardens with John as our guide. He was full of information on all the plants and trees. The amount of work and time he puts into looking after the place is awesome. The property looked amazing

We left the gardens about 11.15 having spent a good couple of hours there and went on a scenic drive around Donnybrook. We were fortunate to have Bob and Olga Woods on board with us, they have been to Donnybrook quite a number of times over the years on

camping holidays, Bob got on the mic' and gave us a bit of insight about the area and how it had changed over the years. Well done Bob, very interesting. From there we headed on to Bribie Island and the Surf Club for our lunch. The surf club was great and the staff were lovely. We had alternate drops of roast beef or fish and chips, I think the roast beef was a little tough but all in all it was a good feed.

Leaving the club around 1.45 we had a bit of time and stopped at a new resort hotel called "Sandstone Point", which was just off the bridge leaving Bribie. What a great place. There was a restaurant and a couple of bars, an outside area with gardens, and I believe they put on concerts there. What a wonderful setting overlooking Pumicestone Passage, it was so well laid out.

On the way home we stopped at Caboolture Service Centre for a comfort stop and an ice cream. The weather was perfect, not too hot and we had a really pleasant journey home.

Well done Barry, you did an awesome job looking after us all, It was another great day out, and a bargain at only \$45.

*Editorial by
John Butchard*

Last trip of the year Ipswich Heritage Drive

Bus Pick up time
Acacia Ridga 8am
Parkinson Shopping Centre 8.15am
Nottingham Rd side

**"STRICTLY NO PARKING IN THE
UNDERCOVER AREA"**

Park near the brick wall where
possible. Ph Patrick 0417 493 785

Don't forget to bring your cup



NOVEMBER

John Foster Mervyn Mead
Terry Giles Warwick Venables
 Karen Thompson
Ray Vedelago Sandra Huggonson
Dell Rolfe
Doug Wells
Marilyn Beach
Des Hickey
Eric Clark



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BUS TRIPS

20th November - Ipswich Heritage Drive
Lunch – C.S.I. Club

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Sunnybank Theatre Group

For those of you with internet please check out the shows for next year.

<https://www.sunnybank2020.com/shows>

Paula Ross
3711 5317 or 0409 615 525



The Lord Mayor Xmas Party

Monday 2nd December

Morning session entry to Brisbane City Hall 9.00am. Concert starts at 10.00am.

MOVIE DAY

Movie day will be advised by Betty at the General meeting.

Phone Betty 0422 913 741.



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Men's Group Event

Friday 22nd November

is at the Oxley Golf driving range, Oxley Road, Oxley. Meet there at 10.00am and then to the Durack Tavern for lunch at 12.30pm. If you have your own clubs, bring them along, otherwise there is some at the range to use.

Please confirm your attendance to Pat by phone or text on 0417 493 785.

CALAMVALE NATIONAL SENIORS

XMAS PARTY

Greenbank RSL



Wednesday 11th December

Cost is \$10 members \$16 non-members

Payment can be made today or at the December General meetings (Please present your membership card)

We have access to the venue at 12.15pm, so be there no later than 12.00

At 1.45, after a very filling Xmas lunch, we will retire to the lounge and enjoy some wonderful Musical Entertainment provided just for us.

DID YOU KNOW

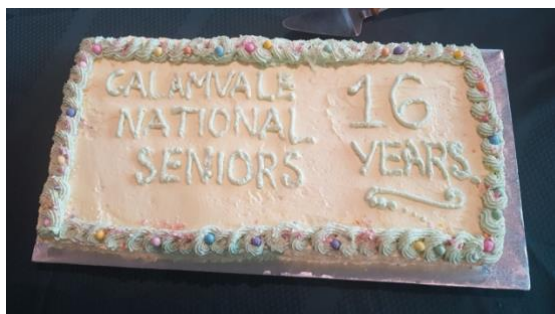
The human body contains about 0.2 milligrams of gold.

PHOTO GALLERY

OUR 17TH BIRTHDAY



NOELA'S GARDEN





Lyn Wilson being presented with another 35 year certificate for being a crossing supervisor but this time by Leanne Enoch our local state member.



Happy Birthdays for Paula Ross and Ann Smallegange who celebrated their birthdays at the Coffee Club Calamvale along with 13 other N/ Senior Members.

Behind, Before and Within

What lies behind us and what lies before us
Are tiny matters compared with what
lies within us

Melbourne Cup Day



Drinks flowed food was great and the complimentary champagne was even better seeing it was free for our numbers. Several members won cash, and those that didn't really weren't worried, they had a good time, and isn't that what it's all about. We didn't win best hat this year but we should have as our people were full on and looked amazing.



Rosemary Pearman interviewing Singer Songwriter Conrad Sewell requesting his permission for her to paint his portrait to enter it into the prestigious Archibald Art Exhibition March 2020.

Good luck Rosemary

Car Dealership Sign – “The best way to get on your feet – miss a car payment.”

Muffler Shop Sign – “No appointment necessary. – We'll hear you coming.”

LETS LAUGH

Romance at the Loch



A young Scottish lassie and lad were sitting on a low stone wall, holding hands, gazing out over the loch. For several minutes they sat silently, then finally the lass said, "A penny for your thoughts, Angus."

"Well, uh, I was thinkin.. perhaps it's time for a wee kiss." The girl blushed, then leaned over and kissed him lightly on the cheek. The two sat silently, looking out over the loch. Minutes passed, then the girl said, "A penny for your thoughts, Angus."



"Well, uh, I was thinkin.. perhaps it's time for a wee cuddle." The girl blushed, then leaned over and cuddled him for a few seconds. The two gazed out over the loch. After a while she said, "Another penny for your thoughts, Angus."

"Well, uh, I was thinkin' it was time you let me put ma hand on yer leg." The girl blushed, took his hand, and placed it on her knee. Then he blushed. The two gazed out over the loch before she said again, "A penny for your thoughts, Angus." The young la glanced down with a furrowed brow. "Well, noo," he said. "Ma thoughts are a wee bit more serious this time."



"Really?" said the girl in a whisper, filled with anticipation. "Aye" said the lad, nodding. The girl looked away in shyness, began to blush, and bit her lip waiting for the ultimate request.

And he said, "Din'na ye think it's about time ye paid me the first three pennies?"

The Oxygen Mask

A man is lying in bed in hospital with an oxygen mask over his mouth. A young nurse appears to sponge his hands and feet.

"Nurse," he mumbles from behind his mask, "Are my testicles black?"

Embarrassed, the young nurse replies, "I don't know, I'm only here to wash your hands and feet."

He struggles to ask again, "Nurse, are my testicles black?"

Finally she pulls back the covers, raises his gown, holds his penis in one hand and his testicles in her other hand and takes a close look, and says, "There's nothing wrong with them!"

Finally, the man pulls off the oxygen mask, and replies, "That was very nice but, are...my...test...results...back???"

The Missed Exam

Four Queensland university students had done so well all year, they decided they could take a holiday instead of studying the weekend before their final exam.

So they went off and had a great big party. It was so good that they overslept and it was a very hung-over car load that sped back to the uni late Monday morning.

Alas, they were too late to take the exam. So they went to their professor, explained earnestly that they had gone to a secluded cabin for a weekend's hard studying, and had had a flat tyre on the way back, making them too late to take the exam.

The Professor agreed to let them take the exam the next day. Duly the next day, they file into his study. Handing them their exam papers, he puts them in separate rooms.

They open their exams. On the page was written:

"For 100 percent, which tyre?"

5 TOP TIPS FOR PLANNING YOUR DREAM OVERSEAS TRIP

Travelling should be joyful, safe, affordable, and full of spontaneity and WOW times. According to National Senior's head of travel and insurance, Chris Grice, underpinning every exceptional trip is a bit of core planning and really solid insurance.

Chris says there are a few key things to consider.

TIP 1. – TIMING

There are pros and cons to travelling at any time of the year, and booking early doesn't necessarily mean you will get the best deal. Choose the best season to visit your destination for the holiday you want to take. If you don't need to travel in high season, don't. You will win in price and avoid the crowds. Try not to take holidays to suit school timetables or co-workers. Chris adds, "Before you book anything, it's always worth asking if there's a special rate for seniors. Discounts aren't always well-advertised, but they often exist."

TIP 2 - ACCESSIBILITY

Even if mobility isn't an issue, fatigue is something everyone suffers when travelling.

"Prioritise your accommodation on the basis of its transport links," Chris says. "If you're planning to hire a car, make sure you're actually allowed to do so before you book anything. Some countries have upper age limits, often not renting to anyone over 75. Surcharges and requests for doctor's notes for older drivers can also apply.

"If you're booking a package, make sure you're clear on the level of activity throughout – that means how much walking you're likely to do, as well as how full your itinerary will be. You might

want to request ground floor rooms in your hotel and ask for assistance in the airport so you can easily make any connections."

TIP 3 - INSURANCE

While insurance is something every traveller should have – for cancellations, lost luggage and unforeseen events – Chris says that older holidaymakers need to be extra vigilant when it comes to securing quality coverage.

"Sadly, seniority often brings a host of new medical challenges. You need a policy which accommodates any pre-existing conditions and will cover unlimited overseas medical expenses. It can also be useful to have built-in support in the event of medical emergencies, including locating your nearest medical facility, arranging evacuation back home, and coordinating with embassies."

TIP 4 - HEALTH

The last thing you need is a pair of broken glasses or lost medication – build in contingencies in case of a hiccup.

"Spare glasses, hearing aid batteries and a full prescription of your routine medications (including handy over-the-counter products) are an absolute must," Chris advises.

"If you're flying, make sure you keep them in your hand-luggage. Leave medicines in their original containers and, if you're travelling internationally, ask your doctor for a list of their generic names (rather than the particular brand you use) so there can be no misunderstanding.

TIP 5 - DO IT OUR WAY

There is no 'right' way to travel or, truly, 'must-see' destinations – only those that are a 'must' for you. Enjoy every moment, at your pace and on your terms. And this is where tailored travel comes in.

National Seniors Australia



USED POSTAGE STAMPS

Please save your used postage stamps for **Jill McVey**, and pass them on to her at the monthly meetings. They will be sent to Sister Rosamund from the "Community of the Sister of the Church" to raise money for charity.



Girls Night Out

Friday Nov 22nd 6.30pm
Runcorn Tavern
Gowan Road

Contact Denise Ryan on 0407 115 242
or email tigertank42@gmail.com
for more details



WANTED

Unwanted computers (desktop or laptop)
or printers.

Working or not working

Contact Barry
3273 2164 or 0437 342 811



JUSTICE OF THE PEACE

Patrick Wilson is a justice of the peace, and will be available at our general meetings for signings. You can also contact him on **0417 493 785**

SUBMISSIONS

Please ensure submissions to the newsletter are with the editor no later than **Monday** before the **committee meeting**. Any notices, recipes, jokes, or points of interest will be gratefully accepted. **Sorry – No PDF's**

Email Gwen– mrragalauthor@gmail.com

If you are visiting us today we invite you to join our Branch

National Seniors Australia membership is open to any person who:

- has an interest in seniors' issues; or
- is age 50 years or over; or
- Is a spouse / partner of a person who is 50 years or over.

Membership is available for only \$45 for a one year single membership, or \$75 for a one year joint membership.

For further information, ask President Lila or Secretary Tania for a Membership Application brochure (if you weren't given one at the door on your way in).

Social Nightout

Monday 11th November

Lucky Star Hotel
Hellawell Road
Sunnybank Hills



Meet at 5.30pm

Dine at 6pm

We have been put in the Function Room for this occasion

Please Ph or text Lyn Wilson on
0404 483 785 or email -
discosarge1@bigpond.com
if you **ARE** attending,

Craft Making

On the last Monday of the month at Gloria Nuttall's home, join the Craft Making sessions



Please bring along your own craft making items. A fun time where we can pool craft ideas and share knowledge with each other. Bring your own lunch. Starts at 10am and finishes about 3pm.

Next craft day on 25th November

For all those interested,
Phone Gloria - 3273 1418.

DID YOU KNOW

The vampire spider is attracted to the smell of human feet.

National Seniors Australia

CALAMVALE NATIONAL SENIORS – NOVEMBER CALENDAR OF EVENTS

NOTE!! Bus Trips to be paid in full (\$45) at the general meeting in the month of the trip.

Nov 8th **Quilting morning** – 185 Ridgewood Rd. Algester. 9am-12pm Ph Rosemary 3172 0125

Nov 11th **Social night out** **Lucky Star Hotel, Halliwell Road.**
Please confirm your attendance with Lynn Wilson
email discosarge1@bigpond.com or Ph 0404 483 785 For those **REGULARS NOT**
attending **please let Lyn know**. Meet and greet at 5.30pm to dine at 6pm.

Nov 12th **Movie Day** For more information contact Betty Brewer 0422 913 741

Nov 13th **FREE Sausage Sizzle!!** Social get together for all NSA members

Calamvale District Park. Off Ormskirk St **Hosts Jill, Sue and John**

Please bring your own:- Plate, knife and fork, dessert bowl, & flask,
and either a plate of dessert, salad, or Potato salad etc., etc. to share with others.
This is a good time to catch up with everyone, so put your names down at the
meeting Or call: - Jill on 3879 1567



Nov 18th **General Meeting 10.00am. Doors open 9.15.**

Guest Speaker **Gordon Harris from Scleroderma Australia**

Why not stay after lunch and play cards, you are all welcome. Tell Ngaire at the
meeting if you want to join in, it is just a bit of fun, learn a new game.

Nov 20th **Bus Trip- to Ipswich Heritae Drive**

Departure time:- A/Ridge 8.00am Drakes 8.15am. Please be aware of parking
Arrangement and be at pick up area 10 mins before departure

Nov 22nd **Men's Group Event** TBA **See notices for more details**

Nov 22nd **Girls night out.** Dinner and chatting, at a local restaurant. **See notices for more details**

Nov 25th **Craft Making** at Gloria's. **See notices for more details**

Nov 27th **Committee Meeting 10am.** For those wishing to attend to **observe** proceedings,
Contact Lila on 3273 5953

lease Note above events are planned in good faith but can change. We will endeavour to give plenty
of notice of any changes.

Publication disclaimer

For Calamvale NSA Branch. Anyone who does not wish to have his/her names &/or photo used in any
internal or external NSA publication, kindly advise the editor, **Gwen Costello**, or **Lila Wells** Please ensure
submissions to the newsletter are with the editor no later than **Monday before** the committee meeting.
Any notices, photo's, recipes, or points of interest will be gratefully accepted

Email: - **Gwen at - mrregalauthor@gmail.com** Ph;- **0448 668 915**

National Seniors Australia



Do you have something to sell, give away? Family notices, births, deaths, birthdays.

Thank you to someone.
Wanted to buy, help wanted.

**Deadline: Monday before
Committee meeting
Phone Gwen
0448 668 915
mrregalauthor@gmail.com**



Do you know of a member who is sick, lost a loved one, or is hurting in any way?

Call Joyce Morrison our Welfare Co-ordinator and she can give them a call or send them a card to cheer them up.

Ph Joyce 0408 704 045
or John 0438 532 528

REMINDER NOTICE

Don't forget to bring your **OWN CUP** for your coffee or tea, when coming to a general meeting or going on one of our bus trips.

Thank you

UPCOMING EVENTS

**Nov 18th Monday
Nov General meeting
NOT Wed 6th Nov**

Dec 4th – Bring and Buy

Mon 2nd Dec – Lord Mayors Xmas Party.
As all tickets have gone, put your name down with Doug in case a ticket becomes available.

**Dec 11th - Xmas Party
Greenbak RSL**

IMPORTANT NOTICE

BUS PICK UP TIMES

Due to the fact that we are no longer allowed to park our cars at the Algester Sports Club on bus days, alternate arrangements have been made.

You can either pick up the bus at **Acacia Ridge** or at **Drakes Supermarket in Nottingham St, Parkinson.** We have been asked NOT to park in the shaded areas, and all vehicles should be parked up against the wall.

WANTED

Photo's

Have you been to one of our outings and taken photo's, or maybe you have pictures taken on your recent trip or cruise. Gwen would love to have them for the "Photo Gallery" page in the newsletter.

Email
mrregalauthor@gmail.com

GUEST ENTERTAINERS DECEMBER Get Rhythm Dance Team



DONATIONS

At the October and November General meetings, a collection box will be available for members to make a donation to aid the plight of the drought stricken farmers. The Club will top this up with a \$500 donation

FOR SALE



**\$15
SEE
GWEN**

Compiled and edited by:

**GWEN
COSTELLO**

**LILA
WELLS**

National Seniors

Australia

www.nationalseniors.com.au
Meetings at Algester Sports Club
Endiandra Street, Algester –
1st Wednesday of Month



Newsletter
designed by
GRAPHITE EYE



November 2019						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8 Quilting morning 185 Ridgewood Rd Algester 9am-12pm Ph Rosemary 3172 0125	9
10	11 Social Night Out For members and their friends 5.30pm for 6pm Meal. Put your name down with Lynn Wilson PH 0404 483 785	12 Movie Day at Sunnybank Contact Betty For more information Ph 0422 913 741	13 Sausage Sizzle N/S members 11am onwards Calamvale Community Park Off Ormskirk st	14	15	16
17	18 Branch Meeting Doors open 9.15am 10am start	19	20 Bus Trip Ipswich Heritage Drive Acacia Ridge 8am Parkinson shopping Centre 8.15am Nottingham Rd side Strictly NO parking in the undercover area Park near the brick wall where possible	21	22 Girls Night Out See notices for more details ----- Men's Group See notices for more details	23
24	25 Craft Making At Gloria's place For more details Phone her on 3273 1418	26	27 Committee Meeting 10.00am If you wish to attend to Observe proceedings Phone Lila on 3273 5953	28	29	30